Asymmetric Consumption Smoothing

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Abstract
Analyzing account-level data from an account aggregator, we find that households increase consumption when they receive (expected) tax refunds, as if they face liquidity constraints. However, these same households smooth consumption when making payments in other years, primarily by transferring funds among liquid accounts. Even households carrying credit card debt smooth consumption when making payments, and even highly-liquid households spend out of refunds. This behavior is inconsistent with pure liquidity constraints or hand-to-mouth behavior and most consistent with a mental accounting life-cycle model.

Keywords: Consumption, household finance, liquidity constraints, hand-to-mouth, mental accounting, tax refunds

JEL Classification: G4, D12, E21, H31

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1 Introduction

A central feature of consumer behavior is that many consumers delay spending out of expected income until it arrives. The leading theoretical explanation—exemplified by the buffer stock model—is that some people are financially constrained and so delay consumption until income arrives. Another leading model assumes that some households are hand-to-mouth consumers, spending income as it arrives. These theories of the consumer are central components of modern New Keynesian macroeconomics.

Our study presents a novel and robust consumption pattern that fits neither prototype models. We use high-frequency account-level data to document that when faced with anticipated income, households—across the liquidity spectrum—increase consumption on the date of cash flow arrival. In contrast, when faced with anticipated payments, the same households keep their consumption level intact and use liquid reserves or credit to fund payments. Among the models that we review, this asymmetric consumption pattern is best explained by a model of mental accounting that would lead to different economic dynamics and policy prescriptions from leading macroeconomic models.

Specifically, we study the consumption responses of households as they file their U.S. federal income tax returns, receive refunds, and make payments in different years. Households in our select sample—and so to some extent in the population—exhibit an asymmetry in consumption behavior when it comes to negative and positive cash flows. When faced with tax payment, households do not cut consumption but instead make account transfers in advance of payments. Even low-liquidity households in our sample maintain stable consumption. Yet, these same households, in other years, increase consumption in response to the arrival of expected tax refunds. Even the most liquid household-years do so, albeit at lower rates. The latter observation has been interpreted as evidence of liquidity constraints. Thus, households in our sample shield consumption from decreases in income when making transitory payments but at the same time follow a heuristic to consume out of transitory

\[1\] In using variation in tax refunds, we follow Souleles (1999), who studies the consumption response to the arrival of tax refunds, as well as the contemporaneous work of Farrell, Greig, and Hamoudi (2019).

increases in income.

Our sample and data come from a large administrative account-level dataset from an account aggregator that contains every transaction into or out of linked checking, savings, and credit card accounts at a daily frequency from 2011 through 2015. For a subset of more than 300,000 household-years, we can observe a reasonably complete financial picture of the households, and identify the date of tax filing and the date and amount of tax refund or payment in the current and previous year. We focus on a subsample of households that receive tax refunds in some years and make payments in other years so that our results are not driven by differences in the types of households that receive refunds or make payments.

While our administrative data have many advantages, they come with two caveats. First, administrative data track transactions, not consumption. Consequently, we measure only a subset of consumption spending that we can clearly identify as spending on consumer goods and services (retail, restaurants, etc.). The second caveat is that our sample is not a random sample of the U.S. population, both because households have to select into the account aggregation service and because they have to file taxes in a way that creates an observable transaction in the data. In particular, our sample omits households that postpone payment by filing an extension and those that take up refund anticipation loans instead of receiving refunds (issues we discuss in detail in Sections 2 and 7). Thus our sample is likely to be more liquid than the typical American household, and indeed our measures of liquidity confirm this conjecture. Further, our select sample may also be more financially sophisticated. However, this sample has some advantages for our analysis. From an a priori standpoint, our finding of excess sensitivity of consumption to predictable refunds is less likely to be due to liquidity constraints than it would be in the population.

We measure the consumption response to expected income changes by regressing consumption spending on distributed leads and lags of refunds and tax payments, and distributed leads and lags of an indicator of tax filing interacted with news about tax status learned during return preparation. The leads and lags of filing and news serve two purposes. First, and particularly important for payments because they sometimes occur contemporaneously,
Figure 1. Consumption and Fund Transfers Around Tax Payment or Refund

The figure presents consumption and fund transfers around tax payment and refund dates, as functions of payment or refund amounts. Panel A shows the abnormal consumption in the month prior to the tax refund or payment dates. Panel B shows the abnormal consumption in the month of the tax refund or payment dates. Panel C shows the abnormal fund transfers into the observed accounts in the month prior to the tax refund or payment date. Panel D shows the abnormal transfers out in the month following the tax refund or payment date. The markers show averages at every 5% of the data for those who received refunds, and every 10% of the data for those who made payments. The shaded region represents two standard errors confidence intervals.

Our main findings are conveyed by Figure 1 which plots average consumption spending and fund transfers after de-meaning by both household-year and calendar day for different payment and refund amounts and in the month before and in the month after the refund or payment date.

First, we observe a striking asymmetry between the consumption response to refunds and
the response to payments (Figure 1, panel B). Consistent with a large literature, households spend a significant part of their tax refund on consumption (including on nondurable consumption, such as restaurants) in the month following receipt. In contrast, in years when they make tax payments, these same households do not reduce consumption spending following making the payment. This result is novel, in part because few papers have studied the consumption response to decreases in income.\footnote{Notably, Gelman, Kariv, Shapiro, Silverman, and Tadelis (2020) studies transitory unexpected declines in income and conclude that “even workers with surprisingly low liquid assets can smooth consumption using low-cost methods to shift the timing of payments for committed forms of expenditure.” In contrast, both Christelis, Georgarakos, Jappelli, Pistaferri, and van Rooij (2019) and Fuster, Kaplan, and Zafar (2018) find that people respond in surveys that they would cut consumption more in response to transitory negative than positive income shocks. The few other studies of consumption responses to decreases in income have almost exclusively focused on permanent or highly persistent decreases. Shea (1995b), Stephens (2001), Ganong and Noe (2019), and Jorring (2018) find substantial declines in spending in the event of wage cuts in union contracts, and permanent worker displacement, when unemployment benefits expire, and when mortgage payments rise. Conversely, Souleles (2000) and Aguiar and Hurst (2005) find that consumption is well smoothed when college expenses start and when people retire, respectively.}

According to our regression estimates, people spend over 7% of their refunds on consumption during the month following refund receipt, an amount that increases slowly to 15% over several months. These responses underestimate the true increase in consumption (by roughly a factor of 2) because we cannot definitively classify some account transactions. This spending increase starts the day of refund arrival, and there is no increase in spending related to the timing of the refund arrival prior to the day of arrival. In contrast, the consumption response to payments is economically and statistically insignificant, and unrelated to the precise day of payment.

Second, panel A of Figure 1 shows that households do not adjust consumption down in the month prior to making a payment or up in the month before getting a refund. We also find no response in our regression analysis as well as no change in consumption in response to the information about future cash flows that arrives as tax returns are prepared and filed.

Third, households actively manage liquidity to smooth consumption ahead of payments but not refunds (Figure 1, panels C and D). In years when households receive refunds, they make transfers only after receipt. In contrast, households smooth consumption through tax payments by increasing transfers among accounts in the month before making the payment by about a third of their anticipated payment. These transfers are mostly among observed
We observe that checking and savings accounts rather than from outside (likely nontransaction) accounts. We also find that households increase transfers in response to the news learned about upcoming payments or refunds prior to and at filing. Finally, households in our sample have substantial liquidity on average and they manage liquidity over longer horizons: in years when they make payments, households have accumulated somewhat higher balances in their core accounts.

We provide evidence that these findings are not driven by either the endogeneity of the timing of the filing of tax returns (results hold separately for households filing in each month) or heterogeneity across households. While payment and refund status are also endogenous, determined in part by past income not subject to withholding, Gelman, Kariv, Shapiro, and Silverman (2019) provides evidence that this endogeneity does not cause consumption asymmetry. As we discuss in Sections 5 and 7, that analysis finds no sharp difference between the propensity to spend in response to refunds versus payments in a quantitative life-cycle model.

We show that this consumption asymmetry occurs throughout the distribution of liquidity, which is further evidence that spending response to refunds for these households is an unconstrained choice. Households in the bottom tercile of the ex-ante distribution of liquidity have large propensities to consume out of refunds. But in this same sample of households with low liquidity, households do not cut consumption prior to or when making payments, inconsistent with financial constraints driving the response to refunds.

We also find that for household-years in the top tercile of the distribution of liquidity, households do not cut consumption when making payments. But they still increase spending when refunds arrive, albeit at a lower rate than low-liquidity households. This spending behavior among liquid household-years is consistent with a growing body of evidence that even highly liquid households have substantial spending responses to predictable increases in liquidity (Parker, 1999; Kueng, 2018; McDowall, 2019). These findings imply that a propensity to consume out of predictable increases in income that decreases with liquidity is

5This finding is consistent with the literature comparing consumption responses of households with different levels of liquidity starting with Zeldes (1989), followed by a large literature including Jappelli, Pischke, and Souleles (1998), Agarwal, Liu, and Souleles (2007), Aaronson, Agarwal, and French (2012), and Kaplan, Violante, and Weidner (2014).

6And with papers that find that the propensity to consume is persistent rather than purely driven by liquidity (See Parker, 2017; Aguiar, Bils, and Boar, 2020).
not necessarily indicative of liquidity constraints. For many households in the population, liquidity constraints very likely determine behavior. However, in our nonrepresentative sample, households can smooth consumption but choose not to. Hence, the well-documented excess sensitivity of consumption to increases in expected income in the population is not purely driven by constraints.

We discuss these findings in light of the theories that are commonly used to explain household behavior. Among the theories, the models most consistent with our results are models of mental accounting (Thaler 1999). Our empirical evidence matches the predictions of the behavioral life-cycle model of Shefrin and Thaler (1988), in which households maintain three mental accounts: current income, current assets, and future income. Specifically, an anticipated tax refund is considered future income (which a rule of thumb prevents households from consuming). When the refund is received, it has a similar status as a “bonus from work,” part of which is consumed upon arrival and part saved. Payments, on the other hand, are viewed as unrelated to the income–consumption process and therefore are funded from less liquid savings accounts and do not impact the consumption process. In general, because models of mental accounting are based on observations of behavior, their predictions are generally limited, which has led to limited empirical testing. Shefrin and Thaler (1988) also propose that households divert funds out of their sight to savings accounts (as opposed to transaction accounts) as a mental commitment device. Under the assumption that savings accounts can provide commitment, the hyperbolic discounting model of Angeletos, Laibson, Repetto, Tobacman, and Weinberg (2001) also fits most, but not all of the behavior we find in our sample and also provides more testable predictions.

