# UCRS 2100: Career Development, Fall 2025

| INSTRUCTORS:  | OFFICE:                             | OFFICE:                                  |  |
|---|-------------------------------------|--|--|
| Zach Yeager, M.Ed.  | Sycamore 205                        |  |  |
| Lamont Armstrong, M.Ed.   | By Appointment Only                 |  |  |
| OFFICE HOURS:   | CLASS MEETS:                        |  |  |
| Appointments: E-mail Zach directly.                                   | Thursdays from 2-2:50 PM in GAB 204 |  |  |
| EMAIL: zach.yeager@unt.edu;   |                                     |  |  |
| <u>Lamont.Armstrong@unt.edu</u> ; Do not use the built-               |                                     |  |  |
| in Canvas E-mail!   |                                     |  |  |
|   | T                                   | 1  |  |
| EVALUATION:   | Points                              | GRADE ASSIGNMENTS:                       |  |
| Class Attendance & Participation                                      | 30                                  | A: 90%-100% or 90-100 pts                |  |
| My Plan Assessments and Weekly Assignments                            | 30                                  | B: 80%-89% or 80-89 pts                  |  |
| Final Project (Research Proposal, Professional                        | 40                                  | C: 70%-79% or 70-79 pts                  |  |
| Interview, Research Paper, Presentation)                              |                                     | D: 60%-69% or 60-69 pts                  |  |
| Total Points  | 100                                 | F: 0%-59% or 0-59 pts                    |  |
| GRADE DETERMINATION:  | 100                                 | ]  |  |
| Student grade is determined by his/her                                |                                     | Graded as Pass/No Pass: A, B, C, & D are |  |
| performance on the evaluation criteria and the                        |                                     | Passing Grades                           |  |
| graded Assignments listed above.                                      |                                     |  |  |
| FINAL GRADE: Students may access their course grad                    | les online                          |  |  |
| via the EIS system: <a href="http://my.unt.edu">http://my.unt.edu</a> |                                     |  |  |

## About your Instructor

I enjoy helping students find their true passion as it relates to their future and career. When I was a student, I began as a Math & Education major, switched to Computer Science, and then added a Communication minor when I realized I did not want to do Computer Science anymore. While I ultimately graduated with that degree, I went on to pursue a Master of Education with a major in Higher Education. The combination of my skills from both undergraduate and graduate degrees has helped me assist students. I'm excited to walk with you through your process of exploring your major and career options. I served as an advisor in CLASS for 5 and a half years and worked in the Office of the Registrar for over a year and a half before returning to Advising in August 2024.

# **Course Description**

UCRS 2100 assists undecided majors and others who wish to clarify their career goals in exploring their interests, abilities and values, and in relating these to academic, personal and career choices.

The nature of UCRS 2100 is one of self-exploration and self-directed career research. I often say students "get out of the class what they put into the course." As you go through the exercises and lessons, your level of thoughtfulness and intentionality will directly impact your satisfaction with the outcome. Spending time on the course activities and engaging with your professor will provide you with the best opportunity to get the most out of the course material and help you make strides toward your career development goals.

# **Course Objectives**

By the end of this course, students will be able to:

- 1. Identify personal values, skills, personality and interests.
- 2. Conduct research to explore qualifications and skills for potential majors or careers of interest.
- 3. Apply knowledge of self to determine fit of potential careers.

- 4. Articulate value of degree and self to employers and others.
- 5. Communicate in oral and written form personal values, skills, personality and interests and how they apply to potential majors or careers.

#### **Course Policies**

#### Communication is KEY!

Please contact me via email at <a href="mailto:zach.yeager@unt.edu">zach.yeager@unt.edu</a> if extenuating circumstances arise during this semester that will impact your engagement in this course. We can work together toward a solution for finishing this course if you keep me in the loop. Please contact me via email if you have any questions, and I will respond within 24-48 hours on weekdays. Please do not expect a response over the weekend.

#### Late Work

All work turned in after the deadline will result in a penalty of points unless the student has a university-excused absence and provides documentation with 48 hours of the missed deadline.

