

**Moorefield Baseball Team  
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Seeking Public's Help****3****NEW Health Page Covers  
The Benefits of Hiking.****6B**

# Hardy County Emergency Service On Display for First Responder Day

By Jean A. Flanagan  
*Moorefield Examiner*

Hardy County fire departments, rescue squads, the West Virginia Army National Guard, West Virginia Division of Natural Resources Law Enforcement, Community Emergency Response Team and even the Girl Scouts participated in Hardy County's First Responders Day held Saturday, May 18.

Organized by the Advisory Committee of the Hardy County Emergency Ambulance Authority, the event was to share emergency service personnel and equipment with the general public.

"It was a really good day," said George Crump, chair of the Advisory Committee. "We probably had a couple hundred people come throughout the day. We were in competition with some ball games, but all-in-all, it was a good start."

Crump said people were able to see emergency equipment up close and get information on the services they provide. "Kids could get in the ambulances and see what that is like," he said.

Crump was very appreciative of the community support. Local businesses donated food and water.

He said the Advisory Committee would meet and decide whether to host a First Responders Day next year, when and where to have it.

"I think we all agreed, we'd like to do it again, but there may be some changes in time and location."



Photo by Jean Flanagan

Members of the Mathias/Baker Volunteer Fire Department displayed the inter-workings of a fire truck.

# Moorefield Council Approves Future Land Use

By Hannah Heishman  
*Moorefield Examiner*

The Moorefield Town Council approved the proposed Future Land Use Map amendment at their meeting on May 21.

Public Works director Lucas Gagnon and City Clerk Rick Freeman both clarified that the Future Land Use Map is a plan, rather than a law. It does not lock in zoning restrictions.

"So it's not a foregone conclusion?" asked council member Marshall 'Chip' Combs.

"No, it's not," said Jeff Fraley, chair of the Moorefield Planning Commission.

The map was the next step in the Council approving the proposed Comprehensive Plan, which has taken several years to complete.

The Council also approved using money left in Public Works' budget to purchase \$8,500 in materials for lighting and electricity in the Town's new building, located behind Baby Blues. Gagnon said the town crews would do the work themselves.

The Council approved the apparent low bidder on the water plant contract, Tri-

*Continued on page 5*

# Board of Education Recognizes Volunteers



Pictured are Micheline Williams, Beverly Mathias, Eleanor Crump, Mary Petry, Alice Cross, Bob Cross, Loyette Mathias, Pastor Cheryl George and Samantha Keplinger. Other volunteers who were not present include: Kevin Miller, Peggy Miller, Ronnette Pope, Dan Howard, Deputy Frame, Jeff Vance, Teddy Garrett, Ann Funkhouser, Mike Funkhouser, Don Whetzel, Chanda Price, Celia Good, Shelly Wilkins, Connie Wood, Ramona Daugherty, Brad Simmons, Brenda See, Donna Riggelman, Evelyn Chehi, Linda Vanhorn, Marjorie Vivian Estep, Marcia Fisher, Mary H. Gunter, John Banks, Bill Kavanagh

By Jean A. Flanagan  
*Moorefield Examiner*

Volunteers in Hardy County Schools are very necessary and very much appreciated. They were recognized by the Board of Education prior to the regular meeting held Monday, May 20.

The East Hardy High School Pro-Start class prepared bags of sweet treats that were presented to each volunteer, along with a certificate of appreciation.

"We thank you from the bottom of our hearts," said Hardy County Schools Superintendent Sheena VanMeter.

"We appreciate all they do for us," said Moorefield Intermediate School Principal Amber Champ.

"As principals, we appreciate all the help we can get," echoed Moorefield High School Principal Patrick McGregor. "Miss Ellie (Crump) is a big part of our staff. We

rely on her for a lot of things."

## MES LSIC

Shanda Walker, second-grade teacher at Moorefield Elementary School presented the Local School Improvement Committee report to the board.

Using the STAR Reading and Math benchmark tests, Kindergarten, First and Second grades show improvement in both subjects.

Attendance is averaging around 94 percent and the school has various incentives for perfect attendance.

There were 23 families that participated in the Born Learning program. It is an early childhood development program that helps parents and other caregivers turn every-day experiences into teaching moments.

The E. A. Hawse Behavioral Health Center has a social worker at the school to

*Continued on page 8*



Tremayne Smith displayed his portfolio and drew people's names for free.

# Princeton Group Shows How to 'Create Your State'

By Hannah Heishman  
*Moorefield Examiner*

Rather than waiting for the ubiquitous "Them" to fix or make something happen, create your own state — that's the message The Riff Raff Arts Collective from Princeton, WV brought to Moorefield on May 13.

The event, at Moorefield High School, was sponsored by WVU Extension in Hardy County, the Hardy County Convention and Visitors Bureau, and Eastern WV Community and Technical College.

The evening started with a pop-up arts and information fair. Attendees could interact with

local artists, experience virtual reality, and check out displays from Potomac Highlands Guild. The formal presentation consisted of a concert by the band Option 22, fronted by Lori McKinney-Blankenship, who between songs explained how the Riff Raff Arts Collective came about, created an arts district, and revived a dying street in Princeton.

McKinney-Blankenship grew up in southern W.Va. Like many young people, she left and travelled before returning home. She missed the vibrancy that she found in other places.

"I would need to cultivate the scene that I needed," she said. "We are 'they.'"

McKinney-Blankenship talked about how she

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# Hardy County Chamber, Schools to Partner on Workforce Development And Career Readiness

In an effort to strengthen local economies while providing increased opportunities for career exploration for West Virginia students, the Hardy County Chamber of Commerce is pleased to announce its partnership with Hardy County Schools to enhance Workforce Development and Career Readiness. An event for key stakeholders and partners in education to evaluate opportunities for continued collaboration will be held on Wednesday, May 29, 2019, at Moorefield High School from 5:00-7:00 p.m. in the cafeteria.

Bonnie Rogers from HCCC commented that, "It is an honor to partner with Hardy County Schools in an effort to support student growth in the area of career exploration. Hardy County businesses have a lot to offer our students in order to help them become successful in the business world as well as in the general workforce."

As part of the partnership, Hardy

*Continued on page 5*

## WEATHER

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OPINION

Abortion

It's an ugly word. It's most common use relates to the termination of a pregnancy. But to us there's an even uglier aspect of abortion.

A pregnancy is not always a blessed event. It's not always something a woman, and the man if he is involved, want.

Wanting means they will welcome the baby carried to term. Wanting means they will provide a home, love, care and feeding of the child until it can provide for itself.

On the other hand, if the pregnancy is not wanted, why do governments or perfect strangers think they have the right to tell someone they must have this baby?

Is the government going to be there when the mother has pregnancy issues? Is the government going to hold her hand during birth? Is the government going to financially support the care and welfare of this child? Is the government going to be a warm and loving entity in the life of this child?

The answer to these questions is no. Of course the government may pay through Medicaid, food stamps, and possibly education. If, that is, the parent or parents qualify for those programs.

But think of a child not wanted, growing up in a home where the parents were forced to take care of this child by government mandate.

There's another aspect to forcing a pregnancy to go full term. Maybe the parents truly can't afford to raise the child. Maybe they don't like children. Maybe they are concerned about the health and welfare of the mother. Maybe there are mental issues. Maybe they couldn't get pills to keep from getting pregnant and maybe there had been operations to stop a pregnancy that failed.

But even with all these problems, the government is going to say, "Tough. You got pregnant and now you must have this child because we think you should. Doesn't matter if our beliefs and yours are different. We believe in the so-called sanctity of life and so should you. And, since we are the government we can tell you what to do with your body and your wishes for life."

The government is also doing away with medical facilities where a safe abortion can be obtained. In other words they are shortening the noose around the necks of women who may have made a mistake, or maybe she was forced into having sex resulting in a pregnancy. No matter, she must carry the baby to full term. And if the government has its way, there will be no alternatives.

If we're going to live under a dictatorship we suggest that the government go one step further. When the unwanted child is born, no matter what its physical or mental condition, the government should provide adoptive parents who are willing to take over the care and welfare of this child.

People who oppose abortion because of religious or personal reasons need to step up and take responsibility for the birth of unwanted children by giving them loving homes. It's called adoption and it will assure the child some semblance of a loving home. But don't force a woman to have a baby if you aren't willing to take on the responsibility for the welfare of the child once born.

Seems fair.

Now, we know we have readers out there who are questioning why we are taking a stand on this issue. So here's why . . .

In our three quarters of a century on Earth, we've known a lot of people in a lot of different places. We lived through the Korean and Vietnam Wars, the rise of the Hippie phenomena, the introduction of the Pill which allowed the participation in sex as never before, and women taking control of their own bodies and lives.

We have known women who have had abortions. None of them made the decision lightly. They all had real and serious reasons for taking the action they did.

We have also known children who grew up in foster care, who grew up in abusive homes, who grew up in homes where alcohol and drugs ruled all because the pregnancy went full term and the mother couldn't or wouldn't take care of the child.

Sometimes the system takes a child from a bad home and puts it in foster care. There are many wonderful foster parents out there, but there are others who are in it for the money. And the system overseeing foster children is so overwhelmed there are many youngsters who fall through the cracks.

What we're suggesting is that if the government is going to force the birth of children, it ought to provide for how that child is raised — not in foster care, not in orphanages, not on the streets, but with parents who care.

How many of you who oppose abortion for any reason have ever adopted a child? If you make it your business to eliminate abortion, then make it your business to take care of the resulting innocent lives as well. Don't just use words, take action as well.

LETTERS to the EDITOR

Dear Editor,

Retaliatory tariffs from China have been a buzz saw through Appalachian hardwood businesses and the families that own and operate them. The hardwood industry provides an estimated \$60 billion economic impact in the 12-state region but that will change this year because of trade with China. Exports make up approximately 50% of the high value hardwood lumber sold and THE top market

for species like Red Oak is China.

The Oaks are more than 35% of the eastern hardwood forest and have dominated American furniture, cabinet and flooring production. U.S. consumers were tiring of Red Oak in the mid-1990s, just when manufacturing exploded in China.

The timing was good as Chinese consumers sought the "western" look of Red Oak and Appalachian producers sought new mar-

kets. Red Oak exports to China increased for 18 straight years, according to the U.S. Department of Agriculture. In 2018, more than half of all higher value American Red Oak boards were shipped to China.

The volume of lumber sales to China have been slashed in 2019 with first the threat of tariffs and then the actual retaliation. President Trump announced tariffs on China in mid-2018 and retaliation

threats hit the hardwood industry. The price of Red Oak lumber fell 25% from June to August 2018 as anxious buyers worried about tariffs.

The third round of retaliation in September 2018 placed a 10% tariff on Red Oak and other species from the U.S. With falling prices, and now a tariff, Red Oak quickly became a loss leader for sawmills. The number one market for the

*Continued on page 3*

MY UNBASED OPINION

By DAVID O. HEISHMAN

A news story in Wall Street Journal (WSJ) this morning got me started. Another call by U.S. Senator Kamala Harris, Democrat, Candidate for President, promoting equal pay for equal work. According to Ms. Harris, women's pay should be raised to levels of men's and the government should insure that it happens, even to the point of fining companies who are perceived to violate the standard.

Ms. Harris fails to take into account the position of the employer. Example: Employer pays a man \$1.00 per hour to do a job. Employer wants more of same work done. A woman applies for the position and agrees to do it for \$0.50 per hour. Government comes along and orders employer to raise woman's wage to \$1.00. Voila! Equal wages.

Employer finds he/she can't afford that extra \$0.50 so he/she has to lay off the last employee hired, the woman. Now the man makes \$1.00 per hour, the woman earns \$0.00 per hour, employer's business doesn't grow and we, the public,

through our government, pay the woman \$0.50 per hour unemployment. Ms. Harris with her Progressive solution to the equal wage problem, would now have your tax dollars making up the difference in wages.

Another WSJ article several years ago also comes to mind. A statistical study completed during the Obama years found that under government pressure, wages were equalizing. Example: A man earns \$1.00 per hour. Woman earns \$0.50 per hour. The business is profitable and the employer is doing well. Time to give employees a pay raise. Under government pressure, man gets a \$0.50 raise to \$1.50 per hour and woman gets a \$1.00 per hour raise to \$1.50. Voila! Equal wages.

Employer's payroll expense has now doubled and his/her business is failing. Last employee hired will be laid off. Employer may even change business models and lay off both workers. Either way unemployment rises and more taxes must be collected from remaining employees and employer to be paid

out in social programs.

I say, treat men and women the same. Hire and pay them at whatever wage the employer can negotiate. Keep in mind that employer's business may be hurt by loss of an employee, but many workers may be hurt by loss of an employer's business.

Notice in my examples that government is the big "bugga boo." Government intervention through regulation causes imbalances which attack equality. Progressive politicians tend to think in terms of theoretical solutions for theoretical problems. Actual business leaders work with real world solutions to real problems. Keep unnecessary regulation away from work places and let folks fight their own battles.

\*\*\*\*\*

What ever happened to the #Me Too movement? Did women finally decide it was ridiculous or did men just begin ignoring them. After all, it had gotten to the point where it was easier for men to ignore rather than navigate politically correct social obstacle courses.



GLANCING BACKWARD

FROM THE MOOREFIELD EXAMINER ARCHIVES

Fifteen Years Ago  
June 2, 2004

Following the second defeat of a bond issue the Board of Education was considering a voter opinion survey as to the facility needs.

The new stage at the Town Park was expected to be ready for the July 4 celebration.

C. E. "Butch" Porter was named CEO of Highland Bankshares, Inc.

East Hardy High School rising seniors Holly Jenkins and Nicole Yurcaba were chosen to attend Rhododendron Girls State.

Wardensville's Town Election was to be June 8 to select the mayor, recorder and council.

Howard D. Tusing, 78, Mathias, died May 22...Albert Douglas Beauchamp, 47, died May 21...Mollie Eye Newhouse, 98, Rig, died May 26...Beulah Kuykendall Fitzwater, 101, Petersburg, died May 22...Cecil Smith, 81, Baker, died May 20...Beatrice Bucy Delawder, 60, died May 26...Ellen Sherman Barr, 92, Rig, died on May 22.

Born to Mr. and Mrs. Jeff Helsler, a daughter, Elaine Kate...to Mr. and Mrs. Paul Keplinger, a son, Dean Jacob...to Sherry Staggs and Jeremiah Tompkins, a son, Trevor Jeremiah.

In tournament softball, Moorefield girls beat Midland Trail 9-3 and lost to Hamlin 6-1.

Thirty Years Ago  
May 31, 1989

Moorefield and East Hardy high schools were to graduate a total of 118 seniors.

The MHS Scholarship Fund announced that 11 students would re-

ceive \$9,300 in scholarships.

Douglas Williams was awarded best of show at Moorefield Junior High Science Fair.

Seymour Kuykendall, 85, Gettysburg, PA, died May 23...Eugene A. Strippsey, 60, Rio, died May 25...Glenn Junior Stonestreet, 57, died May 26...Oliver Raymond Landes, 98, Green Spring, died May 23.

Linda Welton and Ferris Lawson Berry were married September 10.

Moorefield defeated Paw Paw 12-1 in regional play advancing to the State 1A Baseball Championship.

Forty-five Years Ago  
May 29, 1974

Mathias was to graduate 30 seniors. Mary Lou Fogle was valedictorian. Wardensville had 23 graduates. Deborah Sue Bradfield was valedictorian.

Mrs. Virginia Evans was the local winner in the chicken cooking contest. She was to compete at the state level. Second and third places went to Mrs. Gail Kemp of Keyser and Mrs. Agnes Sager of Moorefield.

The public meetings on Corridor H were well attended. According to the editor, everyone wanted the road, just not on their own property.

Arthur Hall Gochenour, 77, Baker, died May 23...Maude Delinger Garrett, 68, Winchester, died May 19...Grace Hedrick McCoy, 81, Franklin, died May 23.

Sixty Years Ago  
June 3, 1959

The Valley TV Cooperative an-

nounced that two translators had been ordered to broadcast Channel 9 (Washington) and Channel 6 (Johnstown).

Bill Sherman was to appear on WWSA-TV's talent search program.

W. J. Teets was elected mayor of Moorefield defeating incumbent P. W. Clarke

WV Senate President Ralph J. Bean told the Lions Club members that the latest session had imposed more taxes than at any other time in the nearly 100 year history of the state.

Velma Snyder and Richard Hess were married April 11...Nona C. Yoder and Prentice Hartsburg were married May 19.

Born to Mr. and Mrs. Jack Smith, a daughter, Pamela Rae.

Seventy-five Years Ago  
May 31, 1944

It was estimated that 5000 people attended the air show. Twenty-five planes were in attendance. There were parachute jumps, passenger rides and Bob Powers gave an exhibit of acrobatic flying.

