

LITTLE FALLS LITTLE LEAGUE BASEBALL COVID-19 CODE OF CONDUCT

Youth sports programs play an important role in promoting the physical, social and emotional development of children. It is therefore essential for parents, players, coaches, and officials, including umpires, to encourage youth athletes to embrace the values of good sportsmanship. Moreover, adults involved in youth sports events should be models of good sportsmanship and should lead by example by demonstrating fairness, respect, and self-control. This includes following the guidelines set forth by Little Falls Little League regarding COVID-19. **Players play at their own risk.**

In response to COVID-19 Guidelines, we expect coaches, parents, spectators and players to:

- Act gracefully with others; respecting varying opinions and comfort levels with government guidelines of social behavior to curb the spread of the virus.
- All players, coaches, and spectators are asked to proactively monitor their own health prior to attending any baseball activities. Act responsibly regarding personal precautions against the spread of the virus. This includes:
 - Frequent hand washing/use of hand sanitizer
 - Practicing social distancing with others
 - Staying home if you are sick, show symptoms of oncoming illness, or have been notified of your exposure to someone who has Covid-19.
 - If body temperature is at or above 100.4 F, do not attend team activities.
 - If experiencing cough, sore throat, or shortness of breath, do not attend team activities.
 - If underlying medical conditions pose an increased risk, consult a medical professional before committing to participating in the baseball season.
- All players, coaches, and spectators are required to wait to enter the area of the playing field until the prior game has vacated. In turn, all players, coaches, and spectators are required to vacate the area of the playing field promptly upon completion of their game.
- Please respect Little Falls Little Leagues' approach to reopening in accordance with local and national guidelines; this is done for both the physical safety of members as well as the mental and emotional comfort of members and families during an unprecedented time.
- Be caring and respectful of others.

SYMPTOMS

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/your-health.html>

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

*This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19.

COVID-19 PRECAUTIONARY REQUIREMENTS:

1. Daily health/fever checks ([symptom checking](#)) of coaches, officials, staff, and players safely and respectfully, and in accordance with any applicable privacy and confidentiality laws and regulations.
2. Routine cleaning and disinfecting equipment and frequently touched surfaces is important to prevent the spread of COVID-19. Even though getting COVID-19 by touching an object that has the virus on it and then touching your mouth, nose, or possibly your eyes is not thought to be the main way the virus spreads, we are still learning more about this virus.
3. Cloth face coverings are recommended to be worn by spectators. Cloth face coverings are most important when physical distancing is difficult. Therefore, encourage social distancing as much as possible. People wearing face coverings should be reminded to not touch their face covering and to wash their hands frequently. Spectate at your own risk.
4. Social distancing is required from everyone at all times. Except when players are on the field participating in the contest. It is required to cover your mouth when coughing and sneezing. If you use your hands to cover, you are required to wash your hands or use hand sanitizer.
5. Encourage players to wait in their cars with guardians as feasible until just before the beginning of a practice, warm-up, or game, instead of forming a group. Never leave children in a parked car and follow [CDC's Tips for Preventing Heat-Related Illness](#) to keep children safe.
6. Parents will NOT be allowed to stay for practice.
7. Physical guides, such as signs, paint, and tape on floors or playing fields will mark where spectators can sit. Only 2 spectators are allowed per family. Spectators will not be allowed to sit on any of the bleachers.
8. There will be no unnecessary physical contact, such as high fives, handshakes, fist bumps, or hugs. No home plate celebrations of homeruns.
9. During times when players are not actively participating in practice or competition, encourage social distancing by increasing space between players on the sideline, dugout, or bench. Face coverings are required during this time (dugout/ close quarters). Consider posting signs or visual cues on the ground or walls to indicate appropriate spacing distance.
10. Every player must have their own equipment which includes bat, batting gloves, glove, and helmet. If you do not have a helmet, one may be available to borrow for the season. Face coverings are now considered part of players equipment and should be with players at all times.
11. Each player is responsible for their own water or beverage. By law, the shack will not be open to sell anything.

PARENTS AND SPECTATORS CODE OF CONDUCT

The code charges parents with demonstrating exemplary behavior at all times during Little League activities. Parents should remember the volunteer-status of board members, coaches, and managers and respect all officials and players. Little League asks that parents help to keep playing fields safe and clean. Parents agree to refrain from using tobacco, alcohol, or drugs in or around Little League functions. Some leagues include parental duties such as picking up children on time, calling in advance about absences, and volunteering to help out.

