



ELLWOOD  
THOMPSON'S  
LOCAL MARKET

# CATERING

MENU

[catering.ellwoodthompsons.com](http://catering.ellwoodthompsons.com)

# RISE & SHINE

## BREAKFAST

### LOCAL NY-STYLE BAGELS

An assortment of fresh, locally-made bagels with a choice of cream cheese spread.

<b>Small</b> 09054.....	<b>\$12.99</b>
7 bagels with choice of one 8 oz spread	
<b>Medium</b> 09236.....	<b>\$22.99</b>
13 bagels with choice of two 8 oz spreads	
<b>Large</b> 09055.....	<b>\$39.99</b>
24 bagels with choice of three 8 oz spreads	

### HOUSE-MADE BAGEL SPREADS

Also available for separate purchase in 8 oz tubs.

<b>Plain Cream Cheese</b> 09237 	<b>\$3.99</b>
<b>Cream Cheese &amp; Chives</b> 09239 	<b>\$3.99</b>
<b>Strawberry Cream Cheese</b> 09240 	<b>\$3.99</b>
<b>Honey Cream Cheese</b> 09241 	<b>\$3.99</b>
<b>Salmon Dill Cream Cheese</b> 09242 	<b>\$4.99</b>
<b>Vegan Cream Cheese</b> 09238  	<b>\$3.99</b>

### BREAKFAST PASTRIES

An assortment of house-baked croissants, scones, turnovers, danishes\* and cinnamon rolls\* (\*vegan).

<b>Small</b> 09056.....	<b>\$16.99</b>
10 assorted per box	
<b>Medium</b> 09243.....	<b>\$24.99</b>
16 assorted per platter	
<b>Large</b> 09057.....	<b>\$34.99</b>
25 assorted per platter	

### HOUSE-MADE MUFFINS

An assortment of fresh muffins including Blueberry, Mighty Morning Glory and other seasonal flavors.

<b>Small</b> 09058.....	<b>\$15.99</b>
10 assorted per box	
<b>Medium</b> 09244.....	<b>\$21.99</b>
16 assorted per platter	
<b>Large</b> 09059.....	<b>\$31.99</b>
25 assorted per platter	

### BREADS

An assortment of house-made Banana and Pound Cakes.

<b>Small</b> 09245.....	<b>\$15.99</b>
12 slices per platter	
<b>Medium</b> 09246.....	<b>\$21.99</b>
24 slices per platter	
<b>Large</b> 09247.....	<b>\$31.99</b>
30 slices per platter	

### HOUSE-MADE QUICHE

A savory pie made with local eggs, available in vegetable and meat options. Serves 8. Served cold.

<b>Asparagus, Mushroom and Goat Cheese</b> 09257 	<b>\$14.99</b>
<b>Ham &amp; Cheddar</b> 09258	<b>\$14.99</b>

HAM &  
CHEDDAR  
QUICHE

### GRANOLA & YOGURT WITH FRESH BERRIES

Our famous house-made granola served with seasonal berries and soy or dairy organic yogurt

<b>Medium</b> 09060.....	<b>\$39.99</b>
24 oz each in 3 separate bowls	
<b>Large</b> 09061.....	<b>\$69.99</b>
48 oz each in 3 separate bowls	

## BEVERAGES

### COLD BEVERAGES

#### BLACK OR GREEN ICED TEA

<b>One Gallon Jug</b> 09066.....	<b>\$22.99</b>
Includes twelve 12 oz cups and lids	

#### HOUSE-MADE LEMONADE

<b>One Gallon Jug</b> 09301.....	<b>\$22.99</b>
Includes twelve 12 oz. cups and lids	

<b>BOTTLED WATER</b> 09296 .....	<b>\$1.00</b>
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<b>SPARKLING WATER</b> 09297 .....	<b>\$2.00</b>
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<b>COLA</b> 09298 .....	<b>\$2.00</b>
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<b>ZERO SUGAR COLA</b> 09194 .....	<b>\$2.00</b>
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### CUT FRUIT 09249

Assorted fresh, seasonal fruit by the pound  
3 lb minimum.....**\$8.99/lb**

### APPLES 09250

Fresh, local or organic.....**\$1.00/ea**

### BANANAS 09251

Fresh and organic!.....**\$1.00/ea**

<b>GINGER ALE</b> 09299 .....	<b>\$2.00</b>
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<b>BOTTLED ICED TEA</b> 09300 .....	<b>\$2.00</b>
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### HOT BEVERAGES

Includes creamer (Dairy, Almond or Soy, 1 per carrier), eight 12oz hot cups, lids, carrier, sugar and stir sticks.

