# 9. Family, Home, and Society Throughout the Life Span



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## 9.1 Family Structures

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# Who heads the family?

- Married heterosexual couple
- Single parent
- Parent + stepparent

# Who heads the family?

- Multigenerational adults
- Unwed partners
- Same-sex couple
- Any of above with adoptees

## 9.2 Family Relations



#### Interrelationships

- Couple relationship
- Define quality/ atmosphere of family life
- Marital satisfaction lowest when children very young

#### Interrelationships

- Sibling relationships
- Attachment, rivalry, etc.
- Influenced by culture

### 9.3 Parenting Styles



#### Ways to parent

- Authoritarian: top-down rules and decisions; goal = compliance
- Permissive: friendly, allowing, forgiving; goal = harmony, creativity

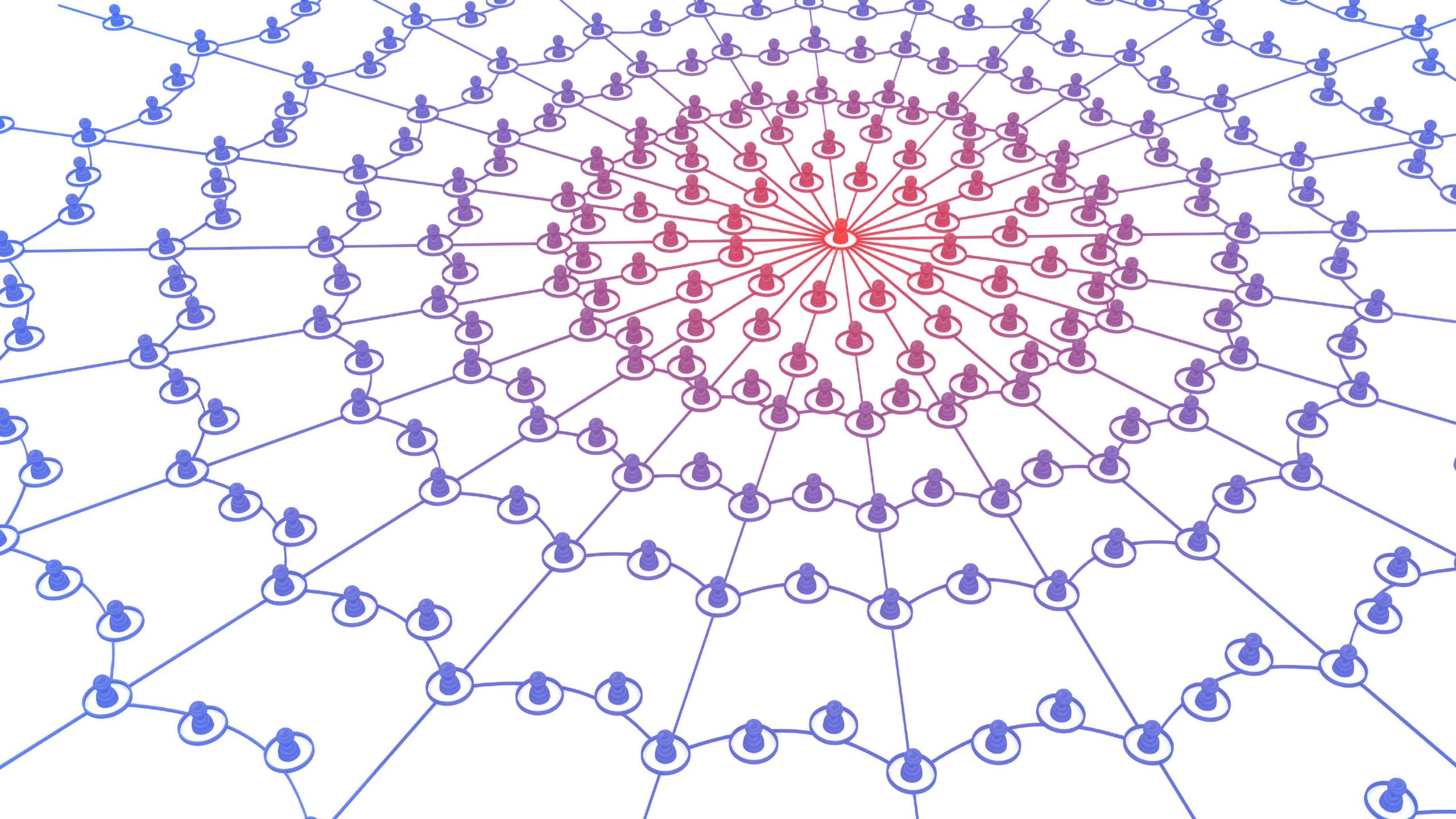
#### Ways to parent

Authoritative =
 discussion, explaining,
 consequences; goal =
 self-management

#### Consequences

- Authoritarian →
   withdrawn/isolated or
   rebellious
- Permissive → social, academic, emotional adjustment problems
- Authoritative ->
   success and popularity

# 9.4 Bronfenbrenner's Ecological Perspective



#### Ecology of family

- Widening circles of influence
- Relationships within family, extended family
- Neighborhood, culture, society
- Time, place, economics, politics

### 9.5 Multicultural Perspectives

#### Culture affects family

- Determines dominant parenting style
- Defines gender roles
- Influences expectations, obligations toward siblings

#### Culture affects family

- Influences goals of child-rearing
- SES influences leisure time, disposable income, etc.

#### Ethnic identity

- Distinct from racial identity
- Related to self-concept and self-identity
- Begins in adolescence
  - Related to cognitive gains, ability to think abstractly

#### Ethnic identity

- Think about relation to group
- Think about group's relation to other groups
- Solidifies in adulthood
- → Identification with ethnic group changes throughout life span

