



For Immediate Release: May 10, 2010

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## 2010 MOUNTAIN PACIFIC SPORTS FEDERATION MEN'S VOLLEYBALL STANDINGS

	CONFERENCE					OVERALL						
	W	L	PCT	HOME	AWAY	W	L	PCT	HOME	AWAY	NEUT	STREAK
1. \$ % & # Stanford	16	6	.727	9-2	7-4	24	6	.800	17-2	7-4	0-0	Won 6
2. # BYU	15	7	.682	9-3	6-4	22	9	.710	12-3	6-4	4-2	Lost 1
2. & # CS Northridge	15	7	.682	8-3	7-4	23	10	.697	11-3	9-6	3-1	Lost 2
4. # Hawaii	14	8	.636	8-2	6-6	19	10	.655	13-3	6-7	0-0	Lost 1
4. # Pepperdine	14	8	.636	7-4	7-4	16	10	.615	9-4	7-6	0-0	Lost 2
6. # USC	13	9	.591	7-4	6-5	16	11	.593	8-4	6-7	2-0	Lost 1
7. # UCLA	11	11	.500	4-7	7-4	16	14	.533	8-7	7-5	1-2	Lost 2
8. # UC Irvine	10	12	.455	6-5	4-7	15	15	.500	9-6	4-8	2-1	Lost 2
9. UC Santa Barbara	9	13	.409	4-7	5-6	13	16	.448	5-10	7-6	1-0	Lost 1
10. Long Beach State	8	14	.364	3-8	5-6	12	17	.429	6-9	6-6	0-2	Lost 7
11. UC San Diego	6	16	.273	3-8	3-8	11	19	.367	5-8	6-9	0-2	Won 1
12. Pacific	1	21	.045	0-11	1-10	9	21	.300	6-11	2-10	1-0	Won 1

*\$ Stanford NCAA Champion...% Stanford MPSF Tournament and regular season champion...  
& NCAA Tournament Participant... # MPSF Tournament Participant*

### NCAA CHAMPIONSHIP FINALS

*Maples Pavilion  
Palo Alto, CA  
Host: Stanford University*

<http://www.gostanford.com/sports/m-volley/10-ncaa-tournament-central.html>

Saturday, May 8, 2010

# 3 Seed Penn State    25 20 18---0  
# 1 Seed Stanford      30 30 30---3

### NCAA CHAMPIONSHIP SEMIFINALS

Thursday, May 6, 2010

#### Semifinal # 1

# 3 Seed Penn State    30 30 30---3  
# 2 Seed CS Northridge 21 23 28---0

#### Semifinal # 2:

# 4 Seed Ohio State    25 26 17---0  
# 1 Seed Stanford      30 30 30---3

### MPSF CHAMPIONSHIP FINALS

*Maples Pavilion  
Palo Alto, CA  
Host: Stanford University*

<http://www.gostanford.com/sports/m-volley/spec-rel/2010-mps-f-tournament.html>

Saturday, May 1, 2010

# 3 CS Northridge    24 28 17---0  
# 1 STANFORD          30 30 30---3

### MPSF CHAMPIONSHIP SEMIFINALS

Thursday, April 29, 2010

#### Semifinal # 1 (at Stanford):

# 3 CS Northridge    26 30 28 30 15---3  
# 2 BYU                30 25 30 16 12---2

#### Semifinal # 2 (at Stanford):

# 4 Hawaii             24 28 31---0  
# 1 STANFORD          30 30 33---3

## STANFORD WINS NATIONAL CHAMPIONSHIP ON HOME COURT

### **NCAA CHAMPIONSHIP:**

**STANFORD** completed the "Worst to First" journey by winning its second national championship in program history, and first since 1997, with a 3-0 sweep over EIVA Champion Penn State (30-25, 30-20, 30-18) before a record men's volleyball crowd in Maples Pavilion (6,635). The "Worst to First" mission in Palo Alto was set forth by the late assistant coach Al Roderigues, whose freshmen class of 2007 experienced a 3-25 season. That class improved to 17-11 in 2008, 21-11 in 2009, and topped off their days on the farm with a 24-6 season and the most coveted prize in all of college athletics, the national championship. Sophomore Brad Lawson and senior Kawika Shoji were named co-Most Outstanding Players of the NCAA Tournament, with the former turning in perhaps the most dominating offensive performance in NCAA Tournament history at .821 (24-1-28) and serving four aces. Shoji led an electric .495 (56-9-95) overall team attack, along with 47 assists and 10 digs. Junior Spencer McLachlin added 12 kills (.391) and senior Evan Romero had 11. Senior Garrett Werner tallied a match-high six blocks.

### **NCAA SEMIFINAL # 2:**

**STANFORD** advanced to its fourth national championship match with a 3-0 sweep (30-25, 30-26, 30-17) over MIVA Conference Champion and No. 4 seed Ohio State. Evan Romero hit .500 (15-2-26) with two aces and Gus Ellis hit a match-high .600 on 10 errorless swings (6-0-10), while adding a match-high eight blocks. MPSF Player of the Year Brad Lawson tallied 14 kills (.323), seven digs, three aces, and two blocks. National Player of the Year Kawika Shoji dished 44 assists in guiding a .375 team hitting attack and first-team All-American Erik Shoji picked up a match-high 12 digs.

### **NCAA SEMIFINAL # 1:**

**PENN STATE** won 3-0 (30-21, 30-23, 30-28) over NCAA at-large selection and MPSF runner-up CS Northridge in the first national semifinal last Thursday in Palo Alto, CA. The No. 3 seed Lions advanced to their third title match in the last five years behind 18 kills apiece from Will Price (.353) and Joe Sunder (.333). Max Lipsitz hit .533 (9-1-15) along with a match-high nine blocks. Setter Edgardo Goas collected 49 assists in leading a .355 team attack .... Matador First-team All-MPSF selection Jacek Ratajczak recorded team-highs of 15 kills (.357) and eight blocks. Mike Gaudino picked up a team-high 10 digs.