In sum, households in our sample consume more when their refunds arrive as if many are liquidity constrained. But they appear, in fact, to be choosing not to draw on existing liquid savings, as if they are what Olafsson and Page (2018) refers to as the ‘liquid hand-to-mouth.’ But inconsistent with a simple hand-to-mouth heuristic, these same households do not reduce consumption when making payments. These consumers instead follow a different heuristic, accessing liquid savings for making payments but not for smoothing consumption prior to refund arrival. Rather, they consume or even impulsively splurge when refunds arrive (as in Agarwal, Chomsisengphet, Meier, and Zou 2019; Ben-David and Bos 2020).
2 U.S. Individual Income Tax Returns

This section describes the U.S. tax system and how it generates cash flows with two key features. First, the income tax system causes both expected inflows and outflows of funds, allowing us to measure the effect of the sign of the cash flow rather than the effect of the source of the change in liquidity. Second, we can identify news about future cash flows and the timing and amount of cash flows using the structure of the U.S. individual income tax system. We can, therefore, separate the effect of the arrival of news about future after-tax income from the arrival of the change in income.

The U.S. individual income tax covers all sources of household income in each calendar year. For most labor income, employers withhold income taxes from workers’ pay during the calendar year, typically following Internal Revenue Service (IRS) guidelines based on pay and family structure. The employer remits these funds to the IRS during the year. By the end of January of the following year, people receive information on the previous year’s income and tax withholding from their employers, banks, and investment firms. They then fill out tax return forms—some variant of the IRS 1040 tax form and additional schedules—to calculate their total taxes owed and submit (file) their returns by the April 15th deadline.

If the withholding (and estimated taxes paid) exceed taxes due, the household receives a refund of the difference, typically a few weeks after filing. If the taxes due exceed the amount previously paid, then the household must remit payment by the April deadline. However, any household can also file for an extension that pushes the deadline back to October 15 but also leads to possible interest and penalty charges. If the household has paid at least 90% of its total taxes by the April 15 deadline, then the unpaid balance accrues interest at roughly 3.5% during the years in our sample. If the household has not paid at least 90% of taxes by April 15, then it must pay an additional penalty of 0.5% per month, for an annual rate close

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7No corresponding system exists for most capital income. Instead, as interest and dividends are earned and as capital gains are realized, taxpayers accrue liabilities without withholding, which leads many higher-wealth taxpayers to make additional estimated tax payments during the year.

8People with low incomes or no taxes due do not have to file. Married individuals can file taxes jointly. The actual deadline is delayed when April 15th falls on a Sunday.

9IRS Publication 2043 indicates that 90% of refunds were processed within 21 days of filing. For example, see for 2013: https://www.irs.gov/pub/irs-prior/i1040--2013.pdf See also Slemrod, Christian, London, and Parker (1997).
to 10%. Ultimately, long-term nonpayment leads to legal penalties that can include wage garnishment and/or incarceration.

To measure when households file returns, we take advantage of the fact that many households use online tax-preparation companies such as TurboTax to help them fill out and file their tax forms. These tax preparation companies also offer customers the ability, for a fee, to receive their refunds immediately from the company instead of with delay from the federal government.\footnote{While these fees are not large, on the order of $25–$35, because the refunds are expected within weeks, the implicit annualized interest rates on these short-term loans are large.} As we describe in the next section, because of the way we measure tax filing, payments, and refunds, our sample omits both people who postpone payment until after April 15 and those who choose to receive their refunds immediately from their tax preparer. The implication of this sample selection is that our sample under-represents people who are significantly liquidity constrained, which in turn bolsters our conclusion that the consumption responses to refunds that we find are not solely drive by liquidity constraints.

In our data and in the population, most households receive refunds, a pattern we expect for three reasons. First, simple inertia would lead to a refund status for most households because default withholding rates and estimated-tax worksheets are structured so that most households following these guidelines receive a refund. Second, households seeking to optimize their withholding have an incentive to choose lower withholding and pay taxes later, but also a countervailing incentive to avoid significant underpayment and the associated penalties and interest. \cite{Jones_2012} shows that inaction is a dominant feature of withholding behavior. \cite{Gelman_et_al_2019} shows that a rational model with uncertainty over income and penalties for under-withholding can also explain the share of households that over-withhold. Finally, the earned income tax credit (EITC) leads many low-income households to have a negative tax liability for the calendar year and so to receive a refund. Our sample likely contains few such households.\footnote{In this case, the actual refund is paid to the company instead of to the taxpayer.}

\footnote{Although households cannot choose negative withholding or estimated tax payments, households with children who qualify for the EITC can file a W-5 form with their employer and receive up to 60% of the EITC credit early.}
We treat these tax payments as reductions in after-tax income, and tax refunds as increases in after-tax income. We construct our measure of news based on the fact that households uncover information about their refund or taxes due when they fill out their tax forms before filing. Thus, information about future cash flows arrives during the period before filing, and the cash flow happens at, or more typically during, the period after filing. The timing of the arrival of information is based on a household choice. The timing of the arrival of any tax refund is partly based on the endogenous filing date and partly due to the largely random delay between filing and disbursement by the IRS. Finally, payment of taxes is determined by the household, subject to the costs of missing the April 15th deadline.

3 Data and Variable Construction

3.1 Data Source

The data we use were provided by a free online account aggregator. This service allows households to view their financial information such as account balances and spending by category. The service also assists with financial management, such as offering alerts for upcoming bills or approaching credit limits. Users sign up and provide access to account information for accounts across different financial institutions. Once someone signs up, the aggregator has access to the household’s account information, and there is low attrition in our sample.

The raw data cover daily transactions for 2.7 million households from July 2010 to May 2015 and include all checking, savings, debit card, and credit card transactions for any bank account once linked to the service by the household. We observe permanent household identifiers, and the date, amount, and description of every transaction, in a form such as is typically found on monthly bank or credit card statements.

3.2 Variable Construction

We use the text of each description in conjunction with the data provider’s categorization of each transaction to map financial transactions into economic concepts as follows.
First, we identify federal tax refunds and payments by querying the transaction descriptions. Such transactions are easily identified via queries for “us treasury des tax” and “irs treas tax,” among other terms.\textsuperscript{12} To remove unusual tax activity such as that occurring through business owners, we exclude any household-year containing more than one such tax refund or payment. We further remove any household that has ever incurred a tax payment or tax refund of over $10,000, in large part because the very few households that made payments greater than $10,000 are quite different from most of our sample along many dimensions.\textsuperscript{13}

Similarly, we identify tax-preparation transactions by querying for payments to TurboTax, H&R Block, TaxAct, or TaxSlayer using electronic payment, debit cards, or linked credit cards. We designate the filing date of the household as the transaction date of the tax-preparation software. We exclude household-years that have tax-preparation transactions on multiple days (as would be the case for a family filing separately on different days). We also implicitly exclude household-years that elect to deduct the preparation charges directly from their refunds (since we would not observe a payment associated with filing).

We construct a measure of consumption spending that consists only of outflows that we are highly confident represent spending on consumption. Consumption is defined as the sum of outflows on the following categories: gas, restaurants, retail, groceries, cash, entertainment, health care, travel, utilities, miscellaneous bills (e.g., gym memberships), and insurance. To ensure that consumption is not mechanically related to taxes, we exclude from it any filing fees or tax payments. These outflows are primarily those that the household makes via debit cards and online bill payments as well as those on linked credit cards. Importantly, we are unable to categorize outflows made by check. Our measure of consumption spending, thus, understates actual consumption spending not only because of categories that

\textsuperscript{12} Conventional tax refunds and payments are easily identified in the data using the keywords “us treasury des tax,” “irs treas des tax,” “irs treas tax,” and “irs usataxpynt.” Our main analysis uses only these. However, when we predict a refund, we also use refunds paid directly to households by tax preparers. Many tax-preparation software companies, such as TurboTax, allow customers to pay their tax-preparation fees directly from their refund rather than beforehand at the time of filing. In this event, the government first deposits the funds with TurboTax, which extracts the customer’s tax-preparation fee plus an additional service charge and then deposits the remaining balance into the customer’s bank account. Such transactions are identified in the data by querying for “sbtpg,” “tax products p,” “block bank des hrbb,” “block bank hrbb,” and “republic trs.”

\textsuperscript{13} We confirmed that our results are very similar if we instead truncate at $20,000.
we omit from our measure out of caution, but also all those made by checks.

We adjust this measure of consumption to account for the fact that we only observe payments to unlinked cards, not spending on these cards. To overcome this issue, we scale up observed credit card spending by the household-specific ratio of annual payments to all credit cards (linked and unlinked) divided by the payments to linked credit cards (separately for each household-year).\textsuperscript{14} We drop all household-years with scaling factors above 2 since, for these households, we observe less than half of their credit card spending on consumption. The scaling factor has a median of 1.083 and an average of 1.167. Our estimated consumption responses are only slightly larger due to the scaling-up of credit card spending, consistent with the 16.7% implied by the average scaling factor.

We likewise construct a savings and debt payment measure as the sum of outflows on the following categories: mortgages, auto loans, net investing (flows to investing accounts minus flows from investing accounts), net credit card payments (credit card payments minus credit card expenditures), and other loan repayments (e.g., student loans). We also construct a measure of miscellaneous payments that captures payments we cannot definitively categorize into either consumption or savings. This variable is equal to the sum of the following categories: checks and otherwise uncategorized outflows. Given that we omit miscellaneous payments from consumption, we are likely understating true consumption. We measure income based on direct deposits, which captures labor income, pension income, and Social Security distributions.

Our data do not directly contain account balances so we construct two measures from the information we do have. First, we use “net interest earned” as a proxy for each household’s liquidity, which we construct as the interest earned on all checking and savings accounts less the interest paid for balances carried on credit card accounts. Second, some “interest earned” transactions include information about the account balance in the text of the transaction description. We extract account balances for about 5% of household-years for which we observe balances in this way for all bank-linked accounts.

\textsuperscript{14} This process does not bias our results if households randomized which card was used for any given transaction or, more reasonably, if the choice of card is independent of the timing and amount of the tax variables in our estimating equation (3). We confirm that our results are similar without this adjustment as reported in Table A.II in the Appendix.
3.3 Sample Construction

The central question that we investigate is whether households react differently to cash payments versus cash receipts. To answer this question in our empirical setting, we need to keep household characteristics as constant as possible. Doing so ensures that the effects we document result from neither within-household variation nor across-household differences. Therefore, we focus on the subsample of households that we observe both making tax payments and receiving refunds across different years in our sample period.