Hardy County poultrymen were asked by the government to produce 835,682 dozens of eggs as their part in the Food for Victory program.

Former West Virginia Governor John J. Cornwell was to deliver the dedication address for the Army's Newton D. Baker General Hospital in Martinsburg.

Dr. W. H. S. White, president of Shepherd College delivered the commencement address to Wardensville's 18 seniors.

2nd Lieut. Hilton S. Kessel was

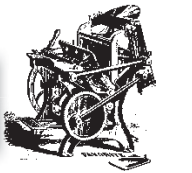
During it all, my mind always returned to fact that every man had a mother. Who better to teach a boy/man how a woman should be treated than his mother?

Much has been written about collapse of the American family. Parents gone gallivanting and children turned loose on the world. So, maybe we need to fix family first rather than concentrate on one small result of its deterioration. Parents need to do a better job of maintaining and training their children so that lessons learned will translate into proper behavior when they grow up.

Keep in mind that boys are considered more susceptible to visual stimulation. Perhaps some claims of male harassment could be answered by claims of female enticement.

And, why did publicized harassment claims always involve big names with big money or big reputations to lose? Sounds suspiciously like entrapment to me.

Oh well. Glad it's over.



awarded the Air Medal for meritorious achievement while participating in flight missions in the Southwest Pacific.

W. J. Teets was appointed acting postmaster for Moorefield by Congressman Jennings Randolph.

Belinda Sherman Wilkins, Lost City, died May 23...John See, 70, died May 28...Robert R. Williams died May 23.

1st. Lieut. Ruth Barney and 1st. Lieut. Kenneth J. Fine were married April 24 at Fort Lawton, Washington...Pvt. Minnie I. Duckworth and Sgt. Hoy T. Strawderman were married.

Born to Pvt. and Mrs. Lester Mongold, a son...to Mr. and Mrs. Roy Delawder, a son...to Mr. and Mrs. Howard Williams, a son...to Mr. and Mrs. Charles Kelley, a daughter, Linda Kay...to Mr. and Mrs. Ray Hose, a son.

Ninety Years Ago  
May 30, 1929

The Class of 1929 had received their diplomas. Charles C. Wise, Jr. was valedictorian and S. Ray Ours, Jr. was salutatorian.

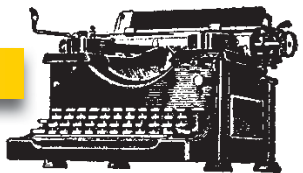
Mary Virginia Fisher was to graduate from Rollins College...Margaret Hyde was to graduate from the University of Tennessee.

Paul Mathias had purchased David Bradfield's farm and moved there.

A field day for South Branch Valley farms was to be held June 9. The yields from various kinds of grains were to be compared.

Mrs. Hays Judy had died at her home at Peru.

Hattie Whetzel and J. H. Keplinger were married.



EXAMINER SAYS

Moorefield

Moorefield citizens will be electing city officials on Tuesday, June 11. It's important to vote for several reasons, but mainly to prove you care about your town. There have been some ridiculously low turnouts in recent years. What we heard was that it just didn't seem important. Apparently there are citizens who do think some of the town's business is important, such as zoning, taxation, sewer and water, and speeding vehicles. If so, you should care who is elected to make the decisions about those issues.

Town Election

More on the election...absentee ballots are accepted by mail until June 5 and may be hand delivered until June 10.

June 11

We got some strawberries from Miriam Leatherman recently and had a chance to catch up with her. She told us (when asked) she had brought home two blue ribbons from the State Strawberry Festival. With all the issues berry farm-

Please Vote

Did you read the recent article about parents getting upset with the lack of privacy issues with Echo Dot, Amazon's kid-friendly version of Alexa. Seems whatever the kids say is stored and can't be deleted. So

when your child talks to the electronic device about what Dad said or did or any personal information, well, it's there in the great data collection in the cloud or somewhere. But when parents try to remove that information, it stays. So they have complained to the FTC and now it's up to the bureaucrats to do something about it. We suggest you not hold your breath. Their response so far is that the collection of children's recording is "troubling". No joke. Of course there's another solution and that's to disconnect the Alexa machines or not buy them at all.

MOOREFIELD  
EXAMINER

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# The Poison Center Advises Against Some Home Health Remedies

People seek health advice everywhere from TV shows, YouTube, Internet searches, and celebrities. Despite what these sources say, some of these health trends can be dangerous to the person using them. In addition, having these products inside of the home, place young children at risk for severe injury or life-threatening effects if swallowed.

According to the toxicology experts at the West Virginia Poison Center, the following popular items are examples of dangerous home health remedies below:

Turpentine, also referred to as pine tree oil-Turpentine is commonly used to help thin out waterproof paints and cements, varnishes, and wood fillers. Turpentine, purchased where construction items are sold, is available in different concentrations with some being even more toxic than others. While some on-line sources claim many health benefits from drinking a small amount daily, swallowing turpentine is a risk for nausea, vomiting, diarrhea, dizziness, drowsiness, delirium, seizures, and other life-threatening effects.

If a little is used to remove paint from the skin, and then promptly washed off, skin irritation is less likely. Larger quantities, longer time leaving turpentine on the

skin, or daily use can result in skin damage and lung irritation from inhaling fumes.

Hydrogen peroxide, especially food grade (35%)-Hydrogen peroxide should not be swallowed. There has been some recent confusion between food grade hydrogen peroxide and the 3% hydrogen peroxide found in the first-aid section. Food grade hydrogen peroxide is used in food processing and hair dying; it is too toxic to be swallowed, rubbed on the skin, or dropped into the ear. Burning of the esophagus or stomach lining if swallowed, skin burns if placed on the skin, ear canal burns if dripped into the ear, or eye burns if accidentally splashed into the eye, can cause painful damage.

Bleach-Bleach should never be used on your skin. Some people believe using bleach on a poison ivy rash will quickly heal the area. However, the risk of skin burns or worsening rashes needs to be considered.

Non-Medicine Head Lice Treatments-Rubbing gasoline, kerosene, or pesticides on the scalp will not guarantee removal of head lice. The risks include skin injury or rashes. Eye injury can occur if the product gets into the eye when the hair is washed. Pesticides can cause severe poisoning if they are

absorbed through the skin or swallowed during bathing.

None of these remedies are supported by research, but research does show they can be dangerous. Unlike prescription or over-the-counter medications, these items are not regulated by the Food and Drug Administration. Therefore, they may contain chemicals not listed on the label. In addition, testing has not been done to ensure the chemicals are not breaking down the storage container causing the metal or plastic to dissolve into the product.

If you suspect you or your loved one have been exposed to a hazardous substance, call the West Virginia Poison Center at 1-800-222-1222.

The West Virginia Poison Center provides comprehensive emergency poison information, prevention and educational resources to West Virginians 24 hours a day, seven days a week, 365 days a year. The WVPC is staffed by nurses, pharmacists and physicians with special training in treatment of poisonings. Located in Charleston, WV, the WVPC is a part of the West Virginia University-Charleston Division and located next to CAMC Memorial Hospital. Toll-free:1-800-222-1222. Website:www.wvpoisoncenter.org.

# Public Comment Wanted on Lee District Proposed Fee Increases

The USDA Forest Service is interested in hearing your comments on proposed fee increases at Camp Roosevelt and Little Fort Campgrounds in Shenandoah County and Wolf Gap Campground on the border of Shenandoah County, Va., and Hardy County, W.Va. and for the special recreation permit for the Peters Mill Run-Taskers Gap motorized trails system. The fee increases would bring the Forest recreation fees into better alignment with prices of other nearby private and public recreation facilities. Forest recreation areas offer unique experiences for forest visitors that boost local

economies and are not meant to undercut private businesses. Revenues from increased fees would help improve and maintain Forest Service recreation sites and motorized trails for years to come. The Forest Service proposes to increase the following fees:

Area Name	Current Fee	Proposed Fee
Camp Roosevelt Campground	\$10 per night	\$18 per night
Little Fort Campground	No Fee	\$12 per night
Wolf Gap Campground	No Fee	\$12 per night
Special Recreation Permit for Peters Mill Run-Taskers Gap Motorized Trail System	\$5 daily permit \$12 3-day permit \$30 annual permit	\$15 daily permit \$25 3-day permit \$75 annual permit

Of the recreation fees collected, 80-95 percent remain on the forest to operate, maintain and improve the facilities and programs at the recreation sites. The proposed fee changes would bring the Forest fees into better alignment with other nearby private and public recreation sites, and would help the recreation sites be more financially sustainable. The last fee changes occurred at Camp Roosevelt in about 2001 and at the Peters Mill Run-Taskers Gap motorized trail system in about 2009. If these fee proposals are approved, the increase would go into effect as early

as spring 2020. “We recognize how important these sites are to our local communities and those who use the sites. These fee increases will help us care for recreation sites across the Forest,” said Acting District Ranger Kevin Kyle.

This proposal will be presented before a citizen’s advisory committee, called the Southern Region Recreation Resource Advisory Committee (RRAC), which helps ensure the Forest Service addresses public issues and concerns about recreation fees. The public is welcome to attend and comment at all

advisory committee meetings. A decision has not been made on this proposal. We want your input! For more information, visit the Forest Service website at <http://www.fs.fed.us/r8/gwj>. Use the “contact us” feature to submit a comment. Or, share your comments by writing: George Washington & Jefferson National Forests, Lee Ranger District, Attn: Recreation Fee Program, 95 Railroad Avenue, Edinburg, VA, or email comments-southern-georgewashington-jefferson-lee@fs.fed.us, or call (540) 984-4101. Comments must be received by July 8, 2019.

# Six State Parks to Host Deer Hunts

Deer hunts will be held at six - Virginia state parks this fall.

The Charleston Gazette-Mail reports the state Natural Resources Commission approved the schedule earlier this month.

The hunts start in late October. They’ll be held at Beech Fork State Park in Wayne County, Canaan

Valley in Tucker County, Cacapon in Morgan County, North Bend in Ritchie County, Pipestem in Summers County and Twin Falls in Wyoming County.

A limited number of permits will be issued depending on the park. Hunters hoping to participate must pay \$10 to register in a lottery.

State parks chief Sam England says the goal of the hunts is to bring deer populations under control.

Blennerhassett Island and Stonewall Jackson aren’t participating this year because last year’s hunts reduced their deer populations.

# Letter to the Editor

Continued from page 2

number one species of American hardwood lumber was being sold below cost - if it sold at all.

Sawmill owners looked for alternative markets in Vietnam, Indonesia and Europe. There is no other market to absorb 32,025 shipping containers of American Red Oak that sold to China in 2017. The tariffs have taken all

profits from U.S. hardwood exports to China. It will drive mills out of business this year, losing jobs and outlets for landowners to sell their timber.

Free and fair trade is critical to the long-term growth and health of our industry. We understand China engages in unfair trade preventing U.S. companies from competing on a level playing field, but the

Trump administration should negotiate solutions to our long-standing issues with China and settle this dispute quickly. Forest landowners and workers in the hardwood industry benefit when products flow freely across all borders.

Sincerely,  
Frank Stewart  
Executive Director  
WV Forestry Association

# Arson Investigators Looking for Public’s Help



The West Virginia Fire Marshal’s office is seeking information regarding an arson fire that occurred on Main Street in Moorefield.

On April 6, Moorefield Volun-

teer Fire Department responded to a fire in an outbuilding behind 339 S. Main St. in Moorefield. The fire destroyed the building and damaged adjacent homes. It was determined to be intentionally set.

There is a reward of up to \$5,000 for information. Anyone with information leading to the arrest and conviction of the person or persons responsible should call 1-800-233-FIRE (3473).

# Grant County Woman Admits to Mail Fraud

Sandra Mae Evans, of Petersburg, West Virginia, has admitted to mail fraud, United States Attorney Bill Powell announced.

Evans, age 62, pled guilty today one count of mail fraud. Evans admitted to opening an IRA account at Pendleton Community Bank’s Petersburg, West Virginia, branch in July 2018. A check in the amount of \$82,170.50 was mailed from St. Louis, Missouri to Pendleton Community Bank to be deposited into Evan’s IRA account. Evans then deposited the check in August 2018, knowing the check

was fraudulent.

Evans admits to then requesting and successfully collecting withdrawals from the fraudulent check totaling more than \$42,000. Evans then sent \$18,000 cash to someone in Florida and \$11,000 cash to someone in Utah. Evans has agreed to pay \$35,808.05 in restitution to the Pendleton Community Bank. The amount represents the unrecovered amount of withdrawals made against the fraudulent check.

Evans faces up to 20 years incarceration and a fine of up to

\$250,000. Under the Federal Sentencing Guidelines, the actual sentence imposed will be based upon the seriousness of the offenses and the prior criminal history, if any, of the defendant.

Assistant U.S. Attorney Jarod J. Douglas is prosecuting the case on behalf of the government. The U.S. Postal Inspection Service and the West Virginia State Police investigated.

U.S. Magistrate Judge Michael John Alois presided.

## NEWS BRIEFS

Snowshoe Mountain Resort is presenting Wanderlust Festival, June 6-9. The mission is to help you find your true north, to live a healthy and inspired life. World-renowned guides — teachers, experts, musicians, and creators—have been selected to light your path. For more information call 877-441-4386 or go to the web at <https://www.snowshoemtn.com/>

The Berkeley Springs-Morgan County Chamber of Commerce is sponsoring the 17th Annual Hey Girlfriend weekend starting June 7 with an evening of chocolate bliss. Sample a variety of chocolate treats at participating downtown Berkeley Springs businesses. From sumptuous chocolate toffee to chocolate covered blueberries to chocolate dipped ba-

con. If you are old enough to eat chocolate you have to have a ticket (\$10). Go online to <https://www.eventbrite.com/e/chocolate-walk-tickets-58651552372>

The deadline for the WV Humanities Council mini-grants is June 1. Information is online at [www.wvhumanities.org](http://www.wvhumanities.org) or by calling Erin Riebe at 1-304-346-8500.

The annual Circa Blue Fest is an amazing event packed with three days of activities June 7-9. Held at the beautiful Berkeley County Fair Grounds this event is family friendly. There’s music, BBQ, camping, workshops and more! More information at <http://www.circabluefest.com> or call 1-304-270-8295.

UPDATE - According to AAA

last week, average gas prices in West Virginia nearly two cents to \$2.749. Nationally the average price dropped another two cents to \$2.843. On the week, gas prices are cheaper across the Mid-Atlantic and Northeast states. The region has states appearing on both the top 10 list for the smallest and largest monthly changes in the country. Across West Virginia, prices ranged from a low of \$2.624 at Parkersburg to a high of \$2.793 at Beckley. Area averages were \$2.808 in Jefferson, \$2.880 in Hampshire, and \$2.807 in Mineral. Hardy County’s average price was \$2.862 per gallon of regular. Wardensville gas stayed at \$2.89. In Moorefield gas was \$2.85 at BP and \$2.83 at Sheetz. In Baker the price stayed at \$2.99.

# COMMUNITY EVENTS

## Plastic Recycling

The Region 8 Solid Waste Authority is sorry to announce they can no longer accept agricultural plastic for recycling at the Petersburg and Romney transfer stations. They will accept plastic for disposal, but it will be subject to regular tipping fees.

## Prostate Screening

The Hardy County Health Department, located at 411 Spring Ave. in Moorefield, will offer prostate screenings on Wednesday, May 29 from 2 - 4 p.m. The screening will include a digital exam and PSA blood test. Call 304-530-6355 for an appointment.

## HCARSE to Meet

The Hardy County Association

of Retired School Employees will meet Tuesday, May 28, at the Ponderosa Restaurant in Moorefield, at 10:30 a.m. Bring in all of your volunteer hours. These are shared with the state legislature. Any and all retired school employees are invited to attend.

## Early Voting

Early Voting for the Moorefield Municipal Election will begin on Wednesday, May 29. Early voting is available during regular business hours at Moorefield Town Office, 206 Winchester Ave.

## Early Closing

The Hardy County Public Library will be closing at noon on Friday, May 31 for a staff meeting. They will reopen for regular hours on Saturday, June 1.

## Mobile Office

Representatives from Congressman Alex Mooney’s staff will be in Hardy County on Tuesday, June 4, from 11 a.m. to Noon at the Hardy County Courthouse, 204 Washington St. in Moorefield. The staff is happy to meet with District 2 residents to discuss concerns and help with questions/issues involving the federal government. Please bring related documentation. No appointment is necessary.

## Public Meeting

The Potomac Valley Conservation District board meeting will be held on Wednesday, June 5, at 7:30 p.m. The meeting will be held at the USDA Service Center in Moorefield. A copy of the agenda will be available

three days prior to the meeting and may be obtained at the District office, 500 East Main St., Romney, WV or by calling 304-822-5174. The public is invited to attend.

