

Itinerary
Runners Roost Invitational Track Meet
Friday, March 22, 2019
French Field – Fort Collins, CO

8:00 a.m.

Bus Leaves

COMPETE!!!!

We should return to Central at approximately 7:00 p.m.

Please bring plenty of *good* snack food and *good* drinks. It is extremely important that you keep yourself well hydrated during the meet. **We will not be feeding you on this trip.**

Bring Sunscreen!!!!

Directions to French Field:

Take I-25 South to Fort Collins and take the Harmony exit. Go west on Harmony to Shields. Turn right on Shields and travel north to Swallow. Field is just west of Shields Street.