We arrange our data into household-years running from October 1 to September 31.\textsuperscript{15} We drop household-years for which all necessary variables are not present, as described in the previous subsection. Further, to ensure we have active users rather than dormant account holders, we impose a simple activity filter for households. We require that households have at least 25 transactions of at least one dollar each month.

We next require that the tax filing date precedes the tax refund or tax payment date. However, due to small differences across financial institutions in how quickly transactions post to different accounts, we allow the tax-payment date to precede the tax filing date by no more than two days. Such a scenario would occur if an individual pays a tax-preparation fee with a debit card that takes two days to post while paying their taxes with a credit card that posts immediately. On average, refunds are received 10.2 days after filing, and payments are made 8.6 days after filing. To limit our sample to more typical refunds, we require that both the filing date and refund or payment date occur before June 1. Finally, in addition to observing the refund or payment for a given tax year, we require that we also observe a refund or payment in the year prior for reasons explained in Section 4.1.

The resulting distribution of tax payments and refunds is shown in Figure 2. Panel A shows the distribution of tax payments/refunds in our broad sample. Panel B shows the distribution for households that make a payment in at least one year and receive a refund in at least one year, which is our main sample. The distribution of refunds and payments is more symmetric in our main sample than in the original broader sample.

\textsuperscript{15}Each year consists of 365 days, with the exception of 2015, when our sample ends, which consists of 237 days.
3.4 Sample Statistics

After applying all filters except that each household must receive at least one refund and make one tax payment in our sample, our baseline sample contains 307,702 household-years from 196,565 unique households, which leads to a dataset with 102 million household-day observations. The summary statistics for this broad-sample population are presented in Appendix Table A.1. Our original dataset consists of households that have selected to use the aggregator. It appears to be broadly representative of the population with some exceptions.\footnote{Relative to U.S. Census, households in our sample are well dispersed geographically, though we have high concentrations of households in California, New York, and Texas. See a detailed distribution of the sample in Baugh, Ben-David, and Park (2018), who use the same broad sample.} From this population, we use the subset of households that are observed to have at least one refund and one payment (in different years). The summary statistics for this, our main sample of households, are presented in Table 1.

As shown in Table 1, the average daily income is $187.79, corresponding to an average annual salary of $68,543. The distribution of salary is shown in Figure 3 which illustrates the income distribution of our initial broad sample (panel A) and final sample (panel B) relative to U.S. Census data.\footnote{2013 Current Population Survey from the U.S. Census (HINC01).} As shown, households in our sample vary widely in income.
Table 1. Summary Statistics

This table presents summary statistics for our final sample, which includes only households that make a tax payment in one year and receive a tax refund in another. *Refund − Payment ($) is the average refund (less payment) amount across household-years. Predicted Refund ($) shows the average predicted refund size. News Amount ($) is the difference between the realized refund and the predicted refund. To ensure that the prediction is unbiased, we use households that only make payments or only receive refunds to make this prediction, so the mean is nonzero. Filing to Ref/Pay (days) is the number of days between filing and the subsequent payment/refund. I(Linked Credit Cards) is an indicator variable that equals one if the household has one or more credit cards linked to the account aggregator, and zero otherwise. I(Unlinked Credit Cards) is an indicator variable that equals one if the household has one or more unlinked credit cards, and zero otherwise. I(Any Credit Cards) is an indicator that equals one if the household has either linked or unlinked credit cards, and zero otherwise. Net Flow ($) is the difference between inflows and outflows to the core accounts. Consumption ($) is observed consumption. Scaled Consumption ($) is the Consumption variable scaled up to compensate for the presence of unlinked credit cards. Savings and Loans ($) shows payments to savings accounts (net investing outflows, net transfers out) and net loan payments (mortgage, auto loan, and net decrease in credit card debt). Misc Payments ($) is the sum of checks and uncategorized outflows. Income ($) is observed income. Net Interest ($), Interest Expense ($), and Interest Earned ($) are net interest, interest expense, and interest earnings, respectively. Finally, Net CC Charge ($) is all linked credit card expenditures after excluding tax-related transactions (such as filing fees and tax payments made on credit cards).

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<td>1,364.30</td>
<td>1,606.58</td>
<td>-2,048.24</td>
<td>-307.20</td>
<td>195.90</td>
<td>2,164.74</td>
<td>3,511.29</td>
<td>6,248.64</td>
<td></td>
</tr>
<tr>
<td>News Amount ($)</td>
<td>62,404</td>
<td>-855.29</td>
<td>2,748.89</td>
<td>-8,997.48</td>
<td>-4,089.23</td>
<td>-2,124.96</td>
<td>-718.50</td>
<td>2,179.83</td>
<td>6,433.61</td>
<td></td>
</tr>
<tr>
<td>Filing to Ref/Pay (days)</td>
<td>62,404</td>
<td>9.72</td>
<td>12.98</td>
<td>-2.00</td>
<td>0.00</td>
<td>2.00</td>
<td>6.00</td>
<td>11.00</td>
<td>21.00</td>
<td>69.00</td>
</tr>
<tr>
<td>I(Linked Credit Cards)</td>
<td>62,404</td>
<td>0.81</td>
<td>0.39</td>
<td>0.00</td>
<td>0.00</td>
<td>1.00</td>
<td>1.00</td>
<td>1.00</td>
<td>1.00</td>
<td>1.00</td>
</tr>
<tr>
<td>I(Unlinked Credit Cards)</td>
<td>62,404</td>
<td>0.83</td>
<td>0.38</td>
<td>0.00</td>
<td>0.00</td>
<td>1.00</td>
<td>1.00</td>
<td>1.00</td>
<td>1.00</td>
<td>1.00</td>
</tr>
<tr>
<td>I(Any Credit Cards)</td>
<td>62,404</td>
<td>0.97</td>
<td>0.18</td>
<td>0.00</td>
<td>0.00</td>
<td>1.00</td>
<td>1.00</td>
<td>1.00</td>
<td>1.00</td>
<td>1.00</td>
</tr>
</tbody>
</table>

We also have a disproportionate number of very low-income accounts, perhaps because we do not identify all income correctly. More generally, while the distribution of our initial sample corresponds to the U.S. distribution reasonably well, our final sample of households tends to be higher income. To some extent this is to be expected because the income that we observe is net of taxes and benefits such as 401k contributions, health care premiums, etc.
Household consumption averages $100.24 per day (corresponding to $36,588 annually) in directly observed spending and $116.97 per day (corresponding to $42,694 annually) when scaled up to account for spending on unlinked cards. Of the households in our sample, 81% have credit cards linked to the aggregator, 83% have credit cards that are not linked to the aggregator, and 97% have at least one credit card that is either linked or unlinked.

In our broad sample, 90% of household-years receive a refund. In our final sample, 56% of household-years receive a refund. The average value of Refund − Payment is $2,339 for the broad sample and $509 in our final sample. In untabulated results, we find that, conditional on receiving a refund, the average refund is $2,805 in our broad sample and $2,121 in our final sample. Thus, the average refund is quite large since it constitutes 37% of an average household’s monthly income (= $2,121 / ($68,543 / 12)) in our broad sample. Conditional on making a payment, the average payment is $1,687 in our broad sample and $1,574 in our final sample.

Table 1 also shows that the average household files on March 17, and that there is significant variation: the standard deviation of filing date is 27.5 days. In untabulated results, we find that the average household makes a payment on April 4 or receives a refund.
Table 2. Payment and Refunds Statistics by Month of Filing

This table shows the distribution of filing statistics for our final sample, households that make a payment in at least one year and receive a refund in another year. Panel A shows the distribution of filing month across households, while panel B shows the distance between filing and payment/refund. In both panels, the first column shows the distribution for all households, the second column shows the distribution for households making a payment, and the third column shows the distribution for households receiving a refund.

<table>
<thead>
<tr>
<th>Month of Filing</th>
<th>Panel A: Filing Month</th>
<th>Panel B: Days from filing to payment/refund</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>All</td>
<td>I(Payment)</td>
</tr>
<tr>
<td>January</td>
<td>6%</td>
<td>3%</td>
</tr>
<tr>
<td>February</td>
<td>26%</td>
<td>15%</td>
</tr>
<tr>
<td>March</td>
<td>25%</td>
<td>24%</td>
</tr>
<tr>
<td>April</td>
<td>43%</td>
<td>58%</td>
</tr>
</tbody>
</table>

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4 Estimation Method

4.1 Information Acquired during Tax Preparation and Filing

We measure the news about the future amount of tax refund or payment as the difference between the actual amount paid or received and the expected amount. We compute the expected amount using information on the previous year’s amount and take the residual from the equation below as a measure of the information revealed by tax preparation.

To set the notation, let \( \text{Refund}_{h,y} \) be the amount of any refund received in year \( y \) and be zero if a payment is made that year, and analogously for \( \text{Payment}_{h,y} \). We run the following regression:

\[
\text{Refund}_{h,y} - \text{Payment}_{h,y} = \beta_0 + \beta_1 \text{Refund}_{h,y} + \beta_2 \text{Payment}_{h,y} + \beta_3 1[\text{Refund}_{h,y} > 0] + \eta_{h,y}
\]

(1)

where \( 1[\cdot] \) denotes the indicator function. We run this regression on the broad sample of households rather than the final sample since the final sample is selected on the outcome of refunds and payments. The predictive regression has a fit goodness (\( R^2 \)) of 50%.\(^{18}\) Our measure of information about tax information uncovered during filing, or “news,” is the residual in this regression, which we denote by

\[
\text{News Amount}_{h,y} = \text{Refund}_{h,y} - \text{Payment}_{h,y} - E_{h,y-1}[\text{Refund}_{h,y} - \text{Payment}_{h,y}].
\]

(2)

The distribution of \( \text{News Amount} \) is shown in Table 1 for our final sample, and in Appendix Table A.1 for the broader sample. Whereas the average \( \text{News Amount} \) in the broader sample is zero, the average \( \text{News Amount} \) in the final sample is \(-$885\). This difference reflects our selection of households with both payments and refunds, who then have worse outcomes on average because payments are more prevalent than in the larger sample used for estimating \( \text{News Amount} \).

