



Pitching Rule 6

NEUA
2014

“if you don’t say anything you cant get
in trouble”

What determines if a pitcher will
pitch from windup or set - stretch?

POSITION OF HIS FEET

Wind-up position –

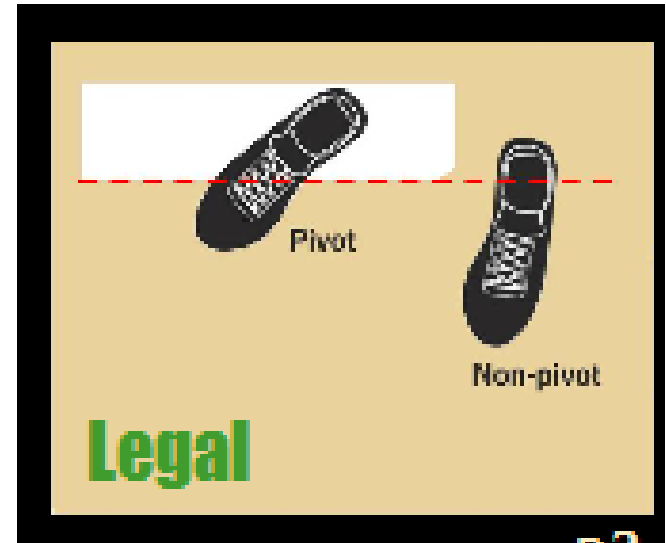
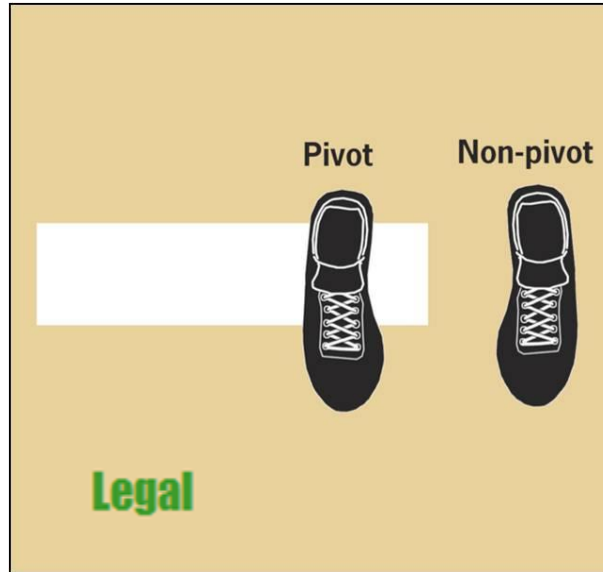
Non-pivot foot any position on or behind a line extending
through the front edge of the pitchers plate

Set position –

Non-pivot foot in front of line extending thru the front of the
pitchers plate



WINDUP POSITION



PIVOT FOOT IN CONTACT WITH PITCHERS PLATE

Non-pivot foot any position on or behind a line extending through the front edge of the pitchers plate (not entirely in front of)

Ball in glove hand or pitching hand

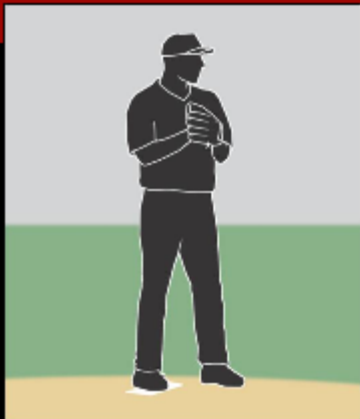
Pitching hand down to the side or behind his back

HYBRID -- know this – it is NOT allowed
if you see this in warmups feel free to approach the coach and explain why its illegal –

Typically the pitcher will do this with no one on base as his windup pitch – its still illegal.

Should the pitcher assume a footing position as shown in Diagram 11, the moment he moves anything but his pivot foot, he has committed an illegal pitch. He could assume this position and legally, before coming set or moving anything but his pivot foot, step backwards from the rubber with his pivot foot. Rule 6-1-3 states: In order to change to the wind-up position, he must first step clearly backward off the pitcher's plate with his pivot foot first.

