

Table 13-4. Selected commercial foods for young to middle-aged adult dogs compared to recommended levels of key nutritional factors.*

Dry foods	Energy density (kcal/cup)**	Energy density (kcal ME/g)	Fat (%)	Fiber (%)	Protein (%)	P (%)	Na (%)	Vit E (IU/kg)	Vit C (mg/kg)	Se (mg/kg)	VOHC plaque (Yes/No)
Recommended levels (normal body condition)	-	3.5-4.5	10-20	≤5	15-30	0.4-0.8	0.2-0.4	≥400	≥100	0.5-1.3	-
Hill's Science Diet Adult Lamb Meal & Rice Recipe	364	4.0	16.8	2.0	24.60	0.76	0.32	593	264	0.59	N
Hill's Science Diet Adult Oral Care	273	3.8	16.2	10.4	25.10	0.68	0.25	569	134	0.62	Yes
Iams ProActive Health Lamb Meal & Rice Formula	338	3.8	13.7	2.2	25.00	1.09	0.53	152	na	na	No
Iams Eukanuba Adult Maintenance	346	4.0	17.9	2.1	27.80	1.16	0.55	na	na	na	No
Iams ProActive Health Chunks	364	4.0	16.6	2.0	28.70	1.10	0.38	123	na	na	No
Medi-Cal Dental Formula	323	na	13.3	5.2	20.60	0.70	0.20	na	na	na	No
Medi-Cal Preventive Formula	336	na	16.7	3.3	27.80	0.80	0.30	na	na	na	No
Nutro Natural Choice Lamb Meal and Rice Formula	344	3.8	15.2	2.5	23.60	1.53	0.54	320	74	na	No
Purina Dog Chow	359	3.9	14.0	1.6	23.80	0.89	0.40	103	na	na	No
Purina ONE Lamb & Rice Formula	451	4.7	20.1	1.8	30.50	1.09	0.52	na	na	na	No
Purina Pro Plan Shredded Blend Chicken & Rice Formula	408	4.6	19.5	2.1	31.00	1.00	0.60	na	na	na	No
Royal Canin MINI Adult 27	338	4.2	18.6	1.2	31.30	0.86	0.47	860	418	na	No
Purina Little Bites	386	3.7	12.7	2.0	28.30	1.46	0.43	na	na	na	No
Waltham Pedigree Small Crunchy Bites	333	3.6	11.6	2.1	23.70	1.56	0.55	193	68	na	No
Moist foods	Energy density (kcal/can)**	Energy density (kcal ME/g)	Fat (%)	Fiber (%)	Protein (%)	P (%)	Na (%)	Vit E (IU/kg)	Vit C (mg/kg)	Se (mg/kg)	VOHC plaque (Yes/No)
Recommended levels (normal body condition)	-	3.5-4.5	10-20	≤5	15-30	0.4-0.8	0.2-0.4	≥400	≥100	0.5-1.3	-
Hill's Science Diet Adult Advanced Fitness Savory Chicken Entrée	345/13 oz.	3.9	17.1	1.3	26.7	0.67	0.25	200	na	1.0	No
Medi-Cal Preventive Formula	474	na	18.9	2.8	23.7	0.90	0.70	na	na	na	No
Purina Pro Plan Adult Chicken & Rice Entrée Classic	431/13 oz.	5.0	36.2	1.3	41.7	1.32	0.51	na	na	na	No

Table 13-4 (cont.). Selected commercial foods for young to middle-aged adult dogs compared to recommended levels of key nutritional factors.*

Dry foods	Energy density (kcal/cup)**	Energy density (kcal ME/g)	Fat (%)	Fiber (%)	Protein (%)	P (%)	Na (%)	Vit E (IU/kg)	Vit C (mg/kg)	Se (mg/kg)	VOHC plaque (Yes/No)
Recommended levels (inactive/obese prone)	-	3.0-3.5	7-10	≥10	15-30	0.4-0.8	0.2-0.4	≥400	≥100	0.5-1.3	-
Hill's Science Diet Adult Light	295	3.3	8.9	12.4	24.3	0.56	0.25	592	222	0.59	No
Iams Eukanuba Adult Weight Control	237	3.6	10.0	2.1	27.8	1.16	0.55	513	na	na	No
Iams ProActive Health Weight Control Formula	333	3.7	10.3	2.7	22.6	0.86	0.39	163	na	na	No
Medi-Cal Weight Control/Mature	295	na	8.3	5.3	18.9	0.70	0.30	na	na	na	No
Purina ONE Healthy Weight Formula	359	3.7	10.4	2.6	29.1	1.04	0.37	na	na	na	No
Purina Pro Plan Chicken & Rice Weight Management	337	3.7	10.2	2.7	30.5	1.06	0.27	na	na	na	No
Royal Canin MINI Weight Care 30	326	3.7	13.1	5.9	34.5	0.89	0.35	818	437	na	No
Moist foods	Energy density (kcal/can)**	Energy density (kcal ME/g)	Fat (%)	Fiber (%)	Protein (%)	P (%)	Na (%)	Vit E (IU/kg)	Vit C (mg/kg)	Se (mg/kg)	VOHC plaque (Yes/No)
Recommended levels (inactive/obese prone)	-	3.0-3.5	7-10	≥10	15-30	0.4-0.8	0.2-0.4	≥400	≥100	0.5-1.3	-
Hill's Science Diet Adult Light	322/13 oz.	3.4	8.6	9.7	19.5	0.51	0.31	385	na	0.78	No
Medi-Cal Weight Control/Mature	396	na	13.1	7.7	23.8	0.6	0.5	na	na	na	No

Key: ME = metabolizable energy, Fiber = crude fiber, P = phosphorus, Na = sodium, Vit E = vitamin E, Vit C = vitamin C, Se = selenium, VOHC = Veterinary Oral Health Council, na = information not available from manufacturer, g = grams.

*From manufacturers' published information or calculated from manufacturers' published as-fed values; all values are on a dry matter basis unless otherwise stated.

**Energy density values are listed on an as fed basis and are useful for determining the amount to feed; cup = 8-oz. measuring cup. To convert to kJ, multiply kcal by 4.184.