

STILL

SERMON NOTES

Todd Arnett
Essential Humility

January 13, 2019

Approach Jesus with your fears in the appropriate posture of humility, being mindful of who He is

1. No matter who you are, you can approach Jesus

Mark 7:24-26

God invites you to find your refuge in Him

2. Demonstrate both faith and humility when you go to God with your fears

Mark 7:27-28

3. Jesus erases the issues that cause you to fear as they align with His sovereign plan

Mark 7:29-30

The word "sovereign," when applied to God, means that He has the "absolute right to do all things according to his own good pleasure."

This axiom is what we keep discovering – nothing makes it into my life that doesn't first go thru God's sovereign grid

"No I don't yet want God's sovereign plan over my own, but I want to learn how to pry my white-knuckled hands off of my plan and humbly surrender my fetish with myself and my short-sighted happiness for the big picture of what God is wanting to do in and thru me."

You avert anxiety through prayer, thankfulness and God's promise of peace

Now What?

Approach Jesus with your fears in the appropriate posture of humility, being mindful of who He is

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HOME GROUP NOTES

Week of January 6, 2019

Homes Groups are for everyone who would like to connect with others to do life together. You can find out more on our website at www.trinityonline.org.



Share It

Get to know one another

What was it like to approach your parents about something you wanted?



Study the Word

Learning to know God from the Bible

Our focus is on how we are to approach Jesus with our fears and needs. Read the story in Mark 7:24-30.

What was the woman's need?

How did she approach Jesus? How did Jesus respond?
(Note: "Tyre" was a Gentile city.)

How did Jesus respond to these people? Why?

- Mark 8:11-13

- Luke 12:13-14
- Matthew 8:5-13
- Mark 6:1-6
- Mark 15:29-32
- John 21:18-21

What does Jesus say in Matthew 11:28-30 about turning to Him?



Discuss Together

Discuss how God can change our lives

Discuss "Demonstrate faith and humility when you go to God."

- What is real faith and humility?
- How is our belief in the person/character of God involved?
- Why is humility so difficult? Why is real faith such a challenge?
- What helps you trust in Him?



Time to Pray

Praying with and for one another helps us trust in God together. Please pray . . .

- For our elders as they guide and shepherd us
- For our Thailand mission team (leave Sat.)
- For our high schoolers at "Thrive" conference



Apply It This Week

A challenge to apply what we are learning

Approach Jesus with real faith about one fear in your life. Share it with a friend.