Student Athlete Name: _____
Student Athlete Grade: _____

5

SJS Spring Track 2026: 26 Mile - Marathon Challenge. Run a timed mile 26 times. Write down your time. At our last practice, run 385 Yards (.2 Mile) to finish the challenge. There are 99 boxes to complete 26 single 1 Mile Runs. This is EASY and the time you finish does not matter, just run the Mile - 26 Times. Yes, you can run more than 1 any day, YES YOU CAN START BEFORE MARCH 23, 2026 just keep "TRACK" (Get it?)

WEEK OF:	23-Mar	30-Mar	6-Apr	13-Apr	20-Apr	27-Apr	4-May	11-May	18-May	25-May	1-Jun
Place X with Date in each box, or write in your time for the Mile (See Examples Below)											
~~3-Mar~~											
9:28											
~~3-Apr~~											
8:55											
~~20-Apr~~											
8:00											
~~5-May~~											
6:58											