

# YOUTH CHEER CATEGORIES

**CATEGORY** is defined by the type of performance you select.  
New changes from last year's packet are marked in **RED**.



## CROSSOVERS

- 1) Any athlete performing in a Non-Mount division may NOT cross over into a division that allows building skills
- 2) Level 1 Limited may not cross over to any other Show Cheer Level.

**SHOW CHEER LEVEL 1 LIMITED:** (Time Limit: 2 min) Performance using music, cheer or any combination thereof. Music is required in this category. Music may be incorporated for a segment, half, or the entire performance. Poms and props are allowed. Please refer to the remainder of the cheer section for complete details on Show Cheer Level 1 Limited routine requirements and allowances.

**SHOW CHEER:** (Time Limit: 2 min 30 sec) This category is offered for the following levels: **1, 2, 3 and 4**. Performance using music, cheer or any combination thereof. Music is required in this category. Music may be incorporated for a segment, half, or the entire performance. Poms and props are allowed. Please refer to the remainder of the cheer section for complete details on Show Cheer routine requirements and allowances. **SGVJAAFC MINIMUM 2:15 MAXIMUM 2:30 (REQUIRED TO HAVE ACHEER ON ROUTINE)**



**SHOW CHEER NON-TUMBLING:** (Time Limit: 2 min 30 sec) Performance using music, cheer or any combination thereof. Music is required in this category. Music may be incorporated for a segment, half, or the entire performance. Gymnastic skills are PROHIBITED. Stunts are limited to Level 3 skills. Poms and props are allowed. Please refer to the remainder of the cheer section for complete details on Show Cheer Non-Tumbling routine requirements and allowances.

**SIDELINE PERFORMANCE CHEER:** (Time Limit: 1 min 30 sec) Spirited Entrances **are allowed and will be scored**. Cheer of your choice. The focus of performance cheer is a crowd leading interactive sideline cheer with the performance of stunts, tumbling, and jumps as well as the use of poms and props (crowd participation tools) that a team would traditionally use on the sidelines at games. Audience participation, poms and props are allowed and encouraged. Music or amplified sound is prohibited in this category. Please refer to the remainder of the cheer section for complete details on Sideline Performance Cheer routine requirements and allowances.

**SIDELINE PERFORMANCE CHEER NON MOUNT:** (Time Limit: 1 min 30 sec) Spirited Entrances **are allowed and will be scored**. Cheer of your choice. The focus of performance cheer is a crowd leading interactive sideline cheer with the performance of tumbling and jumps as well as the use of poms and props (crowd participation tools) that a team would traditionally use on the sidelines at games. Audience participation, poms and props are allowed and encouraged. Music or amplified sound is prohibited in this category. All building skills are prohibited.

Clarification: A partner pick up would not be considered a stunt. Please refer to the remainder of the cheer section for complete details on Sideline Performance Cheer Non Mount routine requirements and allowances.

# YOUTH

## SHOW CHEER DIVISIONS

SHOW CHEER - MUSIC IS REQUIRED - TIME LIMIT: 2 min 30 sec

**DIVISION** is defined by the age of the oldest athlete.

**LEVEL** is defined by the degree of skill difficulty you select.

New changes from last year's packet are marked in **RED**.

Not all categories/divisions/levels will be offered at every championship. Teams should check events directly for what's offered.

### **DIVISIONS:**

Division 6 Level 1 Limited  
Division 6 Level 1  
Division 8 Level 1 Limited  
Division 8 Level 1  
**Division 9 Level 1 Limited**  
**Division 9 Level 1**  
Division 10 Level 1 Limited  
Division 10 Level 1  
Division 10 Level 2  
Division 11 Level 1  
Division 11 Level 2  
Division 12 Level 1  
Division 12 Level 2  
Division 12 Level 3  
Division 13 Level 3 Non-Tumbling  
Division 13 Level 1  
Division 13 Level 2  
Division 13 Level 3  
Division 15 Level 3 Non-Tumbling  
Division 15 Level 1  
Division 15 Level 2  
Division 15 Level 3  
Division 15 Level 4  
Division 17 Level 1  
Division 17 Level 2  
Division 17 Level 3  
Division 17 Level 4

### **AGE AS OF JULY 31, 2025:**

6 years and younger  
6 years and younger  
8 years and younger  
8 years and younger  
**9 years and younger**  
**9 years and younger**  
10 years and younger  
10 years and younger  
10 years and younger  
11 years and younger  
11 years and younger  
12 years and younger  
12 years and younger  
12 years and younger  
13 years and younger  
13 years and younger  
13 years and younger  
13 years and younger  
15 years and younger  
15 years and younger  
15 years and younger  
15 years and younger  
17 years and younger  
17 years and younger  
17 years and younger  
17 years and younger

### **ATHLETES:**

5-36 members, male and/or female  
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5-36 members, male and/or female  
5-36 members, male and/or female  
5-36 members, male and/or female  
5-36 members, male and/or female

## YOUTH

# SIDELINE PERFORMANCE DIVISIONS

SIDELINE PERFORMANCE CHEER - MUSIC IS NOT ALLOWED - TIME LIMIT: 1 min 30 sec

**DIVISION** is defined by the age of the oldest athlete.

**LEVEL** is defined by the degree of skill difficulty you select.

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Not all categories/divisions/levels will be offered at every championship. Teams should check events directly for what's offered.

### **DIVISIONS:**

Division 6  
Division 8  
**Division 9**  
Division 10  
**Division 11**  
Division 12  
Division 13  
Division 15

### **AGE AS OF JULY 31, 2025:**

6 years and younger  
8 years and younger  
**9 years and younger**  
10 years and younger  
**11 years and younger**  
12 years and younger  
13 years and younger  
15 years and younger

### **ATHLETES:**

5-36 members, male and/or female  
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