I therefore pledge to be responsible for my words and actions while attending, coaching, officiating or participating in any Little Falls Little League baseball event and shall conform my behavior to the following code of conduct:

- I will not engage in unsportsmanlike conduct and I will not encourage my child, or any other person, to engage in unsportsmanlike conduct with any coach, parent, player, participant, official or any other attendee.
- I will not engage, and I will not encourage my child, or any other person, to engage in any behavior which would endanger the health, safety or well-being of any coach, parent, player, participant, official or any other attendee.
- I will make every effort to ensure that my athlete, myself, and any spectator in my designated area are wearing appropriate face coverings and will practice social distancing.
- I will not use drugs or alcohol while at a youth sports event and will not attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
- I will not permit my child, or encourage any other person, to use drugs or alcohol at a youth sports event and will not permit my child, or encourage any other person, to attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
- I will not engage in the use of profanity. I will not encourage my child, or any other person, to engage in the use of profanity.
- I will treat and will encourage my child to treat any coach, parent, player, participant, official or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability.
- I will not engage in, and I will not encourage my child, or any other person, to engage in verbal or physical threats or abuse aimed at any coach, parent, player, participant, official or any other attendee.
- I will not initiate, and I will not encourage my child, or any other person, to initiate a fight or scuffle with any coach, parent, player, participant, official or any other attendee.
- If I have a child(ren) that is playing in the Little Falls Little League, I will support the Player Code of Conduct and help to enforce the values with my child(ren).
- AGREEMENT TO FOLLOW DIRECTIONS: I agree that I and my child(ren) shall observe the rules that are in effect at each premise used for Little Falls Little League activities that have been implemented to reduce the likelihood of exposure and spread of COVID-19.
- In addition, I agree, represent and warrant that neither I nor my child(ren) shall participate in Little Falls Little League activities within 14 days after (i) returning from highly impacted areas subject to a CDC Level 3 Travel Health Notice, (ii) exposure to any person who has a suspected or confirmed case of COVID-19, or (iii) exposure to any person who has a suspected or confirmed case of COVID-19. I agree to check the CDC Travel Notices list prior to participating in ENYTB activities: (<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>)
- Do Not leave water bottles, drinking bottles, food or other personal items on the fence line.
- Disposable face masks must be discarded appropriately.
- Promptly leave field after game, maintaining social distancing.

PLAYER CODE OF CONDUCT

Little Falls Little League is committed to the development of its youth into the best baseball players and well-rounded young adults, both on and off the field, by offering a fun and safe environment in which to build upon a player's skills and abilities. Excellent sportsmanship, in the form of healthy competition, coincides with the overall attitude of community awareness and the desire to be a good citizen. Therefore, each player will be expected to follow the Little Falls Little League Code of Conduct, and each parent is expected to help enforce these values.

1. Players will follow the Baseball Code of Respect, Integrity, and Pride.

2. Players understand that baseball is a team sport and any absences, whether from practice or games, affect the overall team. Players unable to attend a practice or game will notify the coach or manager as soon as the coming absence is known.
3. Players will show respect to the umpires. Players will accept responsibility for all calls made.
4. Players will positively acknowledge the umpire's efforts after a game regardless of the game's outcome.
5. Players will show respect to the other team's players. Players will not be allowed to taunt an opposing player.
6. Players will show respect to their teammates, coaches, managers, and parents. We represent our community. No swearing, No throwing equipment, or any other action that the coach would view as an unacceptable representation of Little Falls Little League.
7. Players will respect the rules and guidelines set forth by Little Falls Little League pertaining to the health safety measures surrounding COVID-19. Players are required to keep their hands to themselves. They are required to NOT touch other's equipment and to maintain social distancing at all times. Failure to follow the rules will result in consequences stated below.
8. NO seeds, chewing gum or spitting are allowed at this time.

I hereby agree that if I fail to conform my conduct to the foregoing while playing, attending, coaching, officiating or participating in any Little Falls Little League sports event I will be subject to disciplinary action, including but not limited to the following in any order or combination:

- Verbal warning issued by the Little Falls Little League or organization official.
- Written warning issued by the Little Falls Little League or organization official.
- Suspension or immediate ejection from a Little Falls Little League sports event issued by the Little Falls Little League or organization official who is authorized to issue such suspension or ejection by the Little Falls Little League Board of Directors.
- Suspension from multiple Little Falls Little League sports events issued by the Board of Directors.
- Season suspension or multiple season suspension issued by the Board of Directors.

Parent Name	Date
Player(s) Name	