



BASEBALL NEWFOUNDLAND AND LABRADOR

CANADA GAMES PROGRAM –2020/2021 SHORTLIST GROUP

The Coaching Staff for the upcoming Canada Games Team would like to thank all players who tried out to be a part of the 2020/2021 Shortlist Group and particularly mention the difficulty in naming this group of players given the tremendous turnout, talent and effort that was displayed by all players in each region. Players that did not make the below shortlist are encouraged to continue their baseball development. The following players have been selected as part of the 2020/2021 Shortlist Group:

Mitchell Noseworthy	Ryder Penney
Liam Bavis	Matthew Flood
Ryan Symonds	Isaac Fitzgerald
Darcy Cribb	Floyd Wood
Cameron Pennell	Braedy Walsh
Liam Ryan	Kody Butt
Brandon Young	Dylan Whelan
Joseph Wiseman	Andrew Payne
Mark Torraville	Hudson White
Rylan Andrews	Ethan Corcoran
Nicholas Smith	Ethan Carter
Thomas Hancock	Nathan George
Brady Sheppard	Logan Broderick
Kody Thistle	Adam Ward
Jaida Lee	Jay Miller
Cole Troke	Jacob Chislett

The Coaching Staff has organized weekly training and strength & conditioning programs with the details of each below. More details concerning COVID-19 guidelines with respect to training facilities will be sent out in the coming days

Weekly Training

Region	Eastern	Central	Western
Day	Thursday	TBD	Monday
Time	7:30 PM – 9:30 PM	TBD	6:30 PM – 8:30 PM
Location	Premier Sports Academy, Paradise	TBD	Civic Centre Annex, Corner Brook
START DATE	OCTOBER 8 th	TBD	OCTOBER 12

Strength and Conditioning

Region	Eastern	Central	Western
Day	Wednesday and Saturday	TBD	TBD
Time	7:30 PM – 8:30 PM (Wednesday) 12:30 PM – 1:30 PM (Saturday)	TBD	TBD
Location	NL Sports Centre (Powerplex), St. John’s	TBD	TBD
START DATE	OCTOBER 10 th	TBD	TBD

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