

St. Ignatius Catholic School

Faith for Families

August 2022



We Belong!

Building Community Rooted in Faith

In an effort to build communication and community, the School Board's Catholic Identity Committee will be sending out a monthly newsletter to help bring the Spiritual themes our students will be focusing on every month into our homes in a tangible way. Our hope is that we can all be more intentional in sharing the faith inside (and outside!) our homes, which will help the faith take deeper root in all of our hearts.

This month, as a community, we are focusing on belonging as a direct result of God's love. We are His children, made in His image. Here are some things to think about:

- **We are loved uniquely** — God has given each of us an eternal soul that has never been nor will ever be repeated. There is only ever one you!
- **We can never be loved more or less** — no good deed will cause God to love us more, and no bad we do will cause Him to love us less. God IS Love, it's all He ever does.
- **We each have infinite value** — Every person was created from Love and is called to join God in the Eternal Love of Heaven. Our actions and relationships should always point us towards our eternal Home, where Love will never end.

These are things that we need to hear, but also things that we can share intentionally with our children. The more deeply we know that we are loved, the more we will know that we also belong.

Here is a reflection from the Magnificat on [The Price of His Blood and the Depth of His Love](#).

Every month, school staff will lead students in focused prayer that reflects the SI monthly theme. This month, please join in praying this prayer in your homes.

Act of Love

O my God, I love you above all things with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbor as myself for the love of you. I forgive all who have injured me and I ask pardon of those whom I have injured.
Amen.

Live it Out!

This month, seek opportunities to incorporate random acts of kindness into your family routine! It's a great way to remind ourselves and others that we are loved!

Accounts to check out

Need something fresh in your newsfeed?

Here are some great Catholic resources to bring new life and focus to your feed!

- [@holypostles_meridian](#)
- [@catholicallyear](#)
- [@brickhouseinthecity](#)
- [@hallowapp](#)
- [@blessedcreative](#)
- [@sacredordinarydays](#)

Also, check out this podcast from Fr. Mike Schmitz about [Why God Loves You!](#)

The Angelus

This year, students will be invited to recite the Angelus daily at 12pm during the school day.

Traditionally, it is believed that the practice started in Italy in the 11th Century, where the Church bells would ring and call all who heard them to pray at 6am, 12noon and 6pm. It was an invitation to take the time to pause, direct their thoughts to God and humbly receive His grace.

The Angelus remembers the Incarnation, which ties directly to the theme of "belonging" because Christ became man so that He could be intimately connected to every part of our lives and ultimately die for us. So great is His love for us.

Sometimes it's easy to forget that Jesus had a family, a mom and a dad, He went to school, played with His friends in Nazareth and ate meals with His family. He belonged to a family and a community, and He is the foundation for ours.

The Angelus is a beautiful prayer to remind us that Christ is close to us in the ordinary, everyday events of our lives. While we are not Italian field workers, we are still invited to join our daily work (whatever that is) to Christ and be reminded of the larger community and family that we belong to.

Please join our community in praying the Angelus daily and commit to praying for each other.



The Angelus is a unique Catholic devotion that helps us meditate on the importance of the Incarnation three times each day with a special focus on the Annunciation.

TIME

At the sound of church bells (or a notification on your phone) at these specific times each day, stop and pray the Angelus alone or in groups:

6:00 a.m. • Noon • 6:00 p.m.

THE ANGELUS PRAYER

The words of the prayer are arranged in such a way that a leader begins with the call (V.) and others offer the response (R.), but you can certainly pray the entire prayer alone. You are always united with other people in your time zone praying at the same time as you. Here is the prayer:

V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit.

Hail Mary...

V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.

Hail Mary...

V. And the Word was made flesh.
R. And dwelt among us.

Hail Mary...

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

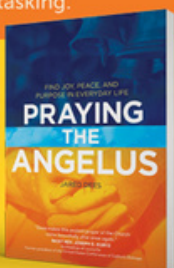
Let us Pray:

Pour forth, we beseech thee, O Lord, thy grace into our hearts, that we, to whom the Incarnation of Christ, thy Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ our Lord. Amen.

REVERENCE

It is customary to genuflect or bow when we say the words "And dwelt among us" to show our gratitude to God for the Incarnation. It is also important that during this prayer time, we truly take the time to focus on the prayer by removing distractions and refraining from multitasking.

To learn more about the Angelus and to reflect more deeply on this prayer visit TheAngelusPrayer.com or purchase a copy of Jared Dees's book, *Praying the Angelus: Find Joy, Peace, and Purpose in Everyday Life*, at avemariapress.com/angelus.



Plug into our Parish!

There are lots of great things happening at Holy Apostles Catholic Church!

As a parish school, we are supported spiritually and financially by Holy Apostles Catholic Parish right across the parking lot. Hopefully, you have found a welcome home among our parish community as well as our school community. We will be highlighting different celebrations throughout the year and hopefully you can join us!

There are LOTS of events going on, and you can learn more by following this [LINK](#) to the parish website.

We also wanted to mention that families who are not Catholic or who haven't been to Mass in a long time are also welcome and encouraged to join us and learn more.

No matter your present or past status in the Catholic Church, no matter your current family or marital situation, no matter your personal history, age, background, race or color, you are invited, welcomed, accepted and loved at Holy Apostles Catholic Church.

If you have Questions about the Catholic Faith or you are interested in becoming Catholic, please contact Mary Wax at mwax@holyapostles.net

If you are involved at the parish, please reach out to a friend who may need a friendly word of encouragement or someone to dive in with!