



Mentorship

Growing in the Gospel—together.

© 2017 Calvary Church

All rights reserved. No part of this work may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic or mechanical, including photocopying and recording, without the express written permission of the publisher. Requests for permission should be addressed to Calvary Church, 2120 Lexington Ave N, Roseville, MN 55113.

Scripture quotations are from The Holy Bible, New International Version® NIV®

Copyright © 1973, 1978, 1984, 2011

Used by permission. All rights reserved worldwide.

Production Team

Curriculum Developer | Tucker Anderson

Design | Cheryl Brunkow

Administrative Support | Christa Granlund

www.calvarychurch.us

651.487.2855

Printed in the United States of America

Mentorship Journey

Introduction

Calvary Church is committed to making fully devoted disciples of Jesus Christ. This discipleship journey is not for the solo traveler. Discipleship is a voyage that requires intentional relationships with other believers. It's through purposeful close-knit-bonds that we grow in Christ, as we're encouraged and challenged. Mentorship provides a road map for the journey.

The Mentorship curriculum is for use by mentors and mentees over the course of six months. This curriculum encourages both parties to develop actionable next steps around Calvary Church's six signposts of discipleship (see next page). This is not just another group or class that you are asked to be part of; rather, it's a short-term discipleship training period to determine the next steps in the discipleship process.

Randy Pope argues that for a discipleship relationship to be truly effective it needs to have a focus on the "head," "heart," and "hands."¹

HEAD

These mentor/mentee relationships have a concentration on learning good biblical theology. Growing in knowledge of the Scriptures and basic Christian doctrine is an important part of the discipleship journey.

HEART

There's also a focus on fostering a love for Jesus Christ and genuine Christian love for one another. An emphasis placed on one-on-one relationships fosters openness and transparency.

HANDS

Finally there's an emphasis on life transformation and mission. The intentional discipleship plan that every mentor and mentee will develop will include actionable next steps. This might mean serving at Calvary, asking a neighbor who does not know Christ to share coffee, going on a short-term Impact trip, or serving at a local parachurch ministry. The goal is to incorporate practices that will become a regular part of life.

As you embark on this journey, our prayer is that you would foster a greater love for Jesus Christ, a greater love for others, and experience transformation in your life.

¹ Randy Pope, *Insourcing: Bringing Discipleship Back to the Local Church* (Grand Rapids, MI: Zondervan, 2013), 110.

Discipleship at Calvary Church

Building relationships,
seeing Jesus transform lives.

Calvary Church's mission statement encapsulates the three core tenets of discipleship—it's relational, Jesus-focused, and transformational.

To understand whole-life discipleship, it's helpful to begin with a definition.

DISCIPLESHIP IS RELATIONAL—it requires a relationship with God and others.

As a response to God's grace we form relationships with other believers to encourage and challenge each other to grow in Christ.

DISCIPLESHIP IS JESUS-FOCUSED—it encourages us to become life-long students of Christ.

Discipleship begins when you respond to Jesus' call to follow Him. Desire to study the Bible and live in obedience is a natural next step after accepting Christ into your life.

DISCIPLESHIP IS TRANSFORMATIONAL—it leads to whole-life transformation.

Imitating Jesus Christ in every sphere of life through the power of the Holy Spirit leads to transformation. A life that imitates Christ is a powerful witness for the kingdom of God.

How do I know if I'm growing as a disciple?

Being in relationship with other believers, like a mentoring relationship provides the opportunity for spiritual growth. The six categories below are key signposts to assess your growth as a disciple of Jesus Christ and facilitate conversation in your Small Group. These have been adapted from Klaus Issler's "Six themes from Jesus' Sermon on the Mount" in his book, *Living into the Life of Jesus*.² Maturity in the pursuit of Jesus Christ is a life-long journey and we won't 'arrive' until we're in the presence of Jesus Christ Himself (Ephesians 4:13).

Signpost 1 | LOVE FOR GOD

Growing in love for God and recognition of the need for His grace.

