



# WHERE YOU FIT AT TRINITY

Bear One Another's Burdens

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August 18, 2019

"We pursue spiritual growth and life change in community"

Experience the benefits of a small group community  
by mutually bearing each other's burdens

1. You're directed to be a source of relief for others

*Galatians 6:2*

*"The legalist is not interested in bearing burdens. Instead, he adds to the burdens of others . . . The legalist is always harder on the other people than he is on himself, but the Spirit-led Christian demands more of himself than he does of others that he might be able to help others."*

**Warren Wiersbe**

*Romans 15:1*

*Colossians 3:13*

"Who do you have to call upon when you face the 'group-sized burdens' in your life?"

*"Notice the assumption which lies behind this command, namely that we all have burdens and that God does not mean us to carry them alone."*

**John Stott**

The founders of Trinity Church described the manner by which small groups should be understood – the fact that they bear one another's burdens

2. You express love to others by sharing their load

*Galatians 6:2*

*John 13:34*

*John 15:12*

*John 15:17*

*"Jesus commanded us to love others. This was far less complicated than following all the laws in the Old Testament—but it was also far more demanding... We should always ask ourselves, 'What does God's love for me require of me?'"*

**Andy Stanley**

What is burden-bearing for one another? Simply put, how you practically demonstrate that you love your brothers and sisters.

*Ephesians 4:2*

3. When you're a part of God's family, you're meant to care deeply for your brothers and sisters

*2 Corinthians 11:28-29*

"Do you want to be on the other side of willfully choosing to disregard a directive from God's Word?"

**Now What?**

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