DRIBBLING BALLS

VOL. 10 NO. 5

As always, D.B. is the first with exciting new literary delights for you, and this edition (what a bonus) there are two. As warned earlier in the year, Dribbling Around debuts - the basketballer's eating guide, along with another new feature - Crossballs - a cryptic crossword for basketballers. But first a word from our sponsor...

Collingwood A Grade Men (Sun. 9/5)

Uni 31 lost to ??**@#!? 39

This was definitely a better performance than last week when we were beaten by a four man team. With Matt Wellington, whose shooting average just keeps going up and up, bombing some great baskets and Chris Healy controlling the ball well we were a few points down at half time. Against the best team in the comp our first 10 minutes of the second half was our best for the year. Tony Lewis, the best and biggest small man around (I understand that - Ed.) ran some great breaks to catch up. Unfortunately, some slack blocking out contributed to an 8 point loss.

Matt, Graeme 8, Tony 6

CEBA B Grade (Mon. 10/5)

Uni 40 drew with Aces 40

This side of guards (who said rat pack?) played some great man to man defence to keep out a much bigger side and draw this game. Six points in the last 2 minutes from Coach Easy Lay brought us to equal scores for the last 10 seconds or so. Good contributions in defence from Barry Cook and Gary Russell, the best and smallest big man in the game (I understand that too - Ed.) and some timely baskets from Easy and Graeme. With some fast break and blocking out practice this team could go places.

Easy 14, Graeme 8, Gary 6

VBA Division 2 (Wed. 12/5)

Nuna Vikings 63 d. Uni 52

The best thing about this game is it's over now. We led 33-28 at half time, then trailed 44-35 5 minutes after half time. The rest of the game must have been quite boring to watch, although Les starred, scoring heaps taking N rebounds, where N is a large positive integer, and blocking about 8 shots. Paul Orton was a welcome return to the team, but we missed Drew, who had the blackest eye since Moshe Dayan.

Les 18, Henry 10

VWBA Div's 2, 4, 5 (Wed 12/5)

A quiet night was had by all.

Who'd play in a girls' team (mens' firsts excepted)? The womens' firsts had a bye, the seconds got a walkover and the thirds gave a walkover.

CYMS Championship (Sun. 16/5)

Uni 83 d. CYMS 67

The boys psyched up for this game in typical Uni fashion. Can you wrestle? Do you do geography? Consequently we went out and crushed the opposition during the first half. J.C. and Davo made numerous steals while in offence Jane had a field day and hit 18 for the half while Davo shot out of his bum quite successfully. It aws 44-21 at half time and we cruised to victory in a slack second half, some old skills from Lards being the only highlights. Final score: Wasps 83 d. Micks 67.

Jane 28, Lards 20.

FOUL SHOTS: Incorporating - SOCIAL COMMENT - We'd like to think of Social Comment as an informed critique of the social comings and goings of basketball's beautiful people, an up to date pot pourri of interesting and informative news from our impeccably well placed High Society sources. In depth, razor sharp interviews, and incisive, hard hitting editorial comment. That's how we'd like to think of it.

Actually, it will be a bit of a tame waffle about the not so tame MUBC Social Events.

This will be interspersed with any libellous gossip we can (a) observe (b) invent (c)prise out of dad Walker (d) invent (e) none of the above. Well, here goes...

The progressive dinner, always a gala(h?) event, went successfully. Thanks to hosts Bridget, Yvoonne and Graeme, all those who brought food and to Bernadette for organising tiple baby photo contest (cluck). Congratulations to winners Les and Meg. If you missed out on this year's dinner, make sure you come to the 1983 extravaganza (tickets available soon at Bass... would you believe Computicket... how about Long Bay Box Office?). News Flash... The early market on the 1982 Brown Paper Bag award indicates that a dual award is 3/1 on. Write your own ticket the rest of the field. There's still time to make a contribution this year (until the Annual Dinner - after I.V.).

On Saturday May 1st a lunchtime BBQ was run at the Sports Union. The weather was excellent and the concensus was that the event was a success. We plan to organise more of these barbies cum pie/footy franks/beer sessions soon, so keep your ears to the ground.

Don't forget to support Blotto (Basketball Lotto). You may as well give your loose change to MUBC rather than Tatts. The winners so far have been - Draw 159 - Julie Walker and H. Slater, Draw 160 - Robyn Stephen and Flora Lyons. These lucky people won \$50 each for their 20c outlay. What incredible value!

