



OXFORD HOOPS BASKETBALL CLUB

Hoops House, 12 White Road, Oxford OX4 2JJ

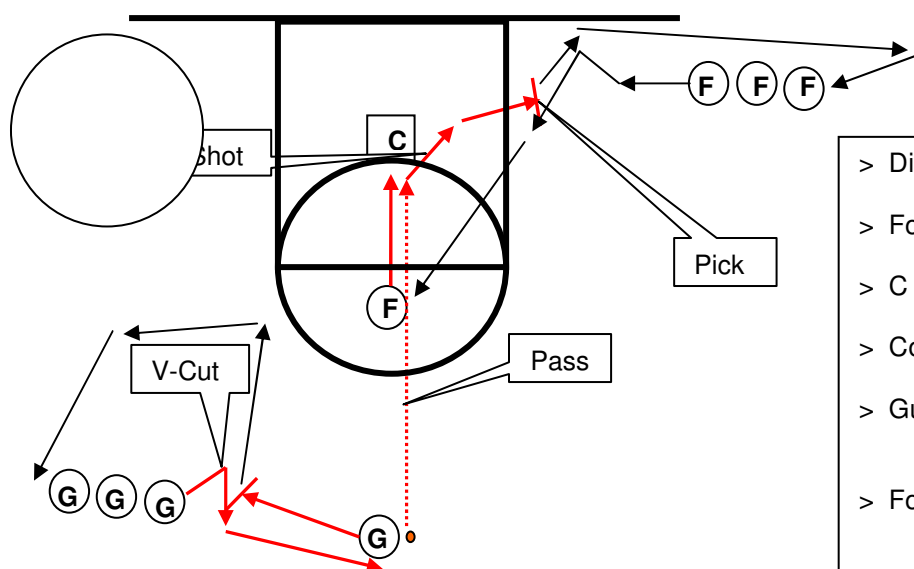
Tel: 01865 429694

www.leaguelineup.com/ox-ballerz



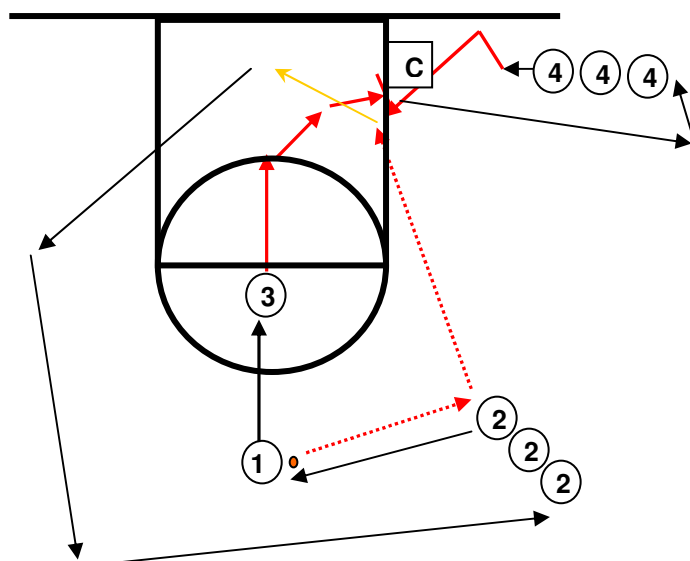
TEAM OFFENSIVE DRILLS - BRILLO INITIATION

1- POWER FORWARD SHOT & ROTATION



- > Divide into GUARDS & FORWARDS
- > Forwards Start at FT Line.
- > C Denotes – Coach
- > Coach Rebounds & Passes to Guard
- > Guards Pass & Pick
Next Guard – V-Cut & Replace
- > Forwards – Catch, Shoot & Pick
Next Forward – V-Cut & Replace

2- CENTRE LAY-UP & ROTATION



- > 3 Backs-up
- > 1 Fakes Pass to 3, but passes to 2
- > 3 Spins on his Man & Sets Pick on C
- > 4 V-Cuts to set C and Takes pick from 3
- > 2 Passes to 4 for Lay-Up.

Rotation

- > After 1 Passes to 2 >> Replaces 3
- > After 2 Passes to 4 >> Replaces 1
- > After 3 Picks for 4 >> Replaces 4
- > After 4 Lays up >> Replaces 2



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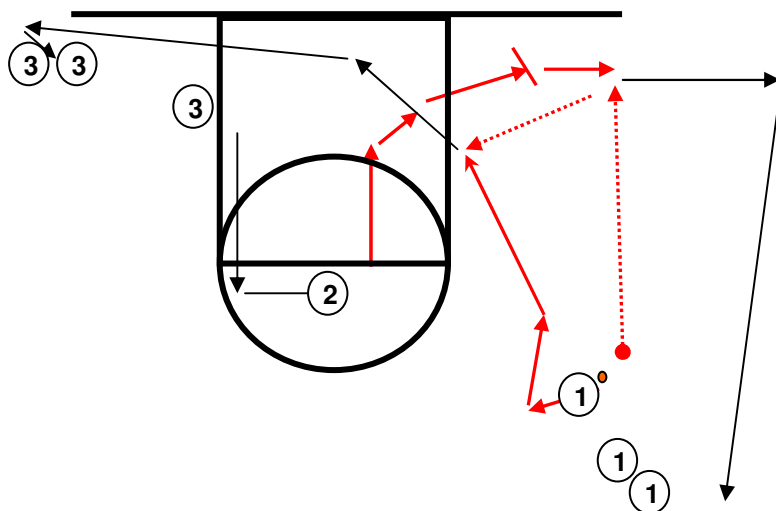
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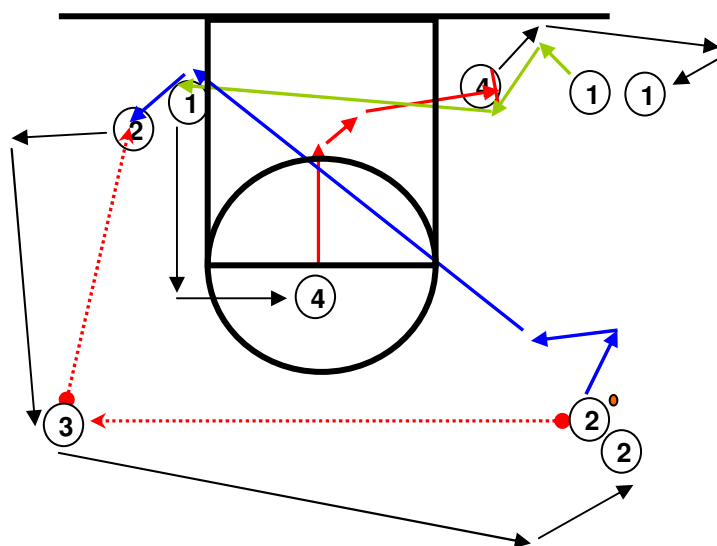


3- GUARD GIVE + GO



- > 2 Backs Up asking for Ball, Picks & Rolls Out
- > 1 Passes to 2
- > 1 V-Cuts & Burns to receive pass back from 2
- > 3 Replaces 2
- > 2 Replaces 1
- > 1 Replaces 3

4- REVERSE SHOT:



Divide into Guards & Forwards

- > 4 Backs up, Picks & Rolls
- > 1 V-Cuts & Takes Pick
As soon as 1 has entered Zone
- > 2 Passes to 3
- > 2 V-Cuts and Burns
- > 2 uses 1 as Pick/Screen
- > 3 Passes to 2 for a 10 foot Bank Shot.
- > 1 Replaces 4 , 4 Replaces 1
- > 2 Replaces 3 , 3 Replaces 2