

# 20-Minute Prayer Blueprint

A blueprint is a design or pattern that can be followed. So I encourage you to use this pattern for your personal prayer time or with your family, small group, or leadership team. My hope is that this blueprint will deepen your connection and dependence on God. His Spirit is always active and speaking, and this outline can help create a rhythm for you in listening for his voice and then acting.

Spend any amount of time praying through this outline. I encourage you to spend equal amounts of time in each category. I recommend starting with "Love and Adoration of God" and then moving down the list ending with "Embrace Hope." I also encourage you to write things down as God speaks to you. Listen for God's voice and don't be shy to pray into what it is you hear.

### **Ben Tyvoll**

Care Pastor

## Love and

**Adoration** of God FIVE **MINUTES** 

### **READ GOD'S WORD OUT LOUD**

"I will praise the LORD at all times. I will constantly speak his praises." PSALM 34:1

"Honor the Lord for the glory of his name." PSALM 29:2

### PRAY FOR

Proclaim the truth of who God is...

His character

His attributes

His promises

Reflect on who he is and worship him.

### Love of Neighbor



### **READ GOD'S WORD OUT LOUD**

"Keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you." MATTHEW 7:7

### **PRAY FOR**

Spend a few moments and listen to God's voice, and then lift up the needs of those that God brings to mind.

The nations

Your nation

Your state

Your city

Your neighborhood

Your friends

Your family

Ask God to reveal not just who it is but what is his heart for them what does God have that they need? Intercede/ask for this on their behalf.

### Listen to God **Speaking**



## **Embrace** Hope **MINUTES**

### READ GOD'S WORD OUT LOUD

"Trust in the LORD with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take." PROVERBS 3:5-6

### **PRAY FOR**

Listen, ask, explore. What do you hear? What do you see?

Missional conviction

Vision

Dreams

Direction

How is he calling you personally, as a family, as an organization?

### READ GOD'S WORD OUT LOUD

"You faithfully answer our prayers with awesome deeds, O God our savior. You are the hope of everyone on earth, even those who sail on distant seas." PSALM 65:5

#### PRAY FOR

Speak about the wonderful things that you see God doing around you. Thank him for the specific things you've seen him accomplish this past week. Declare where you see hope.

In your family

With friends

In your neighborhood

With your co-workers

In God's Word

In answers to prayer

Place your hope in a God who is present and acting on behalf of his people.

### DECLARE

"You are my refuge and my shield; your word is my source of hope." PSALM 119:114



Roseville Campus 2120 Lexington Ave N / Roseville, MN 55113 White Bear Campus 4604 Greenhaven Dr / White Bear Township, MN 55127

www.calvarychurch.us / 651.487.2855