Indicators: deep seated trust in God / unwavering faith in the midst of trial / understanding that salvation is by God's grace alone through faith in Jesus Christ alone / growing sense of joy in worship

Signpost 2 | LOVE FOR OTHERS

Growing understanding of the church as family.

Indicators: demonstrates sacrificial care and commitment to those within the church and the wider world

Signpost 3 | BIBLE ENGAGEMENT

Growing hunger to know the Bible and engage in the spiritual disciplines.

Indicators: study, meditation, memory, and application of Scripture / life is shaped by the grand story of the Bible / growing dependency on prayer, fasting, and confession

Signpost 4 | STUDENT OF JESUS

Growing desire to be with Jesus and like Jesus.

Indicators: understands that your primary identity is being a Jesus-follower / progressively demonstrating the fruit of the Spirit in your life (Galatians 5:22-23)

Signpost 5 | KINGDOM PRIORITIES

Growing desire to live out the kingdom of God in day-to-day life as a servant of Christ and others and invite others to be part of his kingdom.

Indicators: seeks holistic gospel-shaped change in individual lives, workplaces, families, etc. through the Holy Spirit in both word and deed / active participant in the local church

Signpost 6 | KINGDOM WISDOM

Growing discernment of the life-giving ways of God's kingdom by daily submitting to the Holy Spirit.

Indicators: able to discern truth and falsehood according to the standard of Scripture / display kingdom stewardship, generosity, and love for others

² Klaus Issler, *Living into the Life of Jesus: The Formation of Christian Character* (Downers Grove, IL: IVP Books, 2012), 145-146.

Mentorship Basics

Mentorship is a mentoring relationship curriculum with a focus on growing in the six signposts of discipleship (page 5). Bill Hull defines mentoring as helping another “make sense of their lives.”³ In other words mentors come alongside mentees to guide, challenge, and encourage them towards a particular goal. Discipleship-based mentoring focuses on making a serious investment in someone else for the kingdom of God.

This might sound a bit daunting, but a mentor is someone who is only one step ahead of the mentee spiritually. While the mentor is often older than the mentee, in a discipleship-focused mentoring relationship, this isn't always the case. Within the mentoring relationship, mentors and mentees will work through each discipleship signpost and develop actionable plans for growth in each category. One signpost will be focused on each month.

HOW ARE MENTORS AND MENTEES PAIRED?

Option 1

Mentors and mentees each fill out an application and are paired based on various criteria such as location, common interests, common goals, etc.

Option 2

Mentors and mentees can also form relationships more organically without filling out an application.

HOW OFTEN DO GROUPS MEET?

Mentors and mentees meet twice a month for six months. They can discuss a time and place that works best for them. Each month a new signpost of discipleship will be discussed.

WHAT DOES A TYPICAL GROUP MEETING LOOK LIKE?

Mentors and mentees have the flexibility to decide what they want the relationship to look like. This Mentorship curriculum provides a framework, but the mentor and mentee have the freedom to determine what they would like the relationship to look like. The framework is composed of four key activities:

- Study of the relevant Bible passage
- Supplemental reading
- Development of Personalized Discipleship Plan
- Other spiritual discipline activities

These four components of the mentoring relationship will be discussed in more detail below. A suggested meeting schedule is provided, but feel free to choose what will work best for you.

³ Bill Hull, *The Complete Book of Discipleship: On Being and Making Followers of Jesus Christ*, 214

The Four Foundations of Calvary Church Mentoring

1. BIBLE STUDY METHOD

Mentors and mentees study the Bible together.

The primary foundation of the mentoring relationship is Bible engagement. For each signpost, key scripture passages are provided to guide the mentoring relationship. A helpful method for doing Bible study utilizes the acronym, S.O.A.P.

S | Scripture

Read the passage of Scripture and pay attention to the surrounding context. Read the chapters before and after and even the entire book in the Bible if time permits.

