

**Table 64-4.** Key nutritional factors in selected veterinary therapeutic foods for cats with constipation and intermittent obstipation compared to recommended levels.\*

<b>Moist foods</b>	<b>Crude fiber (%)</b>	<b>Primary sources of fiber**</b>
<b>Recommended levels</b>	<b>≥7</b>	<b>-</b>
Hill's Prescription Diet w/d Feline Digestive/Weight/Glucose Management with Chicken	10.6	Cellulose, oat fiber, guar gum, locust bean gum, carrageenan
Jams Veterinary Formula Intestinal Plus Low-Residue	3.7	Beet Pulp
Purina Pro Plan Veterinary Diets OM Overweight Management	10.4	Cellulose, guar gum, carrageenan
Royal Canin Veterinary Diet Calorie Control CC High Fiber in Gel	10.0	Cellulose, flaxseed, guar gum, carrageenan
<b>Dry foods</b>	<b>Crude fiber (%)</b>	<b>Primary sources of fiber**</b>
<b>Recommended levels</b>	<b>≥7</b>	<b>-</b>
Hill's Prescription Diet w/d Feline Digestive/Weight/Glucose Management	6.9	Cellulose
Jams Veterinary Formula Intestinal Plus Low-Residue	1.6	Beet pulp
Purina Veterinary Diets OM Overweight Management	5.8	Oat fiber, cellulose
Royal Canin Veterinary Diet Gastrointestinal Fiber Response	2.7	Psyllium husk, chickory pulp

\*Moist foods are best. Manufacturers' published values. Values expressed on a dry matter basis.

\*\*Fiber sources should be insoluble or mixed. Increased levels of soluble fiber are not recommended (see text).