



# WBA News

## Waynesboro Basketball Association

### WBA Establishes Newsletter

With this newsletter, the WBA is starting what it hopes to be a monthly newsletter that will be distributed to those supporting the boys basketball program in Waynesboro. It will be published on its website—[www.leaguelineup.com/wbapride](http://www.leaguelineup.com/wbapride) and may be distributed to those desiring

to receive through email. If you would like to receive our newsletter through email, please visit our website and click the link to "Join Our Email List." The newsletter will then be automatically sent to you each month.

The goal of this newsletter is to provide current events, team updates from coaches,

fundraising information, information on past players in the program and much, much more. If you have any ideas or wish to contribute, please contact any board member.



### High School /Middle School Summer Leagues and WBA Summer Camp 2010

Indian Basketball placed three teams in summer leagues that began in May and ended in July. A varsity team was placed in the St. Maria Goretti Summer League held in Hagerstown, Maryland each year. Coming off a difficult 2009-2010 season, the summer league team showed definite improvement this summer. Coach Hoffman is hoping that the game experience combined with a commitment to the fall program will act as a springboard to a successful 2010-2011 season.

A team comprised of rising

9th and 10th graders competed in the Junior Varsity Summer League also held at St. Maria Goretti. The team showed great effort and determination and flashed a lot of potential that should bode well for Indian Basketball in the upcoming years.

Finally, a group of rising 8th graders participated in the Boiling Springs Junior High League. Competing against teams made up of significantly older and more mature players, the Indians gained valuable experience against a level of competition that they likely

will not have to face during the upcoming season.

In addition, many players in grades 8 and 9 participated in the first (and hopefully annual) Indian Development Program and a tremendous commitment to strength and conditioning was seen by a core of about 10 players in grades 7-12. In summary, Indian Basketball is back on the rise and the work ethic and commitment observed this summer, combined with some natural talent, make it an exciting time for the program!

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#### WBA Board Members

Director of Operations -

Tom Hoffman

President—Richie Davis

Treasurer—Karen Davis

Secretary—Jana Eskridge

VP Fundraising— Judy Reitz

VP Equipment Facilities—

Ryan Fetterhoff

VP Game Management—

Chuck Geesaman

VP Marketing Promotions—

Denise Ingram

## 2010-2011 Schedules

### Varsity/IV

12/10-11—Fr. Co. Tip-Off Tourn.  
12/14—@ Dover  
12/17—Northern  
12/21— @ Big Spring  
12/23— @ Central Dauphin  
1/4—James Buchanan  
1/7— @ Gettysburg  
1/11—Shippensburg  
1/14— @ Greencastle  
1/15—Southwestern  
1/17— @ Chambersburg  
1/18—Carlisle  
1/21— @ Northern  
1/24— @ Mechanicsburg  
1/25—Big Spring  
1/28— @ James Buchanan  
2/1—Gettysburg  
2/4— @ Shippensburg  
2/8—Greencastle  
2/10— @ Susquenita

### Middle School

12/16—Faust Junior High  
12/21—@ Big Spring  
1/4—James Buchanan  
1/7—@ Gettysburg  
1/11—Shippensburg  
1/14—@ Greencastle  
1/21—@ Faust Junior High  
1/25—Big Spring  
1/28—@ James Buchanan  
2/1—Gettysburg  
2/4—@ Shippensburg  
2/8—Greencastle

## Important Dates

- 10/8/10—WBA Youth Tryouts (WASHS gymnasium)
- 12/1/10—Celebrity Waiter Night @ Golden Corral (5:00-9:00pm)
- 12/17/10—1st Annual “Pack the House” Night and Teacher Appreciation Night (WASHS gymnasium)
- 2/1/11—Senior Night (WASHS gymnasium)

Visit us at:

[www.leaguelineup.com/wbapride](http://www.leaguelineup.com/wbapride)

## Indian Man to Man Principles

Man to man defense is certainly the most popular defense used by coaches in the game of basketball. There are many reasons for this including; it is easier to account for individuals when guarding a man than it is when playing a specific area which a player is responsible for when playing zone, it is easier to rebound when playing man as compared to zone, and players tend to maintain a focus and intensity about them when playing man where as in zone they many times relax and let their

guard down. The following principles are critical to the Indian Basketball Man to Man Defensive System; 1) ball pressure - defenders must make players in possession of the basketball uncomfortable when guarding them. 2) deny passes to players that are one pass away from the ball - again, making it difficult for offenses to pass the ball around 3) good help side principles - when your man is more than one pass away from ball, defenders should be in help-side position, a posi-

tion that they can assist on dribblers who are looking to attack the basket.

4) force dribblers to sideline and to the baseline - this concept allows all five defenders to be on the same page and to force dribblers out of the lane thereby "protecting" the basket.

There are many additional concepts and principles that are part of our Man to Man Defensive System but our teams that apply the fundamentals listed above traditionally become good defensive teams.

## Where Are They Now?

Ryan Devlin is a 2001 graduate of Waynesboro Area Senior High School. After graduating college, Ryan spent one year as an assistant coach at Hagerstown Community College. During his year at Hagerstown, the program posted a 23-8 record and saw 5 players move on to the Division I level the following season. At the conclusion of that season, Ryan moved on to

become an assistant coach at Montrose Christian School in Washington, D.C.. Players that Ryan coached at Montrose are currently in the NBA, Duke, Villanova, Texas, Maryland and Washington, to name a few. During this time, he also had the opportunity to work out with Team USA before they departed to China for the Olympic games. Ryan's contributions as an

assistant coach did not go unnoticed and he is now preparing to begin his second season as the head basketball coach at the College of Southern Idaho. This program has won more games than any JUCO program in the country and last year Ryan was privileged to send the first JUCO player to Duke University.