## 2010 NCAA ALL-TOURNAMENT SELECTIONS

<b><i>Student-Athlete</i></b>	<b><i>Team</i></b>	<b><i>Year</i></b>	<b><i>Position</i></b>
Kawika Shoji (Most Outstanding Player)	Stanford	Senior	Setter
Brad Lawson (Most Outstanding Player)	Stanford	Sophomore	Outside Hitter
Evan Romero	Stanford	Senior	Opposite
Erik Shoji	Stanford	Sophomore	Libero
Max Lipsitz	Penn State	Senior	Middle Hitter
Will Price	Penn State	Senior	Opposite
Joe Sunder	Penn State	Sophomore	Outside Hitter

AVCA D1-II TOP-15  
FINAL COACHES POLL  
<http://www.avca.org/>

May 10, 2010

Rank	Team (1 <sup>st</sup> -place)	Last Week	Points
1	STANFORD (16)	1	240
2	BYU	2	214
3	CAL STATE NORTHRIDGE	3	206
4	HAWAII	4	190
5	PEPPERDINE	5	169
5	Penn State	12	169
7	USC	6	147
8	UC IRVINE	7	126
9	UCLA	7	110
10	Ohio State	10	100
11	UC SANTA BARBARA	9	80
12	LONG BEACH STATE	11	67
13	Loyola-Chicago	15	44
14	Ball State	13	36
15	UC SAN DIEGO	13	24

MPSF CHAMPIONSHIP TOURNAMENT

<http://www.gostanford.com/sports/m-volley/spec-rel/2010-mpsfc-tournament.html>

Sat, Apr. 24 – Quarterfinals at Seeds 1-4

- Match 1: # 1 Stanford d. # 8 UC Irvine, 3-1
- Match 2: # 4 Hawaii d. # 5 Pepperdine, 3-2
- Match 3: # 3 CS Northridge d. # 6 USC, 3-1
- Match 4: # 2 BYU d. # 7 UCLA, 3-1

Thu, Apr. 29 – Semifinals at # 1 Seed Stanford

- Match 5: # 3 CS Northridge d. # 2 BYU, 3-2
- Match 6: # 1 Stanford d. # 4 Hawaii, 3-0

Sat, May 1 – Championship at # 1 Seed Stanford

- Match 7: # 1 Stanford d. # 3 CS Northridge, 3-0

2010 NCAA MEN'S VOLLEYBALL  
CHAMPIONSHIP

<http://www.gostanford.com/sports/m-volley/10-ncaa-tournament-central.html>

May 6 & 8, 2010  
Maples Pavilion  
Palo Alto, CA

Host: Stanford University



2010 MPSF PRESEASON  
COACHES' POLL

Rank/School	Points (1 <sup>st</sup> -place)	'09 Record (MPSF)
1. USC	112 (5)	21-11 (13-9/5TH)
2. UC Irvine	110 (5)	27-5 (19-3/1ST)
3. Stanford	97	21-11 (14-8/4TH)
4. BYU	88 (1)	17-13 (13-9/5TH)
5. Pepperdine	82	22-5 (18-4/2ND)
6. UCLA	74 (1)	14-16(10-12/8TH)
7. Long Beach State	58	14-14 (11-11/7TH)
8. CS Northridge	51	24-7 (16-6/3RD)
9. Hawaii	47	9-18 (6-16/10TH)
10. UCSB	29	8-19 (4-18/11TH)
11. UC San Diego	28	13-15 (8-14/9TH)
12. Pacific	16	3-28 (0-22/12TH)

**MOLTEN USA**

**2010 MPSF MOLTEN PLAYERS OF THE WEEK**

Week	Student-Athlete	School
Apr. 19	Jonas Umlauf	Hawaii
Apr. 19	Erik Shoji	Stanford
Apr. 12	Evan Romero	Stanford
Apr. 12	Carson Clark	UC Irvine
Apr. 5	Robb Stowell	BYU
Apr. 5	Murphy Troy	USC
Mar. 29	Brad Lawson	Stanford
Mar. 29	Jonas Umlauf	Hawaii
Mar. 22	Andrew Stewart	BYU
Mar. 22	Jonas Umlauf	Hawaii
Mar. 15	Maurice Torres	Pepperdine
Mar. 15	Kevin McKniff	CS Northridge
Mar. 8	Jacek Ratajczak	CS Northridge
Mar. 8	Josh Walker	Hawaii
Mar. 1	Tommy Pestolesi	Long Beach State
Mar. 1	JD Schleggenbach	Pepperdine
Feb. 22	Cory Riecks	Pepperdine
Feb. 22	Cory Yoder	UC Irvine
Feb. 15	Jeff Menzel	UC Santa Barbara
Feb. 15	Kevin McKniff	CS Northridge
Feb. 8	Tyler Jaynes	Pepperdine
Feb. 8	Garrett Muagututia	UCLA
Feb. 1	Maurice Torres	Pepperdine
Feb. 1	Cullen Irons	UC Santa Barbara
Jan. 25	Dean Bittner	Long Beach State
Jan. 25	Dylan Bowermaster	UCLA
Jan. 18	Tony Ciarelli	USC
Jan. 18	Jordan DuFault	UC Irvine
Jan. 11	Kevin McKniff	CS Northridge
Jan. 11	Josh Walker	Hawaii

MPSF VOLLEYBALL ONLINE

MPSF Volleyball updates are available on the MPSF website:

<http://www.mpsports.org>