## Absentee Ballots

Applications for absentee voting in the Moorefield Municipal Election by mail are being accepted until June 5, 2019. Ballots can be hand delivered until 4:30 p.m. Monday June 10, 2019 or received by mail any time prior to the beginning of the canvass.

## River Cleanup

Join Eastern West Virginia Community and Technical College and Keep West Virginia Wild and Wonderful LLC. on Saturday, June 15 from 9 a.m. - 1 p.m. to continue the Clean the

Branch Initiative. Location to be determined.

For more information contact Cristyn Bauer at [cristyn.bauer@easternwv.edu](mailto:cristyn.bauer@easternwv.edu) or 304-434-8000 EXT: 9233

## Spay and Neuter

Warmer days are here. Time to get your cat and dog spayed and neutered. Spay Today’s our area’s non-profit, reduced-priced spay and neuter clinic. Choose from many vets over a wide area.

At the time of surgery, initial shots and tests can also be obtained at lower rates. Contact Spay Today at <https://spay-today.org> or 304-728-8330.

## Smoke Alarms Available

Red Cross ‘Sound the Alarm’ free smoke alarms will be available in Hardy County through-

out 2019. To register for smoke alarms call the Hardy County 911 office, 304-530-0291. Please give you name, address, phone number and the number of floors in your home. Your local fire company will call you for an appointment to install the smoke alarms.

## Drug Take Back

The Moorefield Police Department maintains a permanent collection site for unwanted or expired prescription medication, located within the Police Department. It is located at 206 Winchester Ave. and is available to the public Monday thru Friday from 9 a.m. to 4 p.m.

For more information check Moorefield Police Department Facebook page or call 304-530-1777.



# BUSINESS NEWS

## Kerr's Dog Wash Offers Dog Owners a Unique Convenience

By Jean A. Flanagan  
Moorefield Examiner

Our dog, Jada, a golden retriever mix, sheds her coat twice a year - in the spring and in the fall. While she doesn't have the long fur of a pure-bred golden, she has the double-coat that is normal for the breed. This year, the shedding began about the time she needed a bath.

Still a bit chilly to turn the hose on her outside and not wanting to clog the shower drain with gobs of dog hair, we decided to try Kerr's Dog Wash in Wardensville.

The Dog Wash has been next to Kerr's Hardware and Grocery store for more than a decade. It opened shortly after we arrived in Hardy County.

We've had dogs for a great many years and never found it necessary to have someone else bathe them. In fact, we chuckled a bit when we saw the Dog Wash open next to the car wash.

I have officially changed my tune.

Kerr's Dog Wash offers a convenient and comfortable alternative to washing your dog at home. It is relatively clean, although it goes without saying there is dog hair on the floor.

Kerr's Dog Wash features a ramp leading to a waist-high sink. There is a chain and hook with which to secure the dog. The sprayer is large enough to be effective, but comfortable in your hand.

Much like a car wash, the options for wash include a regular shampoo, oatmeal shampoo, rinse



Kerr's Dog Wash is located adjacent to Kerr's Hardware and Grocery on old Route 55 in Wardensville.

Photo by Dixon Marshall

and conditioner setting. There is also a "de-skunk," setting, which I hope to never need.

The water is comfortably warm and the shampoo is effective. We brought our own, so we didn't use much of the provided shampoo.

The price is absolutely reasonable. Rather than the \$5 posted cost, the \$2 minimum gives a five-minute wash. I think for our 65-pound Jada, the wash and rinse cost us \$4. Even after adding the travel costs from our home in Baker to Wardensville, we figured we accomplished the task for less than \$10, which is significantly less than any professional groomer would cost.

The best part of the whole experience is the convenience! No more gathering the hose or trying to fight the dog to get into the shower. Our

Jada didn't need much coaxing to get her up the ramp and hooked to the chain. No more straining to hold her while we blast her with cold water or trying to keep her to stay in the shower until all the soap is rinsed. The waist-high sink is wonderful. No more back pain from leaning over the tub. The sprayer provides an abundance of warm water and is not unyielding to maneuver.

While a blow-dryer was provided, we opted to bring our own towels and Jada rode home in the back of the Jeep a bit damp. She can take hours to dry, even using a hair dryer.

We may have snickered a bit when the Dog Wash opened, but you can bet we will be repeat customers.

## Mutual Protective Association Opens Office in Moorefield



Left-Right Hunter Greenwalt, Amanda West, Keith Potter, Donna Alexander, Robert Williams, Tessa Foltz, Don Baker, Rick Freeman, Bonnie Rogers, Jim Cookman, Carol Hartman, Angie Wilkins, Tracy Sherman, Art Meadows

Photo by Hannah Heishman

In May 1911, members of the Church of the Brethren started Mutual Protective Association when they had trouble getting farm buildings insured, due to high risk. Essentially, they created their own insurance company.

The company was started in Romney, and later moved first to Moorefield, then to Baker, here in Hardy County.

On May 9, 2019, it reopened on Washington Street in Moorefield, in a grand opening sponsored

by the Hardy County Chamber of Commerce, with food from O'Neill's Restaurant and refreshments from West-Whitehill Winery.

MPA Board of Directors chairman Don Baker gave attendees a brief history of the association, and Hardy County Chamber of Commerce President Tracy Sherman used ceremonial scissors to cut the blue ribbon.

MPA currently provides insurance coverage for farm build-

ings, dwellings, farm equipment, mobile homes, small commercial risk, and seasonal properties. It has business in eight West Virginia counties.

"We're very happy to be back here in Moorefield," Baker said.

Other board members include Donna Alexander, Jim Cookman, Keith Potter, Carol Hartman, and Art Meadows. The office is staffed full-time by insurance agent Angie Wilkins.

## Summit Financial Group Announces Sale of Summit Insurance Services

Summit Financial Group, Inc. announced the sale of its insurance agency, Summit Insurance Services to The Hilb Group, effective May 1.

2019. As result of the sale, Summit expects to record an estimated pre-tax gain of \$2.06 million in its results of operations for second quarter 2019 and recognize an approximate \$0.55 per share increase in its tangible book value per share in the same period.

Clients of SIS will not see any disruption in service and can ex-

pect to soon benefit from an expanded line of insurance products and services. Hilb is a leading middle market insurance agency headquartered in Richmond, Virginia. Hilb has 75 offices in 18 states and is among the 30 largest insurance agencies in the United States. Hilb will continue to employ all of SIS' insurance professionals, and in the near term, will continue to do business under the "Summit Insurance Services" name as well as continue to occupy its present offices in Leesburg, Virginia and Moore-

field, West Virginia.

Summit Financial Group, Inc. is a \$2.25 billion financial holding company headquartered in Moorefield, West Virginia. Summit provides community banking services primarily in the Eastern Panhandle and Southern regions of West Virginia and the Northern, Shenandoah Valley and Southwestern regions of Virginia, through its bank subsidiary, Summit Community Bank, Inc., which operates thirty-three banking locations.

## Eastern West Virginia Community and Technical College Hires Laurie Pitcher

Eastern West Virginia Community and Technical College is pleased to announce the hiring of Laurie Pitcher as its program coordinator for admissions and financial aid.

Pitcher hails from Long Island, New York and moved to Baker,

West Virginia last summer. Prior to her role at Eastern, Pitcher spent 14 years as the lead estimator for the shower door division of Westhampton Glass in Westhampton Beach, New Year. She additionally spent 24 years penning a weekly community

column in The Southampton Press.

The mother of two boys, Pitcher holds a Bachelor of Arts degree in English Literature and Journalism from the State University of New York at Geneseo.

## Allegheny Bancshares to Acquire Mt. Hope Bankshares

Allegheny Bancshares, Inc. and Mount Hope Bankshares, Inc. announced the signing of a definitive merger agreement between Allegheny and Mount Hope.

Pursuant to the terms of the merger agreement, Allegheny will acquire all of the outstanding shares of common stock of Mount Hope in exchange for cash in the amount of \$58.00 per share. Total merger consideration received by Mount Hope shareholders is subject to an adjustment if Mount Hope's adjusted shareholders' equity as of the effective date of the merger is less than the target mutually determined by the parties. The aggregate consideration in the transaction is approximately \$21.775 million.

The transaction has been unanimously approved by each company's board of directors and is expected to close in 2019, pending regulatory approvals and the approval of Mount Hope's shareholders. Following consummation of the merger, Mount Hope's wholly-owned subsidiary Bank of Mount Hope, Inc. will be consolidated with Allegheny's bank subsidiary, Pendleton Community Bank, Inc.

Allegheny's President and Chief

Executive Officer, William A. Loving, Jr., said "We are excited with the opportunity to join our company with The Bank of Mount Hope whose culture and strong performance will only further strengthen our company, expand our footprint and provide more banking options for customers of Pendleton Community Bank and Bank of Mount Hope. Banking is a people business....a business of relationships. We look forward to working with Mount Hope's management and staff to build upon the relationships we have individually created; and, collectively, building into the communities we serve. We look forward to welcoming Mount Hope's customers as we work toward a seamless transition."

Mount Hope's President and Chief Executive officer, Ben M. Susman, said "This merger will provide our customers with enhanced banking products and services while maintaining a community banking option. We were impressed with the leadership and vision of Pendleton. This transaction will be good for Raleigh and

Fayette Counties."

Mount Hope was advised by the investment banking firm of ProBank Austin and the law firm Bowles Rice LLP. Allegheny was advised by the investment banking firm of Vining Sparks Community Bank Advisory Group and was represented by the law firm Jackson Kelly PLLC.

Allegheny is a \$320 million bank holding company headquartered in Franklin, West Virginia. Pendleton Community Bank, Inc., an independent community bank since 1925, currently has four full-service financial centers located in the West Virginia communities of Franklin, Moorefield, Marlinton, Petersburg, and two financial centers and mortgage division in the Virginia community of Harrisonburg. In addition, the Bank has a loan production office in Wardensville, West Virginia.

Mount Hope, a bank holding company headquartered in Mount Hope, West Virginia, reported approximately \$124 million in assets as of March 31, 2019, and operates three community banking offices in Mount Hope, Beckley and Oak Hill, West Virginia, through its subsidiary, Bank of Mount Hope, Inc.

## Pilgrim's Honors Fresh Plant Team Members of the Month



Scott Fawley, day shift manager, Wilma Helmick, Shawn Zirk, supervisor

Wilma Helmick has been honored as the January 2019 Team Member of the Month for the Pilgrim's Moorefield fresh plant. Ms. Helmick works in the Cut-up department on day shift and has worked for the company since March 2015.

"Wilma has good attendance and is always cheerful," said Shawn Zirk, her supervisor. "She is a great example of a team player, helping her co-

workers without being asked. Wilma keeps a positive attitude, always working her best during the course of the shift. She works very safely at all times."

Keith Filsinger has been honored as the February 2019 Team Member of the Month. Mr. Filsinger works in the Truss Wogs department on night shift and has worked for the company since April 1993.



Donna Smith, supervisor, Keith Filsinger

Keith's supervisor, Donna Smith commented, "Keith has good attendance and always on time. He takes charge of his area, helping new team members whenever possible. Keith is well liked in the department and can perform every job in the department. He keeps an eye out for his co-workers' safety, as well as his own."

Jeanie Kimble has been honored

as the March 2019 Team Member of the Month. Ms. Kimble works in the Maintenance Parts Room department on day shift and has worked for the company since March 1990.

"Jeanie has perfect attendance and is a great team player" said Jill Sherman, her supervisor. "She works very well with co-workers and has excellent job performance. Jeanie has a good attitude and will



Jeanie Kimble, Jill Sherman, supervisor

help others when needed. Jeanie keeps safety first and foremost."

The "Team Member of the Month" is a program that has been implemented to recognize employees for their outstanding merit and work ethic. Employees in the program have exhibited outstanding work characteristics in the categories of attendance, teamwork, attitude, job performance and safety.

Pilgrim's employs approximately 52,100 people and operates chicken processing plants and prepared-foods facilities in 14 states, Puerto Rico, Mexico, the U.K, Ireland and continental Europe. The Company's primary distribution is through retailers and foodservice distributors. For more information, please visit [www.pilgrims.com](http://www.pilgrims.com).



AT THE LIBRARY

Early Closure

The library will be closing at noon on Friday, May 31st due to a staff meeting. We will reopen at our regular hours on Saturday, June 1st.

Bishoff Collection Exhibit

The library is currently hosting an exhibit of selected photographs from the Berdell Bishoff Collection. The featured photos depict community life in the tri-county area during a 45-year period. The exhibit will be on display until Saturday, June 22nd.

New Fiction

*Queen Bee* by Dorothea Benton Frank (Reg. Print, Lg. Print, Audiobook) – A Sullivan’s Island beekeeper navigates her demanding hypochondriac mother and flamboyant rival sister while immersing herself in the lives of two young neighbor boys and their widowed father.

*Keep You Close* by Karen Cleveland – A woman must confront her sense of right and wrong when the one person she loves most is accused of an unimaginable crime.

*Murder, She Wrote: Murder in Red* (Murder, She Wrote; 49) by Jessica Fletcher – Jessica loses a loved one to unnatural causes and sets her sights on the mysterious local hospital before more people wind up dead on arrival.

*Hot Shot* (Men of the Sisterhood; 5) by Fern Michaels – When lawyer Lizzie Fox’s husband, Cosmo Cricket, is left critically injured after being shot by an unknown assailant, the men of BOLO Consultants head straight for Las Vegas to comfort Lizzie--and to uncover a dangerous enemy in the City of Sin.

*The Bookshop of the Broken Hearted* by Robert Hillman – In 1960s Australia, a lonely farmer finds his life turned upside down by the arrival of a vibrant librarian.

*On a Summer Tide* (Three Sisters Island; 1) by Suzanne Woods Fisher (Reg. Print, Lg. Print) – When her father buys an island off the coast of Maine with the hope of breathing new life into it, Camden Grayson thinks he’s lost his mind. An unexpected event sends Cam to his rescue, and she discovers the island has its own way of living and loving.

*Anna of Kleve: The Princess in the Portrait* (Six Tudor Queens; 4) by Alison Weir – Chosen as his fourth wife by England’s infamous Henry VIII, Anna of Kleve, a princess from a small German duchy, hides a desperate secret in a hostile foreign court.

*If She Wakes* by Michael Koryta (Reg. Print, Audiobook) – When Abby Kaplan investigates a suspicious accident that left a visiting professor dead and senior Tara Beckley a prisoner of locked-in syndrome, she becomes a target of a mysterious hit man.

*The Island* (Hidden Iceland; 2) by Ragnar Jonasson – Autumn of 1987 takes a young couple on a romantic trip in the Westfjords--a trip that gets an unexpected ending and has catastrophic consequences. Ten years later a small group of friends go for a weekend in an old hunting lodge. A place completely cut off from the outside world, to reconnect. But one of them isn’t going to make it out alive. And Detective Inspector Hulda Hermannsdóttir is determined to find the truth in the darkness.

*The Confessions of Frannie Langton* by Sara Collins – A ser-

vant and former slave is accused of murdering her employer and his wife. Though her testimony may seal her conviction, the truth she reveals will unmask the perpetrators of crimes far beyond murder and indict the whole of English society itself.

*The Pursuits of Lord Kit Cavanaugh* (Cavanaugh; 2) by Stephanie Laurens – Kit Cavanaugh and Sylvia Buckleberry fight to secure Sylvia’s school for impoverished children and to discover who is trying to sabotage Kit’s yacht business, and learn there are others who threaten the future both discover they now hold dear.

New Non-Fiction

*Devotions: The Selected Poems of Mary Oliver* by Mary Oliver – Oliver presents a personal selection of her best work in this definitive collection spanning more than five decades of her esteemed literary career.

*You Can’t Go Wrong Doing Right: How a Child of Poverty Rose to the White House and Helped Change the World* by Robert J. Brown – Brown, power broker and presidential advisor, describes how he

took lessons from his grandmother and his poverty-stricken childhood to inform his life’s work.

*Chasing Cosby: The Downfall of America’s Dad* by Nicole Weisensee Egan – Egan presents an account of Bill Cosby’s transition from revered father figure to convicted criminal.

*Theodore Roosevelt for the Defense: The Courtroom Battle to Save His Legacy* by Dan Abrams – Abrams chronicles the epic 1915 libel case in which Theodore Roosevelt, weighing a last presidential run, turned on former allies to challenge corruption in the political party that made him.

Easy Readers

*Mousetronaut* (Mousetronaut) by Mark Kelly – A small, but plucky mouse named Mike is sure that he can help the Space Shuttle astronauts, and ends up saving the whole mission.

