

2026 A Finals

Championship Meet • Northwest Suburban Swim League

Saturday & Sunday | July 25–26, 2026 | Beachwood Recreation Association | 3365 Jack Drive, Troy, MI 48084

General Information

TO	All League Representatives and Coaches
FROM	Matthew Kipf – NSSL Vice President / Meet Manager
Contact	nsslafinals@gmail.com 734-755-0627
Location	Beachwood Recreation Association 3365 Jack Drive, Troy, MI 48084
Dates	Saturday, July 25, 2026 – Preliminaries Sunday, July 26, 2026 – Finals & Paralympic Events

Friday Setup & Turn-In – July 24, 2026

Tent Setup	Team set-ups (including tents) should be constructed outside the fence on the South and East side of the pool. Team locations will be marked based on the number drawn at the June meeting. Please be considerate and respect space allotments. Tent width: no more than 20 feet Setup window: 3:00 PM – 8:00 PM
Payments	Any payments by check (entry fees or ads) should be brought to tent setup on Friday, July 24, 2026. Make Entry Fee or Ad checks out to: NSSL

Special Olympics: Donate online at somi.org/waystogive/donate-online — print your receipt and turn in.

Entry Fee	\$12.00 per swimmer – Non-refundable Payable by check, Zelle (NSSLMi), or Venmo (@NSSLMi).	
Payment QR Codes	 Zelle®	 venmo

Saturday Preliminaries – July 25, 2026

Session 1	Age Groups: 13/14 and 15-18	
Session 1 Warm-Ups		
	7:00 – 7:20 AM	Beachwood; Beverly Hills; Forest Hills
	7:20 – 7:40 AM	Huntington Woods; Cranbrook; SURF
	7:40 – 8:00 AM	Heart of the Hills; Woodside; Pleasant Ridge
	8:00 – 8:20 AM	Beechview; Farmington Glen; Woodbrooke Hills
	8:20 – 8:30 AM	ALL TEAMS – One-Way Sprints
Each team has 2 lanes for warm-ups.		
Session 1 Timeline		
	8:00 AM	Timers Meeting (at the flagpole)
	8:15 AM	Coaches Meeting (under the pavilion)
	8:35 AM	Events begin
RELAYS: Moved to Sunday Only – Timed Finals		
Session 2	Age Groups: 8 & Under, 9-10, and 11-12 Warm-ups begin immediately following the Session 1 (15-minute sessions) and no earlier than 10:30AM.	
Session 2 Warm-Ups		
	Warm-Up #1	Beachwood; BHAC; Forest Hills
	Warm-Up #2	Huntington Woods; Cranbrook; SURF
	Warm-Up #3	Heart of the Hills; Woodside; Pleasant Ridge
	Warm-Up #4	Beechview; Farmington Glen; Woodbrooke Hills

Sunday Finals Including Paralympic Events – July 26, 2026

Warm-Ups	8:10 – 8:30 AM	Beachwood; BHAC; Forest Hills
	8:30 – 8:50 AM	Huntington Woods; Cranbrook; SURF
	8:50 – 9:10 AM	Heart of the Hills; Woodside; Pleasant Ridge
	9:10 – 9:30 AM	Beechview; Farmington Glen; Woodbrooke Hills
	9:30 – 9:40 AM	All teams – one-way sprints
Sunday Timeline	9:15 AM	Timers Meeting (at the flagpole)
	9:40 AM	Welcome & Parade of Clubs
	10:20 AM	Events begin (dual meet order; relay timed finals at the end)

Pool Rules & Regulations

Rules	- Swimmers should enter the deck area only after being marshalled for an event and leave after receiving their time. - No food or drink is permitted in the deck area of the pool. - Please be considerate in maintaining a clean and orderly facility. - Access to the pool deck will be severely restricted. Volunteers are only on deck during their active volunteer time. - Only two coaches per team are allowed on the west end of the pool deck. - Absolutely no cooking is allowed on the hill or in the adjacent parking lots. - It is each team's responsibility to clean their area on the hill each day before they leave the meet.
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NSSL Inclusion & Sportsmanship Statement

Statement	The Northwest Suburban Swim League promotes good sportsmanship by athletes, coaches, and spectators. We encourage the use of respectful language and positive actions — free of discrimination or intimidating actions directed at competitors, coaches, officials or other spectators. The NSSL condemns and will not tolerate any form of hatred and stands united in its commitment to provide an inclusive and respectful environment for everyone attending and participating. We thank you for joining our commitment!
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Saturday Preliminaries: Order of Events