This empirical model is identified from cross-sectional variation and has a short time

\(^{18}\)Adding the previous year’s income and its interaction with the previous year’s indicator variable leads to only a trivial increase in fit. Adding two years’ prior income as well leads to a slightly greater increase in fit (about 1%) but a large decline in sample size.
dimension; consequently, it effectively endows agents with knowledge of the increase in average refund over the few years we study. This assumption is supported by the fact that this was a period without a federal tax reform and with few changes in tax law more generally. Consistent with this stability, according to the IRS, average refunds declined reasonably steadily by $82 per year from their peak in 2010. To the extent that households did not anticipate these declines, as our empirical model assumes, our measure of news could be slightly upward biased on average.

4.2 Estimation of Responses to Cash Flows and Information

We summarize household behavior in two ways. First, we present transparent plots of the data as in Figure 1 in the Introduction. We de-mean the average value of $Y_{h,y,t}$, both by calendar day and by subtracting the average value of $Y_{h,y,t}$ for the household over the seven months that exclude the two months before and three months after the refund or payment. We create 10 equally sized bins of tax payments and 20 equally sized bins of tax refunds, and compute the average value of tax payment or refund along the $x$-axis in the 30 days before or after the payment or refund.

Second, we estimate and display the impulse responses of household consumption spending (and other account flows, e.g., savings, income, and interest) to the arrival of a refund or the making of a payment. We model the spending response as linear in amount but with a different slope for refunds than for payments (linear with a kink at zero). We also estimate (and so control for) the arrival of information by estimating in the same regression the impulse response to the news uncovered prior to and at filing, allowing the spending response to be affine in amount of news, but with different slopes for positive and negative news about tax amount (that is, affine with different coefficients on good and bad news).

To be precise, let $Refund_{h,y,t}$ be the amount of refund received on day $t$ in year $y$ and be zero on all other days of that year or if a payment is made that year. Define $Payment_{h,y,t}$ analogously and let $File_{h,y,t}$ be an indicator variable for the day $t$ of year $y$ on which house-
hold \( h \) files its tax return. Let \( \text{News Amount}_{h,y,t} = \text{File}_h \times \text{News Amount}_{h,y} \), so that \( \text{News Amount}_{h,y,t} \) is the amount of news only on the day of filing, similarly to the way that \( \text{Refund}_{h,y,t} \) and \( \text{Payment}_{h,y,t} \) are the amounts only on the day a refund is received and a payment made, respectively. Finally, let \( \text{PosNews}_{h,y,t} = \max[\text{News Amount}_{h,y,t}, 0] \) and \( \text{NegNews}_{h,y,t} = \max[-\text{News Amount}_{h,y,t}, 0] \).

Our main estimating equation is

\[
Y_{h,y,t} = \sum_{k=-28}^{K} \beta_k^+ \text{PosNews}_{h,y,t+k} + \sum_{k=-28}^{K} \beta_k^- \text{NegNews}_{h,y,t+k} + \sum_{k=-28}^{K} \phi_k \text{File}_{h,y,t+k} + \sum_{k=-28}^{K} \gamma_k^+ \text{Refund}_{h,y,t+k} + \sum_{k=-28}^{K} \gamma_k^- \text{Payment}_{h,y,t+k} + \alpha_{h,y} + \tau_t + u_{h,y,t},
\]

where \( Y \) is an account inflow or outflow measure, \( \alpha_{h,y} \) is a household-year-specific intercept, and \( \tau_t \) is a day-specific intercept. \( K \) is set to the maximum identifiable lag. The \( \beta_k, \gamma_k, \) and \( \phi_k \) coefficients capture the prior, contemporaneous, and lagged response of the dependent variable to news about a refund or payment (\( \hat{\beta}_k \)), to the date of filing (\( \hat{\phi}_k \)), and to getting a refund or making a payment(\( \hat{\gamma}_k \)). The responses to refunds, payments, and news are measured as a share of the refund, payment, and news, respectively. Thus, for example, when \( Y \) is consumption spending, \( \hat{\gamma}_k^+ \) measures the increase in consumption caused by the arrival as a share of the refund amount \( k \) days after the refund arrives, and \( \hat{\beta}_k^- \) measures the increase in spending caused by the arrival of information as a percentage of the news uncovered during filing \( k \) days after filing. We refer to these coefficients as the marginal propensity to consume out of refunds and out of negative news.\(^{21}\)

Most of the identification of \( \hat{\beta}_k \) and \( \hat{\phi}_k \) comes from the “event time,” which is relative to the day of filing. Similarly, for identification of \( \hat{\gamma}_k \), event time is relative to the day a refund arrives or the payment is made. The day fixed effects (\( \tau_t \)) control for the average spending on a particular calendar day, so that the typical fluctuations on weekends, holidays, spring months, and during tax season do not bias our results. Finally, the household-year fixed

\(^{21}\)We include the leads and lag \( \text{File} \) (in addition to its interactions with the amount of news) for two reasons. First, although presumably a quantitatively small effect, as uncertainty is resolved, precautionary saving may decline. Second, the household may learn information unrelated to the amount of news about refund or payment during return preparation, as we discuss in Section \( \S \). In practice, omitting this term makes very little different to any of the other coefficients.
effects ($\alpha_{h,y}$) absorb any correlation between the average household-specific level of outflows and refund or payment amount. Such differences in our data arise not only due to differences in economic circumstances such as standard of living but also due to possible differences in the scope of our measurement, such as the share of actual consumption spending that we identify as such.

We smooth the daily impulse responses by imposing that the daily coefficients are constant within weeks from $k = -28$ to $-15$ days, and for $k > 14$ days. Standard errors allow for arbitrary heteroscedasticity, within-day correlation, and within-household-year correlation in $u_{h,t}$.

We report cumulative impulse responses of our regression estimates from equation (3), which are simply the sums of estimated coefficients over $k$ up to some $\kappa$. For example, for consumption and $\gamma^+$, the impulse response at $\kappa$, $\sum_{k=-28}^{\kappa} \gamma^+_k$, is the total marginal propensities to consume out of the refund starting 28 days before receiving the refund up to $\kappa$ days after, controlling for seasonal factors, individual differences, and the effect of news gathered during and shortly before filing. Standard errors for the cumulated daily total are calculated for the endpoint of each discrete interval (using the variance-covariance matrix of the coefficients).

5 Asymmetric Consumption Responses

In this section, we present our main finding: In our sample, households have different consumption responses to expected increases and expected decreases in income. The following sections investigate why. Section 4 shows that the asymmetric response is not driven purely by liquidity because it occurs for the most and least liquid households in our sample. Section 7 shows that households have substantial liquidity and use liquidity management to smooth consumption through payments but not refunds. Section 8 shows that, despite making transfers across accounts in response to bad news about refunds and payments, households do not adjust consumption in response to such news.

Consumption Response to Tax Refunds Our first result is that households increase consumption spending when they receive refunds but do not decrease spending when they
Figure 4. Consumption Response to Payment of Taxes and Arrival of Refunds

The figure shows the cumulative consumption response to making tax payments (panels A and C) and the arrival of tax refunds (panels B and D). Panels A and B show the response of all transactions classified as consumption. Panels C and D show the subset of transactions classified as restaurants. The x-axis represents the number of days after the tax payment or receipt of refund. The y-axis shows the propensity to spend out of payment or refund. These responses are computed from equation 3. The shaded region represents two standard errors confidence intervals. Standard errors are doubled-clustered at the household-year and at the calendar-date levels.

- A. Consumption response to payment
- B. Consumption response to refund arrival
- C. Restaurant response to payment
- D. Restaurant response to refund arrival

make tax payments. Specifically, Figure 4 shows estimates of cumulated coefficients, \( \sum_{k=-28}^{\kappa} \gamma_k \) and \( \sum_{k=-28}^{\kappa} \gamma_k \), for different horizons \( \kappa \) from the estimation of equation (3) on our measure of consumption spending. Each impulse response shows the cumulative increase in spending as a percentage of refund and as a percentage of payment starting 28 days before the refund arrived or payment was made. These cumulative spending responses are also reported in the first row of Table 3 (and the responses for unscaled consumption are reported in Table A.II).

Figure 4, panel B, shows that people consume about 8% of their refunds over the month following receiving a refund, a number which rises to 15% of their refund over the following three months. The spending increase starts the exact day on which the refund arrives. We
find no evidence of increases in consumption spending prior to the day of arrival (related to the timing of refund arrival rather than filing).

**Consumption Response to Tax Payments** In contrast to the consumption response to refunds, the response to payments is small and statistically indistinguishable from zero. Panel A of Figure 4 shows the change in spending around the time when households make a tax payment, controlling for the arrival of information about payment. There is a slight decline in consumption that accumulates to (an insignificant in both senses) 4% of payment after four months. We also find no evidence of any decline in spending around the day of payment as we might have expected given the strong response to refunds on the day of arrival. These results focus on the response to cash flow but confirm the temporal pattern of the spending asymmetry displayed in Figure 1, panel B, which showed that month-after spending increases linearly with refund amount and does not decrease with payment amount.

Because our measurement of consumption is conservative, our estimated propensities to consume out of refunds are surely underestimates. The response of outflows that we cannot characterize—which primarily consist of checks and so is probably mostly consumption—has a pattern and magnitude very similar to that of consumption. The final row of Table 3 shows that miscellaneous payments exhibit the same asymmetry as our baseline consumption measure. If miscellaneous payments were consumption, then the propensity to consume out of refunds would be 17% after a month and 28% after four months, which are more than twice as large as our baseline, conservative estimates.

**Strictly Nondurable Consumption Response to Tax Refunds and Payments** Panels C and D of Figure 4 show the same response of consumption to payments and refunds, but only for a narrow and easily identifiable type of consumption: spending at restaurants. These panels show that spending on restaurants exhibits the same clear asymmetry, consistent with consumption rising substantially in response to refund receipt but being stable.

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22 Around tax payments, miscellaneous payments rise instead of falling as they would if tax payments were reducing consumption. This increase possibly reflects payment of state and local taxes. Note that our results for our baseline consumption measure hold almost identically using only households in states without state income taxes.

23 We use the classification of restaurant transactions provided by the debit card and credit card providers, so this includes everything from fast food chains to gourmet dining experiences.
Table 3. Cumulative Consumption Response to Payments and Refunds

This table shows the cumulative response (in percent) of account outflows to expected payments and refunds. The cumulative response is calculated from day $-29$, i.e., one month prior to the payment or refund. The cumulative response is calculated as $\sum_{k=-29}^{\kappa} \gamma_k^+$ and $\sum_{k=-29}^{\kappa} \gamma_k^-$, for different horizons $\kappa$ from the estimation of equation (3) on the measure of consumption spending. Standard errors, shown in parentheses, are clustered by the household-year and calendar day.

