



*Ivan & Marzela Angulo, Kyle & Nikki Kennedy
Marriage Ministry Team*

SAILING THE 7 C'S TO A HEALTHY MARRIAGE

Ecclesiastes 9:9

Securing Your Marriage

Connection: *Genesis 2:18-24*
Creating Oneness

Preparing Your Marriage

Character: *Proverbs 11:3*
Creating Trust

Change: *Genesis 2:24*
Creating Modification

Commitment: *Matthew 19:3-9*
Creating Security

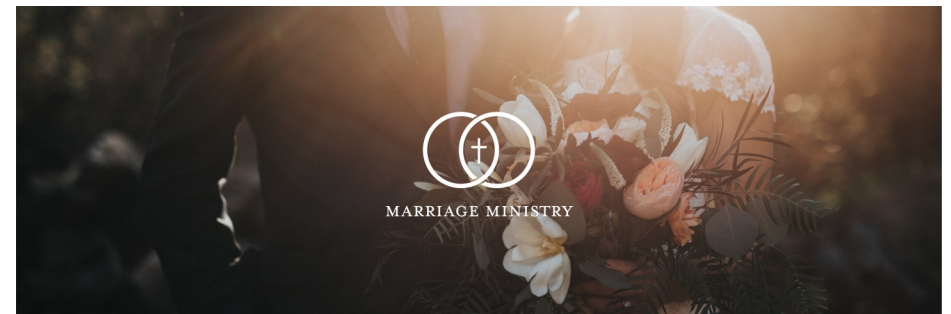
Navigating Your Marriage

Communication: *Ephesians 4:29*
Creating Understanding

Cultivation: *Ephesians 5:21-33*
Creating Growth

Enjoying Your Marriage

Companionship: *Genesis 2:25*
Creating Lasting Love



You & Me Forever

Sundays | February 21-March 28 | 11am-12:30pm | Online

Couples, (engaged or married) are invited to attend a book and video study: *You and Me Forever - Marriage in Light of Eternity* by Francis & Lisa Chan. The study, held online, is free to attend. Each couple is encouraged to purchase at least one book to participate fully in the study. Please obtain your book prior to the first class. To sign up, click [HERE](#).

Life Groups

Life Groups are the primary place where we grow in spiritual maturity as disciples of Jesus. It is where we connect and grow in relationship – with God and with others as we do life together. If you are not a part of a Life Group yet, we strongly encourage you and your spouse to join one. We believe your marriage will be blessed and nurtured through the relationships you will build in a Life Group!

Marriage Mentoring

You are not alone in your experiences. Our Marriage Mentoring initiative provides you and your spouse with an opportunity to build a relationship with a more experienced married couple who wants to listen and invest in your lives. Over the course of your mentoring relationship, they'll focus on guiding, encouraging, and supporting you toward a healthy marriage, according to God's design. This is an opportunity to share your story and learn from the life experience of another couple. (Hebrews 10:24-25)

Pre-Marriage Classes

We have several options available to those who are engaged and are ready to prepare for marriage. Identify and overcome, ahead of time, the stumbling blocks to building a healthy, lifelong marriage.

Note: Completion of our pre-marriage classes is required for all who plan to be married at Northshore.

For More Information, visit www.northshorechristian.org/marriage/