

The Wide Attacker's (Winger) Responsibility

Have the work ethic of a midfielder. Attack and defend!!

- Physical demands:

- Fitness. You have lots of ground to cover. Good stamina
- Be competitive. Have good work ethic.
- Able to play at three different speeds
- Be quick. Speed of thought.

- Technical importance in possession:

- Great ball control and speed with the ball
- Ability to beat a defender and deliver quality crosses.
- Ability to use both feet. Have a quality shot
- Passing ability and movement off the ball
- Coming inside and shooting



- Tactical awareness in possession:

- Always in a position to receive, open body shape, receive on the back foot facing the goal
- Make diagonal runs.
- Switch wings, be creative. Get the opposition full back worrying about you.
- Communicate.
- Be the third man running. Lots of give and go's.
- Understand when to cross, 1 v1, when to pass when to shoot.
- Understand when to break outside to inside

- Out of possession:

- Know when to get back on defense.
- Communication
- Help your full back
- Ability to press and hold the position. You may need to defend wider

- The mental aspects of soccer

- Toughness. Opposition full backs will try to intimidate you.
- Work ethic on offense and defense
- Have good relationship with your full back.
- Know your strengths and weaknesses. Play to your strengths, work on getting the weaknesses better.
- Confidence. Create actions for goal scoring opportunities