



# TRUE TEMPTATION

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Be aware that it's your own sinful desires, not God, that tempt you and the best response to them is to "swim away."

1. The source of temptation is never God

*James 1:13*

God introduces trials for your growth; your fleshly lusts bait you with temptation for your destruction.

*1 Thessalonians 3:5*

2. The source and strategy of temptation is connected to your own sinful desires

*James 1:14*

Write down the greatest temptation that you struggle with here:

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(I don't expect you to actually write it down, but at least having this in the notes will make you think of what you would write down . . .)

3. The genealogy of your sinful desire births first sin and then death

*James 1:15*

Temptation, in and of itself, is not sinful. Only when it's acted upon does sin take place.

"When you know the Bible, you can detect the bait and deal with it decisively."

**Warren Wiersbe**

*1 Corinthians 10:13*

**Now What?**

Be aware that it's your own evil desires, not God, that tempt you and the best response to them is to "swim away."



# homeGROUPS NOTES

Week of February 5  
James 1:13-15

Home Groups are a way to connect in relationships to do life and mission together. If you are not yet in a Home Group, call Julie or Steve at (909) 335-7333. We will help you make a great fit with good people.



## Share It

Why is the topic of temptation difficult to discuss? Why might it be helpful?



## Study the Word (the Bible)

Reread James 1:13-15 and your notes from Sunday. James addresses the source and process of temptation. Read the following passages about how to respond to temptation.

Matthew 4:1-10

1 Corinthians 10:13

Galatians 2:20



## **Discuss Together**

Read the following verses and discuss the questions below:

Ephesians 5:18-19

Colossians 1:28

1 Thessalonians 5:11

Hebrews 3:13

James 5:16

Main question: How can we help each other deal with temptation?

Why is 'staying back in the shadows' unhealthy?

What is needed if we are going to be able to help each other?

Why do we sometimes struggle to have empathy for those who give in to temptation to things that don't bait us?



## **Pray**

- Share and pray for your "Take 10 Trinity" people
- Pray for the International Friendship Team as they meet on Friday night.



## **Apply It This Week**

Meet with a friend who is going through a difficult time.