

Timed Mile Grading Scale

Boys 4 Lap Mile			Girls 4 Lap Mile		
Time	Points	Letter Grade	Laps	Points	Letter Grade
< 8:00	10	A+	< 10:00	10	A+
8:01-9:00	9	A	10:01-11:00	9	A
9:01-10:00	8	B	11:01-12:00	8	B
10:01-11:00	7	C	12:01-13:00	7	C
11:01-12:00	6	D	13:01-14:00	6	D
12:01 & over	5	F	14:01 & over	5	F
Did not finish or no mile	0	F	Did not finish or no Mile	0	F