### **Attendance Policy**

Class attendance is mandatory. Only one (1) absence is permitted. Missing any portion of class may be counted as an absence. Being late two times is counted as an absence. You are responsible for all information given in class, regardless of your attendance. This includes meeting all Assignment deadlines. If you miss a class, it is your responsibility to learn what you missed.

It is important that you communicate with me prior to being absent, so we can discuss and mitigate the impact of the absence on your attainment of course learning goals. Please inform me prior to the course meeting time if you are unable to attend class meetings because you are ill, in mindfulness of the health and safety of everyone in our class.

# Classroom Etiquette

Students are expected to be actively engaged with the course material. If an Assignment or assessment is giving you trouble, doesn't make sense to you, or presents information you disagree with, I encourage you to reach out to me to discuss content further rather than fail to review the material or complete related Assignments.

# Syllabus Change Policy

This syllabus is subject to change as the instructor deems necessary. Any/all changes will be announced during regular class time. It is the responsibility of the student to attend each scheduled class to be informed of these changes.

### **UNT Policies**

### **Drop Policy:**

If you are unable to complete this course, it is your responsibility to formally drop the course. Please visit with me before dropping the course. If you drop before August 31, 2024, you can do so online and will not receive a "W." If you drop between August 31, 2024 and November 8, 2024, you will receive a "W". You cannot drop after November 8. Drop deadlines are listed here: https://registrar.unt.edu/registration/fall-registration-guide

## **Academic Integrity Policy**

Academic Integrity Standards and Consequences. According to UNT Policy 06.003, Student Academic Integrity, academic dishonesty occurs when students engage in behaviors including, but not limited to cheating, fabrication, facilitating academic dishonesty, forgery, plagiarism, and sabotage. A finding of academic dishonesty may result in a range of academic penalties or sanctions ranging from admonition to expulsion from the University.

# **ADA Policy**

UNT makes reasonable academic accommodation for students with disabilities. Students seeking accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is verified, the ODA will provide a student with an accommodation letter to be delivered to faculty to begin a private discussion

regarding one's specific course needs. Students may request accommodations at any time, however, ODA notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet with each faculty member prior to implementation in each class. For additional information see the ODA website (https://disability.unt.edu/).

# **Emergency Notification & Procedures**

UNT uses a system called Eagle Alert to quickly notify students with critical information in the event of an emergency (i.e., severe weather, campus closing, and health and public safety emergencies like chemical spills, fires, or violence). In the event of a university closure, please refer to Canvas for contingency plans for covering course materials.

#### **Course Evaluation**

Student Perceptions of Teaching (SPOT) is the student evaluation system for UNT and allows students the ability to confidentially provide constructive feedback to their instructor and department to improve the quality of student experiences in the course. Check your my.unt.edu to see when SPOT evaluations are available.

## **Overview of Assignments**

(Detailed instructions will be provided and explained during class time and available on Canvas):

