

SUNDAY, FEBRUARY 25TH - DAY 1 SCHEDULE
8:30AM – THE PODIUM OPENS

2:00p	Women's Pole Vault – <i>Pit 1</i>	Final
2:30p	Women's Weight Throw	Final
4:00p	Women's Long Jump – <i>Pit 1</i>	Final
4:30p	Men's Pole Vault – <i>Pit 2</i>	Final
4:30p	Women's High Jump – <i>Pit 2</i>	Final
4:45p	Men's Long Jump – <i>Pit 2</i>	Final
4:45p	Men's Weight Throw	Final

10:30a	<i>Heptathlon: Men's 60 Meter Dash</i>	<i>Final</i>
11:00a	<i>Pentathlon: Women's 60 Meter Hurdles</i>	<i>Final</i>
3:00p	Women's 60 Meter Hurdles	Prelims
3:10p	Men's 60 Meter Hurdles	Prelims
3:20p	Women's 60 Meter Dash	Prelims
3:30p	Men's 60 Meter Dash	Prelims
3:35p	TRACK RAISED	
3:45p	<i>Pentathlon: Women's 800 Meter Run</i>	<i>Final</i>
4:00p	Women's 5000 Meter Run	Final
4:25p	Men's 5000 Meter Run	Final
4:50p	Women's 200 Meter Dash*	Final
5:20p	Men's 200 Meter Dash*	Final
5:35p	Women's Distance Medley	Final
5:55p	Men's Distance Medley	Final

MONDAY, FEBRUARY 26TH - DAY 2 SCHEDULE
7:00AM – THE PODIUM OPENS

9:30a	Women's Shot Put	Final
9:30a	Women's Triple Jump – <i>Pit 1</i>	Final
9:30a	Men's Triple Jump – <i>Pit 2</i>	Final
10:45a	Men's High Jump – <i>Pit 2</i>	Final
11:00a	Men's Shot Put	Final

9:00a	Women's 60 Meter Hurdles	Final
9:10a	<i>Heptathlon: Men's 60 Meter Hurdles</i>	<i>Final</i>
9:20a	Men's 60 Meter Hurdles	Final
9:30a	Women's 60 Meter Dash	Final
9:35a	Men's 60 Meter Dash	Final
9:40a	TRACK RAISED	
9:50a	Women's 1 Mile Run*	Final
10:05a	Men's 1 Mile Run*	Final
10:20a	Women's 400 Meter Dash*	Final
10:40a	Men's 400 Meter Dash*	Final
10:55a	Women's 800 Meter Run*	Final
11:05a	Men's 800 Meter Run*	Final
11:20a	Women's 3000 Meter Run*	Final
11:45a	Men's 3000 Meter Run*	Final
12:00p	<i>Heptathlon: Men's 1000 Meter Run</i>	<i>Final</i>
12:10p	Women's 4x400 Meter Relay	Final
12:20p	Men's 4x400 Meter Relay	Final

12:45p	TEAM AWARDS	
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2024 MPSF CHAMPIONSHIPS

MULTI EVENTS

11:00a	Pentathlon: Women's 60 Meter Hurdles
11:45a	Pentathlon: Women's High Jump – <i>2 pits</i>
1:15p	Pentathlon: Women's Shot Put – <i>2 rings</i>
2:30p	Pentathlon: Women's Long Jump – <i>2 pits</i>
3:45p	Pentathlon: Women's 800 Meter Run

10:30a	Heptathlon: Men's 60 Meter Dash
11:15a	Heptathlon: Men's Long Jump
12:15p	Heptathlon: Men's Shot Put
1:15p	Heptathlon: Men's High Jump – <i>Pit 2</i>

MULTI EVENTS

9:10a	Heptathlon: Men's 60 Meter Hurdles
10:00a	Heptathlon: Men's Pole Vault
12:00p	Heptathlon: Men's 1000 Meter Run

****PRELIMINARY SCHEDULE**

AS OF 10/18/23