O | Observation and Interpretation

After reading the passage, jot down a few observations. Some helpful questions to get started are:

- Who is speaking?
- Who is the audience?
- Where is the scene taking place?
- Who are the people involved?
- Are there key words to look up?

After jotting down your observations, write out the big idea in just a few sentences. In the interpretation stage you are asking the question, “What is this passage about?”

A | Application

Only after properly interpreting the text can you make an appropriate application to your life. Ask the question, “How does this passage challenge the way I think about _____?”

P | Prayer

Timothy Keller in his book, *Prayer: Experiencing Awe and Intimacy with God*, suggests that there are three questions we should ask ourselves to guide our prayer time:

- “How does this truth help me praise God?”
- “How does it show me a sin to confess?”
- “How does it show me something to ask God for?”⁴

2. SUPPLEMENTAL READING

Mentors and mentees think through the bigger picture together.

There are two options for how to incorporate supplemental reading into the mentoring relationship. Mentors and mentees can choose what will work best for them.

⁴ Timothy Keller, *Prayer: Experiencing Awe and Intimacy with God* (New York: Dutton, 2014), 254.

Option 1: Understand your role in the larger biblical story

One of the goals of the mentoring relationship is to understand where one finds themselves in the larger story of the Bible. Mentors and mentees are encouraged to read, *The True Story of the Whole World: Finding Your Place in the Biblical Drama*, by Craig Bartholomew and Michael Goheen.

Option 2: Dig into an aspect of discipleship

If you prefer to go deeper in one of the three main components of discipleship, supplemental resources are suggested for each month. Mentors and mentees can decide which approach they prefer.

3. PERSONALIZED DISCIPLESHIP PLAN

Mentors and mentees think through life together.

Discussion around the six signposts is what frames the mentoring relationship. The mentor should ask direct questions regarding the particular signpost. For instance, “Are you growing in your love for God and recognition of your need for his grace?” Mentees and mentors will both develop a Personalized Discipleship Plan for each signpost. These Personalized Discipleship Plans should aim for specific action steps to help the mentor and mentee grow in the discipleship process.

Hopefully, through the Personalized Discipleship Plans, the relationship will move from your “head” to your “heart”. These PDPs provide an opportunity to ask some direct questions about spiritual growth, but also provide direction for the conversation.

4. OTHER SPIRITUAL DISCIPLINE ACTIVITIES

Mentors and mentees grow in maturity together.

Over the course of the mentoring relationship, the mentor and mentee should engage in other activities such as attending the “Open Up the Book” course, or taking Calvary Church’s online spiritual gift assessment calvarychurch.us/connect/serve/how-to-start. These activities will be highlighted below.

TRAINING AND RESOURCES FOR MENTORS

Resource Library

Since discipleship involves becoming a student of Jesus, we need resources for the journey. You can access an online digital library of resources at calvarychurch.us/media/resources.

Leader Training

Calvary Church offers periodic mentor training. This training is designed to help all current mentors. Stay tuned for announcements regarding when these trainings will take place. These will be great times for you to brush up on your skills and discover new resources that will make for an even richer experience.

Open Up the Book

Once a month, Calvary Church offers a course in biblical interpretation. All mentors and mentees are encouraged to attend this course together once a year. Visit calvarychurch.us/connect/adults/mid-size-groups for more information about this course.

1 Minute Small Group

To help you be a better leader, Calvary Church offers *1 Minute Small Group*. This video resource will be regularly uploaded to Right Now Media to give you brief training tips and advice to make your mentoring relationship more successful. While these videos are specifically designed for Small Group facilitators, much of the training still applies to mentoring relationships.

Visit calvarychurch.us/media/resources for access to Right Now Media.

OUTCOMES OF THE MENTORING RELATIONSHIP

Calvary Church has identified a number of goals for the mentee to help them become a more devoted follower of Jesus Christ:

1. Bible Study Method

Gain skills in interpreting and appropriately applying the Scripture to one's life.