<b>HOT COFFEE</b> 09064.....	<b>\$13.99</b>
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96 oz portable carrier with Medium, Dark Roast or Decaf (please specify)

<b>HOT TEA</b> 09066.....	<b>\$13.99</b>
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96 oz portable carrier with 8 assorted tea bags



# BOX IT UP



## BOXED LUNCHES 09151

Each boxed lunch comes with one whole sandwich or wrap, one 4 oz healthy side, a cookie and a bottle of local artesian water. Includes fork and napkin. 10 box minimum.

Build your order:

**CHOOSE 3** sandwich/wrap varieties

**CHOOSE 4** healthy sides

**CHOOSE A COOKIE**

Chocolate Chip, Oatmeal Raisin and Sugar

\$11.99/ea

## SANDWICH & WRAP VARIETIES

Available through Boxed Lunches and Platters only.

**CURRY TOFU** **V** Curried tofu, mixed greens, apple & raisin salad in a wrap

**EGGLESS EGG SALAD** **V** Our famous vegan "eggless" egg salad (organic tofu and herbs) with organic spinach in a wrap

**GRILLED VEGETABLE HUMMUS** **V** House-made hummus & organic vegetables with organic mixed greens in a wrap

**VEGAN BLT** **V** Tempeh bacon, spinach, sliced tomato & veganise on multigrain bread or in a wrap (please specify)

**CHICKEN CAESAR** Grilled chicken breast with crisp romaine lettuce, Caesar dressing & shaved Parmesan cheese in a wrap

**CLASSIC CLUB** Sliced turkey, ham and bacon with cheddar cheese, local lettuce, tomato & mayonnaise on sourdough bread or in a wrap (please specify)

**LEMON BASIL CHICKEN SALAD** Savory chicken breast, red onion, celery, lemon, basil, Parmesan cheese and safflower mayo in a wrap

**ROAST BEEF & CHEDDAR** House-made organic roast beef, white cheddar, local lettuce, tomato with house-made horseradish aioli on sourdough bread or in a wrap (please specify)

**TUNA SALAD** Ellwood's own tuna salad with Swiss cheese, spring mix and tomato on multigrain bread or in a wrap (please specify)

## HEALTHY SIDES

One pound serves 3-4 people. 3 lb minimum.

**COLE SLAW** 09139 **V** **GF** .....\$4.99/lb

**MOM'S POTATO SALAD** 09140 **V** .....\$4.99/lb

**ELLWOOD'S MACARONI SALAD** 09144 **V** .....\$4.99/lb

**ROAST BEET & QUINOA SALAD** 09141 **V** **GF** .....\$6.99/lb

**PEA & BACON SALAD** 09184 **GF** .....\$6.99/lb

**EDAMAME & PEA MINT PESTO SALAD** 09185 **VEG** **GF** .....\$6.99/lb

**TOMATO, MOZZARELLA & BASIL SALAD** 09148 **VEG** **GF** .....\$6.99/lb

## SANDWICH & WRAP PLATTERS

**Medium** 09259 .....\$79.99  
20 half wraps; pick 3 varieties

**Large** 09260 .....\$149.99  
40 half wraps; pick 5 varieties

## SALADS

### ROASTED VEGETABLE 07263 **V** **GF** .....\$8.99

Mesclun, cauliflower, carrot, asparagus, mushroom, walnuts, miso ginger vinaigrette

### CHICKEN CAESAR 09261 .....\$9.99

Grilled chicken, romaine lettuce, croutons, Parmesan cheese, caesar dressing

### SALMON CAESAR 09262 .....\$10.99

Grilled salmon, romaine lettuce, croutons, Parmesan cheese, caesar dressing

### CLASSIC COBB 09263 **GF** .....\$9.99

Grilled chicken, romaine lettuce, Gorgonzola, egg, bacon, red onion, ranch dressing

### GRAIN & NUT 09264 **V** **GF** .....\$9.99

Spinach, quinoa, dried cranberries, pecans, apple, whole grain mustard vinaigrette

### GREEK 09265 **GF** .....\$9.99

Mixed greens, house-made hummus, feta, red onion, cucumber, banana pepper, domate, olives, olive oil and vinegar

### STEAK 09266 **GF** .....\$10.99

Arugula, cherry tomato, red onion, goat cheese, balsamic vinaigrette

## SIDE SALADS

### ELLWOOD'S ORGANIC SALAD **V** **GF**

Mixed greens, carrot, tomato, cucumber, red onion

### KALE SALAD MIX **V** **GF**

Curly kale, radicchio, carrots

**Small** 09072 .....\$10.99  
with choice of one dressing

**Medium** 09073 .....\$17.99  
with choice of two dressings

**Large** 09074 .....\$29.99  
with choice of three dressings

### NEED EXTRA DRESSING?

**Vegan Ranch** 09267 **V** **GF**

**Vegan Balsamic** 09268 **V** **GF**

**Vegan Miso** 09269 **V** **GF**

**16 oz.** .....\$4.99

SOUPS  
\$9.99/qt

## SOUPS

09071

One quart serves 2-3 people. 3 quart minimum. All soups will require reheating.