<table>
<thead>
<tr>
<th></th>
<th>Panel A: Percent of Payment</th>
<th>Panel B: Percent of Refund</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Days after Payment</td>
<td>Days after Refund</td>
</tr>
<tr>
<td></td>
<td>0</td>
<td>28</td>
</tr>
<tr>
<td>Consumption</td>
<td>0.06</td>
<td>−0.15</td>
</tr>
<tr>
<td></td>
<td>(0.60)</td>
<td>(1.10)</td>
</tr>
<tr>
<td>Restaurant</td>
<td>0.14</td>
<td>0.21</td>
</tr>
<tr>
<td></td>
<td>(0.07)</td>
<td>(0.13)</td>
</tr>
<tr>
<td>Paid Using CC</td>
<td>−0.86</td>
<td>0.12</td>
</tr>
<tr>
<td></td>
<td>(0.60)</td>
<td>(1.11)</td>
</tr>
<tr>
<td>Misc Payments</td>
<td>−1.37</td>
<td>6.20</td>
</tr>
<tr>
<td></td>
<td>(1.55)</td>
<td>(3.04)</td>
</tr>
</tbody>
</table>

around the time tax payments are made. Panels C and D also rule out the interpretation that only spending on durable goods increases, which could then just represent an increase in savings/investment. Thus, our estimated spending responses are neither purely driven by spending on durable goods nor spuriously driven by miscategorized or misinterpreted account outflows.

We again emphasize that our results are unlikely to be driven by differences across households that receive refunds and those that make payments because all households in our sample both make payments and receive refunds (in different years). However, one possibility is that the asymmetric response is due to households that slip into our sample by making a small payment or getting a small refund in just one year. Figures A.I and A.II in the Appendix show that this is not the case: The asymmetry remains when we drop household-years with amounts less than $2,000 and, more severely, when we require households to have a refund and a payment each greater than $2,000. Pursuing this point further, in theory we could identify the asymmetry purely from differences within the same household by interacting the day-of-the-year effects with the individual effects, but doing so makes inference very imprecise. Instead, we confirm that we find the same results when we interact the individual
effects with indicators for day of the week, month of the year, the first three days of the month, the last three days of the month, and the 14th to the 16th of the month (a total of 30 time fixed effects; see Figure A.III in the Appendix).24

However, it is important to note that households can differ across years, and in particular, they do have different amounts of liquidity. We address this issue in detail in Sections 6 and 7. Before doing so, we first address two final possible concerns with our results so far.

The Timing of Refunds and Payments Could the consumption asymmetry be driven by the endogeneity of the timing of filing? People can always postpone payment until the deadline in mid-April.25 A bias from this source seems unlikely because we find the asymmetric consumption response for many different, more homogeneous subgroups of our sample.26

For example, consider the possibility that the spending response to refunds is driven by years in which households have little liquidity and receive large refunds so that they cannot smooth consumption in these years. Panels A and B of Figure 5 show that there is a large asymmetry in consumption response among only those households expecting either payments or small refunds. This subsample contains only household-years in the lowest quintile of the expected value of Refund − Payment. In this subsample, Refund − Payment averages −$62.40 (a payment, relative to a refund of $564 in the whole sample) with a standard deviation of $2,966.

Focusing more closely on the issue of timing, the consumption asymmetry is observed for people independent of when they file their taxes. Panels C and D of Figure 5 show that we find the same asymmetry for households filing in each month of the year. Households filing in April are partly those with substantial liquidity who are not constrained, and yet we find

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24 It is also true that persistent differences across households within the canonical model, such as from differences in impatience, would not produce our main consumption asymmetry. More impatient and so more illiquid households should have a stronger sensitivity of consumption to cash flows, should withhold less, and thus should be more likely to make payments. Thus, differences across households in impatience or liquidity would lead households with lower spending reactions to be more likely to get refunds.

25 Of households that file in February and owe taxes, 33% pay in April, and the average time between filing and payment is 23 days. Of those that file in March, 47% pay in April, and the mean time between filing and payment is 12 days.

26 As we discuss in both the Introduction and Section 7, ours is a select sample that excludes households that choose to postpone payments past the April 15 deadline.
Figure 5. Consumption for Small Expected Amounts and Early/Late Filers

The figure shows the consumption response to making tax payments (panels A and C) and to the arrival of tax refunds (panels B and D). Panels A and B show the response among the subsample of household-years with small expected amounts, defined as the bottom quintile of expected amount (refund less payment). Panels C and D compare the consumption response of early versus late filers. Early filers are defined as those who filed their returns before March. Late filers are those who filed their returns in April. The dotted lines represent two standard errors confidence intervals. Standard errors are doubled-clustered at the household-year and at the calendar-date levels.

substantial spending out of refunds. Alternatively, households who file and pay taxes late have the least time to save and prepare to smooth consumption. Yet, these households also both smooth consumption over payments and spend out of refunds. This lack of difference in spending responses by month constitutes evidence against a specific behavioral theory in which some people have self-control problems that lead them to both procrastinate filing and
accumulate little liquidity.\textsuperscript{27} The lack of differential spending responses to refund arrival also suggests that liquidity constraints are not the main reason for the high propensity to consume out of refunds on arrival. Optimizing households that are short on liquidity should file earlier to better smooth consumption. Thus, if liquidity constraints were driving spending from refunds, we would expect much higher spending responses among households filing earlier (and revealing that they are liquidity constrained). In fact, panel D shows only small differences.

**Mismeasurement and Robustness** Could mismeasurement generate our finding of an asymmetric consumption response? Both the timing and amount of news about refund or payment are measured with error. Measurement error is particularly a concern for the consumption response to payments because most payments are made within three days of filing, whereas no refunds arrive on the day of or day after filing, and most arrive two or more weeks after filing. Our statistical procedure thus might not cleanly separate the consumption response to filing and news from the response to payment.\textsuperscript{28}

However, payments are on average associated with bad news, and households should respond to bad news by decreasing consumption or at least not increasing it. Thus, if our procedure were not cleanly separating the effect of making a payment from the effect of filing and news about payment, we would be biased toward finding a \textit{larger} decline in spending in response to making payments, not the insignificantly small changes we actually find. Further evidence is provided by the differential effect on the exact day of payment and refund.\textsuperscript{29} Thus, this type of mismeasurement cannot account for our asymmetry.

Moreover, our main asymmetry is a very robust result. We find the asymmetry when

\textsuperscript{27}Another related theory is that households that have time-consistency problems are sophisticated about these problems, i.e., understand their bias and act to correct it. In this case, households with time-consistency problems value the commitment of filing later (rather than simply always intending to file tomorrow and failing to do so until the deadline). The prediction for naïfs or sophisticates is the same: People who file later are those most likely to spend when a refund arrives.

\textsuperscript{28}Because there is always a temporal delay between filing and refund, our methodology has much more power to separately identify the response to news and the response to refunds.

\textsuperscript{29}To validate our estimation strategy, we confirmed that it measures the effect of the news and cash flows on the tax-induced cash flows with near perfect accuracy (which we found required daily data rather than data collapsed to the weekly level). For \textit{Refund} − \textit{Payment}, there is a 100\% response to refund arrival and a −100\% response to payments, and no response to news. The filing fee is estimated to rise by $45 on the day of filing, or almost exactly the average filing fee, but the effect is estimated to decay over time.
the equation is estimated with a log dependent variable and indicators of refund, payment, positive news, and negative news. We find similar results if we instead (i) omit the controls for the arrival of news about tax status, (ii) interact the amount of the refund or payment with the timing of filing as a control (instead of interacting the amount of news about future taxes), and (iii) control for the news that arrives but with the timing related to the cash flow rather than filing. Finally, this result does not just apply to the somewhat atypical sample of households that regularly both make payments and receive refunds. As we show in Figure A.IV in the Appendix, we find the same asymmetric consumption response in our broad sample of all households regardless of whether they ever make payments or receive refunds.

We conclude that our main finding is unlikely to be due to a variety of possible biases. Therefore, the consumption responses to cash flows are asymmetric. People increase expenditures on consumption substantially after refunds arrive, but do not reduce expenditures when and after they have to make a payment.

6 Asymmetric Consumption Smoothing, by Liquidity

In this section, we show that liquidity constraints have a limited role in driving the asymmetric consumption response. Households exhibit the consumption asymmetry across the liquidity distribution. First, households do not reduce consumption in response to payments even in the household-years in which they are in the lowest tercile of liquidity. Thus, even households with low liquidity have sufficient funds and debt capacity to stabilize consumption. Second, these same households wait until arrival to increase spending in response to refunds even in the household-years in which they have substantial liquidity, although the increase in spending is more modest.

Two different properties of liquidity are useful for interpreting these results. First, in the U.S. population, low liquidity is persistent in both survey and account-level data. Thus, low or high liquidity is significantly a household characteristic. Second, however, liquid wealth does vary some over time, particularly for wealthier households. Section 7 documents that in our data liquidity in checking and savings accounts is endogenous and related to impending
payments: People adjust their liquidity around tax time and have slightly more liquidity in years with payments.

**Households with Low Liquidity**  Our primary measure of liquidity is based on the small subsample of accounts for which we can observe the account balance from a text line in the account (e.g., “$0.16 interest earned for average daily balance of $3,810.72.”). Because we “observe” balances in this way for all core accounts in January for just under 5% of our sample, we present results for the both our main sample of households that receive refunds in some years and make payments in other years and our broad sample that does not impose this restriction (as described in Table A.I).

Figure 6 presents our main results for households with low ex-ante liquidity according to their January balance for the bottom tercile of our main sample and the bottom quintile of our broad sample.\(^{30}\) Panels A and B show the excess consumption spending around payments and refunds (as in panels A and B in Figure 1 but for larger vertical axes). Households with low liquidity smooth consumption when making payments and yet these same households nevertheless increase consumption when receiving refunds in other years when they also have low liquidity.

Panels C and D show the same results from our estimation of equation (3) (as in panels C and D in Figure 4 but for larger vertical axes). Controlling for seasonal patterns and the timing of filing and information about taxes confirms this result: households with low liquidity spend an even greater fraction of their refunds when they arrive than the typical household, and yet they still smooth consumption through payments. The propensity to spend from rebates is more than one and a half times the average. This pattern is strong evidence that low liquidity is not driving the spending response to refunds since it is not hindering the smoothing of consumption through tax payments. These results are quite robust across different measures of liquidity, as we note just below, including looking at households that pay interest on credit card balances.