2. Supplemental Reading

Grow in understanding of the Bible's grand story and/or a bigger picture of discipleship.

3. Personalized Discipleship Plan

Identify concrete steps for growing in the discipleship process.

4. Other Activities

Develop a life-long love for spiritual disciplines.

Mentoring Agreement

To get the most out of your mentoring experience, use this agreement to discuss the expectations and goals for the mentor and mentee.

AGREE ON EXPECTATIONS

- How will the relationship work?
- Where will we meet?
- How often will we meet (minimum of twice a month)?
- What is the preferred method of communication?
- What is the best time to reach each other?
- If an email or voice mail is received, we will respond to our partner within an agreed upon time frame.
- If we can't make an expected meeting, how will we get in touch?
- When will we meet or talk next?

AGREE ON GOALS

- What do you hope to gain from the relationship?
- What are the mentee's goals for this relationship? Is there any clarification needed?
- What are the mentor's goals for this relationship?
- What actions can both the mentor and mentee take to achieve the goals?

Being part of a mentoring relationship is a big commitment. A successful mentoring relationship will require agreement on a set of expectations that are outlined below. During the first meeting, the mentor and mentee should look over these expectations before entering into this purposeful relationship.

- I agree to attend all meetings unless there are extenuating circumstance (i.e. medical reason, family emergency, etc.). In such cases I will notify the mentor/mentee that I will be absent.
- I agree to complete all reading, journaling, and Personalized Discipleship Plans by the agreed upon date.
- I am pursuing a morally upright life consistent with the ethics of Jesus.
- I commit to contributing to discussion.
- I commit to praying for my mentor/mentee.
- I commit to regularly engage in corporate worship at Calvary Church while being part of a mentoring relationship.

SIGNATURES

Mentor _____

Mentee _____

Date _____

SUGGESTED MEETING SCHEDULE AND AGENDA

Month 1 | SIGNPOST 1

Introductory Meeting

- Introductions
- Mentoring Agreement
- Decide on supplemental reading track

Meeting 1

- Discuss Bible passage and supplemental reading
- Introduce Personalized Discipleship Plan
- Close time in prayer

Meeting 2

- Discuss Bible passage and supplemental reading
- Review completed Personalized Discipleship Plan
- Close time in prayer

Month 2 | SIGNPOST 2

Meeting 1

- Discuss Bible passage and supplemental reading
- Review progress on previous Personalized Discipleship Plan
- Introduce next Personalized Discipleship Plan
- Close time in prayer

Meeting 2

- Discuss Bible passage and supplemental reading
- Review completed Personalized Discipleship Plan
- Choose next theological reading (if using option 2)
- Close time in prayer

Month 3 | SIGNPOST 3

Discipleship Activity: At some point during the month, attend the Open Up the Book course together.

Meeting 1

- Discuss Bible passage and supplemental reading
- Review progress on previous Personalized Discipleship Plan
- Introduce next Personalized Discipleship Plan
- Close time in prayer

Meeting 2

- Discuss Bible passage and supplemental reading
- Review completed Personalized Discipleship Plan
- Close time in prayer

Month 4 | SIGNPOST 4**Meeting 1**

- Discuss Bible passage and supplemental reading
- Review progress on previous Personalized Discipleship Plan
- Introduce next Personalized Discipleship Plan
- Close time in prayer

Meeting 2

- Discuss Bible passage and supplemental reading
- Review completed Personalized Discipleship Plan
- Choose next theological reading (if using option 2)
- Close time in prayer

Month 5 | SIGNPOST 5

Discipleship Activity: Take the spiritual gifts inventory. Incorporate your gifts into your Personalized Discipleship Plan.