Girl # / Boy # shown as Girl/Boy. odd = Girls | even = Boys

Session 1 – 13-14 & 15-18			Session 2 – 8U, 9-10, & 11-12		
#	Age	Event	#	Age	Event
3/4	13-14	100 M I.M.	1/2	11-12	50 M Backstroke
5/6	15-18	50 M Breaststroke	7/8	8 & Under	25 M Backstroke
13/14	13-14	50 M Butterfly	9/10	9-10	50 M Butterfly
15/16	15-18	50 M Backstroke	11/12	11-12	50 M Freestyle
23/24	13-14	50 M Breaststroke	17/18	8 & Under	25 M Freestyle
25/26	15-18	100 M Freestyle	19/20	9-10	50 M Breaststroke
33/34	13-14	50 M Backstroke	21/22	11-12	100 M I.M.
35/36	15-18	100 M I.M.	27/28	8 & Under	25 M Butterfly
43/44	13-14	50 M Freestyle	29/30	9-10	50 M Backstroke
45/46	15-18	50 M Butterfly	31/32	11-12	50 M Butterfly
			37/38	8 & Under	25 M Breaststroke
			39/40	9-10	50 M Freestyle
			41/42	11-12	50 M Breaststroke

Sunday Finals Including Paralympic Events*

Events 1–28			Events 29–52		
#	Age	Event	#	Age	Event
1	11-12	Girls 50 M Backstroke	–		Relay cards → Meet Manager after 28
2	11-12	Boys 50 M Backstroke	29	9-10	Girls 50 M Backstroke
3	13-14	Girls 100 M I.M.	30	9-10	Boys 50 M Backstroke
4	13-14	Boys 100 M I.M.	31	11-12	Girls 50 M Butterfly
5	15-18	Girls 50 M Breaststroke	32	11-12	Boys 50 M Butterfly
6	15-18	Boys 50 M Breaststroke	33	13-14	Girls 50 M Backstroke
7	8U	Girls 25 M Backstroke	34	13-14	Boys 50 M Backstroke
8	8U	Boys 25 M Backstroke	35	15-18	Girls 100 M I.M.
–		Awards Events 1–6	36	15-18	Boys 100 M I.M.
9	9-10	Girls 50 M Butterfly	37	8U	Girls 25 M Breaststroke
10	9-10	Boys 50 M Butterfly	38	8U	Boys 25 M Breaststroke
11	11-12	Girls 50 M Freestyle	–		Awards: Events 27–36
12	11-12	Boys 50 M Freestyle	39	9-10	Girls 50 M Freestyle
13	13-14	Girls 50 M Butterfly	40	9-10	Boys 50 M Freestyle
14	13-14	Boys 50 M Butterfly	41	11-12	Girls 50 M Breaststroke
15	15-18	Girls 50 M Backstroke	42	11-12	Boys 50 M Breaststroke
16	15-18	Boys 50 M Backstroke	43	13-14	Girls 50 M Freestyle
17	8U	Girls 25 M Freestyle	44	13-14	Boys 50 M Freestyle
18	8U	Boys 25 M Freestyle	45	15-18	Girls 50 M Butterfly
–		Awards: Events 7–16	46	15-18	Boys 50 M Butterfly
19	9-10	Girls 50 M Breaststroke	–		Awards: Events 37–46
20	9-10	Boys 50 M Breaststroke	47	40 Yr.	Mixed 200 M Freestyle Relay
21	11-12	Girls 100 M I.M.	48	40 Yr.	Mixed 200 M Medley Relay
22	11-12	Boys 100 M I.M.	49	52 Yr.	Girls 200 M Medley Relay
23	13-14	Girls 50 M Breaststroke	50	52 Yr.	Boys 200 M Medley Relay
24	13-14	Boys 50 M Breaststroke	51	66 Yr.	Girls 200 M Freestyle Relay
25	15-18	Girls 100 M Freestyle	52	66 Yr.	Boys 200 M Freestyle Relay
26	15-18	Boys 100 M Freestyle	–		Awards: Events 47–52
27	8U	Girls 25 M Butterfly			
28	8U	Boys 25 M Butterfly			
–		Awards Events 17–26			

*Paralympic events will be added to the Sunday Order of Events based on entries and noted in the meet program and Sunday Heat Sheets.