We emphasize again that these results are from a sample of households that neither take up refund anticipation loans nor postpone payment until the later tax deadline, and so are

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\(^{30}\)There are about 3,935 household-years in each tercile of our main sample and about 8,323 household-years in each quintile of our broad sample.
Figure 6. Consumption Response for Households with Low Account Balances

Panels A and B show the abnormal consumption around tax payment and refund dates, as a function of payment and refund amounts for household-years with low liquidity based on January account balances. For households in our similar sample (those who make tax payments in some years and receive tax refunds in other years), we take the bottom tercile of observed account balances, resulting in a sample of 3,935 household-years with an average account balance of $2,228. For households in our broader sample, we take the bottom quintile of observed account balances, resulting in a sample of 8,323 household-years with an average account balance of $999. The markers denote averages at every 5% of the data for those who received refunds, and every 10% of the data for those who made payments. Panels C and D show the cumulative response of external savings and debt payments to making tax payments and receiving refunds, respectively. The horizontal axes measure days since payment or refund arrival. The shaded region represents two standard errors confidence intervals. Standard errors are doubled-clustered at the household-year and at the calendar-date levels.

A. Consumption: month before payment or refund

B. Consumption: month of payment or refund

C. Consumption response to payment

D. Consumption response to refund

Households with High Liquidity

Figure 7 displays the spending responses for households with high ex-ante liquidity as measured by January account balances. Panels A and B
show little evidence that households have lower consumption in the month before making payments and some evidence that households with high liquidity have higher consumption in the month following the receipt of a refund. The evidence is statistically weak in our main sample, due to losing 95% of our sample, but quite strong for the broad sample. Panels C and D shows the same results for our regression analysis. For our similar sample, the point estimate of the spending response to refunds is only just slightly smaller than that of the entire sample but is only on the edge of statistical significance. For the broad sample, the evidence for a substantial spending response is much more statistically significant (but requires stronger identifying assumptions to be interpreted as causal).

Optimizing households that both have liquidity and try to stabilize their standard of living should not cut consumption prior to or after making tax payments or receiving tax refunds. We confirm that prediction for tax payments.

These results are quite robust across different measures of liquidity. For example, households filing in February—who might be less liquid if they are impatient to get refunds—have stronger spending responses (as shown earlier in Figure 5, panels C and D). Further, we verify these results for a larger subsample of our data by measuring liquidity based on net interest earned during November, December, and January. Net interest earned is interest earned on all checking and savings accounts less interest paid on linked credit card accounts. While the sample is larger, this measure is less precise as a measure of liquidity due to different interest rates. Figures A.V and A.VI in the Appendix show that we find very similar results for low and high liquidity households, defined as those in the lowest and highest terciles (quintiles) of our main (broad) sample. Finally, we also confirmed these findings for other proxies for liquidity, such as splitting households by income during the three months prior to February of each year, and classifying households expecting small refunds or payments as less likely to be constrained.

Implications Even less-liquid households smooth consumption through making tax payments, which shows that these households are not actually constrained and that their spending out of refunds even when more liquid is unlikely to be driven by liquidity constraints or financial frictions. The finding that households with lower liquidity have larger consumption
Figure 7. Consumption Response for Households with High Account Balances

Panels A and B show the abnormal consumption around tax payment and refund dates, as a function of payment and refund amounts for household-years with high liquidity based on January account balances. For households in our similar sample (those who make tax payments in some years and receive tax refunds in other years), we take the top tercile of observed account balances, resulting in a sample of 3,934 household-years with an average account balance of $90,761. For households in our broader sample, we take the top quintile of observed account balances, resulting in a sample of 8,322 household-years with an average account balance of $108,463. The markers denote averages at every 5% of the data for those who received refunds, and every 10% of the data for those who made payments. Panels C and D show the cumulative response of external savings and debt payments to making tax payments and receiving refunds, respectively. The horizontal axes measure days since payment or refund arrival. The shaded region represents two standard errors confidence intervals. Standard errors are doubled-clustered at the household-year and at the calendar-date levels.  

responses to expected increases in liquidity than households with higher liquidity is consistent with many previous findings in the literature, which, as we have noted, focuses almost entirely on expected increases in income or liquidity. The problem with interpreting this pattern as driven solely by liquidity constraints is that there is no consumption response to payments, even for households with lower liquidity, implying that households can and do manage their finances so as to smooth consumption.
One interpretation is that these households have a mental rule that prohibits them from tapping liquid savings for spending in anticipation of refunds but not in anticipation of payments. To be clear, liquidity surely plays a role in household consumption behavior in general, and the management of liquidity plays a role in the smoothing of consumption through payments, as we show in the next section. However, in our sample, the negative correlation between liquidity and spending out of refunds appears to be driven by a correlation between the behavioral propensity to spend from refunds and liquidity.

The Endogeneity of Liquidity  As we discuss in the next section, we find that in years when households make payments, they have slightly higher account balances in January. While this difference is small, and so cannot account on its own for the different responses to refunds and payments, it is consistent with households taking action to optimally smooth consumption over tax payments and not taking action to smooth consumption through refund arrival.

However, there is another form of endogenous liquidity that rises from the structure of the U.S. tax system. Households that receive a lot of nonlabor income (that is not subject to automatic withholding) are likely to have more wealth and are more likely to make payments. But [Gelman et al., 2019] shows that in a model of liquidity constraints, this feature has a quantitatively small effect on the propensity to spend out of tax refunds and payments. Specifically, in that paper, households with stochastic nonlabor income face an approximation of the U.S. tax system. The model is calibrated to match the observed distribution of payments and refunds and generates an average propensity to spend out of refunds of 30%. Most importantly for our purposes, the model implies relatively little variation in consumption reaction across the range of payments and refunds. The propensity to spend rises by only 6% of payment/refund from a payment of $4,000 to a refund of $4,000. The rise is smooth, without even a kink at zero. Thus, this source of endogenous liquidity is unlikely to be the cause of our results.

In sum, because there is no consumption response to payment, even for the least liquid household-years, we conclude that even these households have plenty of liquidity to stabilize consumption. Further, the most liquid household-years wait until refund arrival to increase
spending, although the increase is more modest for this most liquid group. Households appear to be *choosing* to increase consumption only once refunds arrive but perfectly *smoothing* consumption through payments, mostly, as we now show, by tapping into liquid funds.

7 Asymmetric Liquidity Management

Our evidence so far has shown that households smooth payments but not refunds. One possibility is that households have little liquidity on average and that there is a fixed cost associated with accessing liquidity, such as due to complexity or an actual cost (e.g., taxation of capital gains). If this were the case then households could be willing to pay these costs to avoid large declines in consumption when making payments but not to increase consumption slightly ahead of refund arrival.

In this section, we show that households in our sample appear to be quite liquid on average across the distribution of refunds and payments. They make payments by accumulating slightly more wealth in core accounts by January in years when they owe more taxes. And they then make transfers, almost entirely among observed, liquid accounts—e.g., from a savings to a checking account—both in response to an upcoming payment and in response to news uncovered during tax preparation and filing about higher payments or lower refunds. Households do not adjust earnings ahead of refunds or payments. Because these internal transfers are nearly costless to make in terms of time or money, asymmetric consumption behavior appears to be due to mental costs or heuristics.

Account Balances As described in Section [6], we can observe account balances for a subset of our households by examining the text of interest transactions. While these balances ignore debt capacity on credit cards and liquid funds outside of the observed accounts, the balances that we do observe suggest that our sample of households has substantial liquidity, particularly relative to the amount of the typical payments and refunds (see Figure [2]).

Panel A of Figure [8] plots the median and 25th percentile of the distribution of balances in January in each range of payments and refunds. These households have a significant amount of liquidity throughout the distribution of refunds and payments. The distribution is also
Figure 8. January Account Balances around Tax Payment or Refund

The figure presents the median and 25th percentile of the distribution of account balances in January for 10 equally sized bins of payments and 20 equally sized bins of refunds (same number of observations). Panel A is based on raw account balances, and panel B is based on account balances after removing household fixed effects (only for the 2,511 households with at least two years of balance information, leading to 6,085 household-years).

somewhat skewed. Across this same distribution, households have on average $15,000 to $24,000 in liquid funds, far above the typical payment and refund amounts.

The median displayed in panel A reveals both slightly higher balances in years of payments and a slight V-shape. To some extent, these are both mechanical. Given our sample, a household that will make payment is more likely to have received a refund in the previous year, which, at least ceteris paribus, would raise the account balance. The V-shape arises because higher-income households tend to make larger payments and receive larger refunds, and have more wealth and a higher transaction demand for liquidity.

Panel B of Figure 8 plots the median and 25th percentile of the distribution of abnormal account balances, defined as the balance relative to the household mean January balance across years. The median difference in the account balance in a year when the household will make a payment is no different than in a year when the household will receive a refund. The 25th percentile of this distribution shows, if anything, that there are more households with relatively low account balances in years when they receive refunds than in years when they make payments. The inverted V-shape of the 25th percentile is a natural consequence of higher-income households having both greater year-to-year volatility of account balances
Table 4. Cumulative Changes as a Percentage of Refund or Payment

This table shows the cumulative response (in percentage of refund or payment) of different account measures to expected payments and refunds. The cumulative response is calculated from day $-29$, i.e., one month prior to the payment or refund. The cumulative response is calculated as $\sum_{k=-29}^{\kappa} \gamma_k$ and $\sum_{k=-29}^{\kappa} \gamma_k$, for different horizons $\kappa$ from the estimation of equation (3) on the measure of consumption spending. Standard errors, shows in parentheses, are clustered by the household-year and calendar day. Transfers in is the sum of all transfers into any observed account (including among accounts); external saving and loan payments are the sum of outflows to major financial services companies, clear debt payments, or credit cards.

