

F.A.S.T. 2019

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11 Registration by the pool
12 Happy Mom's Day!	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27 No Practice	28 1st Day Practice	29	30 Intra-team meet @ Fairfield	31	

28: Memorial Day

June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Practice Monday-Thursday 8:30 Beginners/Intermediate/Advanced & 9:30 Advanced						1
2	3	4	5	6	7	8 FAST @- Eagles Brook- v Heron Bay
9	10	11	12 District 6 entry deadline	13	14	15 FAST v ELST v EB
16	17	18	19	20 FAST @ Heron Bay	21	22 District 6 (Henry County) meet
23 30	24		26	27 FAST @ Lakemont	28	29 FAST @ Eagles Brook v Heron Bay

Lakemont: 180 Lakepoint Lane Fayetteville, Ga 30215

Eagles Brook: 1000 Eagles Brook Dr Locust Grove, GA

Heron Bay: 3080 Heron Bay Blvd Locust Grove, Ga 302.

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Happy 4th! No Practice	5	6 District 4 (Clayton County) meet
7	8	9	10	11	12 SCSL Championship @SLAC	13
14	15	16	17	18 GRPA Welome Party 6-8pm	19 GRPA State Meet 10 & U	20 GRPA State Meet 11&Up
21 End of Season Party	22	23	24	25	26	27
28	29	30				

4: Independence Day