Meeting 1

- Discuss Bible passage and supplemental reading
- Review progress on previous Personalized Discipleship Plan
- Introduce next Personalized Discipleship Plan
- Close time in prayer

Meeting 2

- Discuss Bible passage and supplemental reading
- Review completed Personalized Discipleship Plan
- Close time in prayer

Month 6 | SIGNPOST 6

Meeting 1

- Discuss Bible passage and supplemental reading
- Review progress on previous Personalized Discipleship Plan
- Introduce next Personalized Discipleship Plan
- Close time in prayer

Meeting 2

- Discuss Bible passage and supplemental reading
- Review completed Personalized Discipleship Plan
- Celebrate the mentoring relationship
- Determine next steps

Month 1

Signpost 1 | LOVE FOR GOD

Growing in love for God and recognition of the need for His grace.

Indicators: deep seated trust in God / unwavering faith in the midst of trial / understanding that salvation is by God's grace alone through faith in Jesus Christ alone / growing sense of joy in worship

SCRIPTURE

1 John 1-5

GETTING STARTED

Complete reading and journaling before meeting. Decide how you will divide the reading between both monthly meetings. Journal pages are provided for reading through the biblical passage. You can choose to journal on an entire chapter or one specific verse (between 5-10 pages are provided for each month). For months with less Bible reading, you may want to use one journal page per chapter. For months with more Bible reading, journal through passages that you choose. You do not need to journal your supplemental readings.

SUGGESTED OPTION 2 READING FOR MONTHS 1-2 (Choose 1)

David Vandrunen, *God's Glory Alone: The Majestic Heart of Christian Faith and Life*

Augustine, *The Confessions*

Charles Colson, *Loving God*

Francis Chan, *Forgotten God: Reversing Our Tragic Neglect of the Holy Spirit*

Henry Blackaby, Richard Blackaby and Claude King, *Experiencing God: Knowing and Doing the Will of God*

Jim Cymbala, *Fresh Faith: What Happens When Real Faith Ignites God's People*

John Ortberg, *Soul Keeping: Caring for the Most Important Part of You*

Prisilla Shirer, *Discerning the Voice of God: How to Recognize When God Speaks*

Ruth Haley Barton, *Invitation to Solitude and Silence*

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Personalized Discipleship Plan

Name _____

Mentor _____

Date _____

Signpost 1 | LOVE FOR GOD

How have I been challenged in this particular aspect of discipleship this month?

What characteristics currently mark this aspect of my life?

What action step am I going to implement (see list of action steps on page 69) to grow in this signpost of discipleship?

How am I going to invite the Holy Spirit into this challenge?

Month 2

Signpost 2 | LOVE FOR OTHERS

Growing understanding of the church as family.

Indicators: demonstrates sacrificial care and commitment to those within the church and the wider world

SCRIPTURE

Philippians 1-4

GETTING STARTED

Complete reading and journaling before meeting. Decide how you will divide the reading between both monthly meetings. Journal pages are provided for reading through the biblical passage. You can choose to journal on an entire chapter or one specific verse (between 5-10 pages are provided for each month). For months with less Bible reading, you may want to use one journal page per chapter. For months with more Bible reading, journal through passages that you choose. You do not need to journal your supplemental readings.

SUGGESTED OPTION 2 READING FOR MONTHS 1-2 (Choose 1)

David Vandrunen, *God's Glory Alone: The Majestic Heart of Christian Faith and Life*

Augustine, *The Confessions*

Charles Colson, *Loving God*

Francis Chan, *Forgotten God: Reversing Our Tragic Neglect of the Holy Spirit*

Henry Blackaby, Richard Blackaby and Claude King, *Experiencing God: Knowing and Doing the Will of God*

Jim Cymbala, *Fresh Faith: What Happens When Real Faith Ignites God's People*

John Ortberg, *Soul Keeping: Caring for the Most Important Part of You*

Prisilla Shirer, *Discerning the Voice of God: How to Recognize When God Speaks*

Ruth Haley Barton, *Invitation to Solitude and Silence*

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Personalized Discipleship Plan

Name _____

Mentor _____

Date _____

Signpost 2 | LOVE FOR OTHERS

How have I been challenged in this particular aspect of discipleship this month?

What characteristics currently mark this aspect of my life?