Panel A: Percent of Payment  Panel B: Percent of Refund

<table>
<thead>
<tr>
<th></th>
<th>Days after Payment</th>
<th></th>
<th>Days after Refund</th>
<th></th>
</tr>
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<tbody>
<tr>
<td></td>
<td>0</td>
<td>28</td>
<td>56</td>
<td>84</td>
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<td>Transfer In</td>
<td></td>
<td></td>
<td></td>
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</tr>
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<td></td>
<td>24.44</td>
<td>24.45</td>
<td>18.07</td>
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<td></td>
<td>(4.21)</td>
<td>(5.93)</td>
<td>(7.80)</td>
<td>(9.95)</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>−4.82</td>
<td>−4.74</td>
<td>−3.83</td>
<td>−3.25</td>
</tr>
<tr>
<td></td>
<td>(2.52)</td>
<td>(4.78)</td>
<td>(6.98)</td>
<td>(9.12)</td>
</tr>
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<td>Changes in Account Balances</td>
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<td></td>
</tr>
<tr>
<td></td>
<td>19.54</td>
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<td>−114.98</td>
<td>−138.11</td>
</tr>
<tr>
<td></td>
<td>(27.70)</td>
<td>(54.16)</td>
<td>(80.79)</td>
<td>(106.54)</td>
</tr>
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<td>Probability of Overdraft</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>−0.04%</td>
<td>0.03%</td>
<td>0.06%</td>
<td>0.07%</td>
</tr>
<tr>
<td></td>
<td>(0.02%)</td>
<td>(0.04%)</td>
<td>(0.06%)</td>
<td>(0.09%)</td>
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<td>−33.72</td>
</tr>
<tr>
<td></td>
<td>(7.02)</td>
<td>(13.84)</td>
<td>(20.54)</td>
<td>(26.97)</td>
</tr>
</tbody>
</table>

and higher payments or refunds.

**Account Transfers** The pattern of transfers that households in our sample make reveals that both they accumulate liquid wealth following refunds and that they have liquid wealth and draw it down prior to making tax payments. Panel C of Figure 1 in the Introduction showed that households smooth consumption through tax payments by increasing transfers into either observed account (including transfers from one account to another) in the month before making a payment. These transfers are equivalent in amount to about a quarter of the anticipated payment.

We find an almost identical result from our estimation of equation (3), which measures the cumulative response to payment from 29 days before it is made, controlling for the arrival of information about the payment. The first number in Table 4 shows that upcoming payments cause households to increase transfers into the observed accounts (including internal
transfers) by 25% of the upcoming payment. Similarly confirming Figure 1, the arrival of a refund increases transfers, but only following arrival, and presumably from checking accounts into savings accounts. More than 40% of the refund amount is transferred into the observed accounts in the four months following the arrival (first row of Table 4, panel B). Note that these transfers do not include transfers out of observed accounts into presumably less-liquid saving accounts, as we discuss after this analysis of transfers into observed accounts. Both sorts of transfers “save” funds that are then presumably available for the years in which the household makes payments.

We also find that households manage liquidity and make transfers in response to news about payments or refunds. Panel A of Figure 9 shows that households also increase transfers into their accounts when they learn that they will either owe more taxes than expected or receive lower than expected refunds. We find no corresponding reaction to good news. Thus, households react to bad news by moving funds across accounts to be able to make payments, but they do not move funds to increase consumption in response to goods news (a result confirmed by the analysis of the consumption response to news in the next section).

Perhaps the nonresponse of households to good news about taxes is because households expecting large refunds are constrained. That is, households who are saving to make payments or who are only expecting to receive small refunds can save less and consume a little more in response to news that they will owe less taxes this year. Panels C and D of Figure 9 rule out this hypothesis, using the broad sample of all households (for reasons of statistical power). Households expecting payments or small refunds also react to bad news about the tax amount but do not respond to goods news.31

The response of transfers to upcoming payments, to the arrival of refunds, and to bad news all confirm what we see in the simple plots in Figure 1. Households actively prepare to make payments. They transfer funds to smooth consumption. But they do not transfer funds to raise consumption in advance of refunds.

Debt Payments and Transfers from External Accounts Only a small share of these transfers in advance of payments come from accounts other than the observed checking and

\[31\text{We find the same result with less precision for panels C and D for our baseline sample of households, as shown in Figure A.VII in the Appendix.}\]
Figure 9. Funds Transfers in Response to News about Tax Amount

The figure shows the fund transfer response around negative and positive news. Panels A and C show the response around negative news. Panels B and D show the response around positive news. Panels A and B show the response for all household-years using our final sample. Panels C and D show the response of household-years in our broad sample with small amounts of expected payments or refunds, defined as being the bottom quintile of absolute expected refunds or payments. The x-axis represents the number of days after households filed their tax returns. The y-axis shows the dollars response per $100 payment or refund. The response is computed from equation [3]. The dotted lines represent two standard errors confidence intervals. Standard errors are doubled-clustered at the household-year and at the calendar-date levels.

Savings accounts. We aggregate all transfers to financial accounts outside of these core accounts and all debt payments (including to credit card accounts) to measure net external savings (or reduction in debt). Panel A of Figure [10] shows that households reduce debt payments and external savings in response to impending payments. But this net dissaving accounts for only 5% of the upcoming payment. Comparing rows 1 and 2 of Table [4] we see that this accounts for only one-fifth of the 25% of payment amount transferred into the account in the 28 days prior to payment. Thus, most transfers we observe are from internal rather than external accounts.

Panel C of Figure [10] confirms this result by simply plotting the abnormal dissaving from
Figure 10. Response of Savings and Loans to Tax Payments and Refunds

Panels A and B show the cumulative response of external savings and debt payments to making tax payments and receiving refunds, respectively. The horizontal axes measure days since payment or refund arrival. Panels C and D show the abnormal external savings and debt payments around tax payment and refund dates, with respect to payment or refund amounts. The markers denote averages at every 5% of the data for those who received refunds, and every 10% of the data for those who made payments. The dotted lines represent two standard errors confidence intervals. Standard errors are doubled-clustered at the household-year and at the calendar-date levels.

In response to refunds, panels B and D of Figure 10, and panel B of Table 4 all show that the arrival of a refund causes a subsequent increase in external savings and debt payment. Taking panel B of Figure 10 for example, the cumulative increase in transfers to noncore accounts rises to 13% of the refund three months following arrival. Comparing rows 1 and 2 of panel B of Table 4 shows that this is still only a third of total transfers observed, meaning external accounts (reduced loan payment, decreases net savings). Households accumulate less than $500 from these external sources. Panel C of Figure 1 in comparison shows a large increase in transfers among core accounts. We conclude that while transfers rise prior to payment, tax payments are largely made using funds in observed, liquid accounts.
that most transfers triggered by tax refunds also occur among core accounts.

**Earned Income and Consumption Smoothing** Households could, in theory, increase earnings to increase liquidity and make tax payments, but we do not find any increases in income inflows to their accounts ahead of an expected payment (final row of Table 4).32

**The Dynamics of Account Balances** Given the modest increases in consumption, miscellaneous outflows, and external savings and debt repayment following refunds, we try to measure changes in core account balances over time in response to refunds (and decreases in response to making payments). We create synthetic measures of account balances by cumulating inflows and outflows over time. Unfortunately, because the evolution of account balances is highly variable across households and over time, our estimate of the impact of tax payments on account balances has very low power; nevertheless, (statistically insignificant) points estimates suggest that balances rise by 20% of payments in advance of payment and then a month after the payment have fallen by more than 100% of the payment (row 3 of Table 4). In response to refunds, our results are also noisy, but now statistically significantly different from zero. We estimate that core account balances rise during the month ahead of refunds by 22% of the refund, and points estimates suggest that account balances have risen by the entire refund amount by two months after arrival, but 95% confidence intervals contain more reasonable estimates (including roughly 50% of the refund amount).33

To address the issue of low power, row 4 of Table 4 shows the response of a proxy for core account balances, the probability of an overdraft. The decline in overdrafts before payments confirms that balances rise prior to payments. Similarly, the overdraft probability confirms that balances fall after payments and rise following refunds (all consistent with the balances in core accounts).

**Delay of Tax Payments and Refund Anticipation Loans** A final way that people might manage liquidity is by delaying payment. Could our main asymmetry be driven by

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32 We also find no evidence that income responds to any news about the tax amount, or that it falls before or after refund receipt.

33 For the interested reader, Appendix Table A.II displays the cumulative response of all categories of account inflows and outflows in one place.
this asymmetry in the tax system? That is, households do not actually have to pay taxes due at the April 15 deadline. Instead, they can postpone payment and borrow at reasonable interest rates and potentially face penalties from the government. Ultimately, of course, taxpayers who fail to pay their taxes face the possibility of incarceration, so this strategy is not without risk, but borrowing from the government is an option in the short term.

We note that the institutional structure is actually roughly symmetric. Households can delay payment and borrow from the government, but they can also borrow in advance of a refund. That is, once taxes are filed, the payment from the government provides sufficient collateral that most tax preparers and preparation programs will advance the refund to the taxpayer upon filing (e.g., TurboTax Refund Advance in some states). Thus, for both refunds and payments, the taxpayer has a high-interest-rate option that would allow them to smooth consumption.\footnote{People who delay payment to October 15 (or later) do not appear in our sample. Nor do people who take out refund anticipation loans. Thus, the asymmetry we observe is for the sample of households that follow the “normal” route and receive a refund or make their payment on time.}

We conclude that, in practice, people have a roughly symmetric opportunity to postpone payment even further (and suffer interest penalties) or to borrow against refunds (and pay high interest rates). This type of liquidity management occurs but is not the source of our asymmetry.

In sum, households smooth consumption through payments by accumulating more wealth, by reacting to bad news when it arrives, and by transferring funds (primarily) among liquid accounts. They also manage funds to accumulate slightly more liquid assets by January in years when they owe more taxes. And yet, they do not take these actions to smooth consumption in response to refunds but instead increase consumption following refund arrival.

### 8 Lack of Consumption Response to News

This section shows that households do not adjust consumption prior to payments or refunds as news arrives. Nor do they adjust consumption in response to impending payments or refunds, or when making a payment.

In theory, households with a lot of liquid wealth should increase consumption in response
to good news about a refund or payment and should reduce consumption in response to bad news about a refund or payment symmetrically. But these responses should be trivial because tax refunds and payments are small fractions of wealth and lifetime income.

Alternatively, if households are forward-looking, smooth consumption, and face occasionally binding liquidity constraints, then theory predicts that the reaction of consumption to negative news should be larger than the reaction to positive news—the reverse of the asymmetry we observe for positive and negative expected cash flows. Households that have few funds and face tightly binding liquidity constraints are unable to adjust consumption in response to positive or negative news about future cash flows. Quantitatively significant and asymmetric consumption responses arise only for households that are “weakly” constrained or close to constrained. Households that are weakly constrained do not respond to good news but do cut spending in response to negative news that is large enough to (probabilistically) relax their constraints. Households that are close-to-constrained will respond to bad news but will not increase spending fully in response to good news that (probabilistically) imposes a future binding constraint.

