

•• Shopping List

Use this list as a general guide to what you might need for your baby. Don't feel obligated to get everything!

Baby Wear

- ☐ Button shirts (Long/Short Sleeves)
- ☐ Baby tight/Leggings
- ☐ Rompers (Short Sleeves)
- ☐ Sleeping rompers/Pajamas
- ☐ Baby Shoes
- ☐ Mitten & Booties
- ☐ Baby Socks
- ☐ Baby Beanie/caps

Diapering

- ☐ Diapers
- ☐ Baby Wipes
- ☐ Nappy Rash Cream
- ☐ Baby Powder
- ☐ Changing mat
- ☐ Diaper Bag

Bottle Feeding

- ☐ Baby Bottle
- ☐ Baby Teats
- ☐ Bottle Brush
- ☐ Bottle Wash
- ☐ Bottle Warmer
- ☐ Sterilizer
- ☐ Handkerchief
- ☐ Bottle Drying Rack
- ☐ Sterilizer for Bottles
- ☐ Formula (if formula feeding)

Maternity & Breastfeeding

- ☐ Nursing Cover
- ☐ Breastfeeding Supplies
like lanolin ointment, hot/cold gel packs
and breast pads
- ☐ Maternity pads
- ☐ Breast Pump
- ☐ Pumping Supplies
like breast milk storage bottles/ bag,
a soft cooler bag and ice packs
- ☐ Lactation Supplements and Cookies
- ☐ Nursing/Feeding Pillow
- ☐ Stretch Mark Cream
- ☐ Nipple Cream
- ☐ Disposable Maternity Underwear
- ☐ Maternity Underwear
- ☐ Slimming Waist Band

Feeding

- ☐ Highchair
- ☐ Bowls
- ☐ Baby Spoons
- ☐ Sippy Cups
- ☐ Bibs
- ☐ Food Processor
- ☐ Food Warmer
- ☐ Equipment for Making Baby Food

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Sleeping

- ☐ Blankets
- ☐ Swaddle
- ☐ Nightlight
- ☐ Playpen/ Baby Cot
- ☐ Crib Sheets
- ☐ Waterproof Mattress Pad

Nursery

- ☐ Changing Table or Pad
- ☐ Crib and Mattress

Health & Wellness

- ☐ First-aid Kit
- ☐ Bulb Syringe
- ☐ Digital Thermometer
- ☐ Baby Nail Scissors or Clippers
- ☐ Baby-Friendly Laundry Detergent

Baby Soother

- ☐ Infant Swing or Cradle
- ☐ Pacifiers
- ☐ Teether
- ☐ Musical Toys to Sooth Baby

Bathing

- ☐ Baby Bath Tub
- ☐ Baby Bath Net
- ☐ Hooded Baby Towels
- ☐ Wash Cloths
- ☐ Baby Body Wash and Shampoo
- ☐ Baby Lotion and Baby Oil
- ☐ Nappy Cream and Face Cream

Safety

- ☐ Safety Gates
- ☐ Safety Home Kit
(example: outlet covers for electrical outlets)
- ☐ Baby Monitor

Toy/ Entertainment

- ☐ Musical
- ☐ Play Mat
- ☐ Baby Walker
- ☐ Books

Baby Gear

- ☐ Infant Carrier
- ☐ Car Seat
- ☐ Stroller
- ☐ Baby Carrier/Baby Wrap