Ariadne's Blessing

Holy One,

Whose womb is threaded and waiting, guide us to pick up the thread and walk the spiral through the dark and difficult passages.

Life Cord,

Who sustains us as we move to our center, give us courage to meet our souls. Comfort us through our dismantling, wrapped in Your loving embrace.

Mantle of Love,

Rebirth us with Wisdom, as we are knitted once again back into wholeness.

Janet Bristow, 1998, ©2012



Prayer Shawl Circle

The Prayer Shawl Circle meets the 2nd Wednesday of the month from 1:00 pm - 2:30 pm. at Salem First Christian Church.

If you would like to join this ministry and have never made a shawl, instructions will be provided at the meeting. You may also request the instructions ahead of your first meeting by contacting Allison Pfaff.

If you would like to join us and need transportation or childcare, please call Allison Pfaff at (503) 851-5934.





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Prayer Shawl Ministry



"You created every part of me,
knitting me in my
Mother's womb.
For such handiwork,
I praise you.
Awesome is this great wonder!"

Psalm 139:13-14

About the Shawls

In 1998, Janet Bristow and Victoria Galo, two graduates of the 1997 Women's Leadership Institute at The Hartford Seminary in Hartford, Connecticut gave birth to this ministry.

Care and the love of knitting (and crochet) have been combined into a prayerful ministry that reaches out to those in need of comfort and solace. Many blessings are knitted into every shawl. The knitter begins each shawl with prayers for the recipient. Intentions are continued throughout the creation of the shawl. When the shawl is completed, it is offered a prayer before being sent along its way.

Some recipients have continued the kindness by making one themselves and passing it onto someone in need.

Thus, the blessing is rippled from person to person, with both the giver and receiver feeling the unconditional embrace of a sheltering, mothering God!

"Shawls ... made for centuries universal and embracing, symbolic of an inclusive, unconditionally loving, God.

They wrap, enfold, comfort, cover, give solace, mother, hug, shelter and beautify.

Those who have received these shawls have been uplifted and affirmed, as if given wings to fly above their troubles..."

Janet Bristow



Prayer Shawl Uses

Here are a handful of "uses" for the prayer shawl:

- Undergoing medical procedures
- Comfort after a loss
- During bereavement
- Prayer
- Meditation
- Commitment ceremony
- Marriage ceremony
- Birthing
- Nursing a baby
- Bridal shower
- During an illness and recovery
- Ministering to others
- Socializing

There are endless possibilities!

A blessing or ritual may be offered when the gift is presented.