What action step am I going to implement (see list of action steps on page 69) to grow in this signpost of discipleship?

How am I going to invite the Holy Spirit into this challenge?

Month 3

Signpost 3 | BIBLE ENGAGEMENT

Growing hunger to know the Bible and engage in the spiritual disciplines.

Indicators: study, meditation, memory, and application of Scripture / life is shaped by the grand story of the Bible / growing dependency on prayer, fasting, and confession

SCRIPTURE

The Scripture reading used in the Open Up the Book course.

SPIRITUAL DISCIPLINE ACTIVITY

Attend the Open Up the Book course together.

GETTING STARTED

Complete reading and journaling before meeting. Decide how you will divide the reading between both monthly meetings. Journal pages are provided for reading through the biblical passage. You can choose to journal on an entire chapter or one specific verse (between 5-10 pages are provided for each month). For months with less Bible reading, you may want to use one journal page per chapter. For months with more Bible reading, journal through passages that you choose. You do not need to journal your supplemental readings.

SUGGESTED OPTION 2 READING FOR MONTHS 3-4 (Choose 1)

Craig G. Bartholomew and Michael W. Goheen, *The Drama of Scripture*

G.K. Beale and Mitchell Kim, *God Dwells Among Us: Expanding Eden to the Ends of the Earth*

Francis Chan and Mark Beuving, *Multiply: Disciples Making Disciples*

Gordon D. Fee and Douglas Stuart, *How to Read the Bible for All Its Worth*

John Stott, *The Message of Galatians: Only One Way*

John Stott, *The Message of Romans: God's Good News for the World*

M. Robert Molholland Jr., *Shaped by the Word: The Power of Scripture in Spiritual Formation*

Michael Wilkins, *Following the Master: Discipleship in the Steps of Jesus*

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Personalized Discipleship Plan

Name _____

Mentor _____

Date _____

Signpost 3 | BIBLE ENGAGEMENT

How have I been challenged in this particular aspect of discipleship this month?

What characteristics currently mark this aspect of my life?

What action step am I going to implement (see list of action steps on page 69) to grow in this signpost of discipleship?

How am I going to invite the Holy Spirit into this challenge?

Month 4

Signpost 4 | STUDENT OF JESUS

Growing desire to be with Jesus and like Jesus.

Indicators: understands that your primary identity is being a Jesus-follower / progressively demonstrating the fruit of the Spirit in your life (Galatians 5:22-23)

SCRIPTURE

Matthew 1-28

GETTING STARTED

Complete reading and journaling before meeting. Decide how you will divide the reading between both monthly meetings. Journal pages are provided for reading through the biblical passage. You can choose to journal on an entire chapter or one specific verse (between 5-10 pages are provided for each month). For months with less Bible reading, you may want to use one journal page per chapter. For months with more Bible reading, journal through passages that you choose. You do not need to journal your supplemental readings.

SUGGESTED OPTION 2 READING FOR MONTHS 3-4 (Choose 1)

Craig G. Bartholomew and Michael W. Goheen, *The Drama of Scripture*

G.K. Beale and Mitchell Kim, *God Dwells Among Us: Expanding Eden to the Ends of the Earth*

Francis Chan and Mark Beuving, *Multiply: Disciples Making Disciples*

Gordon D. Fee and Douglas Stuart, *How to Read the Bible for All Its Worth*

John Stott, *The Message of Galatians: Only One Way*

John Stott, *The Message of Romans: God's Good News for the World*

M. Robert Molholland Jr., *Shaped by the Word: The Power of Scripture in Spiritual Formation*

Michael Wilkins, *Following the Master: Discipleship in the Steps of Jesus*

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Personalized Discipleship Plan

Name _____

Mentor _____

Date _____

Signpost 4 | **STUDENT OF JESUS**

How have I been challenged in this particular aspect of discipleship this month?

What characteristics currently mark this aspect of my life?

What action step am I going to implement (see list of action steps on page 69) to grow in this signpost of discipleship?

