

2014 Lightning Lacrosse Registration

Parents and Players:

Registration for the 2014 Lightning Lacrosse season is now open. **Sign your child up by 11/15/13 and save \$25.**

Our registration fees are as follows:

Grades 4-8 \$225

Grades 2-3 \$150

PreK - 1st Grade \$100

Volunteering for our tournaments is mandatory. Lightning parents with players in grades 2 - 8 will need to donate 10 hours of service over the course of the season. Five of your 10 volunteer hours will involve supporting our tournaments this spring. Anyone wishing opt out of the balance of their volunteer time may do so on their child's registration. There is no volunteer requirement tied to the Little Laxer program.

Donate to the Lightning Capital Fund on your child's registration. Please consider making a tax deductible gift in the amount of \$25 or \$100 when you register. Gifts will go toward future capital improvements at WW Community Park including the installation of irrigation on our fields.

New for 2014 – We are now officially accepting girls from Hamilton Township. The Hamilton PAL runs a boys program but not a girls program. Until Hamilton PAL adds girls we're happy to have them play with us!

Players in Grades 2 through 8 - Commitment to Attend Practices and Games

While we encourage our players to explore all the many varied extracurricular options available to them, we expect all second through eighth graders to take their commitment to the Lightning program seriously. Consistent practice and game attendance builds fitness, individual skills and teamwork.

For kids in 2nd and 3rd grades the time commitment entails one to two practices a week and games on Saturdays. For boys and girls in fourth and fifth grade, the time commitment includes one to two practices per week and one to two game days per weekend. The more often the kids participate in practices and games at this level, the more quickly they develop as lacrosse players. Fourth and fifth grade coaches are understanding of outside commitments including absences for family events and other spring sports.

In sixth and seventh grade, participation in team practices and games becomes crucially important. The time commitment includes one to two practices per week and one to two game days per weekend. Coaches introduce many team concepts and the success of our Lightning teams is a function of how well the kids work together as a unit.

Players in 8th grade are expected to attend all Lightning practices and games. We also encourage 8th graders to participate in their middle school lacrosse programs to augment the conditioning and skill development provided by the Lightning. Coaches at this level take into consideration the demands of

the middle school teams when setting Lightning practice schedules. While we understand the social and academic challenges our middle schoolers are facing, Lightning eighth grade players should be fully committed to playing lacrosse in the springtime.

Eligibility

Our Little Laxer (pre K-1st grade) program is open to kids from all towns. Travel team programs for grades 2-8 are open to girls and boys living in West Windsor, Plainsboro and Cranbury. As mentioned above we are now also accepting girls from Hamilton Township! If you have a question about your child's eligibility contact Cory Easter at coryeaster@comcast.net

Travel team practices (one to two per week) begin in March and our game season begins in April and runs through early June. Little Laxers meet late Sunday afternoons in March, April, May and early June.

To register, simply go to our web site www.lightninglacrosse.org and click on "Online Forms". Select "2014 Player Registration Form" and follow the instructions.

Registration is a two-step process

Step #1: Filling out and submitting the online registration form.

Step #2: Clicking the Checkout button, entering your payment information and submitting it for approval.

Your child is not registered until you have successfully completed Step #2.

If you have any questions about registration please first consult our "Frequently Asked Questions" tab. If your questions are not answered, please contact our Registrar, Rachel Kolm at rmkolm@gmail.com

At a future date parents of travel team players will be notified of a mandatory parents meeting to be held in early February 2014.

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