

Instructor Information

Sabrina Queen, MAT, ATC, LAT, CAFS

Pronouns: she/her

Office: Physical Education Building (PEB) 209-J

Office Hours: By appointment only

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Course Description

Advanced Athletic Training. 3 hours.

Evaluation and treatment of athletic injuries. This course will incorporate a “hands on” approach to prepare students for the Texas Licensing Examination and allied health programs where practical skills are required.

Course Structure

This course will meet face-to-face throughout the 16-week semester. Our class time together will involve lectures, discussion, and hands-on skill development. Most of your assignments will be completed during class on paper or by demonstration. You will have one quiz to be completed via Canvas outside of class. The slides for each lecture will be available in Canvas prior to coverage in class, so you may print them as needed or follow along in class using an electronic device. The exams in this course will be taken **in class** via Canvas or will be written. Therefore, if an exam is taken via Canvas, you must bring your laptop to class on exam days.

Course Objectives

1. Recognize, evaluate, and assess common orthopedic injuries to the lower body, upper body, head, neck, and spine.
2. Construct a thorough history from an injured athlete on/off the field.
3. Determine appropriate observations during an injury assessment.
4. Identify appropriate bony landmarks related to injury evaluation.
5. Perform special tests appropriately for each body part reviewed.
6. Document injury evaluation reports (SOAP notes) accurately.

Classroom Environment

Please work with me to create a classroom culture of open communication, mutual respect, and belonging. All discussions should be respectful, and personal attacks are unacceptable. Together, we can ensure a safe and welcoming classroom for all. If you ever feel like this is not the case, please stop by my office and let me know. We are all learning together.

Please also familiarize yourself with UNT’s Student Code of Conduct (<https://policy.unt.edu/policy/07-012>) and the Athletic Training Lab Policies and Procedures on the last page of this syllabus.

Communication

Please feel free to email me with questions or to set up an appointment to meet in person or virtually. Students have utilized email and appointments to seek clarification and support in understanding course material, to request additional feedback on assignments, quizzes, or exams, and to celebrate victories along the way.

When emailing me, please use “KINE 4250” to start your subject line as this will help call attention to your email. However, every now and then an email may still get buried in my inbox, so, if you do not receive a response within two business days, please send a follow up email. A gentle nudge is always appreciated.

Attendance and Participation

Attendance is expected and vital to learning the content in this course. You are responsible for mastering the material presented during lectures and labs. All talking points, class discussions, and hands-on learning may be included in the exams. If you miss class with an excused absence, you will have an opportunity to make up any grade(s) missed. You are responsible for reaching out to me to schedule a time to complete any missed work. Further, if you need clarification on a topic discussed during that day's lecture, I will be happy to answer any questions and have further discussions about the content. If you miss class with an unexcused absence, you will not have an opportunity to make up any grade(s) missed, including exams.

Course Materials

Recommended textbook: Starkey, C. Examination of Orthopedic and Athletic Injuries, 5th Ed.

To participate in this class, you will need reliable internet access to reference course content on the Canvas Learning Management System. It is best to use Canvas on a laptop/computer. You may also need access to speakers and a microphone. If circumstances change, you will be informed of other technical needs to access course content. Information on how to be successful in a digital learning environment can be found at <https://online.unt.edu/learn>, and you can find locations and hours for student computer labs at <https://academictechnologies.unt.edu/services/computer-labs/request/find-student-computer-lab>.

Due Dates

Late work will not be accepted unless you have an excused absence. If you are having technical issues, please utilize the appropriate UNT resources to get them resolved and communicate your efforts with me throughout. It is your responsibility to check Canvas often for due dates and announcements. If any due dates must change, I will communicate with you via Canvas Announcements and in class ahead of time, if possible.

Grading

Final grades will NOT be rounded. Your grades will be based on the point values below.

You will not be able to make up any work unless you have an excused absence. If you are not present in class on the day of an exam, with an unexcused absence, you will receive zero credit for the exam and will not be able to make it up.