How am I going to invite the Holy Spirit into this challenge?

Month 5

Signpost 5 | KINGDOM PRIORITIES

Growing desire to live out the kingdom of God in day-to-day life as a servant of Christ and others and invite others to be part of his kingdom.

Indicators: seeks holistic gospel-shaped change in individual lives, workplaces, families, etc. through the Holy Spirit in both word and deed / active participant in the local church

SCRIPTURE

Psalms 47:1-9; Isaiah 9:1-7; Jeremiah 23:5-8; Daniel 2:31-44; Daniel 7:1-22; Matthew 4:12-25; 13:24-33; 13:44-52; Mark 10:13-27; Luke 9:57-10:12; Luke 22:14-30; John 3:1-8; John 18:33-40; Acts 28:17-31; Revelation 11:15-19

SPIRITUAL DISCIPLINE ACTIVITY

Take the online spiritual gifts assessment via the “Serve” tab on Calvary Church’s website.

GETTING STARTED

Complete reading and journaling before meeting. Decide how you will divide the reading between both monthly meetings. Journal pages are provided for reading through the biblical passage. You can choose to journal on an entire chapter or one specific verse (between 5-10 pages are provided for each month). For months with less Bible reading, you may want to use one journal page per chapter. For months with more Bible reading, journal through passages that you choose. You do not need to journal your supplemental readings.

SUGGESTED OPTION 2 READING FOR MONTHS 5-6 (Choose 1)

Amy Sherman, *Kingdom Calling*

Alan Andrews, *The Kingdom Life*

Tom Nelson, *Work Matters*

Katherine Leary Alsdorf, *Every Good Endeavor*

Greg Forster, *Joy for the World: How Christianity Lost its Cultural Influence and Can Begin Rebuilding It*

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Personalized Discipleship Plan

Name _____

Mentor _____

Date _____

Signpost 5 | KINGDOM PRIORITIES

How have I been challenged in this particular aspect of discipleship this month?

What characteristics currently mark this aspect of my life?

What action step am I going to implement (see list of action steps on page 69) to grow in this signpost of discipleship? How will I incorporate my spiritual gifts into my action steps?

How am I going to invite the Holy Spirit into this challenge?

Month 6

Signpost 6 | KINGDOM WISDOM

Growing discernment of the life-giving ways of God's kingdom by daily submitting to the Holy Spirit.

Indicators: able to discern truth and falsehood according to the standard of Scripture / display kingdom stewardship, generosity, and love for others

SCRIPTURE

Proverbs 1-31

GETTING STARTED

Complete reading and journaling before meeting. Decide how you will divide the reading between both monthly meetings. Journal pages are provided for reading through the biblical passage. You can choose to journal on an entire chapter or one specific verse (between 5-10 pages are provided for each month). For months with less Bible reading, you may want to use one journal page per chapter. For months with more Bible reading, journal through passages that you choose. You do not need to journal your supplemental readings.

SUGGESTED OPTION 2 READING FOR MONTHS 5-6 (Choose 1)

Amy Sherman, *Kingdom Calling*

Alan Andrews, *The Kingdom Life*

Tom Nelson, *Work Matters*

Katherine Leary Alsdorf, *Every Good Endeavor*

Greg Forster, *Joy for the World: How Christianity Lost its Cultural Influence and Can Begin to Rebuild It*

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text_____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Biblical Text _____

Date _____

Read the Scripture passage in context. You may want to focus on only a part of the assigned reading and go more in depth. Or, perhaps you want to spread the journaling out over the entire month and work through the entire passage.

1. Observation and Interpretation

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

2. Application

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

3. Prayer

.....

.....

.....

.....

.....

.....

Personalized Discipleship Plan

Name _____

Mentor _____

Date _____

Signpost 6 | **KINGDOM WISDOM**

How have I been challenged in this particular aspect of discipleship this month?

What characteristics currently mark this aspect of my life?