This discussion assumes that return preparation provides information about payment or refund and not about future non-tax income or current wealth. That is, we assume that while the household may learn about the previous year’s income, this information is only relevant for tax status condition on their (known) current financial wealth, current after-tax take-home pay, and expected future non-tax income. If this assumption were incorrect, then the estimated responses to news would also include the response to information about current wealth or future income.

We find that households do not decrease consumption in response to bad news about their refund or payment amount, nor do they lower consumption in advance of making tax payments. First, as shown in panel A of Figure [1] in the Introduction, consumption does not decline in the month before making a payment (that is, relative to the timing of the “cash flow” rather than filing) or rise once the payment is made.

Second, and more importantly, there is no economically significant change in spending in the period before filing related to the size of the news uncovered during the preparation of taxes prior to filing. Panels A and B of Figure [11] show these (lack of) consumption responses
Figure 11. Consumption Response around News During Tax Preparation

The figure shows the consumption response around negative and positive news. Panels A and C show the response around negative news. Panels B and D show the response around positive news. Panels A and B show the response for all household-years using our final sample. Panels C and D show the response of household-years in our broad sample with small amounts of expected payments or refunds, defined as being the bottom quintile of absolute expected refunds or payments. The x-axis represents the number of days after households filed their tax returns. The y-axis shows the dollars response per $100 payment or refund. The response is computed from equation 3. The dotted lines represent two standard errors confidence intervals. Standard errors are doubled-clustered at the household-year and at the calendar-date levels.

Finally, we again examine the subsample of households that are likely to make payments or receive small refunds. Households that are liquidity constrained by a future payment may adjust consumption nearly completely in response to news about the value of that payment. Those expecting small refunds may also be able to respond, while those expecting large refunds may simply be too constrained to respond to news. Panels C and D of Figure 11 report results based on our broad sample and show no statistically significant response of consumption to bad news about future payment or refund. However, we find some decline in
consumption in response to positive news, which suggests that, at least for this subsample of households who do not all receive both payments and refunds, positive news about payments may be negative news about resources for consumption, such as investment wealth. Figure A.VIII in the Appendix shows no significant effects for either positive or negative news for our baseline sample (and point estimates suggest that positive news increases consumption and negative decreases it).

While panels A and B of Figure 11 show that households do not adjust their consumption as news arrives, could our findings be due to mismeasurement of news about taxes uncovered during filing?

First, households might have biased expectations about their refunds and so our measures of news could be incorrect. An arbitrary pattern of bias could lead to arbitrary bias in the effect of news and filing on spending. However, if the bias has a central tendency, this average bias would lead to a spending response to filing. Pessimism, like precautionary saving, would appear as an average increase in spending around filing as households get good news that they are receiving more money than expected. But prior evidence suggests that households have reasonably accurate and unbiased estimates of taxes (Smeeding, Phillips, and O’Connor 2000; Jones 2012; Porto and Collins 2017; Caldwell, Nelson, and Waldinger 2018).

Second, it could simply be that households learn information about their future tax payment or refund far earlier than our statistical model suggests. If our measure of news and/or its timing were unrelated to the information uncovered during filing, then we would find no response of consumption or any other variable to news. In fact, our measure of news does contain information, and households react to this information. Figure 9 shows that households make transfers in response to our measure of news.

9 Theory: Refunds, Tax Payments, and Consumption

This section contrasts our results with the prediction of the main theories of household behavior that explain the previously observed high marginal propensity to consume out of transitory income.
**Buffer-Stock Model**  In models with liquidity constraints, spending responses to expected refunds and payments may be asymmetrically constrained. Households can always increase savings to prepare to make a tax payment. But households with limited liquidity cannot always borrow to increase spending in anticipation of a tax refund. Thus, a model with liquidity constraints predicts different responses to news about refunds versus payments, as we find. However, in contrast to our findings, the buffer-stock model predicts: (i) no spending increase in response to refund arrival for liquid households, (ii) a decline in consumption prior to payment, (iii) increases in spending shortly before refund arrival, and (iv) large changes in response to news about payments (or small refunds) for the least liquid households (see Figure 5 and discussion).

While we also find no spending responses to news while people prepare their taxes, this is not a strong rejection of the buffer stock model for two reasons. First, for liquid households, tax refunds and payments are small relative to lifetime income; as such, the consumption responses to news are predicted to be small (relative to the power of our tests). Second, for relatively less liquid households who are expecting to make payments and thus who should have stronger responses, the power of our tests is weak and we cannot rule out some response to information.

**Mental Accounting**  In models of mental accounts (Thaler, 1985; Shefrin and Thaler, 1988; Arkes, Joyner, Pezzo, Nash, Siegel-Jacobs, and Stone, 1994), households use rules of thumb to determine their income and consumption paths. The theory is driven by empirical observations (Thaler, 1999) and hence is limited in its predictions. In a specific framework, Shefrin and Thaler (1988) proposes a theory of consumption and saving based on a behavioral life-cycle. According to the theory, households maintain three mental accounts: current income, current assets, and future income. The current income mental account contains regular income and funds consumption. Hence, consumption tracks current income, and households’ consumption is hypersensitive to income. Current assets are less liquid and are

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35 Shea (1995a) investigates this asymmetry in aggregate data and shows that aggregate consumption responds more to predictable decreases in income than to predictable increases.

36 Or if they can borrow, they may choose not to make the effort or pay the fixed cost to obtain credit, or they may choose not to pay the higher interest rate on unsecured borrowing, or they may choose not to take on the costs associated with turning less liquid assets into consumption.
saved for future use (e.g., retirement). The future income account is reserved for anticipated income (e.g., future inheritance), and households follow a rule of thumb of not consuming out of it until arrival (even if the arrival is guaranteed).

In the context of our empirical setting, the behavioral life-cycle theory of Shefrin and Thaler (1988) predicts our main findings. Anticipated tax refunds are classified as future income until their actual arrival, and hence are not consumed ahead of time. Upon arrival, refunds join the same pool as income from work and consumption, but because refunds are not regular income, they are viewed like bonuses and so are partly consumed and partly saved. Shefrin and Thaler (1988) argue that households use less-liquid accounts to store current assets as a commitment mechanism against frivolous consumption. Thaler (1994) proposes that a higher saving rate could be achieved simply by changing the mental classification of tax refunds—by depositing refunds into retirement accounts (e.g., IRAs).

Shefrin and Thaler (1988) does not explicitly discuss tax payments. However, it is plausible that tax payments would be considered as external to the income–consumption cycle that takes place in the current income account. As such, households would use their liquid or less-liquid assets to fund payments without lowering consumption. An interesting possibility is that people mentally associate the tax payment with the source of the income that caused the additional taxes. Thus, people who have lots of dividends or capital gains (realized or just distributed by mutual funds) and therefore owe taxes feel that it is appropriate to pay from these investment accounts. While this may be the case, this does not explain much of the behavior we document. Transfers from non-core accounts such as brokerage accounts make up very few of the transfers that we observe prior to payment.

The predictions of a model of hyperbolic discounting with a commitment saving device are quite similar (Angeletos et al., 2001). A rational hyperbolic saving model predicts some anticipatory spending ahead of refund arrival; in our empirical setting, however, the economic costs of transferring funds from a savings account to a checking account are negligible.

Shefrin and Thaler (1988) predicts that a tax cut without a change in the withholding rate should result in a greater saving rate because tax refunds will increase over time and would be considered a “bonus” (part consumed and part saved). In contrast, higher net income would be considered as destined to consumption. Sahm, Shapiro, and Slemrod (2012) compare the response of consumption to rebates and reductions in withholding. Feldman (2010) shows that saving rates decline the year following a decrease in the tax withholding requirement.
Hand-to-Mouth and Models of Inattention  Other theories of consumer behavior have quite different implications and predict symmetric spending responses. If households are living hand-to-mouth (as in Campbell and Mankiw 1989) or behave as target savers as in the Reis (2006) model of inattention, they consume their income (or some constant fraction thereof). In this case, spending should increase with refund receipt but also fall with tax payment. Further, if households are target spenders, consumption spending should not respond to news, refund, or tax payment. Although in Reis (2006) these rules are time-dependent, households might instead follow state-dependent or more sophisticated rules in which their propensity to spend on arrival is related to the size of the utility loss caused by spending behavior that deviates from that of the fully attentive model (e.g., Caballero 1995).

10 Final Discussion

We observe a specific sample of households that increase spending when they receive an anticipated tax refund, consistent with prior research measuring the presence of probabilistically-binding liquidity constraints or hand-to-mouth behavior (Zeldes 1989; Olafsson and Pagel 2018). This effect is stronger for less liquid households, a finding that again has been interpreted as evidence of liquidity constraints. However, this behavior does not appear to be driven by a lack of liquidity: These same households completely smooth consumption when making anticipated tax payments, implying that they have the liquidity to smooth consumption through refunds. They smooth consumption primarily by moving funds around among savings and checking accounts prior to making payments as well as when bad news about taxes due or refunds arrives. People bring in a small fraction of their payments from outside accounts. They also accumulate slightly higher account balances in January in years when they face higher payments or lower refunds.

Thus, in our sample, people can weather temporary declines in income without cutting consumption, and therefore they spend out of tax refunds largely by choice rather than due to liquidity constraints. This behavior is consistent with a heuristic in which the savings account is reserved for lumpy or necessary costs like tax payments and not used for discretionary
current consumption. Among the models describing household behavior, our results best match mental accounting behavior (Shefrin and Thaler, 1988), and our study provides a relatively clean test of its predictions.

Our results have important implications for at least two types of policies. First, the behavior that we document would lead to quantitatively different dynamic responses to income shocks in economic models. Because these consumers choose not to spend out of future income, their responsiveness to information about future income or interest rates would be limited and not determined by the distribution of liquid wealth. Similarly, their response to changes in current income would differ by sign but not be as dependent on liquidity. In macroeconomic models such as heterogeneous-agent New Keynesian models, these features would alter the response of consumption demand both to economic shocks and to policy responses ranging from fiscal transfers to forward guidance.

Second, Shefrin and Thaler (1988); Thaler (1994) argues that in models where people behave in the way that we find they do, savings would be higher if tax refunds were larger (i.e., higher withholding rate) and if they were deposited into households’ savings accounts (e.g., retirement saving accounts) directly instead into households’ checking accounts.
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