*Hair Love* by Matthew A. Cherry – A little girl’s daddy steps in to help her arrange her curly, coiling, wild hair into styles that allow her to be her natural, beautiful self.

*Fly* by Nathan Clement – The step-by-step process of air travel is

revealed from the perspective of a young girl on a trip with her parents.

*When Pencil Met Eraser* by Karen Kilpatrick – Ever wonder why there’s a little pink eraser on every pencil? Find out in this funny, clever picture book that tells the true story of how Pencil and Eraser became the best of friends.

*What Kind of Car Does a T. Rex Drive?* by Mark Lee – Uncle Otto is a used car salesman, who, with the help of his niece and nephew, finds the perfect vehicles for his dinosaur customers.

*The Darkest Dark* by Chris Hadfield – Young Chris loves pretending he’s a brave astronaut, exploring the universe. Only one problem-- at night, he’s afraid of the dark. Only when he watches the moon landing on TV does he realize how exciting the unknown can be.

*The Astronaut Who Painted the Moon* by Dean Robbins – Journey to the moon on the Apollo 12 mission with Alan Bean, the fourth astronaut to walk on the lunar surface and the only artist to paint its beauty firsthand.

Create Your State

Continued from page 1

and her friends figuratively and literally built the community they sought, and shared what worked for them.

She advised finding fellow artists by holding Open Mic Nights, providing many types of artists a chance to share their work.

“The key is regularity,” McKinney-Blankenship said, adding that, “it’s all about perspective,” and advising not to focus on numbers, such as attendance.

“Environment affects behavior”

She shared how persistence, hard work, and cooperation resulted in a vibrant downtown Mercer Street in Princeton. They now host events such as a New Years’ Eve Downtown Countdown, a community garden, Mercer’s Monster Mash on Halloween, and big-

ger projects such as CultureFest, All Together Arts Week, and the Princeton Renaissance Project.

“You create your own environment,” McKinney-Blankenship said. “You create your own reality.”

The final third of the evening was a workshop, attended by approximately 35 people.

Attendees discussed the types of creative opportunities that exist in Hardy County, and identified existing creative businesses.

When McKinney-Blankenship asked, “What would you like to see happen?”, the real magic began.

Attendees would suggest something they wanted to happen, identify challenges to accomplishing it, then often find solutions during discussion.

Need a place to practice or teach music, even for free? A participant mentioned a free space available that her family owns. Need a place to hold a smoke- and alcohol-free

open mic night? One possibility is the Potomac Highlands Guild facility, a former Army Reserve armory, on old Route 55, just east of Moorefield. Another is the amphitheater in the Moorefield Town Park.

Money is always an issue, but McKinney-Blankenship talked about fundraising and grants, and working with organizations such as the WV Hub, which sponsors the Cultivate WV: Moorefield program.

Getting information out is also a problem, but the newspapers, radio, and social media are options, as well as the Hardy County Chamber of Commerce’s Buzz publication, and the CVB has a website.

The evening closed with a sense of optimism, and McKinney-Blankenship’s assurance that Hardy County has most of the pieces already, such as interest, skills, and options: We just need to put them together.

Moorefield Council Approves

Continued from page 1

ton Construction, Inc. from Saint Albans. Triton specializes in safe construction of bridges, water and sewage treatment plants, sewer line, and water line.

The US Department of Agriculture awarded \$25,229,500 just to build the water plant. Contracts for tanks and water lines will be done separately. Triton bid just under that amount, at \$23,530,000.

“That’s not much left for contingencies,” Combs noted.

Gagnon said it’s possible to cut

some items out of the contract, if necessary.

The Council approved a suggestion from the Hardy County Chamber of Commerce to put brackets for banners and flower baskets on Moorefield’s lamp posts.

Council member Terry Hardy noted that Moorefield will celebrate its 250th year in less than ten years. “We should build towards that,” he said.

Currently, the plan is that roughly 15 of the Town’s 60 lamp posts will have banners, another 15 will have flower baskets, and the

remaining half will be left empty. Banners and flowers could change with seasons, holidays, and availability.

The next meeting will begin with two public hearings, and will start early at 6:45 pm on June 4 at the Town Hall. The public is invited to attend.

The public is also encouraged to vote in the Town elections on June 11. Early voting starts May 29 at the Town offices. Three town council positions are up for election.

Chamber, Schools to Partner

Continued from page 1

County students will benefit from increased access to local internships, externships, job fairs, job shadowing, workplace tours, integrated career pathways, career exploration and a speakers’ bureau.

“We are excited to have the opportunity to partner with the Hardy County Chamber of Com-

merce.” Superintendent of Schools for Hardy County, Sheena Van Meter stated. “This partnership will be a great benefit to our students and business community.”

The May 29 session will be facilitated by Frank Vitale, president and CEO of Forge Business Solutions, LLC, a strategic planning firm based in Morgantown, W.Va.

“I believe that by bringing indus-

try and education together, we can better engage students where they are and get them thinking about and planning for careers as soon as possible,” Vitale said. “As a West Virginia business owner and educator, I’m incredibly passionate about the opportunity to strengthen and grow relationships between West Virginia businesses and students of all ages.”

2018 F-150 4x4 Lariat Diesel CIC

Stock #ED82379

Price was \$64,575

Save \$14,577

SALES PRICE \$49,998

2018 Focus

Stock #E246031

Price was \$22,660

Save \$5,663

SALES PRICE \$16,997

2019 Escape 4WD

Stock #EA23763

Price was \$28,995

Save \$9,003

SALES PRICE \$19,992

BUILT Ford PROUD

MEMORIAL DAY

SALES EVENT ENDS JUNE 1st @ 2pm

2019 Ecosport 4WD

Stock #E268419

Price was \$22,685

Save \$6,001

SALES PRICE \$16,684

2019 Explorer 4WD

Stock #EB20233

Price was \$38,215

Save \$7,547

SALES PRICE \$30,668

2019 F-150 4x4 SIC

Stock #EC19467

Price was \$41,010

Save \$9,173

SALES PRICE \$31,837

2018 Expedition 4x4 Limited

Stock #EA58288

Price was \$77,565

Save \$12,567

SALES PRICE \$64,998

2019 Edge AWD

Stock #EB31737

Price was \$32,985

Save \$9,065

SALES PRICE \$23,920

2019 Ranger 4x4 CIC

Stock #EA01478

Price was \$41,625

Save \$5,002

SALES PRICE \$36,623

2019 Fusion

Stock #E231007

Price was \$23,835

Save \$4,364

SALES PRICE \$19,471

2018 Taurus

Stock #E105368

Price was \$28,470

Save \$8,774

SALES PRICE \$19,696

2019 Mustang GT

Stock #E133629

Price was \$38,350

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# OBITUARIES

## MARION FRANCES BARR WILSON

Marion Frances Barr Wilson, age 93, of Moorefield, W.Va., passed away on Tuesday, May 21, 2019 at Grant Rehabilitation and Care Center, Petersburg, W.Va. Born on June 15, 1925 in Rig, W.Va., she was the daughter of the late Richard Barr and Grace Halterman Barr.

She is survived by one daughter, Elaine W. May of White Post, Va.; two sons, Richard T. Wilson of Rig, W.Va. and Daniel L. Wilson of Lantana, Tex.; four sisters, Eleanor Hiser and Bonnie Sites of Petersburg, W.Va., Wayde Harper of Jefferson, Md. and Faye Vance of Hamilton, Va.; two brothers, Lawrence Barr of Petersburg,

W.Va. and Leslie Barr of Wardensville, W.Va.; four grandchildren; six great-grandchildren and numerous nieces and nephews.

Marion graduated from Moorefield High School in 1943 and married Roy T. Wilson in January 1948 in Moorefield, W.Va.. Mr. Wilson, a WWII veteran, passed away on February 9, 2004 at the age of 88. She was a member of the Moorefield Presbyterian Church and in her younger years of the Oak Dale Presbyterian Church in Rig, W.Va.. Marion was active in her community, serving for many years as a volunteer at the election polls. She was very knowledgeable in the making of quilts and taught

several classes in this art over the years; her quilts were displayed annually for a number of years at the Moorefield Elementary School during the Heritage Weekend festivities. Marion also was a sales associate at the Moorefield Half Price Store which was located on Main Street next to the McMechen House.

A graveside service was held at 1:00 p.m., Saturday, May 25, 2019 at Olivet Cemetery, Moorefield, W.Va. with Pastor Jim Yao officiating.

Memorial donations may be made to Moorefield Presbyterian Church, P. O. Box 653, Moorefield, W.Va. 26836.



Arrangements are under the direction of Elmore Funeral Home.

## Moorefield Seventh-Day Adventist Church

504 Trough Road  
Moorefield, WV  
Sabbath School – 9:30 a.m.  
Worship – 11:00 a.m.  
304-703-8997

## Epiphany of the Lord Catholic Church

Rt. 55, Moorefield, WV  
304-434-2547  
Saturday Mass 6:30 PM  
Sunday Mass 9:00 AM

## Moorefield Assembly of God

139 Chipley Lane  
Moorefield, WV 26836  
Sunday School – 10 a.m.  
Sunday A.M. Worship – 11 a.m.  
Sunday P.M. Worship – 6:30 p.m.  
Wade Armentrout, Pastor  
“Come celebrate the presence of the Lord”

## HARPERS CHAPEL Church of the Brethren

Located on Lost River State Park Road  
Sunday School – 10 a.m.  
Worship Service – 11 a.m.  
Pastor Johnnie Stump  
Everyone Welcome!

## WALNUT GROVE Church of the Brethren

Rt. 55 East, Moorefield just before Corridor H exit  
Pastor Gary Shirk, Jr.  
304-749-8899 or 307-220-6495  
Sunday School – 10 a.m.  
Church Service – 11 a.m.  
Sunday Evening Service – 6:30 p.m.  
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*Rig Assembly of God Church*  
Rev. Brad Taylor

- Sunday Morning Service at 10 a.m.
- Sunday Night Service at 6 p.m.
- Wednesday Night Service at 7:00 p.m.

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www.rigassemblyofgod.org

## Evilee Barb

7/4/1926 - 5/28/2017

Mom,  
I think of you every day with love. Your memory is my keepsake which I will never part. God has you in his keeping, I'll have you in my heart. Miss you!

Your Daughter & Family

## This Week in West Virginia History

The following events happened on these dates in West Virginia history. To read more, go to e-WV: The West Virginia Encyclopedia at [www.wvencyclopedia.org](http://www.wvencyclopedia.org).

May 29, 1778: Dick Pointer, a slave, helped save about 60 settlers who were attacked by Indians at Fort Donnally near Lewisburg.

May 29, 1961: Elderson Muncie in McDowell County received the first food stamps in the nation. After observing malnutrition and poverty during his campaign, President John Kennedy directed the government to establish a pilot food stamp program.

May 30, 1940: Smoke Hole Caverns in Grant County opened for tours. The cave is beautifully decorated with stalactites hanging in rows along the ceiling; the main room is called the “Room of a Million Stalactites.”

May 31, 1841: Roman Catholic Bishop John Joseph Kain was born near Martinsburg. As bishop of the Diocese of Wheeling, he worked to meet the needs of the newly arrived immigrants who came to labor in West Virginia’s mines and factories.

June 1, 1880: The bare-knuckle fight for the championship of the world was held in the Brooke County town of Colliers, between



Smoke Hole Caverns

defending champion Joe Goss and challenger Paddy Ryan. Boxing was illegal in every state, and matches were often held in railroad villages to avoid big city police.

June 1, 1935: Musician Hazel Dickens was born in Mercer County, the eighth of 11 children. She was a pioneering old-time and bluegrass musician, known for preserving the traditional vocal styles of West Virginia.

June 1, 1858: The Artists’ Excursion left Baltimore on its way to Wheeling. A Baltimore & Ohio executive planned the rail trip to promote tourism. About 50 passengers were on board, including artist and writer David Hunter Strother, who described the experience in an article for Harpers magazine.

June 2, 1951: Cornelius Charlton died of the wounds he received

in battle during the Korean War. Charlton, a Raleigh County native, was awarded the Medal of Honor posthumously.

June 3, 1856: Harriet B. Jones was born in Pennsylvania. After attending Wheeling Female College and graduating from the Women’s Medical College of Baltimore, she opened a private practice in Wheeling, becoming the first woman licensed to practice medicine in West Virginia.

June 3, 1861: The first land battle of the Civil War took place in Philippi. About 3,000 federal troops drove about 800 Confederates from the town.

June 3, 1861: A company of Confederate soldiers known as the Logan Wildcats was created at the Logan Courthouse. The company, consisting of about 85 men, first saw



Hazel Dickens

action at the Battle of Scary Creek.

June 3, 1936: The first Strawberry Festival was held in Buckhannon. More than 6,000 spectators attended the festivities, which also included a parade of 30 princesses down Main Street.

June 4, 1975: Clark Kessinger died in St. Albans, Kanawha County. Kessinger was among the most prolific and influential fiddlers of the 20th century, and one of West Virginia’s most important traditional musicians.

e-WV: The West Virginia Encyclopedia is a project of the West Virginia Humanities Council. For more information, contact the West Virginia Humanities Council, 1310 Kanawha Blvd. E., Charleston, WV 25301; (304) 346-8500; or visit e-WV at [www.wvencyclopedia.org](http://www.wvencyclopedia.org).

## Help Is Available for Victims of Domestic Violence

There is help in Grant, Hardy, Pendleton, Mineral and Hampshire Counties in the Eastern Panhandle of West Virginia for victims of domestic violence.

The Family Crisis Center is a non-profit agency that was established in 1981 and provides services to the victims of domestic violence, sexual assault, dating violence, stalking, and human trafficking.

Services we provide:

- 24- hour hotline, crisis intervention - The toll- free hotline is: 800-698-1240
- Information and referral services
- Hospital advocacy
- Legal advocacy (help with filing protective orders)

- Free peer counseling, group counseling, and on- going support services
- Help in locating financial, medical, housing, and legal assistance.
- Emergency shelter, food, and clothing
- Speakers for community awareness presentations
- Parenting and life skills

The family crisis center has offices in:

Petersburg: 304 257 4606  
Romney: 304 822 8268  
Keyser: 304 788 6061

We have supplied the court-houses, magistrate’s offices, and local hospitals with our cards and informational pamphlets.

What to do if you suspect a

friend, family member, or member of the community is the victim of abuse:

- Show genuine support - that you care.
- Listen without judging - Believe them.
- Let the person fully tell their

story without interruption.

If they ask you, call for help. Or be with them when they go to seek help.

Everyone has the right to live free from the fear of violence and abuse

## DUPLICATE BRIDGE

A Howell game was played on Wednesday, May 22 with four tables in play in the South Branch Duplicate Bridge Club held at Colts Restaurant. There were eight pairs playing 28 boards with an average match-point score of 42.

Overall winners were Lucy Kimble and Bruce Leslie, 54; Steve Kimble and Kevin McDonald, 51; and Polly Long and Kathleen Puffenberger, 44 1/2.

The bridge club meets each Wednesday at Colts Restaurant beginning at 7:00 p.m.

**Moorefield Presbyterian Church**

Tannery Chapel  
S. Fork Rd.  
Worship 9 a.m.  
SS – 9:45 a.m.

Oak Dale Chapel  
Rig  
Worship 10 a.m.  
SS – 10:45 a.m.

Sunday School – 10 a.m.  
Worship – 11 a.m.  
Pastor James Yao

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**HEALTHY SATURDAY**

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GMH is offering health education and blood screenings for the community the *first Saturday* of each month.  
\*dates are subject to change

**June 1, 2019\* • 7 to 9 a.m.**  
**Administration Hallway**

**COST:**

Profile I – \$25.00  
Profile II – \$35.00  
A1C Test (offered by Judy’s Drug Store) – \$20.00  
Cash or Check Only

Profile III – \$45.00 (males only)  
Vitamin D Test – \$30.00

**June Topics**  
Safe Grilling Practices, Water Safety and Skin Cancer Awareness

For more information, call Julie Kesner at 304-257-5806



# Social

## Hernandez Completes Basic Training

U.S. Air Force Airman 1st Class Jean C. Masso Hernandez graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.

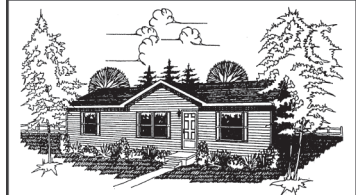
The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training also earn four credits toward an associate in applied science degree through the Community College of the Air Force. Masso Hernandez is the son of Mercedes Hernandez Lemoz and Francisco Masso Lopez of



Moorefield. He is a 2014 graduate of Moorefield High School, Moorefield.

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**June 27 2019**

**Bus Trip To See "JESUS"**  
In Lancaster, PA

Contact Beverly Vetter at  
304-434-2578 after 5:30 PM  
before June 1st.

