

Table 20-4. Selected commercial foods for young adult cats (normal and inactive/obese prone) compared to recommended levels of key nutritional factors.*

	Energy density (kcal/cup)**	Energy density (kcal ME/g)	Fat (%)	Fiber (%)	Protein (%)	P (%)	Na (%)	Mg (%)	Urinary pH	Vit. E (IU/kg)	Vit. C (mg/kg)	Se (mg/kg)	VOHC plaque (Yes/No)
Dry foods													
Recommended levels (normal body condition)													
	–	4.0-5.0	10-30	<5	30-45	0.5-0.8	0.2-0.6	0.04-0.1	6.2-6.4	≥500	100-200	0.5-1.3	Yes
Hill's Science Diet Adult Hairball Control	339	4.1	22.3	8.5	34.3	0.71	0.32	0.061	6.3	672	111	0.78	No
Hill's Science Diet Adult Optimal Care Ocean Fish & Rice Recipe	503	4.3	22.2	1.2	34.8	0.80	0.29	0.069	6.3	1062	126	0.88	No
Hill's Science Diet Adult Oral Care	337	4.2	22.3	7.8	34.2	0.75	0.37	0.067	6.3	672	110	0.70	Yes
Hill's Science Diet Nature's Best Ocean Fish & Brown Rice Dinner Adult	470	4.3	20.6	1.2	33.9	0.74	0.33	0.088	6.2	739	177	0.83	No
Iams Eukanuba Cat Adult Chicken Formula	440	4.4	23.6	1.4	38.5	0.99	0.55	0.099	na	na	na	na	No
Iams ProActive Health Original with Chicken Cat Food	369	4.1	17.0	1.7	35.9	1.01	0.49	0.100	na	158	12	na	No
Nutro Natural Choice Chicken Meal & Rice Formula Adult	377	4.1	20.4	1.7	46.7	1.55	0.43	0.107	na	359	102	na	No
Purina ONE Natural Blends Chicken & Oat Meal Formula	450	4.4	17.9	1.9	37.9	1.44	0.60	na	na	na	na	na	No
Purina ONE Salmon & Tuna Flavor	430	4.4	15.4	1.8	37.3	1.27	0.52	0.130	na	na	na	na	No
Purina Pro Plan Indoor Care Turkey & Rice Formula	479	4.4	16.4	4.3	44.1	1.29	0.73	0.110	na	na	na	na	No
Royal Canin Adult Fit 32	354	4.2	15.2	6.3	34.8	1.14	0.66	0.109	na	598	217	0.14	No
Moist foods													
Recommended levels (normal body condition)													
	–	4.0-5.0	10-30	<5	30-45	0.5-0.8	0.2-0.6	0.04-0.1	6.2-6.4	≥500	100-200	0.5-1.3	Yes
Hill's Science Diet Adult Hairball Control Savory Chicken Entrée Minced	91/3 oz. 168/5.5 oz.	4.4	23.3	9.8	35.9	0.65	0.49	0.069	6.4	694	241	1.10	No
Hill's Science Diet Adult Indoor Cat Savory Chicken Entrée Minced	91/3 oz. 168/5.5 oz.	4.4	23.3	9.8	36.5	0.65	0.49	0.082	6.4	816	257	1.06	No
Hill's Science Diet Adult Optimal Care Gourmet Beef Entrée Minced	93/3 oz. 71/5.5 oz.	4.4	22.0	4.8	37.6	0.72	0.32	0.072	6.4	396	80	1.20	No
Purina Fancy Feast Grilled Tuna Feast in Gravy	74/3 oz.	3.7	12.9	0.5	61.5	1.08	1.77	0.090	na	na	na	na	No
Purina Pro Plan Adult Cat Chicken & Rice Entrée in Gravy	78/3 oz.	3.9	15.1	0.4	59.1	0.95	1.38	0.040	na	na	na	na	No
Dry foods													
Recommended levels (inactive/obese prone)													
	–	3.3-3.8	9-17	5-15	30-45	0.5-0.8	0.2-0.6	0.04-0.1	6.2-6.4	≥500	100-200	0.5-1.3	Yes
Hill's Science Diet Adult Hairball Control Light	283	3.5	9.1	8.3	36.0	0.72	0.33	0.071	6.2	689	113	0.68	No
Hill's Science Diet Adult Indoor Cat	281	3.5	9.1	8.3	36.0	0.72	0.33	0.071	6.2	689	113	0.68	No
Hill's Science Diet Adult Light	316	3.5	9.5	6.9	35.1	0.73	0.40	0.068	6.2	693	126	0.67	No
Hill's Science Diet Adult Oral Care	337	4.2	22.3	7.8	34.2	0.75	0.37	0.067	6.3	672	110	0.70	Yes
Iams Eukanuba Adult Weight Control	315	3.9	14.4	1.8	34.7	0.99	0.54	0.098	na	na	na	na	No
Purina ONE Indoor Advantage Hairball & Healthy Weight Formula	416	4.1	11.3	3.3	43.4	1.38	0.49	0.140	na	na	na	na	No
Purina ONE Healthy Weight Formula	362	3.7	12.3	3.8	46.4	1.42	0.47	0.150	na	na	na	na	No
Purina Pro Plan Weight Management Formula	456	4.3	12.8	1.1	50.3	1.34	0.69	0.130	na	na	na	na	No
Royal Canin Indoor Adult 27	325	4.0	13.0	6.7	29.3	0.97	0.68	0.098	na	598	217	0.17	No
Royal Canin Indoor Light 40	261	3.5	9.8	9.6	43.5	1.02	0.68	0.098	na	717	326	0.10	No

Table 20-4. Selected commercial foods for young adult cats (normal and inactive/obese prone) compared to recommended levels of key nutritional factors.*

Moist foods	Energy density (kcal/cup)**	Energy density (kcal ME/g)	Fat (%)	Fiber (%)	Protein (%)	P (%)	Na (%)	Mg (%)	Urinary pH	Vit. E (IU/kg)	Vit. C (mg/kg)	Se (mg/kg)	VOHC plaque (Yes/No)
Recommended levels (inactive/obese prone)	-	3.3-3.8	9-17	5-15	30-45	0.5-0.8	0.2-0.6	0.04-0.1	6.2-6.4	≥500	100-200	0.5-1.3	Yes
Hill's Science Diet Adult Indoor Cat Savory	90/3 oz.												
Seafood Entrée Minced	165/5.5 oz.	4.1	23.0	9.4	37.9	0.70	0.43	0.094	6.4	961	195	1.72	No
Hill's Science Diet Adult Light Liver & Chicken Entrée Minced	78/3 oz. 138/5.5 oz.	3.6	14.2	10.1	35.6	0.69	0.32	0.077	6.2	401	na	1.46	No
Purina Fancy Feast Grilled Tuna Feast in Gravy													

Key: ME = metabolizable energy, P = phosphorus, Na = sodium, Mg = magnesium, Se = selenium, VOHC = Veterinary Oral Health Council Seal of Acceptance (Chapter 47), na = information not available from manufacturer, g = grams.

*From manufacturers' published information or calculated from manufacturers' published as fed values; all values are on a dry matter basis unless otherwise stated.

**Energy density values are listed on an as fed basis and are useful for determining the amount to feed; cup = 8-oz. measuring cup. To convert to kJ, multiply kcal by 4.184.