# 2024 BOOST X JAAFSC Spring Season Opening Day Information

This email is for Lineman 5v5 teams and Girls Fast Flag teams only.

7on7 teams have received a separate information email.

Date: Saturday, March 23, 2024

Location: Citrus Park

1250 Santana Way, Corona, CA 92881

A note about the weather: We will still play with light rain. The city will close the fields for severe rain or flooding.

#### **LINEMAN 5V5**

Important takeaways from the Lineman 5v5 Coaches Certification

- 5v5 rosters will remain open all season. New players may be added on throughout the season. Players will weigh-in every game day. Therefore, there is no minimum number of players required per roster.
- "New" teams will be formed by the players that check-in and matched based on age and/or weight. *Please notify parents ahead of time so they know players will be mixed and matched for games.*
- All coaches expressed support to coach players from different chapters in order to support their development.

#### **Information for ALL LINEMAN TEAMS:**

- All players must have soft helmets, softshell shoulder pads, and mouthpieces to participate. No exceptions.
- All lineman 5v5 games will be on Field 2.

#### **Check-in Procedures for ALL LINEMAN TEAMS:**

The check-in tent is located by the restroom/snack bar area. Look for the red Boost tent.

- 1. Turn in missing paperwork. Any player packets that were redlined at registration may be updated and added back to the roster at check-in.
- 2. Add new players with proper paperwork by handwriting them at the bottom of the roster (before approaching the table).
  - a. Player Contract (front and back) 2 copies (one for Boost, one for coach)
  - b. Headshot
  - c. Proof of Age Document
  - d. Boost Waiver
- 3. Mark absent players with an "A", and get the roster signed off by Stacie or Boost Staff.

### 8:00 AM

- 1. All teams check-in at the main table.
- 2. After team check-in, coaches will take all players to do individual weigh-ins. DO NOT go to the weigh in station until your team roster has been signed off.

Please be on-time. All players need to be weighed-in and accounted for by 9:00 am.

10:15 - 12:15 pm 5v5 Game Rotations

• 15-minutes running clock

## **Girls Fast Flag**

Important takeaways from the Girls Fast Flag Coaches Certification

- Girls Flag rosters will remain open all season. New players may be added on throughout the season.
- 14-year old girls who miss the July 31 age cut off may still participate.
- Due to low team count, age divisions will be mixed this season.
- The goal is to add more teams and girls as the season progresses.
- Fundamentals and development is a big part of this inaugural season.

#### Information for GFF TEAMS:

- All players must have soft helmets or protective head bands, flags, and mouthpieces to participate. If your teams are missing any equipment, please let us know. A few of the teams got a late start and I know it can be stressful.
- All girls flag games will be on Field 2.

#### **Check-in Procedures for ALL GFF TEAMS:**

The check-in tent is located by the restroom/snack bar area. Look for the red Boost tent. GFF teams may begin check-in 1 hour before their scheduled game start time.

- 1. Turn in missing paperwork. Any player packets that were redlined at registration may be updated and added back to the roster at check-in.
- 2. Add new players with proper paperwork by handwriting them at the bottom of the roster (before approaching the table).
  - a. Player Contract (front and back) 2 copies (one for Boost, one for coach)
  - b. Headshot
  - c. Proof of Age Document
  - d. Boost Waiver
- 3. Mark absent players with an "A", and get the roster signed off by Stacie or Boost Staff.

ROUND			FIELD 2
	START	1:10 PM	Corona (Gueda) - Micro/JPW
1	END	1:40 PM	Eastvale (Enriquez) - Micro/JPW
	START	1:50 PM	Corona (Gueda) - Micro/JPW
2	END	2:20 PM	Eastvale (Enriquez) - Micro/JPW
	START	2:30 PM	Eastvale (Andrade) - PW/Midget
3	END	3:00 PM	Grand Terrace (Appleton) - PW/Midget
	START	3:10 PM	Corona (Bass) - PW/Midget
4	END	3:40 PM	Grand Terrace (Appleton) - PW/Midget
	START	3:50 PM	Corona (Bass) - PW/Midget
5	END	4:20 PM	Eastvale (Andrade) - PW/Midget

## **ALL LEAGUE INFO**

### **Important Notes:**

- Coaches must have a copy of the red roster and all players contracts with them on the field at ALL times.
- A copy of the rule book is attached to this email for your reference.
- The Citrus Park site map is attached to this email, please review the field numbers ahead of time. I also recommend sharing it with parents. Lineman and GFF games will be on field 2.

## **Important Reminders:**

 We expect all players, coaches, and parents to contribute to respectable conduct and sportsmanship. No profanity and no fighting. Coaches are responsible for their own sidelines.

Please contribute to our good standing with the parks and community by keeping our fields clean.

Take some time to pick up trash at the end of your game day. ALL PARKING REGULATIONS NEED TO BE ADHERED TO. Parking violations will result in citation or towing.

Thank you for your participation, have fun, and see you Saturday!

Email me with questions.

Stacie Bass 951-532-4904 or admin@boosttrainingsystems.com