## DHHR Announces New WIC Income Guidelines

The West Virginia Department of Health and Human Resources (DHHR), Office of Nutrition Services, today announced new U.S. Department of Agriculture (USDA) income eligibility guide-

lines for the Special Supplemental Nutrition Program for Women, Infants and Children (WIC). The new guidelines indicate a family of four can earn \$47,638 and still qualify for WIC program benefits.

This amounts to a \$1,203 increase from last year and will allow more West Virginia families to enroll in the program.

The new guidelines are as follows:

Household Size	Gross Weekly Income	Gross Monthly Income	Gross Annual Income
1	\$445	\$1,926	\$23,107
2	\$602	\$2,607	\$31,284
3	\$759	\$3,289	\$39,461
4	\$917	\$3,970	\$47,638
Each additional family member	\$158	\$682	\$8,177

"Our goal is to provide nutrition and breastfeeding services and information that help keep West Virginia families healthy," said Dr. Cathy Slem, Commissioner and State Health Officer for DHHR's Bureau for Public Health. "Currently, West Virginia WIC serves nearly 35,000 mothers and young

children monthly. With the expanded income guidelines, we can serve more families."

West Virginia WIC serves 75 percent of all babies born in West Virginia. Families enrolled in the program receive nutrition education, breastfeeding education, nutritious foods, support and access

to maternal, prenatal and pediatric healthcare services that may otherwise be unavailable.

To learn more about WIC services or how to apply for benefits, call your local WIC clinic at 304-538-3382. More information is available online at [dhhr.wv.gov/wic](http://dhhr.wv.gov/wic).

## Hardy County Native Inducted into National Scholar-Athlete Honor Society

The Glenville State College Department of Athletics has recognized Shannon Hahn of Lost City, as part of the inaugural induction class of the Chi Alpha Sigma national scholar-athlete honor society.

Chi Alpha Sigma is a nationally recognized honor society for student-athletes started by Coach

Nick Mourouzis of Dupaw University in 1996. The organization recognizes the hard work and dedication of student-athletes in and out of the classroom. The academic requirements developed in conjunction with Glenville State College require student-athletes to have a 3.4 cumulative grade point average, to have been an active

member of the sport in the previous term, and to be a sophomore or higher in academic rank.

"We are very proud of the student-athletes that we have attending Glenville State College," says Dr. Dwight Heaster, Advisor for Chi Alpha Sigma and GSC's Faculty Athletic Representative.

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**VACATION BIBLE SCHOOL**  
Duffey Memorial Methodist Church  
100 N. Elm Street, Moorefield (304) 538-2024  
Monday, June 3rd - Thursday, June 6th  
Dinner at 5:30 PM with VBS from 6:00-8:00 PM  
Ages 3 thru 6th Grade

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Birthday

June 11<sup>th</sup>  
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**Ice Cream Social**

**Saturday, June 1**

**Bean Settlement Ruritan Spring Festival**

**4 p.m.**

Homemade Ice Cream  
50/50 Tickets  
Cake Auction  
Country Ham Sandwiches  
Soup, Hamburgers, Cheeseburgers,  
Hot Dogs/Chili Dogs, French Fries

Music provided by:  
**Raw Country**

**Making Wishes in Moorefield**

**June 8th Event 9:00am - 6:00pm**

Come join us for a day of fun & activities! The American Woodmark Dream Team will be hosting an event at the Moorefield Town Park that will be raising money for the West Virginia Make a Wish chapter so we may grant wishes to the terminal children of West Virginia. All money raised that day will go to granting wishes.

The festivities will include:

Vendors: Crafts & Food  
50/50 raffles at 10am/1pm/3pm  
Face Painting  
Bouncy Houses  
Petting Zoo  
Ambulance on Display  
Firetruck on Display  
Sparky the Firedog  
Music by DJ Jeff  
Make a Wish mascot Stella the Star  
Southern Rock Band Rusty Nuts will play at noon!  
Spiderman will be visiting in the afternoon as well!

**Share the Power of a Wish**

The pool will also be open. The pool admittance will be donation only. (Parents are responsible for watching their kids!) There will be different areas for parking however, there will also be parking at the AWC plant parking lot. You can park at the plant & there will be a transit bus that will take you & the family to the park & back. The bus will be running every 30 minutes. We are also in need of more vendors, so if you want to join in the fun there is still time to register. Please contact Andrea Walters at 304-257-8402. You can also contact Jackie Barnett about being a vendor or if you have any questions or concerns 540-335-8404. The set up fee is \$40 & to be paid day of the event.

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**May 31st - June 1st**

SHOWS BEGIN MAY 31ST @ 11 A.M.  
SALE BEGINS JUNE 1ST @ 2:30 P.M.

69TH ANNUAL

**2019 WEST VIRGINIA SHEEP & GOAT Show and Sale**

*Other Events INCLUDE:*

**JUNE 1 - YOUTH JUDGING CONTEST**  
**LAMB BARBEQUE**  
**MTN. STATE SHOW SERIES**  
**JUNE 2ND - MTN. STATE PREVIEW SHOW**

**WWW.WVSHEEPANDGOATSALE.COM**

## June WIC Schedule Announced

WIC offers nutrition education and healthy foods to pregnant, breastfeeding, and postpartum women, infants, and children under the age of 5. Please phone (304) 538-3382.

Hardy County WIC Clinic  
Wilson Plaza (First Floor)  
712 North Main Street Suite 105  
Moorefield WV 26836

Open Tuesdays and Fridays in June from 9 a.m. to 3 p.m. with the following exception:

Friday, June 14 Closed - Re-

gional Staff Meeting

Hardy County participants can receive services in Petersburg, if desired. Petersburg WIC, 23 Hospital Drive - Open Mondays 8 a.m. to 8 p.m., Wednesdays and Fridays from 8 a.m. to 4 p.m. and on Thursdays from 8 a.m. to 6 p.m. with the following exception:

Thursday, June 20  
Closed - West Virginia Day  
WIC is an Equal Opportunity Provider.

**RIO FUN FAIR**

**July 5 & 6**

**Old Rio School House, Rio, WV**

**Friday, July 5**

- PARADE at 6:30 p.m.
- LIVE MUSIC - JIMMY LEE 6:30 - 10:30 p.m.
- FOOD
- GAMES
- DIME PITCH
- CAKE AUCTION
- HAND-DIPPED ICE CREAM
- SNO-CONES

**Saturday, July 6**

- CRUISE-IN at 11 a.m. - 4 p.m. First 50 entries will receive a dash plaque. Please bring out your cars, tractors, motorcycles, etc.

**Saturday Night, July 6**

- CHICKEN BBQ at 5:30 p.m.
- NRVVC QUEEN CROWNED at 10 p.m.
- CAKE WALKS/AUCTIONS
- GAMES
- FOOD
- FUN

**ALL PROCEEDS BENEFIT THE NORTH RIVER VALLEY VOLUNTEER FIRE COMPANY**

*With Great Thanks*

Hardy County Committee on Aging wishes to thank the following persons & organizations for donating their time, resources or donations as part of our Older American's Month Celebration held on May 17, 2019

Sandy Barr, RN  
Burger King  
Capon Valley Bank  
ERFRN/Joanna Kuhn  
Family Emergency Planning Info/Fran Welton  
Fox's Pizza  
Frenchy's  
Grant Memorial Home Health/Casey Hamilton  
Grant Memorial Hospice/Bobbi Wolfe  
Grove Street Medical/Sandy Ford  
Hardy County Health & Wellness/Morgan See  
Hardy County Tours/Maxine Halterman/Judy Patterson  
Judy's Drug Store/Darren Judy  
Low Vision Program/Curtis Jamison  
Melissa's Hair Design  
Moorefield PD  
Nails by Tracy  
Old Fields Grocery  
Partner's First  
PCB  
Potomac Lanes  
PVTADonnie Wratford/Doug Pixler  
Sheetz  
Shop N Save  
South Branch Cinema 6  
South Branch Inn  
Summit Bank  
Sweet Rose Ice Cream  
Veterans Affairs Info/Carol Hefner  
Weimer's Auto



# Wisteria

## Beautiful Invader



Photo by Jean Flanagan

Wisteria is a perennial vine that produces bluish-purple, drooping flowers usually in the late Spring or early Summer. There are also white varieties, like the one pictured above.

Wisteria is a vigorous climber and can break supporting limbs of trees if they are not sturdy. It should

not be allowed to grow on homes or barns. It should be trimmed religiously to keep it under control.

A native of China, wisteria is considered an invasive species in North America. It is especially prolific on the east coast of the U.S. because the growing conditions resemble that of its native China.



Photo by Jean Flanagan

Second-graders in the MES Math Club Crazy 8s demonstrate fun activities involving math.

## Board of Education Recognizes

Continued from page 1

address mental health issues. The staff said having the services on site is very beneficial.

There are 50 English Language Learners of the 398 students at MES. They have one full time and one part time ELL teacher.

Walker expressed the school's needs as follows:

- An activity room or gym. MES has a multipurpose room that serves as a cafeteria, gym and auditorium.
- Full time guidance counselor.
- Full time librarian.
- The staff would like additional mental health professional development.

Walker and six second-grade students demonstrated the Crazy 8's Math Club. The club, which meets Wednesday after school, has been extremely successful. More than 75 students enrolled and more than 60 have participated the entire year.

The club plays games that are geared to math and critical thinking skills.

### MHS LSIC

Moorefield High School Social Studies teacher Julie Barb presented the MHS LSIC report.

The first goal of the LSIC was to reduce disciplinary incidents. Students receive discipline for tardiness, skipping class, defiance, profanity, electronics and unsafe behavior.

"We found that most infractions happen in October, on Thursday afternoons," Barb said. "The sophomore class has been particularly worrisome."

After some discussion, it was learned there are 79 boys and 39 girls in the sophomore class.

"The addition of Deputy Vetter has been a tremendous help,"

Barb said. "He is a great asset to the school."

Deputy Josh Vetter is finishing his first year as School Prevention Officer at MHS.

Barb said vaping, or electronic cigarettes has become a problem. MHS Principal Patrick McGregor said there are censors that can detect vaping in progress. He is looking at them for the bathrooms at the school.

Goal #2 for the LSIC was to increase student achievement. Several strategies are being implemented include Meet & Greet, Time on Task and Post Agenda.

Goal #3 was to increase usage of the building by the community. In addition to a new auditorium, the school has two gyms and four computer labs.

"We want the community to know we have an open door policy," McGregor said. "We want people to use this building."

Barb reported MHS has 35 ELL students that speak 11 different languages.

There was considerable discussion about asking the business community to supplement the ELL teachers or to assist in some way.

MHS needs were as follows:

- Working security cameras. Some cameras were rebooted and are working. Others need to be focused and angled properly.
- Laptops - there is a shortage of laptops and some are too old to be of use.
- Future staffing concerns. The next several years will see an increase in the student population at MHS. The staff want to be prepared.
- With more students comes the need for more lockers. Mrs. VanMeter said that issues was being addressed.

### Budget Update

Finance Director Veeta Burgess said the school system should finish with close to \$1 million surplus.

The cost of professional substitutes continues to increase as more teachers take time off for various reasons.

"We did receive \$51,000 from Medicaid," she said. "And we received 100 percent of our tax revenue."

### Policy Reviews

The board voted to approve the following policies for first reading:

- Personal Leave/Leave of Absence Policy GBQ
- Reclassification of Service Personnel Policy GDC
- Arrangement of Substitute Teachers Policy GCB
- School Calendar Policy ABB
- Dual/College Credit Policy ICI
- Independent Study/Virtual Schools/Internships Policy ICH
- Virtual School Policy ICHA

### Other Business

- The board approved Holtzman Oil Company to provide propane for the 2019-20 school year.
- The board approved Petersburg Oil Company to provide diesel fuel for the 2019-20 school year.
- The board approved a Memorandum of Agreement between Eastern West Virginia Community and Technical College for the 2019-20 school year.
- The board approved a contract for Early Entrance Students with Eastern WV Community and Technical College.

The next meeting of the Hardy County Board of Education will be held on Monday, June 3, beginning at 5 p.m. The meeting will be held at the Central Office, 510 Ashby St. in Moorefield. The public is invited to attend.

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Route 50 E. Hampshire Sq. Plaza  
304-822-4004

Keyser  
39 Walmart Dr.  
304-788-2828

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# SPORTS

# ReinSTATEd

## Yellow Jackets Baseball Headed to State for Second Straight Year

By Carl Holcomb  
*Moorefield Examiner*

Class A Baseball defending state champion Moorefield Yellow Jackets thrived off the first contest over Notre Dame and entered Frank Loria Field for the second game of the best of three Region II Championship series with an intangible energy creating the plays needed to buzz in the ears of the Irish for a 7-1 victory to punch a return ticket to the state tournament last Tuesday in Nutter Fort.

Probably their best quality that there is no measuring stick for is their mental toughness. They put mistakes behind them and go on to the next play, go on to the next pitch. It started with Isaac [Van Meter] yesterday with a couple mistakes behind him and being able to pitch through it. Same way with [Derek] Hoyt today, we made a couple mistakes early and he pitched us through it. It's easy to root for a team when they play like that and play the right way and play for each other and don't want to let each other down. That's the way they step out on the field, they are ready when it starts. They are willing to do whatever it takes, if means a bunt, they are willing to do it. If it means steal a base, whatever little detail it takes to win they are willing to do it and that's what makes the difference," Moorefield coach Wade Armentrout commented.

Moorefield reaches the state tournament for the seventh time under skipper Wade Armentrout since 2001 and the 22nd state appearance in school history.

This Region II Championship marked the 25th victory of the season which set a school record for most wins in a single season as the Yellow Jackets hold a record of 25-11 this year (previous record 24 wins in 2009 state championship season).

Last season, Moorefield senior Derek Hoyt was known as a pitch-



Photos by Carl Holcomb

Moorefield seniors Blake Watts and Caden Kimble drenched coach Wade Armentrout with a celebration shower after claiming the second straight Class A Region II Championship over Notre Dame at Frank Loria Field in Nutter Fort last Tuesday.

ing savior on the mound as a closer and this year embraced the role as a starter coming through in the region championship with a complete game effort throwing four strikeouts with a solid defense lifting the Yellow Jackets.

It was a low scoring battle, until the Yellow Jackets made extra noise in the fifth inning with three runs and added a pair of insurance runs in the sixth frame over Notre Dame.

Notre Dame pitcher Justin Frazier induced three straight groundouts to begin the game against the Yellow Jackets as leadoff batter Brent Moran hit back to Frazier, then Isaac Van Meter and Hayden Baldwin grounded to Irish shortstop Elias Gordon.

Hoyt buzzed a strikeout to Notre Dame leadoff batter Garrett Collins and the Yellow Jackets were feeling the energy.

That euphoria was tempered temporarily as Notre Dame's Brent Robinson reached third base on an error in center field, then Samuel Romano hit into a fielder's choice with the throw home stopping Robinson in his tracks falling down as Moorefield catcher Lane Ours stepped forward to apply the tag.

Gordon reached base on an error by Moorefield third baseman Hayden Baldwin, but the side was retired as Hoyt forced Sam Snider into a groundout back to Baldwin making the pass to first baseman Blake Watts.

Moorefield's Lane Ours singled to start the top of the second inning and Caden Kimble came in as the runner.

Matthew Jenkins hit into a fielder's choice back to Frazier, but Kimble arrived safely at second base sliding ahead of the tag.

Frazier struck out Watts and Grant Keller grounded out to Frazier before the Yellow Jackets buzzed again as Jayden Moore smacked an RBI single into right

*Continued on page 2B*

## Van Meter Chills Irish On 9 K's In Region Championship Opener

By Carl Holcomb  
*Moorefield Examiner*

The Irish felt a little sore stepping off the bus after the mountainous trip to George Hott Field and faced the stinging pain of nine strikeouts by Isaac Van Meter leading Moorefield to a 7-0 shutout in the Class A Region II Championship series opener on Monday evening.

Van Meter was clutch in last season's championship battle against Notre Dame and was a driving force in a regular season contest at West Virginia University and the confidence continued to grow within the Hive.

Van Meter (7-0) has an ERA of 0.70 and has thrown 66 strikeouts in 50 innings of work this year.

"He's just a competitor. It's great when you have a young man like that to go out there on the mound like that and you know he is going to pitch strikes and make them hit the ball and the defense has been playing really well behind him. We got the outs we needed," Moorefield coach Wade Armentrout commented.