Illegal Pitching Position

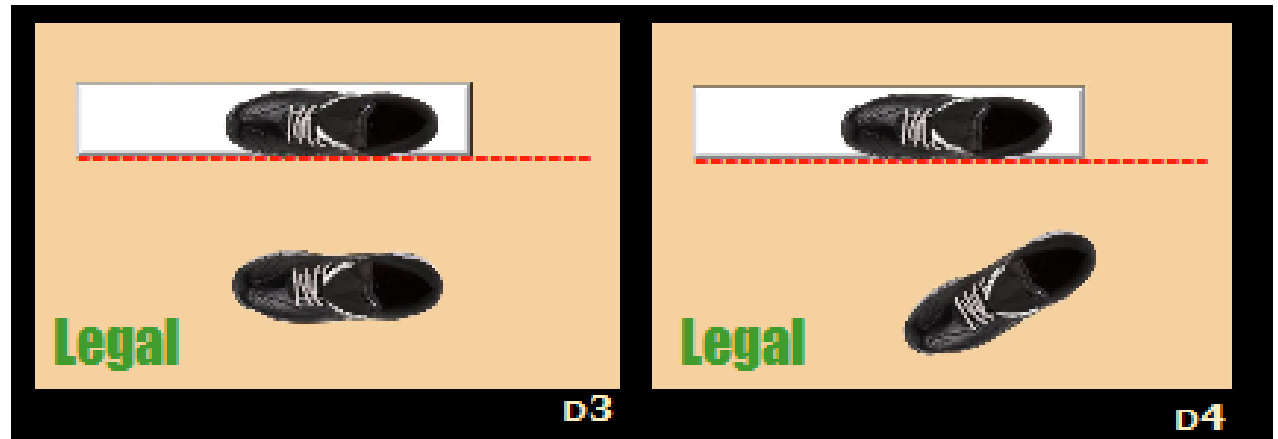
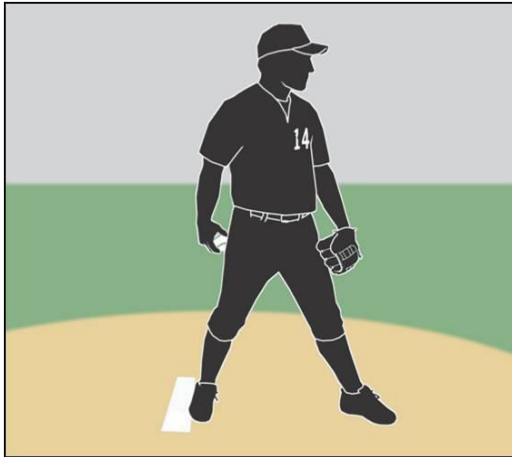


A number of pitchers are starting a pitch from this **hybrid position**. This position is illegal since it does not meet the criteria of either the windup or set position.



D11

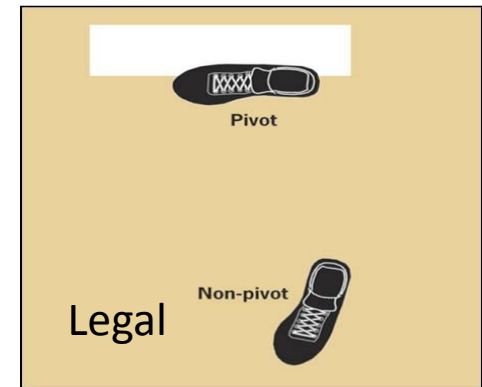
SET POSITION



ENTIRE PIVOT FOOT IN CONTACT WITH OR DIRECTLY IN FRONT OF AND PARALLEL TO PITCHERS PLATE

Ball in glove hand or pitching hand

Pitching hand down to the side or behind his back



PIVOT FOOT MUST BE Completely within the 24" of the pitcher plate

SET POSITION – continued...

Go from ready to SET POSITION without interruption... (what can interruptions be?)

Come to a discernable stop ... what is discernable to you? Do you just know it?? Remember changing directions is not a stop.

Set with

Ball in both hands in front of his body

At or below his chin

May turn pivot foot or

lift it and jump turn to step toward a base to throw or feint a throw or
step backward off the pitchers plate

(note when he steps back he does not need to go directly back (pg 39 rule 6-1 art 3) just keep the foot partially within the 24" of the pitchers plate

Other things to remember

When pitcher wears improper clothes, gloves, sweatbands etc - not true penalty just replace it / fix it. If he doesn't he cannot pitch –

YOU get to decide if something is distracting - Rule 6.2.f

Pitcher goes to his mouth and doesn't wipe it off -- it's a ball (ball dead immediately) - in extreme situation could be a balk -- if pitcher is in set ready and moves his hand to his mouth - balk because its not part of his normal pitching motion (even if he wipes it off) wording is – “he shall go to the set position without interruptions and in one continuous motion” Rule 6.3

Unique rule wording –

Rule 6 Sect 1 Art 1 - If pitcher is ambidextrous, he must face the batter as left or right hand – he cannot switch one he starts one way or the other -- I would say based on the first pitch thrown to a batter.

QUESTIONS re pitchers?