Grading of exams, quizzes, and assignments will be posted within 7 days of the due date or date taken; if you desire individual feedback on tests, quizzes, or assignments, please reach out via email and schedule an individual meeting with me.

Assignment	Qty	Points each	Total points
In-Class Assignments	11	10	110
Skills-Checks	9	10	90
Quiz	1	50	50
Injury Evaluations	6	15	90
SOAP Notes	6	15	90
Exams	3	100	300
Total			730

A = 657 – 730 points (90-100%)

B = 584 – 656 points (80-89.9%)

C = 511 – 583 points (70-79.9%)

D = 438 – 510 points (60-69.9%)

F = 437 points or lower (59.9% or lower)

Course Calendar

Each class meeting will be held in Col 45 unless otherwise told by the instructor.

Day	Date	Topic	Chapter
T	Jan 13	Syllabus; Lab setup	
Th	Jan 15	Course Intro: Evaluation Process	1
T	Jan 20	On-field vs. Off-field and Injury Nomenclature	2, 4, 5
Th	Jan 22	Posture & Kinetic Chain	6
T	Jan 27	Gait Analysis	7
Th	Jan 29	SOAP Notes	
T	Feb 3	Foot & Ankle	8, 9
Th	Feb 5	Foot & Ankle	8, 9
T	Feb 10	Foot & Ankle	8, 9
Th	Feb 12	Knee	10, 11
T	Feb 17	Knee	10, 11
Th	Feb 19	Knee	10, 11
T	Feb 24	Hip	12
Th	Feb 26	Hip	12
T	Mar 3	Hip	12
Th	Mar 5	EXAM 1	
T	Mar 10	SPRING BREAK	
Th	Mar 12	SPRING BREAK	
T	Mar 17	Shoulder	15
Th	Mar 19	Shoulder	15
T	Mar 24	Shoulder	15
Th	Mar 26	Elbow	16
T	Mar 31	Elbow	16
Th	Apr 2	Wrist & Hand	17
T	Apr 7	Wrist & Hand	17
Th	Apr 9	Elbow, Wrist & Hand	16, 17
T	Apr 14	EXAM 2	
Th	Apr 16	Head, Neck & Spine	13, 14, 20
T	Apr 21	Head, Neck & Spine	13, 14, 20
Th	Apr 23	Concussions	20
T	Apr 28	Concussions	20
Th	Apr 30	Concussions	20
T	May 5	EXAM 3	

Spring 2026 Academic Calendar & Key Dates

You may want to familiarize yourself with some important dates (<https://registrar.unt.edu/registration/spring-academic-calendar.html>), such as drop/add deadlines.

UNT Policies

Please be aware of the UNT policies and procedures found on the Student Support Services and Policies page (<https://digitalstrategy.unt.edu/clear/student-support-services-policies.html>).

Policies & Resources

Syllabus Change Policy

UNT uses a system called Eagle Alert to quickly notify students with critical information in the event of an emergency (i.e., severe weather, campus closing, and health and public safety emergencies like chemical spills, fires, or violence). In the event of a university closure, please refer to the UNT Learning Management System (LMS) for contingency plans for covering course materials.

- The calendar is subject to change due to unforeseen circumstances. I will communicate any changes via Canvas Announcements and in class ahead of time, if possible.

Academic Integrity Policy

Academic Integrity Standards and Consequences. According to [UNT Policy 06.003](#), Student Academic Integrity, academic dishonesty occurs when students engage in behaviors including, but not limited to cheating, fabrication, facilitating academic dishonesty, forgery, plagiarism, and sabotage. A finding of academic dishonesty may result in a range of academic penalties or sanctions ranging from admonition to expulsion from the University.

Generative AI Use

In this course, I want you to develop your own critical thinking and writing skills. For this reason, the use of Generative AI (GenAI) tools like ChatGPT and automated SOAP note writing are not permitted. While these tools can be helpful in some contexts, they do not align with our goal of fostering the development of your independent thinking. Using GenAI to complete any part of an assignment, exam, or coursework will be considered a violation of academic integrity, as it prevents the development of your own skills, and will be addressed according to the [Student Academic Integrity policy](#).