- Class Attendance and Participation (30 pts)
- MyPlan Assessments, Canvas Modules and Weekly Assignments (30 pts):
  - Students are expected to complete the weekly modules and Assignments in Canvas and be actively engaged with the course material and class discussion online.
  - Modules will open at class time each Thursday with weekly Assignments due by the following Wednesday at 11:59 pm.
  - Weekly Assignments will often be a **Discussion Board activity** and/ or **Quiz** on the topic discussed in class that week.
  - Students will complete four sections of the MyPlan Assessment available on the UNT Career Center's website: https://careercenter.unt.edu/resources/myplan/
    - For assistance in taking the assessments, see the following video:
       <a href="https://careercenter.unt.edu/videos/how-to-series-myplan-assessment/">https://careercenter.unt.edu/videos/how-to-series-myplan-assessment/</a>
    - Students will be asked to summarize their results on Canvas so that the instructor can review the results with the student.
  - o **Research Proposal** (due Week 9). This document will help students to summarize their MyPlan Assessment results and propose the majors or careers they will research for their Final Project.
  - During week 10, students will be taught how to create a **Resume**, and asked to create their own (due week 12). Week 11 will be a Resume Workshop where Career Coaches will assist students in editing their resumes.
- Final Project (40 pts):
  - Professional Interview Project (due Week 13 by the start of class): Students will learn more about the
    experience and requirements of a potential career by hearing first-hand from a professional in the field.
    Answers to reflection questions will be typed and turned into the instructor via Canvas.
  - Research Paper (due Week 13 by the start of class): Students will conduct research on either 2 careers
     <u>or</u> 2 majors. Answers to specific questions about the career or major will be typed and turned into the
     instructor via Canvas.
  - Presentation Slides & Final Presentation (due Week 13 by the start of class): Students will summarize
    the findings of their Professional Interview Project and Research Paper in presentation slides. Each
    student will present their slides to the class in a 5-minute presentation during weeks 13-15. The
    presentation slides will be submitted via Canvas as an Assignment.
- Extra Credit (5 pts): Extra credit will be awarded to students who schedule and attend an appointment with their UCRS 2100 Instructor or UNT Career Center Coach. Extra credit sheet must be turned into the instructor before the last day of class.

# **Course Outline**

| Week | Day   | Primary Topics Covered  | Due at 11:59 PM the Day Prior to<br>Class on Canvas   |
|------|-------|---|---|
| 1    | 8/21  | Introduction to Class  Syllabus, Overview: Purpose of the Class Career Center: Overview of Services   |   |
| 2    | 8/28  | Personal Inventory: Interests   | <ul> <li>Career Readiness Pre-Test Quiz</li> <li>My Plan Interests Quiz</li> <li>Welcome Quiz</li> </ul>  |
| 3    | 9/4   | Personal Inventory: Personality   | My Plan Personality Quiz     Interests Discussion Assignment  |
|      | 9/11  | NO CLASS  |   |
| 4    | 9/18  | Personal Inventory: Skills  | <ul><li> MyPlan Skills Quiz</li><li> Personality Discussion Assignment</li></ul>  |
| 5    | 9/25  | Personal Inventory: Values  | MyPlan Values Quiz     Skills Discussion Assignment   |
| 6    | 10/2  | <ul> <li>What Does it Mean to Have a Bachelor's Degree?</li> <li>Marketability of Degree</li> <li>What Do Employers Want?</li> <li>What are Your Goals After Graduation?</li> <li>How to Market Yourself</li> </ul> | Values Discussion Assignment  |
| 7    | 10/9  | <ul> <li>Decision Making</li> <li>How to Make a Good Decision</li> <li>How to Overcome Obstacles to Good Decision<br/>Making</li> <li>Learn the details for the Final Project</li> </ul>                            | Marketability Discussion     Assignment   |
| 8    | 10/16 | Career Center: Conducting Career and Major Research,<br>Job and Internship Search   | Decision Making Discussion     Assignment   |
| 9    | 10/23 | Career Center: Resume Writing Career Center: Networking and Interviewing  | <ul> <li>Research Proposal Due</li> <li>Career Research Discussion</li> <li>Job and Internship Assignment</li> </ul>                                      |
| 10   | 10/30 | Career Center: Resume Workshop  | <ul> <li>Resume Writing Discussion</li> <li>30 second Commercial/Elevator         Pitch</li> <li>Sign ups for Final Presentation         begin</li> </ul> |
| 11   | 11/6  | Final Project Workshop – NO CLASS   | • Resume  |
| 12   | 11/13 | Final Project Presentations   | <ul> <li>Major or Career Research Paper</li> <li>Professional Interview Project</li> <li>Presentation Slides</li> </ul>                                   |
| 13   | 11/20 | Final Project Presentations   |   |
|      | 11/27 | UNT CLOSED  | • Thanksgiving Break  |
| 14   | 12/4  | Final Project Presentations   |   |
| 15   | 12/11 | FINALS WEEK – NO CLASS  | Post-Test Quiz     Extra Credit   |