"I thought our bats once we got through the lineup at least one time, we were able to get some hits and that part gives everybody confidence. Isaac's control is really good and it was unique for him to walk the first batter, because that was probably only his fifth walk all season. He just had to go out and make some adjustments and he did. We did not hit a lot. We left runners on the base and that's something we don't want to get into a habit of doing, because it puts a lot of pressure on us. Playing defense really well makes the margin of error really slim when that happens. The middle of our lineup has produced and the bottom of our lineup has produced, we executed a bunt really well and a sacrifice and were able to

make a run out of that which led to a big inning. [Dugout energy] Those guys stayed in the game and really keeps the flow of the game going well and everybody was doing what they were supposed to be doing. It's tough when you have a little bit of a layoff and need to get those guys reenergized, but sometimes that's a good thing. We got a real fire and hunger. We want to make sure we take care of what we need to tomorrow. I want to tell everybody that's been attending the games, these guys appreciate their support and they feed off of that just as much as they do their teammates when they look out and see that the bleachers are full. They really take notice of that and I appreciate our community for that. That's what is great about high school sports is having fun and teaching these guys to compete and do the right thing and these guys enjoy that."

Notre Dame's Garrett Collins was given a free pass to commence the contest by Moorefield ace Isaac Van Meter before Brent Robinson bunted to Van Meter making the throw to first baseman Blake Watts applying the tag as Robinson tried to dive away.

Collins was stranded on the bases as Irish batter Sam Romano struck out and Elias Gordon grounded out to Watts over to Van Meter.

Notre Dame starting pitcher Elias Gordon had a 1-2 count on Moorefield leadoff batter Brent Moran when the ball rocketed high into shallow center field with Collins racing in to make the catch as Ethan Hager slid behind him as backup just missing a collision.

Van Meter drew a full-count walk from Gordon and was caught stealing with a tag by Irish second baseman Gene Hutchinson on his foot and the inning ended on a flyout by Hayden Baldwin in center.

There wasn't a score until the

Yellow Jackets created two runs in the third inning, despite chances in the second inning.

Notre Dame's Sam Snider singled in the top of the second inning, but was caught in a double play as Gabriel Lopez fired a line drive back to Van Meter on the mound zipping the ball over to Watts and a groundout collected by Watts off the bat of Hunter Emerson sent the Irish packing.

Moorefield's Lane Ours reached base on an error at third base by Hager before Matthew Jenkins hit into a fielder's choice out.

Jenkins stole second base with the pass dropped as the base was kicked away in a cloud of dust with each player laying down staring at each other.

Watts reached base on an error as Hager jumped for the ball and dropped it prior to a walk given to Grant Keller to load the base for the Yellow Jackets before the threat was neutralized on a strikeout and pop-out.

Hager flew out to Jenkins in the top of the third inning, then Van Meter struck out Frazier on an elevated pitch.

Collins was hit by a pitch and advanced to third base on a pickoff error as the Irish were in striking distance.

Van Meter pitched a full-count walk to Robinson placing runners on the corners and Notre Dame came up empty as Baldwin made a leaping save at third base throwing to first base to close the side.

Moran faced a 1-2 count against Gordon and patiently waited for a walk and remained at first base as Van Meter flew out.

Moorefield took a 1-nil advantage as Baldwin crushed an RBI double into the right center gap.

After a flyout by Lane Ours, the Yellow Jackets buzzed to a 2-0 lead as Jenkins tapped an RBI single before Gordon escaped the

*Continued on page 3B*



Photos by Carl Holcomb

Moorefield pitcher Isaac Van Meter fires a strike against the Irish in the Class A Region II Championship series opener last Monday at George Hott Field. Van Meter recorded nine strikeouts in the shutout.



# Headed to State

Continued from page 1B

field for the initial 1-nil edge.

One of the comical sides of the game was the Moorefield dugout chanting dirt, dirt, dirt when the pitch landed on the ground. However, this was a turf field and the next time around when the ball landed in the turf, the chant was changed to turf, turf, turf.

Moorefield didn't add a second run as Thomas Williams grounded out to the second baseman.

Notre Dame's Hunter Emerson didn't have luck on his side on a full-count as Hoyt notched a strikeout.

The Irish responded with a single from Gabriel Lopez past the dive of Moorefield second baseman Brent Moran.

Ethan Hager singled into center field, then Moorefield made a heads up play as catcher Lane Ours fired to Moran catching Lopez off the base for the second out.

Frazier returned to the plate and hit a single into center field, but Notre Dame came up empty as Collins popped out to shortstop Isaac Van Meter.

In the third inning, Moran singled into right field before Van Meter hit into a double play and Baldwin grounded out in a quick side for the Yellow Jackets.

After a groundout by Robinson, Notre Dame's Sam Romano launched the ball into left field with Moorefield left fielder Thomas Williams misjudging the trajectory charging forward as the ball sailed high above yielding a double and Coleman Mongold was brought in as a substitute.

Romano advanced on a passed ball, then Gordon bunted with Hoyt collecting the ball checking the runner and the throw to first base wasn't on time and Romano didn't go home as Gordon shouted about the missed opportunity and was nearly tagged being off the base.

Snider hit an RBI sacrifice to Moore in right field with the throw home almost there as Romano slid across to tie the game for the Irish and Hoyt closed the inning with a strikeout to Emerson.

Moorefield's Lane Ours went down on strikes, then Frazier issued walks to Jenkins and Watts with a timeout called twice before a groundout by Keller advanced the runners.

Jenkins alertly took advantage of a passed ball dashing home to give the Yellow Jackets a 2-1 lead and a line drive out by Moore ended the side.

Notre Dame went down in order as Lopez grounded out to Watts and Hager grounded out to Moran with the last out caught on a leaping play by Moran off the bat of Frazier ending the fourth inning.

"I was proud of them and we battled. We just couldn't catch many breaks today and came out on the short end of the stick to a very good team. Today the atmosphere was good, but I thought we shot ourselves in the foot a couple times on the base path and it hurt. The energy was good and I felt we had a chance to force a game three, but it wasn't in the cards," Notre Dame coach Jon Calvert stated.

After a pop-out by Mongold to Irish catcher Robinson, Moran singled with a bloop into right field for the Yellow Jackets in the top of the fifth inning.

A pickoff throw sent Moran back to first base and he patiently waited for the real throw back to the pitcher as the trickery didn't fool him and Van Meter followed with a single into right field.

Moran reached third base on a passed ball, sliding in ahead of the throw.

Baldwin smacked the ball to third base which was mishandled creating a run and reached first base, 3-1.

Frazier hit Lane Ours with a pitch to load the bases and Jenkins stepped up smashing an RBI single into center field with Van Meter sliding safely home.

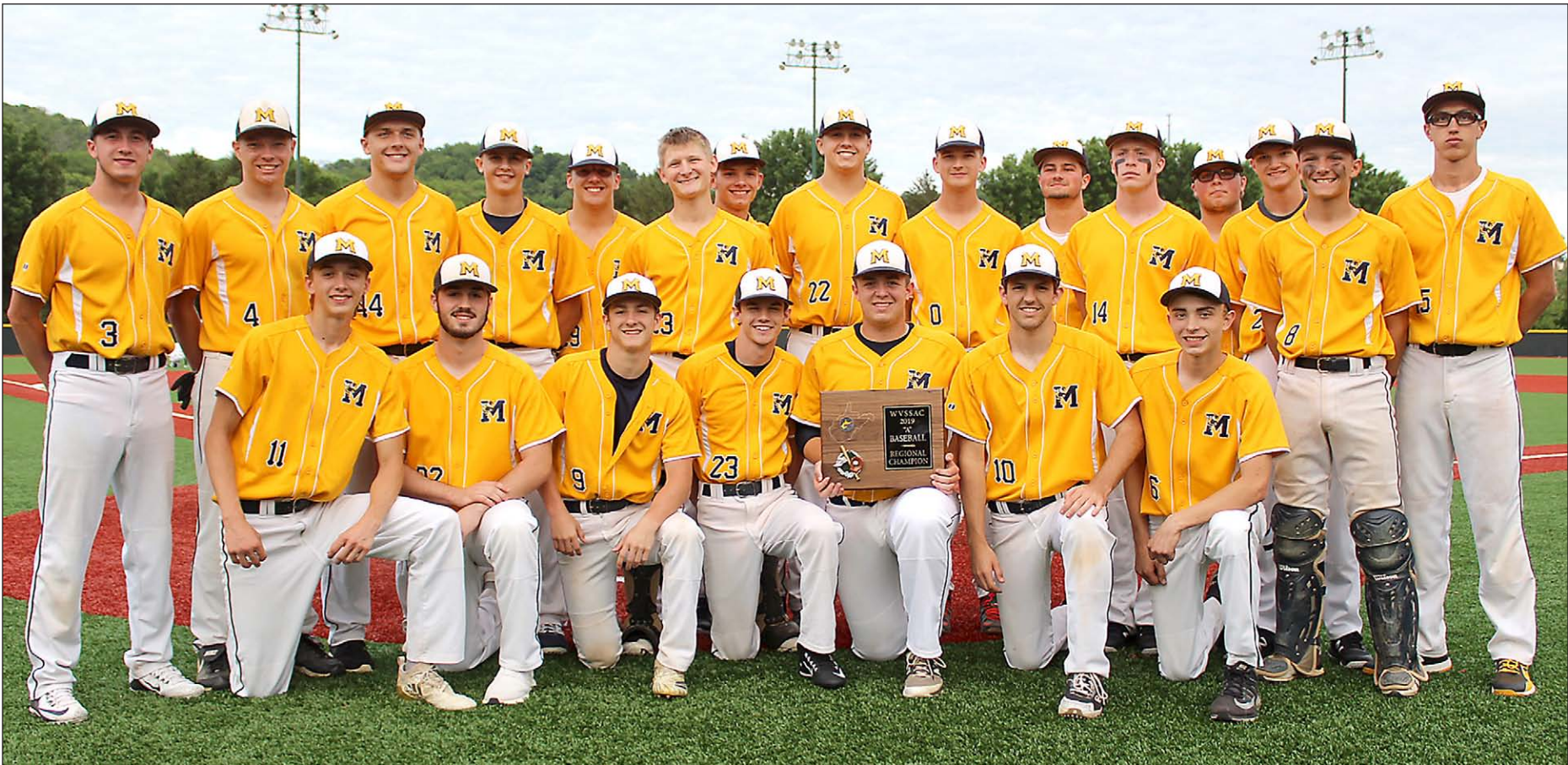
Watts garnered an RBI ground-er with Baldwin sliding home in time to put Moorefield ahead 5-1 and a groundout by Keller ended the side leaving two aboard.

Collins executed a bunt single on the third base line for the Irish, then Robinson hit a sharp ball back up the middle. It was knocked down by Hoyt who had the where-withal to recover and throw to second base for the out.

A medical timeout was called to check on Hoyt, who appeared to be fine as he smiled talking to Moran on the mound.

Romano smacked the ball into a double play as Van Meter made an underhand throw to Moran, who gunned the ball over to Watts at first base to end the frame.

Moore crushed a double into center field as the Moorefield dugout buzzed loudly to start the sixth inning and Mongold hit a long bunt causing the first baseman to leave his station and nobody was



The Moorefield Yellow Jackets repeated as the Class A Region II champions with a 7-1 victory over Notre Dame at Frank Loria Field in Nutter Fort last Tuesday. Moorefield will face Huntington St. Joseph's on Friday morning in the first round of the state tournament in a quest to defend the title at Appalachian Power Park in Charleston.

there to make a play.

Moran created an RBI groundout to Gordon to extend the Yellow Jackets lead to 6-1.

After a strikeout to Van Meter, Baldwin ripped an RBI double about a foot away from a diving attempt by center fielder Collins, who just got on his knees in disbelief as a teammate recovered the ball and Collins caught a routine fly ball from Lane Ours moments later with the score standing at 7-1.

Hoyt induced a groundout collecting the ball off the bat of Gordon and Moran caught a pop-out before the Irish went down on a strikeout thrown to Emerson.

The Yellow Jackets faced Notre Dame pitcher Jalen Miller in the seventh inning and didn't add any base runners on three flyouts.

Lopez singled past the dive of Moran into right field as the Irish hoped to stay alive for a rally.

Mongold caught a fly ball in left field for the first out and the Yellow Jackets could feel the championship vibe which continued to buzz louder as Hoyt struck out Emerson and the Region II championship ended on a catch by Moore in right field sealing a return trip to Charleston for the defending state champions.

It is the same thing every time. I get up there and I have trust in my defense behind me. I let them know I am going to throw strikes and let them hit it and trust them to make the plays and get the outs that I need. Back-to-back, baby. Not many people have this opportunity and you have to take it for granted. You have to cherish it, like my brother being there three years ago and he really made an impact on me. I'm actually taking it for granted, because I went further than he did, but he still played great. Not everyone gets to do it and dreams do come true. Moorefield has their mullets and Petersburg has their perms, but mullets seem to be working better," Moorefield pitcher Derek Hoyt remarked.

Some of the Yellow Jackets have a mullet-style haircut as a new tradition for the playoff run.

One fact shared by Coach Armentrout is that the pitching staff has only given up one earned run in five playoff games and the team feels good about whoever is on the mound.

Hoyt flew up to meet a Yellow Jackets teammate by the dugout for a celebration and there were plenty of joyous shouts and huge smiles before it was back to business showing good sportsmanship shaking hands with the Irish.

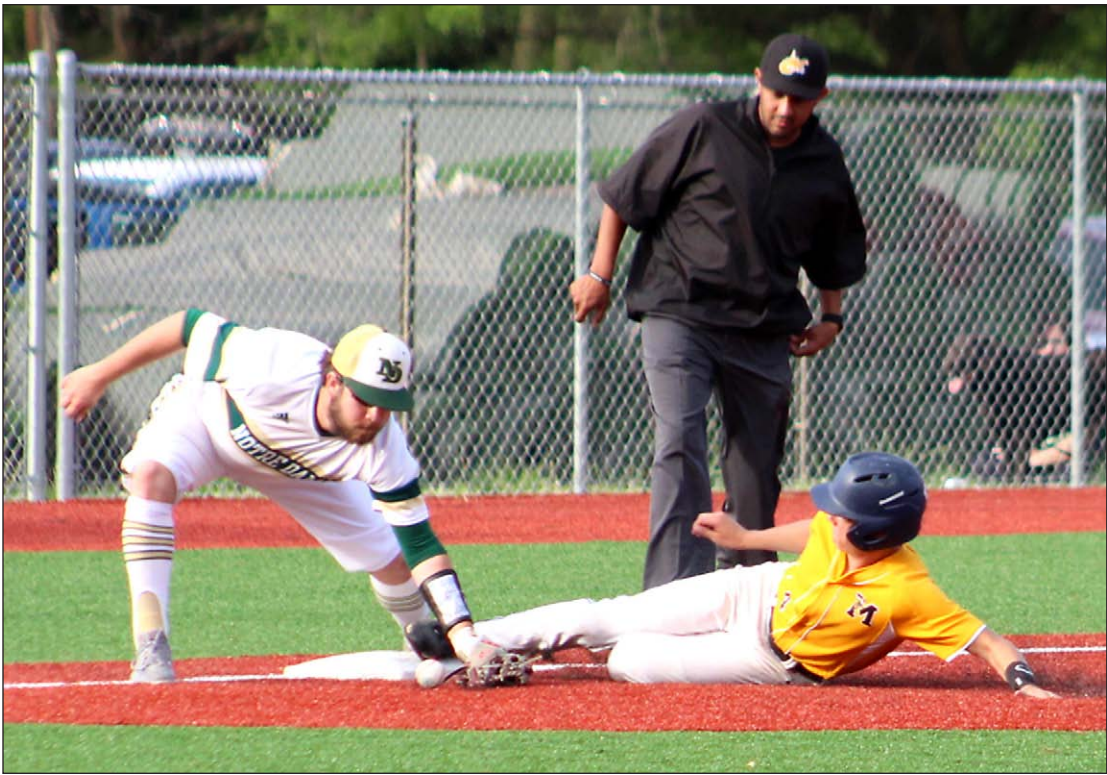
Moorefield received the Region II Championship plaque and the players quickly got into a group formation for photos and had individual ones taken with the plaque

prior to Brent Moran and Lane Ours distracting coach Wade Armentrout talking to him as teammates Blake Watts and Caden Kimble slipped in behind with a bucket of ice water for a celebration shower with Ours holding coach in place for a full impact.

"I'm very, very excited [returning to Charleston]. The environment out there is crazy, Moorefield sophomore Isaac Van Meter noted.

Moorefield's mantra all season has been Results or Words and the effort shown this season continues to pay dividends with a return to the state tournament this weekend.