Meet Entries & Eligibility

Electronic Entries	Email Meet Manager Entry Files with PDF swimmer lists to: Bill Sprague – spraguewrjk@gmail.com 810-441-5979 Deadline: Monday, July 13, 2026 by 8:00 PM Other Entry Forms (see p.10) must also be uploaded by the same deadline. <i>Google Drive folder access will be granted on Monday, July 6, 2026 at 8:00 AM.</i> For access issues contact: Matt Kipf – nsslafinals@gmail.com 734-755-0627
Entry Rules	• Entries must be electronically signed by the coach AND the league representative (include in PDF or attach email demonstrating concurrence). • League rules require each swimmer entered must have appeared in at least 2 dual meets during the season. • Each eligible swimmer may enter two individual events and one relay, or one individual event and two relays (3 events total). • Enter each swimmer's last name first; include the swimmer's age for the 2026 season. • Each entry must include an actual time (using the "Proof of Time" function) from an NSSL dual or mini meet during the 2026 season. If no time is available, use "No Time." • Enter times to the nearest hundredth of a second. • Star (*) a swimmer's name if he or she is swimming "up" in age. • Only 2 swimmers per event. Fill "A" championship events before entering swimmers in the "B" championship meet. • Paralympic swimmers should be entered into A finals events in addition to the 2 primary swimmers in events, all the same entry rules (minimum two meets, etc.) apply to paralympic swimmers. • Enter no more than one relay team per event. Use total best time; estimated times accepted if relay did not swim together. • Entries for boys, girls, and relays must be on separate sheets. • All seeding will be done by computer. Please check your entries carefully.
Coaches Copies	Coaches must keep copies of their entries prior to submission.

Electronic Turn-In Checklist – Due by 8:00 PM, Monday July 13, 2026

Upload all files in PDF format to the appropriate club folder in the NSSL Google Drive by the deadline.

Girls Entry Forms	- Entry report by event including relays with a time - Entry report by swimmer with age and proof of time (select the "Proof of Time" option when exporting)
Boys Entry Forms	- Entry report by event including relays with a time - Entry report by swimmer with age and proof of time (select the "Proof of Time" option when exporting)
Additional Forms	- Opening Ceremony Info Form "Relay Only" Entry Form - Volunteer Roster - A Finals Financial Record

Advertisements

Sponsor Ads	Due Thursday, July 9, 2026, at 8:00 PM Submit electronically to: nsslafinals@gmail.com One check covering ad packages, made out to: NSSL
Senior Bios	Due Thursday, July 9, 2026, at 8:00 PM Senior biographies are \$10 per senior. These will appear in the program for both A and B Finals. Teams are encouraged to submit for all seniors. Submit here: https://forms.gle/BTx7d9GiA4n7K4hz9
Happy Ads	Due Thursday, July 9, 2026, at 8:00 PM Cheer for your first time or veteran swimmer! Happy Ads will appear in the program for both A and B Finals. Submit here: https://forms.gle/rPKCr1tjQchDrycn7

NSSL A Finals Opening Ceremony – Parade of Teams Info Form

Club Name	
Team Nickname	
Head Coach	
Assistant Coaches	
# of Swimmers	
Graduating Seniors (names only – no bios read during parade)	
Club Information (also email to NSSLAfinals@gmail.com)	

Official "Relay Only" Entry Form – Swimmers Not in an Individual Event

Club: _____

#	Swimmer	Age	#	Swimmer	Age
1.			13.		
2.			14.		
3.			15.		
4.			16.		
5.			17.		
6.			18.		
7.			19.		
8.			20.		
9.			21.		
10.			22.		
11.			23.		
12.			24.		

Official Rules of Competition Rule V G.2: "The entry form for relay events shall clearly indicate the official entrants and alternate entrants. A pool of up to 24 alternates is allowed for the relay events. The alternates shall apply for both the preliminaries and the finals program. Ages of official and alternate entrants for relays shall be shown next to the entrant's name. The combined ages of swimmers must not exceed 40, 52 or 66 depending on the event. Being listed as a relay alternate uses one of the three event eligibilities of an individual, whether or not the individual actually swims in the relay event."

Volunteer Roster

Each club has volunteered for a specific role during A Finals. Please see the A Finals Volunteer Explanation Letter for club assignments and details.

NOTE: Experienced Timers are required!

Required: one experienced timer from each club per session, one person for deck control per session, one person for additional support per session, and one person to assist with cleanup at the conclusion of the meet.

Club name: _____

Contact for A Finals weekend: _____

Contact mobile number: _____

Role	Volunteer Name	Mobile #	Session
Timer			Saturday AM
Timer			Saturday PM
Timer			Sunday
Deck Control			Saturday AM
Deck Control			Saturday PM
Deck Control			Sunday
Additional Support			Saturday AM
Additional Support			Saturday PM
Additional Support			Sunday
Clean-up			Sunday (end of meet)

A Finals Financial Record

Club Name: _____

Item	Calculation	Total
Entry Fees (payable via check, Zelle - NSSLMI, or Venmo - @NSSLMI)	Swimmer Qty: _____ × \$12	\$ _____
A & B Finals Ads (minimum \$300) <i>Ad packages & Senior Bios</i>		\$ _____
Special Olympics Donation		\$ _____
TOTAL		\$ _____

Payment QR Codes



Zelle®



venmo