

SOCCER PLEX II - INDOOR SOCCER RULES 2020-2021
“SNAP SHOT of RULES”

1. Game is played 6 vs 6, including goalie. Teams cannot be reduced to fewer than 4 players, one of whom must be a goalkeeper. Minimum of 4 players is required to start the game.
2. ONLY players, trainers, coaches and managers are allowed on the team bench and must be listed on the game sheet.
3. **No Heading of the ball – COVID_19 OSA Rule.**
4. Players should avoid the touching of the ball with their hands, (does not include the goalie).
COVID_19 OSA Rule
5. **Substitutions** are unlimited. Player coming off the field must be at the bench perimeter line (-----) in front of his/her own bench before the substitute can come on. **A Violation shall be considered Too Many Players resulting in a 2-minute Team power-play penalty. Coach’s choice who will serve penalty.**
 - a. Goalkeepers can substitute as per regular substitution procedures during stoppages. No sharing of goalie shirts or gloves allowed. **(COVID_19 RULE)**
 - b. **“6 attacker rule”** can take place during the ***last 5 minutes of the game only*** and the substitution can take place during dynamic play. The goalkeeper must make a move towards the bench and after doing so can no longer participate in play or interfere in any way. **A Violation shall be considered Too Many Players resulting in a 2-minute Team power-play penalty. Coach’s choice who will serve penalty.**
6. All Free Kicks are **Direct**
7. Goal kicks can be taken from anywhere in the Penalty Area
8. Corner kicks – ball must be placed on the corner kick mark.
9. Kick-in shall be taken on the dashed perimeter line at the nearest point from where the ball went out of bounds.
10. Any ball last touched by a defender or the defending goalkeeper standing in their own penalty area that rebounds directly above the penalty area and hits out of bounds will result in a free kick placed on the FREE KICK MARK to the opposing team.
11. Any player receiving a **Yellow or Red card**, will also have to serve a **2 minute penalty in the Penalty box** and their team will play short for the entire 2 minutes. Cautions and dismissals can be given with any penal fouls where deemed necessary by the official (RULE 12).
12. If a team accumulates 6 fouls, they will serve a 2 minute penalty and the other team will be awarded a Shootout (see detail RULE 14.7). **Coach’s choice who will serve the penalty.** At the taking of a shootout the ball will be placed on the FREE KICK MARK at the attacking goal. All players of the attacking team stand behind the halfway line and outside of the center circle. Players of the defending team stand behind the halfway line and inside of the Center Circle. The goalkeeper has

at least one foot on his goal line and is restricted to goalkeeping privileges inside the penalty area, and may not move off of it until after the Referee whistles the Shootout to begin.

13. **Misconduct penalties** – (see RULE 12.5 a-f): Yellow card is given and a 5 minute misconduct penalty served by the identified player, in the Penalty Box. This is a non-team power play awarded.
 - a. Examples of misconduct: Dissent by word or action.
 - b. Persistent and aggressive dissent will be cautioned or a dismissal - 5 minute misconduct penalty, plus a 2 minute penalty. Team plays short - Coach's choice who serves penalty.
 - c. Kicking or throwing a ball away, or out of play after a call has been made.
 - d. Delaying the restart of play (not giving required distance 5yards
 - e. Simulation
 - f. Leaving the field of play to celebrate a goal or to enter the public seating.
 - g. Leaving the Penalty Box before the penalty has expired.

14. Each team is asked to provide a game ball for each game. One will be stored at the time keepers desk.

Rev. October 15, 2020