#### 9.6 Social and Class Influences





#### Influence of SES

- Low SES stress on family: economic, nutritional, resources
- Early vocabulary affected by low SES from differences in verbal stimulation
- Malnutrition → stunted growth and delayed menarche

#### Influence of SES

- Low SES males
   especially at risk for
   social problems and
   school retention
- Downward spiral: low motivation, low achieving, behavior problems in/out of school

### 9.7 Abuse and Neglect



#### Physical abuse

- Force that can harm health, survival, development or dignity
- Hit, kick, shake, scratch, pinch, scald, burn forced positions or ingestion

#### Physical abuse

→ Personality disorders, PTSD, depression, anxiety, aggression, substance abuse, and eating disorder

### Sexual abuse

- Pressure to engage in sexual activities, indecent exposure, display pornography, sexual/genital contact
- → Guilt, PTSD, fears, sexual dysfunction, addictions, eating/personality disorders

## Psychological abuse

- Isolate, terrorize, deny emotional response, humiliate to convey worthlessness
- → Self-blame, abnormal attachment, internalization, learned helplessness

## Neglect

- Lack of care, nourishment, supervision
- Absenteeism, clothing lack, medical and dental needs, poor hygiene
- → Physical delays, poor social and relational skills, poor executive function

# 9.8 Media and Technology



# Technology: child

- Screen time
- How much at each age?
- Instead of play/interaction
- Learning
- Pro: "edutainment"
- Con: Bandura's clown aggression study

### Technology: adolescent

- Connection
- Collaborative learning
- Social media to connect for friendship, activism
- Alienation
- Social media to bully
- Instead of social skills

# 9.9 Death and Dying



### End-of-life choices

- Dying at home
- In hospital with medical care
- Advance care directive and DNR
- In hospice with palliative care
- Euthanasia?

# Grieving

- Kubler-Ross stages
- Denial
- Anger
- Bargaining
- Depression
- Acceptance

# Grieving

 Criticism: some do not go through stages in order