### BRUNSWICK STEW **GF**

### QUINOA CHILI **V** **GF**

### CHICKEN NOODLE

### WHITE BEAN VEGETABLE **V** **GF**

### BROCCOLI CHEDDAR

## HORS D'OEUVRES

25 minimum per item. These options require reheating and are packed in aluminum pans with reheat instructions. Platters are available upon request for an additional charge

### MINI CRAB CAKES 09128 **GF** With jalapeño remoulade .....\$2.99/ea

### AVOCADO EGG ROLLS 09131 **VEG** Served with sweet chili dipping sauce .....\$2.99/ea

### PETITE RISOTTO CAKES 09132 **VEG** **GF** Made with spinach, mushroom and onion .....\$1.99/ea

### SAVORY LAMB PIES 09136 Ground lamb, feta and spinach wrapped in puff pastry .....\$3.99/ea

### THAI TURKEY MEATBALLS 09138 Served with basil crema .....\$2.99/ea

### GRILLED CHICKEN TENDERS 09271 **GF** With BBQ, honey must. & sweet/sour sauces .....\$2.99/ea

### MUSHROOM CAPS 09272 **V** Stuffed with veggies, bread crumbs and Italian herbs .....\$1.99/ea

## COLD HORS D'OEUVRES

25 minimum per item. These options are beautifully displayed on platters and served cold

### VEGETABLE SPRING ROLLS 09130 **V** **GF** Served with sweet chili dipping sauce .....\$1.99/ea

### VEGAN DEVILED EGGS 09273 **V** **GF** Eggless salad in a potato skin .....\$1.99/ea

VEGAN  
DEVILED EGGS





# PLATTERS

Beautifully arranged and garnished by our kitchen

## CHEESE PLATTER VEB

With sliced baguettes, assorted chutneys and fruit garnish.

**Small** 09000.....\$39.99  
3 cheeses and 8oz chutneys

**Medium** 09002.....\$59.99  
4 cheeses and 8oz chutneys

**Large** 09003.....\$79.99  
4 cheeses and 16oz chutneys

## ANTIPASTO

Salami, baby provolone, prosciutto, roasted artichokes, red peppers, grilled onions, fresh mozzarella. Served with sliced baguettes.

**Small** 09010.....\$39.99

**Medium** 09011.....\$59.99

**Large** 09012.....\$79.99

## FRESH FRUIT TRAY VEB GF

With yogurt dip.

**Small** 09016.....\$25.99  
5lb fruit, 8 oz dip

**Medium** 09017.....\$42.99  
7lb fruit, 16 oz dip

**Large** 09018.....\$55.99  
10 lb fruit, 32 oz dip

## VEGGIES & DIP VEB GF

**Small** 09019.....\$25.99  
3 lbs assorted veggies with two 8oz dips

**Medium** 09020.....\$42.99  
5 lbs assorted veggies with two 16oz dips

**Large** 09021.....\$55.99  
7 lbs assorted veggies with four 16oz dips

## GRILLED VEGETABLES WITH BASIL OIL V GF

An assortment of mushrooms, asparagus, zucchini, yellow squash, red onion and bell pepper seasoned with basil oil.

**Small** 09022.....\$25.99  
4 lbs

**Medium** 09023.....\$42.99  
6 lbs

**Large** 09024.....\$55.99  
8 lbs

## MEDITERRANEAN PLATTER VEB

Roasted red pepper hummus, tzatziki and baba ganoush with dolmades, cucumber, olives and local pita crisps.

**Small** 09025.....\$39.99  
8 oz dips with 1 bag of chips

**Medium** 09026.....\$59.99  
12 oz dips with 2 bags of chips

**Large** 09027.....\$69.99  
16 oz dips with 2 bags of chips

## WINGS, WINGS, WINGS! GF

Choice of BBQ, Sweet & Sour or Teriyak. Served room temperature.

**Small** 09031.....\$29.99  
About 18 wings

**Medium** 09032.....\$44.99  
About 30 wings

**Large** 09033.....\$59.99  
About 50 wings

## OLD BAY SHRIMP GF

Peeled and deveined shrimp with tail on. Served with house-made cocktail sauce. Available steamed or grilled (please specify). Served room temperature.

**Small** 09028.....\$39.99  
About 20 pieces with 8oz sauce

**Medium** 09029.....\$69.99  
About 40 pieces with 16oz sauce

**Large** 09030.....\$79.99  
About 60 pieces with two 16oz sauces

## ROAST BEEF SLIDERS

House-made roast beef on potato rolls, with Ellwood's very own horseradish cream on the side. Served room temperature.