Mental Health, Academic Success, and more

UNT strives to create a supportive environment which is evident by the many resources available. Please utilize them!

We all need help sometimes, and UNT is committed to assisting with a variety of needs.

To learn more about campus resources and information on how you can be successful at UNT, go to unt.edu/success and explore unt.edu/wellness. To get all your enrollment and student financial-related questions answered, go to scrappysays.unt.edu.

Office of Disability Access (ODA)

The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking reasonable accommodation must first register with the Office of Disability Access (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with a reasonable accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request reasonable accommodations at any time; however, ODA notices of reasonable accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of reasonable accommodation for every semester and must meet with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver letters of reasonable accommodation during faculty office hours or by appointment. Faculty members have the authority to ask students to discuss such letters during their designated office hours to protect the privacy of the student. For additional information, refer to the [Office of Disability Access](#) website (<https://studentaffairs.unt.edu/office-disability-access>). You may also contact ODA by phone at (940) 565-4323.

Course Safety Procedures

While working in laboratory sessions, students enrolled in Basic Athletic Training are required to follow proper safety procedures and guidelines in all activities requiring lifting, climbing, walking on slippery surfaces, using equipment and tools, handling chemical solutions and hot and cold products. Students should be aware that UNT is not liable for injuries incurred while students are participating in class activities. All students are encouraged to secure adequate insurance coverage in the event of accidental injury. Students who do not have insurance coverage should consider obtaining Student Health Insurance. Brochures for student insurance are available in the UNT Student Health and Wellness Center. Students who are injured during class activities may seek medical attention at the Student Health and Wellness Center at rates that are reduced compared to other medical facilities. If students have an insurance plan other than Student Health Insurance at UNT, they should be sure that the plan covers treatment at this facility. If students choose not to go to the UNT Student Health and Wellness Center, they may be transported to an emergency room at a local hospital. Students are responsible for expenses incurred there.

Athletic Training Laboratory Policies and Procedures

It is the intent of your instructor to provide a safe learning experience for all students and provide guidelines for the development, implementation, and maintenance of safe, enriching and engaging athletic training laboratories. The following guidelines are established to provide instructions in maintaining safety for students, staff, and faculty while participating in the KINE 4250 advanced athletic training course laboratories.

All students, staff, and faculty shall adhere to these guidelines.

The instructor will update and adjust policies and procedures as needed. The safety and comfortability of all students is paramount. All students, staff, and faculty will be advised of these revisions prior to the beginning of the next lab.

1. Students are expected to come to the lab prepared by having attended and participated during the preceding lecture and/or lab day (s), or by having reviewed the lectures slides.
2. Students should report to their instructors as soon as possible any physical conditions that they deem would prevent them from participating in laboratory activities so that necessary precautions and/or adjustments may be taken. Those include, but are not limited to disabilities of any kind, recent injuries, illnesses, surgeries, or communicable diseases.
3. A medical clearance from a physician is required before students with physical injuries, illness, surgery, pregnancy, or who have reported communicable disease will be allowed to participate in the athletic training lab.
4. There shall be no eating or smoking during the lab activities.
5. All students shall practice proper hand washing and /or sanitizing techniques while participating in lab activities.
6. Students will be instructed to practice only those skills for which they have had prior instruction and gained familiarity during THIS COURSE. Previous learning or instruction from other sources does not permit you to apply those skills before instruction is provided to you by your instructor.
7. Students and faculty are responsible for the cleanliness of the lab during and after use. There will be sanitizing wipes available for all labs, and they are to be used between each student use.
8. Be aware that laboratory days will require access to ankles, knees, elbows, hips and shoulders.
9. Students should come to labs prepared; wearing appropriate clothing in order that the most benefit is gained from the application of skills learned, such as shorts, sweatpants, t-shirts, tank tops, etc.
10. If at any time a student feels uncomfortable with a skill being applied, they are to ask their lab partner to stop and then notify the instructor immediately!
11. Please do not remove any materials from the lab at any time without consent from the instructor.