



# Let's Practice to Improve!

Practice Date: .....

Practice Primary Focus .....

Time Allocated / No. of Buckets .....

Practice Primary Focus .....

Time Allocated / No. of Buckets .....

"Tell me and I forget. Teach me and I remember.  
Involve me and I learn."

-BENJAMIN FRANKLIN

*sticker me!*

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What I Did  
During Practice

My Practice