**Small** 09274.....\$39.99  
16 sliders with 8 oz cream

**Medium** 09275.....\$65.99  
28 sliders with 16 oz cream

**Large** 09276.....\$99.99  
45 sliders with 16 oz cream

## VEGAN "CHICKEN" SLIDERS V

On house-made vegan potato rolls. Served room temperature.

**Small** 09277.....\$36.99  
16 sliders

**Medium** 09278.....\$63.99  
28 sliders

**Large** 09279.....\$89.99  
45 sliders



ANTIPASTO PLATTER



WINGS!

# HOUSE-MADE DESSERTS

## BROWNIES & BLONDIES VEG

Brownie Varieties:

- Plain
- Cream Cheese & Raspberry
- Peanut Butter V

Blondie Varieties:

- Coconut Pecan
- Chocolate Chip V

**Small / 14 pieces** 09044.....\$19.99

**Medium / 24 pieces** 09291.....\$32.99

**Large / 44 pieces** 09045.....\$48.99

## COOKIE PLATTER V

Cookie Varieties:

- Chocolate Chip
- Oatmeal Raisin
- Sugar
- Snickerdoodle
- Peanut Butter

**Small / 12 cookies** 09046.....\$15.99

**Medium / 24 cookies** 09292.....\$24.99

**Large / 36 cookies** 09047.....\$33.99

## DESSERT BAR BITES V

Bar Varieties:

- Lemon
- Lemon & Blueberry
- Peanut Butter

**Small / 24 pieces** 09052.....\$29.99

**Medium / 36 pieces** 09293.....\$36.99

**Large / 48 pieces** 09053.....\$48.99

## MINI CUPCAKES V

12 minimum. 6 minimum per variety.

**Chocolate** 09294.....\$1.49/ea

Chocolate or Vanilla Icing (please specify)

**Vanilla** 09294.....\$1.49/ea

Chocolate or Vanilla Icing (please specify)

**Carrot Cake** 09295.....\$1.99/ea

Cream Cheese Icing

## CHEESECAKE BITES VEG

12 minimum.

**Plain or Peanut Butter** 09048.....\$1.69/ea

## BROWNIE BITES VEG

12 minimum.

**Plain or**

**Cream Cheese & Raspberry** 09049.....\$1.29/ea



ASSORTED COOKIES FROM  
ELLWOOD'S BAKESHOP

# INFO & GUIDELINES

Ordering online is easy! Visit [catering.ellwoodthompsons.com](http://catering.ellwoodthompsons.com) to get started.

Questions? Email [catering@ellwoodthompsons.com](mailto:catering@ellwoodthompsons.com) or call 804-359-7525

## TIMING

We require orders to be placed at least 48 hours before pick-up/delivery to ensure availability of your menu selections.

## DELIVERY

Delivery is available Monday through Friday, 7:00 am to 3:00 pm. Delivery charges are based on day, time, volume and distance. We will provide a delivery fee when you place your order. Pick-up is always an option.

## CHANGES & CANCELLATION

Please contact Ellwood Thompson's for any changes or cancellations at (804) 359-7525 between 8:00 am and 8:00 pm. We require a minimum of 24 hours advanced notice of scheduled delivery / pick-up to ensure a possible refund.

## PRICING

All prices are subject to change without notice. Please note some of our menu items have minimum quantity requirements.

## LIFESTYLES & ALLERGIES

If you have a special dietary need, please inquire. We pride ourselves on feeding everyone we possibly can!

## SUPPLIES

Platters with Lid and Aluminum Pans.....\$5.00 each

Natural Plate, Fork, Spoon, Knife and Napkin

Small ..... \$1.50 per person

Large ..... \$2.00 per person

## SERVING SUGGESTIONS

Hor d'oeuvres..... 6-8 pcs per person

Proteins..... 4-6 oz per person

Vegetables..... 4 oz per person

Sides..... 2-4 oz per person

## HOW MANY OPTIONS?

Up to 10 people ..... 3 options

Up to 18 people ..... 4 options

Up to 40 people ..... 6 options

Over 40 people ..... 8 options

All ET prepared foods are made in a facility that handles wheat, soy, nuts, dairy and raw meats. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illnesses.

# LOCAL FIRST!

Our food is prepared fresh daily using simple, clean, organic ingredients, sourced locally (within 100 miles) whenever available. We like to be close enough to shake hands with the farmers we work with, which in turn, brings you closer to your food.



## SOURCED WITH STANDARDS

We use all-natural antibiotic and hormone-free meats, seafood and cheeses, and local cage-free, pasture-raised eggs.



## SIMPLE INGREDIENTS

We strictly adhere to our store's list of "banned ingredients" in our catered and fresh-made foods. Synthetic additives are omitted from our recipes.



## BEAUTIFUL PRESENTATION

We provide beautiful presentation, delivered with outstanding quality and care by our experienced, professional chefs and stewards.

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THOMPSON'S**  
LOCAL MARKET