DRIBBLING AROUND: In its first great culinary caper, Dribbling Around visits the New Lincoln Inn on a Wednesday evening. Not just any Wednesday evening but the Wednesday evening of a quiet farewell to Jan Langdon, that well knoewn ex-MUBC siren (or is that MUBC ex-siren), or as Betty calls her - Beef Hangers (no, I don't know why either). Off overseas for an indefinite time, tonight was our last chance to say bye-bye. Enough of this sentamentalist slop, back to the slop we were eating. The food was cheap. Someone was moved (?) to point out that the prices hadn't changed for three years (and the food hadn't either). The parmegiana I had was passable (after about three days) and the steaks, schnitzels etc were also basically edibles, served with a salady concoction and chips. There was also a token Chinese dish (no. not the waitress) and some flied lice. For entree we had the bill, which arrived at least 5 minutes before the food. The beer was cold, wet and very drinkable, but the reisling tended to be watered down with soda (or orange juice if you got the deaf barman). The decor resembled the food - cheap. Real(?) split logs reach from the floor half way up the wall, where they seem to have run out of money. This too has obviously precluded them from buying any new records for the juke box, the newest song on which was "I used to kiss her on the lips, but it's all over now". Overall rating of the pub 2 stars. 1 ordinary good player and $\frac{1}{2}$ a gong. Oh, what was Jan's parting quote? She told us that "Mal Short was spending this weekend coming in Paris." The girl should have a great time during her little jaunt.

And now a real letter to the editor....
Dear Mr. D.B.

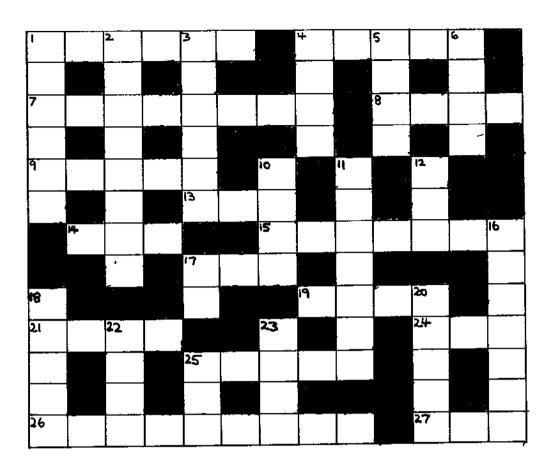
After taking an exercise class for the Saturday training session, it seems rather appropriate to enlighten a few people about that mystical achievement... flexibility. The common belief that "people are flexible or not" is indeed a fallary, but seems to be a very common view. If muscles are able to move to their full extent, this will reduce the possibility of injuries, and if an injury does occur the muscle fibres will be well aligned and recovery will be faster. Better performances can be produced by a more flexible player, and that performance will require less energy because the muscle fibres can move freely with less friction.

Muscles are elastic and can stretch and contract. A muscle that is worked hard will contract or shorten, so there is a need for stretching after a game or training session rather than before.

Some simple stretching exercises regularly will have surprising results on most people's flexibility, but always stretch when warmed up, and don't do anything that hurts. Loving regards to the very inflexible Ed,

Neg.

CROSSBALLS NO. 1



ACROSS.

- 1. Sort of case our coach is likely to end up. (6)
- 4. See 12 dn.
- 7. A way to shoot foul shots or deoderant. (8)
- 8. Makes a shot after drinking several of these. (4)
- 9. A black man will add this to your team. (5)
- 13. Fitness activity involves risking your healthy ankles. (3)
- 14. See 23 dn.
- 15. Exhausted, having just blocked a shot. (7)
- 17. Help out back in defence to inflate the ball. (3)
- 19. Our chance of winning definitely not even money! (4)
- 21. Gives a gratuity to the one who knocks the ball in. (4)
- 24. Centre, of the wheel too. (3)
- 25. Good shooter upset when in the air. (5)
- 26. One on none during a short half time. (4.5)
- 27. See 12 dn.

DOWN.

- 1. Boof head weighs the ball to see if it will do this. (6)
- 2. Force to the bench with secondary business. (8)
- 3. Too right about sore spots, having made too many of these. (6)
- 10. Why girl is not a good shooter. (4)
- 11. Cad jumps a lot. (7)
- 12, 27ac & 4ac. Uses the backboard cause he's given up drinking. (3,3,5)
- 16. Bible used by doctor to show how to bounce the ball. (7)
- 17. See 23dn.
- 19. Unlucky to be this after a hard game. (5)
- 20. Throw Chinese vegetable at the ring. (5)
- 22. Ticket to make an assist. (4)
- 23, 14ac & 17dn. Donate then leave after this offensive move. (4,3,2)
- 25. Watch the cheat. (3)