I think it is a different kind of excitement. Last year it was new, obviously to them. Now they know about the experience and that's what I told them. We are going to enjoy this week before we get into game mode, they need to appreciate winning. It's not easy to do. It's not easy to repeat, because you play really good teams in the section, Notre Dame is a good team. They had to beat good teams to get there and overcome mistakes to get there and they were willing to do that. Their excitement is different now, but they still appreciate it. We got some momentum last in the game. It was a close game through the fifth inning and we were able to take advantage of some of their mistakes and got a couple of hits. Coleman [Mongold] laid down a nice bunt and we had RBI groundouts through that whole thing that got the energy up and gave Hoyt a lot of momentum and gave our defense confidence and they just all build on that. Our dugout has been great and our fans have been fantastic. We had a bunch of fans who came out and followed us today. We stopped at a local business and there was a retired state trooper in there and he came up to me and asked if I was the coach and I said yeah, well, you have a great group of young men. I was talking to them and they were answering yes sir and no sir and were very respectful and I want to share that with them too. It means a lot. We started with our hashtag of #ROW at the beginning of the season with Results or Words and what that represented. During the season we found we were all in the same boat rowing together and we were all going to pick each other up and we're all going in the same direction. We were all going forward and not looking back and there would be some rough water, but we would get through that together. They are not selfish and appreciate what each other does from the freshmen up to the seniors. I am really appreciative of the seniors being able to come back and go to Charleston again,



Moorefield's Brent Moran steals third base sliding ahead of the ball as Notre Dame's Ethan Hager reached for it in the Class A Region II Championship at Frank Loria Field.

Coach Armentrout concluded.

The Yellow Jackets will face Huntington Saint Joseph's (21-10) in the first round of the state

tournament this Friday morning

at 10:00 and the next semifinal will feature Charleston Catholic (26-8) against Wheeling Central Catholic

(22-8). The championship game is

scheduled for Saturday afternoon at 1:00 p.m.

## Grant County Bank 18th Annual Relay for Life Golf Tournament

The 18th Annual Relay for Life Golf Tournament was held at Valley View Golf Club on Friday May 17, 2019. Winning the event with a team score of (-14) was the team of Scott Parks, Jeff Cunningham, Aaron Edwards, and Travis Kidwell, 2nd place in a card off with a score of (-12) went to Mark Wright, Jason Hicks, Pat Frye, and Scott Jennings. 3rd place with a score of (-12) was Trace Miller, Glenn Spaid, Carroll Link, and Kenny Ayers. The Closest to the Pin winners were: (#3): Charlie Combs, (#6): Kris Kerr, (#13): Aaron Edwards, (#15): Bobby Jones, (#17): Alan Brill. Straightest Drive (#8): Sheldon Arbaugh, Longest Drive (#5): Don Baker.

The Grant County Bank would like to thank the following businesses for sponsoring the 18th Annual Relay for Life Golf Tournament. Please support these business and individuals who graciously help support our communities!

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# South Branch Potomac Lanes Youth Earn \$1,000 in Scholarships in Third Session



How easy is it to earn a college scholarship? Although it is normally a daunting task, at South Branch Potomac Lanes Youth League (SBPLYL) it is as simple as rolling a bowling ball.

SBPLYL recently conducted their third eight-week session of Scholarship Bowling, awarding another \$1,000 to local members. This increases the season's total endowment to \$3,100 with one final session remaining.

SBPLYL is a non-profit bowling organization chartered by South Branch Potomac Lanes in Moorefield. Members, ages 4-18, bowl

on Saturday mornings in three age/skill-based divisions under the supervision of League Administrator, Penny Sites. Assisting Sites with coaching is United States Bowling Congress certified instructor, Bob Hammons.

Every eight weeks, four times per year, SBPLYL conducts a day of scholarship bowling and, as is league policy, every single member who participates wins a financial endowment. For this third session, Penny Kesner took home top female Scratch Game honors by turning in a 136, while Cohan Kesner won the boys division with a score of 225. The Handicap Series top bowler was Daniel Omechin-ski.

All scholarship money is available strictly through the generosity of local sponsoring businesses.

Kelly Williams, owner of South Branch Potomac Lanes says of SBPLYL, "In today's economy a higher education is becoming more and more pivotal to a child's future success. However, as the expense to attain higher education

continues to skyrocket, achieving that goal can become financially crippling for everyday families. Because of this, it gives me enormous pride in knowing our youth bowling league here at South Branch Potomac Lanes not only helps to alleviate that financial burden, but also teaches children the needed skill sets to pick up a physical activity they can participate in for a lifetime. This would not be possible if not for the caring commitment to our community's youth exhibited by the local businesses who graciously sponsor our league. To know their efforts are going to allow local bowlers to benefit in over \$4,000 in college scholarship this season alone is absolutely humbling.

A unique aspect of SBPLYL is there is no official registration deadline and new members will be accepted at any time throughout the bowling season. To get in on the fun and reap some significant college scholarship savings along the way, simply call (304) 530-BOWL for more details.

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Photos by Carl Holcomb

Moorefield second baseman Brent Moran was pumped after recording an out to deny a double attempt by Notre Dame's Hunter Emerson left dejected on the base after a throw from right fielder Jayden Moore during the Region II Championship in Moorefield.

## Van Meter Chills

*Continued from page 1B*

frame with a strikeout.

It was three up and three down for Notre Dame in the top of the fourth inning as Van Meter pitched strikeouts to Gordon and Snider with Lopez grounding out to Watts.

Keller singled and advanced on a sacrifice bunt from Jayden Moore as Moorefield buzzed with anticipation.

The Yellow Jackets went ahead 3-nil as Mason Ours garnered an RBI groundout and a strikeout to Moran by Gordon wrapped up that frame.

"The game plan was to attack the outer part of the plate. That's where he [Isaac Van Meter] has lit us up the three times we've seen him. We knew what was coming and hats off to him. He beat us and we knew what was coming," Notre Dame coach Jon Calvert noted.

"That's what was frustrating. All in all, I didn't think we played a bad game, we just didn't hit the ball. We had opportunities early and that would have changed the momentum of the game for us, but we were too patient. We got behind in counts and had to hit pitcher's pitches. It's huge to go back home to play. They get to ride over

this lovely mountain and get off the bus and be sore like we were today. Hopefully we can get a win tomorrow and come back here on Wednesday.

The Irish pressed its luck in the top of the fifth inning as Emerson belted a single into right field and was trying to turn the play into a double, but Moore collected the ball and fired to Moran for the out at second base.

Hager reached base on an error as Moran's pass went awry past first base, but Van Meter remained poised on the mound with ice in his veins recording two consecutive strikeouts to Frazier and Collins.

Van Meter and Baldwin were issued free passes before Jalen Miller came in to pitch for Notre Dame.

Miller struck out Lane Ours before a double advancement on a passed ball and a bases loaded walk was given to Jenkins as the Yellow Jackets noise became boisterous when Watts slammed a two-run producing single into right field to take a 5-0 advantage.

The buzzing was amplified as Keller connected for an RBI single into center field.

A strikeout to Moore quieted things slightly, but the noise returned as Williams sliced an RBI

single with the run accounted for as the throw to third base nabbed Keller with the score in Moorefield favor at 7-nil.

Van Meter added two more strikeouts to his resume in the sixth inning sandwiching a single by Romano before the Irish side was ended on a flyout.

Baldwin and Lane Ours reached base on walks with two outs for the Yellow Jackets before being stranded on a pop-out.

Notre Dame went down in order during the seventh inning as Van Meter garnered his ninth strikeout coming against Lopez, then Emerson and Hager's shots into right field were caught by Moore to end the Yellow Jackets shutout victory, 7-0.

"My keys for the win were just throwing strikes and hitting my spots just like any other game. I just try to come to every game with the same intensity whether it's the first game of the season or the last game of the season. The energy in the dugout is amazing and our team thrives on it," Moorefield pitcher Isaac Van Meter remarked.

Moorefield didn't seem bothered by the Mountain State drive the following afternoon sealing the championship at Frank Loria Field.

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COMMERCIAL SPACE for rent in Moorefield between Heroes and Blues. \$415.00 per month plus same deposit. Utilities are not included. Call 304-257-6364. tfn  
NEWLY RENOVATED commercial space for rent. Plenty of parking in highly visible location between Blues and Heroes Pizza. \$650 per month rent with same deposit. Please call 304-257-6364 tfn

## FOR RENT LAND/LOTS

MOBILE HOME lots for rent only (No Mobile Homes) at Cedar Manor Mobile Home Park in Petersburg, WV. Serious inquiries may call 304-668-0703. tfn

## STORAGE

\*OLD FIELDS Storage\* (Units 5x10) (10x10) (10x20). Located 4.5 Miles on Rt. 220 North of Moorefield. Call 304-538-3300, 304-538-2346 or evenings 304-538-6785. tfn  
MTM STORAGE, 5x10 to 12x24. Rt. 55 East of Moorefield and South Fork Depot in Moorefield. Storage units, retail space, office space. 304-530-6707 tfn

HARVEST STORAGE: 5x10, 10x10, 10x20. Great location in

town. 304-350-2415. tfn

## HELP WANTED

PART TIME SUBSTITUTE driver for our nutrition program. Guaranteed at least 1 day per week. For more information call Hardy County Committee on Aging at 304-530-2256 or stop by the Senior Center, 409 Spring Avenue, Moorefield, WV. 6/08

HIGH END RESIDENTIAL contractor in the Lost River area seeking qualified carpenters. Top pay for top guys. 304-224-8903. tfn

WAITRESSES. Apply in person at Colts Restaurant. Wednesday thru Sunday after 7.00. tfn  
NEW EMPLOYMENT Opportunity! New outdoor resort opening this summer located north of Romney, Hampshire Co. West Virginia. We need the following positions filled within the next four to six weeks. Many of these positions will be year round! Restaurant: Bakers, Bartenders, Bar-backs, Bus & cleaning staff, Dish/Pot washers, Food prep & Line cooks, Floor managers, Host & Wait staff. Outside Help: Activities attendant, Groundskeepers, Horse tenders, Facility maintenance staff. Please complete the job application at the following link and we will get back to you! https://rainbowcountryresorts.com/job-application Come grow with us!!! 6/1

PART-TIME BUT PERMANENT housekeeper/companion position. Minimum 2 days per week. Must be reliable with own transportation. Call 304-538-7171 between 9am-4pm. 5/29

PART-TIME BUT PERMANENT dependable handyman. Experience preferred but will consider. Light painting, carpentry and yard work. Call 304-538-7171 between 11am-6pm. 5/29

## WANTED

RENTAL WITH option to buy within 12 months. At least 2 bedroom, 1 1/2 bath house within 20

miles of the Moorefield area for Senior citizen and very small Senior dog. Contact biancaleona1945@comcast.net. 304-538-7171. 6/5

## WANTED TO DO

MOBILE HOME REPAIRS. Roof coating, skirting, decks, remodeling, door and window replacement. 304-359-3491 5/29

## LAWN CARE

BRYANS LAWN & MAINTENANCE service. Reasonable rates, quality and dependable service. Mowing, weed eating and landscaping. Licensed and insured. Free estimates. Call 304-897-6752 or 304-490-9673 tfn

MONGOLD S LAWN SERVICE. Mowing, weed-eating. Call for a free estimate. 304-257-7006 or 304-530-6199. 6/01

4 SEASON PROPERTY Maintenance Group of WV Inc, A veteran owned business, is seeking clients in your area. We do all types of lawn care including mowing, trimming, landscaping, and more. Call today @ 304-813-8318 6/8

## REUNIONS

FUNK AND MILLER Reunion. June 9, 2019. Baker Park. 6/8

ANNUAL FAMILY reunion of Jesse Hose and Edna Smith Hose will be Sunday, June 2, Moorefield Town Park, Shelter #3 starting at 1pm. Please bring a covered dish and drink. 6/1

## YARD SALES

ANNUAL FAMILY REUNION of Jesse Hose and Edna Smith Hose will be Sunday, June 2. Moorefield Town Park, Shelter #3 starting at 1pm. Please bring a covered dish and drink. 6/1

MOVING SALE. Friday, May 31st- Saturday, June 1st from 9am-6pm at 308 Central Avenue, Moorefield, WV. Furniture, household items, tools. FREE PIANO! 5/29

# BUSINESS Directory

Advertise in the Business Directory Call

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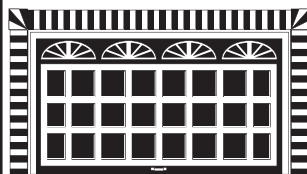
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ment or to make an inquiry in connection with prospective employment, which expresses the following: Directly or indirectly any limitation, specifications or discrimination as to race, religious creed, color, national origin, ancestry, physical handicap, marital status, sex, age or any intent to make such limitation, specification or discrimination. Rentals and Real Estate: Notice: All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, disability, marital status, or national origin, or intention to make any such preference, limitation, or discrimination." We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.



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The Moorefield/Hardy County Wastewater Authority is accepting applications for the following seasonal/part-time position. Applications for this position are available at the Town Office at 206 Winchester Avenue, Moorefield, WV 26836 from 8:30 A.M. until 4:30 P.M. each weekday. Applications will be accepted until 4:30 P.M. on Wednesday, June 5, 2019. The Town of Moorefield is an equal opportunity employer.

**Laborer** – The successful applicant will assist in the operation and maintenance of the Regional Wastewater Plant on a part time or seasonal basis. Hours will be limited to 1000 per year benefits will not be available. Applicants must possess a high school diploma or GED equivalent and a valid WV driver's license.

## PUBLIC NOTICE

Hardy County School District & its collaborating partners, E.A. Hawse Health Center, & the Potomac Highlands Guild intend to apply for the 21st Century Community Learning Center grant. This public notice is to inform the community of that intent to apply, & also to provide contact information for community members who may have an interest in reviewing the proposal. If interested persons would like to review the document, please contact Rebecca Lewis, Hardy County Schools, at 304-530-2348, ext. 9223. The grant proposal will be available after submittal. Hardy County Schools conducted a needs survey assessment in April of 2019, in which parents & students in the community were surveyed for their input on the proposed 21st Century Community Learning Center programs that would be most beneficial to Hardy County School students. This grant reflects the outcomes of that survey.



## JOB OPENINGS

- Grant Memorial Hospital**
- **RN**, full-time, various shifts with alternating weekends required. Various departments. Currently need: Special Care Unit (night shift) and Medical Surgical Unit (night shift and various). Current WV RN license required. Apply by 6/30/19.
- **PRN**, part-time, Mother/Infant Care Center, various shifts needed. Current WV RN license required. ACLS and PALS recommended. Must be capable of multitasking and have critical thinking skills. Prior labor and delivery experience preferred. Apply by 6/3/19.
- **MEDICAL LAB TECHNICIAN/MEDICAL LAB SCIENTIST**, full-time, evening and night shifts needed, but may be required to work other shifts as needed. Candidate will accurately apply scientific principles of manual and automated methods in the performance of medical laboratory procedures to be used by physicians in the diagnosis and treatment of disease; may work independently or in a varying size group; phlebotomy experience is required. West Virginia license required. CLS are generalists and must be able to perform testing in blood bank, chemistry, coagulation, hematology, serology, and micro biology; must be proficient in phlebotomy and be able to perform instrument maintenance and interpret calibrations and QC. They must be able to prioritize work and maintain a professional demeanor under stress. Apply by 6/30/19.
- **PATIENT CARE ASSISTANT**, part-time, Outpatient Surgery Department. Primarily day shift with some evening hours required. WV CNA certification preferred. Apply by 6/3/19.

**CANDIDATES FOR ALL POSITIONS MUST HAVE EXCELLENT CUSTOMER SERVICE, COMMUNICATION & COMPUTER SKILLS**  
Health insurance is available to all regular full-time employees. Paid Annual Leave (PAL) for regular full-time employment is 23 days/year and increases every 5 years until at the end of 30+ years it is a maximum of 38 days/year. PAL can be used after 6 months of employment. Sick leave for regular full-time employment is accumulated at 1/2 day per month and may be accumulated up to a maximum of 68 days. Sick leave can be used after 6 months of employment.

**TO APPLY** go to [www.grantmemorial.com](http://www.grantmemorial.com), click resources, opportunities and then pick the job you want to apply for.  
**Human Resource Office**  
**Grant Memorial Hospital**  
**P.O. Box 1019, Petersburg, WV 26847**  
**304-257-1026**

EOE

**HEALTHY SATURDAY** - The first Saturday of the month, from 7 - 9 a.m. in the Administration Hallway.  
**CPR CLASSES:** Every first Thursday, RHI training room, 8 a.m.  
**GMH Gift Shop:** MON/TUES/THURS - 10 to 2.  
**GMH BOARD MEETINGS** are the fourth Monday of every month at 5:30 p.m. in the board room at GMH.