What action step am I going to implement (see list of action steps on page 69) to grow in this signpost of discipleship?

How am I going to invite the Holy Spirit into this challenge?

APPENDIX 1

Tips for a Successful Mentoring Relationship

First Meeting

Set aside the first meeting to get to know one another. At this initial meeting, take some time to go through the “Mentoring Agreement” to ensure that everyone is on the same page.

Review Meeting

After the first month take a moment to review the process together. This would be a good opportunity to review goals, the overall mentoring process, and any expectations.

Last Meeting

One of the hardest things about mentoring is knowing when to end a mentoring relationship. Be sure to set the duration of the relationship at the first meeting. This mentoring material is intentionally structured to be a 6 month process so that the mentor and mentee can evaluate the relationship. Mentors and mentees have the option of continuing meeting, but it’s also important to recognize that mentoring relationships may only last a season.

Touch Base Regularly

It’s important to touch base regularly to establish a mentor/mentee relationship. Some suggestions for the mentor include:

- Sending a letter/email to your mentee on occasion
- Periodically check-in by calling
- Share a meal together
- Serve together in some way
- Sit with each other at church

APPENDIX 2

Suggested Action Steps for Personal Discipleship Plan at Calvary Church

Relational (Love for God / Love for Others)

Groups at Calvary Church are meant to facilitate deeper relationships with one another and develop a deeper relationship with Jesus Christ.

MID-SIZE LIFE GROUPS

- 15-70 in size.
- A good place for new people to connect at Calvary Church on Sunday mornings.

SMALL GROUPS

- 8-12 in size.
- A place for deeper relationships to form and to grow in one's knowledge of the Scriptures.
- Small Groups meet in homes.

Jesus Focused (Bible Engagement / Student of Jesus)

The following resources and classes are meant to foster individuals and groups biblically and theologically.

Equip Classes—Classes designed to foster biblical and theological depth

- Questioning Christianity
- Open Up the Book
- Evangelism on the Frontlines
- Imitating Christ in Life

Message-Based Study Guides—Calvary Church has developed Small Group curriculum based off of the sermon text for further study and life application (produced during the school year).

Discipleship Workshops—Annual workshops to help people in various aspects of discipleship and following Jesus Christ.

Transformational (Kingdom Priorities / Kingdom Wisdom)

The goal of discipleship is to see whole life transformation.

RESOURCES

- Small Groups, Life Groups, and individuals can access a digital library of resources which address a variety of topics. Visit calvarychurch.us/media/resources for more information.

SERVING

- See calvarychurch.us/connect/serve/how-to-start for available serving opportunities.

IMPACT TRIP

- Take the next step by going on an Impact trip with others that attend Calvary Church. For available opportunities, visit calvarychurch.us/connect/impact.

APPENDIX 3

Core Values of Mentoring

The following core values have been taken from Bill Hull's comprehensive book, *The Complete Book of Discipleship: On Being and Making Followers of Christ*. The following four values are essential in any biblical community: trust, grace, humility, and affirmation.⁵

Trust

The mentor-mentee relationship requires a high value to be placed on trust as it is essential to foster openness. The mentor and mentee need to be intentional in establishing trust from the first meeting.

Grace

Mentors and mentees are committed to extending grace as a result of the grace that God has shown in Jesus Christ.

Humility

The mentoring relationship places a high value on humility as it is one of the hallmarks of following Jesus. Humility recognizes that each person is at a different spot on the path of discipleship.

Affirmation

Mentors and mentees see affirmation as a tool to encourage each other in your faith and in the pursuit of a relationship with Jesus Christ.

⁵ Bill Hull, *The Complete Book of Discipleship: On Being and Making Followers of Christ* (Colorado Springs: NavPress, 2006), 161.



Roseville Campus
2120 Lexington Ave N
Roseville, MN 55113

White Bear Campus
4604 Greenhaven Dr
White Bear Township, MN 55127

651.487.2855
www.calvarychurch.us

Rev 8/17