

Reflection and Discussion

Sermon Series How to battle busyness
Sermon Title Winning the Worry Game
Bible Texts Matthew 6:25-34
Date September 25, 2022

“But ***the worries of this life*** ... come in and choke the word, making it unfruitful.”
Mark 4:19

CONNECT - Getting to know one another

- Question 1: What things make you anxious? How do you deal with those anxious thoughts?
- Question 2: Describe some ways a good father cares for his family.

EQUIP - Understanding God's word

Read Matthew 6:24-34

“You cannot serve both God and money.

Therefore I tell you, do not worry about your life ...”

- Question 3: Money can easily become a false god. How does the command “do not worry” relate to the warning about money in the verse preceding it?
- Question 4: How does Jesus teach us to guard against that false god? (6:19-21, 32-34)
- Question 5: How does worrying pull our focus away from God?
- Question 6: What specific things does Jesus tell us not to worry about? Why do you think he singled out these items?
- Question 7: What illustrations did Jesus use to encourage us not to worry? What do all these illustrations have in common?
- Question 8: How does knowing that God is our father help with defeating worry?
- Question 9: In what ways will seeking God's Kingdom and his righteousness re-focus our minds away from worry?
- Question 10: When Jesus said, “Each day has enough trouble of its own,” what was he encouraging us to do?

DISCIPLESHIP – Becoming and doing

- Question 11: How do we seek God's kingdom and righteousness?
- Question 12: How can we grow in our trust in God that He will provide as he promised?
- Question 13: In what ways could you change your outlook to focus less on our imperfect world and more on God's kingdom and his righteousness?