### Town of Moorefield Public Hearing

Moorefield Town Council will be holding a public hearing on June 4, 2019 at 6:50 P.M. in the council chambers of the Town Office at 206 Winchester Avenue, Moorefield, WV. The purpose of this hearing is to hear public comments on the ordinance authorizing the acquisition and construction of certain additions, betterments and improvements to the existing public waterworks facilities of the Town of Moorefield, and the financing of the cost, not otherwise provided thereof, through the issuance by the Town of Moorefield of not more than \$9,900,000 in aggregate principal amount of water revenue bonds, series 2019 A, and not more than \$9,900,000 in aggregate principal amount of water revenue bonds, series 2019 B, in two or more series; Defining and prescribing the terms and provisions of the bonds; Providing generally for the rights and remedies of and security for the holder of the bonds; and providing when this ordinance shall take effect.

5/22, 5/29 2c

### NOTICE OF PROPOSED CONVEYANCE OF UNITED METHODIST CHURCH PROPERTY

(Zion United Methodist Church)

Notice is hereby given that the Board of Trustees of the West Virginia Annual Conference of the United Methodist Church will, on or after May 29, 2019 QUITCLAIM, GRANT and CONVEY to Robert Eckard, all of their right, title and interest, in and to the following certain lot or parcel of land situate and being in the South Fork Rural Tax District in Hardy County, West Virginia and bounded and described as follows, to-wit:

Beginning at a pine by the public road on John Davies Land and running a N.W. course 12 poles to two rocks, thence a South W. course across the grant line in Samuel Dasher Land 16 poles to three pines, thence South east curve 9 poles on the bank of the South fork to two pines, thence N. E. 16 poles to the Beginning, lying on the West side of the South fork, containing and lain out for the purpose of creating a church one acre of land, together with all and singular the houses, woods, waters, ways, privileges and appurtenances, thereunto belonging or in anywise pertaining.

And being the same property conveyed to Trustees and their successors in office of the Methodist Episcopal Church, by Deed dated May 27, 1839 from Leonard Dasher and Margaret his wife and John Davis and Hannah his wife, and of record in the Office of the Clerk of the County Commission of Hardy County, West Virginia in Deed Book 15, at page 431.

Said Zion United Methodist Church having been closed by the regular 2018 session of the West Virginia Annual Conference of the United Methodist Church.

Dated the 22nd day of May, 2019.

### BOARD OF TRUSTEES OF THE WEST VIRGINIA ANNUAL CONFERENCE OF THE UNITED METHODIST CHURCH

By: Robert N. File, Chancellor  
130 Main Street  
Beckley, West Virginia 25801  
(304) 253-3358

5/22, 5/29 2c

### SALE OF HOME AND VALUABLE REAL ESTATE

By virtue of the authority vested in your undersigned Special Commissioners by that certain Order Appointing Special Commissioners to Sell Real Estate, dated April 10, 2019, and entered by the Honorable H. Charles Carl, III, Hardy County Circuit Court Judge, on April 16, 2019, designated as Hardy County, West Virginia,

Civil Action 18-P-36, vesting the authority of your undersigned Special Commissioners to offer for sale at public auction to the highest bidder, but subject to the approval of said Court, the following described real estate, at the Courthouse in Moorefield, Hardy County, West Virginia, on

**FRIDAY, June 14, 2019, at 12:00 Noon**

All that certain tract or parcel of real estate, located at 308 N. Elm Street, in Moorefield, WV, including the dwelling house situate thereon, and designated at Lot 14 and part of Lot 13 of Block F of the Riverview Addition to the Town of Moorefield, together with any and all rights, rights of way, improvements, and appurtenances thereunto belonging lying and being situate in Moorefield Corporation District, Hardy County, West Virginia, and being more particularly described by the Plat of the Riverview Addition to the Town of Moorefield, with said Plat of Survey of record in the Office of the Clerk of the County Commission of Hardy County, West Virginia in Deed Book 53, at Page 306, to which reference is hereby made.

This real estate is the same real estate deeded to Dwight O. Kessel and Mildred C. Kessel, husband and wife, from Dwight O. Kessel, by that certain Deed dated June 29, 1998, and of record in the said Clerk's Office in Deed Book 247, at Page 483. Reference is hereby made to the said deed and the said Plat of Survey for any and all pertinent purposes. This real estate is designated in the Hardy County Assessor's Office on Tax Map 6, as consolidated Parcel 77, said to contain 0.47 of an acre.

The real estate being offered for sale herein is subject to any and all restrictions, reservations, covenants, conditions, easements and rights-of-way contained in, provided for, or reserved in any and all prior instruments in the chain of title and same shall be incorporated into the Deed of Conveyance to the highest bidder.

The real estate shall be conveyed unto the highest bidder by special warranty Deed from your undersigned Special Commissioners, who have given the bond as required by Order of the Court.

Real estate taxes shall be paid by the owner thereof for all taxes coming due to and through the Spring of 2019. The high bidder shall be responsible for all taxes and assessments that become due in the Fall of 2019 and henceforth.

The Special Commissioners shall be under no duty to cause any existing tenant or person occupying subject real estate to vacate said property.

All costs for Deed preparation, transfer stamps and real estate taxes due for the Fall of 2019 shall be paid by the purchaser. In the event there are Federal Tax Liens of record against the real estate, the United States Government shall have the right to redeem the real estate within 120 days from the date of sale or a period allowable for said redemption, whichever is longer.

**TERMS:** A ten percent (10%) deposit by cash, cashier's check or certified check is required on the day of sale and the balance to be paid in cash at closing. Closing is to occur at the office of your undersigned Special Commissioner at 204 N. Elm Street, Moorefield, Hardy County, West Virginia, at a date and time to be mutually agreed upon between the Special Commissioners and the high bidder, which said date and time shall not exceed thirty (30) days from the date of sale and upon notice of confirmation by the Hardy County Circuit Court. Failure to close within the applicable time frame will cause a forfeiture of the deposit paid.

Prospective bidders are invited to contact your undersigned Special Commissioners prior to the day of sale with regard to any and all questions that might arise.

Michael Curran  
Auctioneer  
(304)289-3674  
Nathan H. Walters, Special Commissioner

WALTERS & HEISHMAN, PLLC  
P.O. Box 119, Moorefield, WV 26836  
(304) 530-6618  
Karen L. Garrett, Special Commissioner  
GARRETT & GARRETT  
P.O. Box 510, Moorefield, WV 26836  
(304) 538-2375

5/15, 5/22, 5/29 3c

### REQUEST FOR ARCHITECTURAL AND ENGINEERING QUALIFICATIONS

Expression of Interest

The County of Hardy, West Virginia is in the process of obtaining qualifications from consulting architectural and engineering firms in providing advice and services for the development by the Hardy County Commission in an area of Hardy County, West Virginia. This area consists of a rectangular shaped parcel of land. The project as contemplated will consist of construction of a county facility building(s).

Project ownership will be the County of Hardy, West Virginia. The budget is to be determined. It is anticipated that the County will need engineering services during each phase of the project. Such services may include but will not necessarily be limited to the following: 1) Development of a Preliminary Engineering Report and Master Plan; 2) Development of a project budget and identifying potential funding sources; 3) Assistance with permitting; 4) Project design in accordance with all State, Federal and Local regulations that pertain to the proposed project; 5) Project mapping during all phases of the project; 6) Preparation of bidding and contracting documents for the construction phases of the project; 7) Participation in the evaluation of bids received; 8) Monitor and inspect construction activities to insure compliance with plans and specifications; 9) Preparation and delivery of final "as built" data; and 10) Overall project administration. Procurement of said services shall be in accordance with West Virginia Code Chapter 5G to the extent applicable. All consultants interested in being considered for this project must submit a proposal detailing qualifications, technical expertise, management and staffing capabilities, and related prior experience. The object of the competitive process is to objectively select the firm which will provide the highest quality of service. Accordingly, technical qualifications and experience will be weighted heavily. Selected respondents will be interviewed and the firm ranked most qualified will be selected to enter into fee negotiations. Please submit an original and two (2) copies of all requested information to: Rose Helmick, Hardy County Coordinator 204 Washington Street Room 111, Moorefield WV 26836. Submissions may be tendered by mail or hand delivery to the above address.

Proposals will be accepted through June 14, 2019 at 4 p.m. Any submissions received thereafter will not be accepted. The County of Hardy West Virginia reserves the right to contract with one firm for the entire project or more than one firm for various components of the project, as the County deems to be in its best interests. Your attention is directed to the fact that the proposed project may be undertaken through various funding sources including but not limited to Community Program Grants, and other sources as available. Any questions about the project should be directed to Rose Helmick at [hdycomid@count.state.wv.us](mailto:hdycomid@count.state.wv.us) or (304) 530-0284. The County of Hardy will afford full opportunity to minority or women owned business enterprises to submit a show of interest to this invitation and will not discriminate against any interested firm or individual on the basis of race, creed, color, sex, age, handicap or national origin. The County of Hardy reserves the right to accept or reject any and/or all proposals.

5/29, 6/5 2c

### HARDY COUNTY PUBLIC SERVICE DISTRICT PUBLIC MEETING SOURCE WATER PROTECTION PLAN UPDATE

A public meeting will be held on Wednesday, June 5, 2019 at 4:00 p.m., at the office of the Hardy County Public Service District located at 2094 US Highway 220 South, Moorefield, West Virginia. The purpose of the meeting is to review information regarding updates to the District's Source Water Protection Plan for the Baker water system with the public and to accept public input on the plan.

5/29 1c

### BILL OF SALE NOTICE OF SPECIAL COMMISSIONER SALE

Notice is hereby given that pursuant to the Order of the Circuit Court of Hardy County, West Virginia, and that certain case styled Stacy J. Conrad v. Christine Ortiz, Civil Action No. 17-C-19, the undersigned Special Commissioners will offer for sale at public auction the below described tract or parcel of real estate, together with the dwelling and any improvements thereon or any appurtenances there unto belonging, to the highest bidder at the front door of the Courthouse of Hardy County in Moorefield, West Virginia, on the following dates:

**FRIDAY, JUNE 14, 2019 AT 11:00 A.M.**  
All that certain tract or property situate on the North side of U.S. Highway number 55, adjoining U.S. Government land on top of Sandy Ridge, Southwest of Wardsville in Capon District, Hardy County, West Virginia, containing 2 acres, more or less, and being the same tract or parcel of real estate that was conveyed from Stacy M. Conrad and Wilma J. Conrad, his wife, to Stacy J. Conrad dated November 29, 2001, and of record in Deed Book Number 264 at Page 31.

In the aforesaid deed, the conveyance is described as consisting of two lots each containing one (1) acre, with one (1) lot being reduced by approximately 70.02 square poles due to a prior out conveyance. This real estate is improved by a dwelling and adjoins U.S. Government property. The Special Commissioners will sell both parcels at one time in one conveyance.

### TERMS OF SALE:

1. This property will be conveyed in an "as is" physical condition by Deed containing no warranty, express or implied, subject to the Internal Revenue Service Right of Redemption, all property taxes, prior deeds, liens, reservations, incumbrances, restrictions, rights-of-way, easements, covenants, conveyances and conditions of record in the Clerk's Office or effecting the subject property.

2. The purchaser shall be responsible for the payment of transfer taxes imposed by West Virginia Code § 11-22-1.

3. The Special Commissioners reserve the right to continue sale of the subject property from time to time by written or oral proclamation which continued shall be in the sole discretion of the Trustee.

4. The Special Commissioners shall be under no duty to cause any existing tenant or person occupying the property to vacate said property, and any personal property and/or belongings remaining at the property after the Special Commissioner sale will be deemed to constitute abandoned property and will be disposed of accordingly.

The total purchase price is payable to Special Commissioners within 30 days of the Date of Sale with 20% of the total purchase price payable to the Special Commissioners on the day of sale.

Lary D. Garrett, Special Commissioner  
Attorney at Law  
PO Box 510  
Moorefield, WV 26836

John H. Treadway, JR.,  
Special Commissioner  
Attorney at Law  
PO Box 434  
Moorefield, WV 26836

5/29, 6/5, 6/12 3c

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HEALTH

# Getting Outdoors Really Is Good for You



The value of spending time outdoors extends well beyond dusting off winter cabin fever, providing long-term benefits that might surprise even the most ardent outdoor enthusiast.

Metro

People who live in regions where winters are cold often note the feeling of rejuvenation they enjoy on the first warm day of late-winter or spring. The chance to get outside and soak up some sun while breathing some warm air is a feeling unlike any other for those who spend much of their winters bundled up in layers of clothing.

The value of spending time outdoors extends well beyond dusting off winter cabin fever, providing long-term benefits that might surprise even the most ardent outdoor enthusiast. A 2018 report from researchers at the University of East Anglia found that living close to nature and spending time outside has wide-ranging health benefits, including a reduced risk for type 2 diabetes, cardiovascular disease,

premature death, preterm birth, stress, and high blood pressure. Authors of the report studied data from across the globe, gathering evidence from more than 140 studies involving more than 290 million people. Researchers cannot pinpoint exactly why people who spend ample time in greenspaces enjoy better health. However, the benefits appear to be so wide-ranging as to

suggest that people who currently do not spend much time in greenspaces should make a concerted effort to do so. The following are a handful of ways busy individuals can start spending more time outdoors.

Dine al fresco. On nights when the weather is fair, take dinner into the great outdoors. People who live in private homes can dine on the patio or on the deck in the backyard, while apartment dwellers can make use of local parks for nighttime picnics or dine on balconies or rooftop recreational areas, which have become popular in crowded metropolitan areas. Rooftops and balconies may not pass the Is it greenspace? test, but dining in such areas can be more relaxing than an apartment dining nook.

Get off the couch. Don't hesitate to get outside when night falls. Spend time in the backyard or go for nightly walks around the neighborhood or in a nearby park. Say so long to television binge sessions, making healthier and more beneficial use of nightly free time by utilizing nearby greenspaces.

- Go hiking on weekends. Even city dwellers no doubt live within driving distance of local hiking areas. Hiking provides a host of cardiovascular benefits and can make for a great, full-body workout. Researchers associated with the UEA report suggested that the practice of forest bathing, which is popular in Japan and promotes spending time sitting down or lying in nature, exposes people to a diverse array of bacteria present in natural areas that may benefit the immune system and reduce inflammation.

People who think that accessing nature is helping them to stay healthy aren't wrong. In fact, making time to include nature in your daily or weekly routine can have positive and wide-ranging effects on your overall health.



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## Prevent Blisters While Hiking

Metro

Hiking is a popular sport that takes people into the great outdoors on a regular basis. Hiking over varied terrain and up inclines and down declines is a great way to push the cardiovascular system and build up muscles in the lower body.

There are many opportunities to have a wonderful time out on the open trails. However, there are also chances for injury if hikers are not cautious. Perhaps surprisingly, one of the most prevalent hiking-related injuries also is one of the smallest. Blisters can sideline hikers and even lead to infection if allowed to fester.

The Victoria State Government's Better Health Channel states that a blister is a small pocket of fluid in the upper skin layers and is a common response to injury or friction. Blisters can be filled with serum, plasma, blood, or pus, depending on how and where they form, states Medical News Today. The purpose of a blister is to protect and cushion the layers of skin below the epidermis and to stop further damage to allow the tissue time to heal.

Despite the temptation to pop blisters, it is best to leave them intact to protect against infection in the underlying skin areas. Preventing blisters from forming allows hikers to enjoy comfortable hikes again and again.

According to Podiatry Today, high skin temperature and sweat exacerbate friction that can increase the chances of developing a blister. Therefore, choose socks that will wick away moisture, such as those made from wool or other breathable materials, rather than cotton. A study conducted at the University of Missouri-Columbia found that people who wear all-cotton socks are more likely to form blisters. Foot powders can dry out moisture even further and prevent the wrinkled, pruned skin that will easily chafe.

Another way to prevent blisters is to reduce the chances for friction. Thicker, more cushioned socks can reduce friction, as can high-quality, well-fitting hiking boots. Shoes that are too large or too small will create friction and discomfort. Pack along a breathable, sticky bandage tape that can cover up hot spots on toes and heels in a pinch. Several times on the trail, take a seat and allow the feet to rest and air out. Change socks as needed to remain comfortable.

Blisters can sideline seasoned hikers and amateurs alike. Preventive measures can help hikers stay out on the trails.

**Did You Know?** Psoriasis is a common skin ailment that affects approximately 7.5 million people in the United States, according to the American Academy of Dermatology. While psoriasis affects people in all age groups, it is primarily seen in adults - with the highest rates of affliction among those between the ages of 45 and 64. The most common form of psoriasis is called "plaque psoriasis," which is characterized by raised patches of reddish skin with silvery-white scale. Between 25 and 30 percent of those with psoriasis will also experience complementary joint inflammation that produces symptoms of arthritis. This is called psoriatic arthritis. Although there is no cure for psoriasis, which is believed to be an autoimmune disorder, it can be managed with topical treatments for mild cases or immune-suppressing medications for severe cases.

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