



University of North Texas
College of Health and Public Service
Department of Rehabilitation & Health Services

Drugs & Alcohol

COURSE INFORMATION

ADDS 4075, 3-hours
SAGE 116
Monday, 2 – 5 pm
(01/23 – 05/08)
Pre-requisites: None

COURSE DESCRIPTION

ADDS 4075 covers the psychological, biological, & behavioral effects of substance use and addiction, focusing on alcohol, cannabis, nicotine, opiates, stimulants, depressants, and hallucinogens on the mind, body, and behavior.

COURSE OBJECTIVES

Upon successful completion of the course, students mastering content will be able to:

1. Recall reference tools for diagnostic criteria of substance use disorder (SUD).
2. Describe substance use's physical, emotional, psychological, and social nature.
3. Explain the biological, familial, and social impacts of multiple categories of substances commonly misused.
4. Contrast popular beliefs and government policies in America related to substances with scientific facts and differing approaches in other countries.
5. Demonstrate the use of current and appropriate use of professional, addiction-related language.
6. Paraphrase the impacts of alcohol use in the United States, including related deaths and financial costs.
7. Recall intervention modalities most frequently used.
8. Discuss the influence substances have on mental health.

REQUIRED MATERIALS

Kuhn, C. (2014). BUZZED: The straight facts about the most used and abused drugs, from alcohol to ecstasy. Place of publication not identified: W.W. Norton.

ISBN-13: 978-039356465

COURSE INSTRUCTOR

Renata Komalasari is a Ph.D. candidate in the Department of Rehabilitation and Health Services with a concentration in Applied Gerontology. She earned her master's in advanced nursing practice from the University of Melbourne, Australia. Most of her carrier had been teaching in nursing education where she prepared undergraduate students to be practicing nurses in Indonesia.

CONTACT INFORMATION

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OFFICE HOURS

Available by appointment Monday – Friday, in person/telephone/Zoom

COURSE REQUIREMENT

Students' performance in this course will be assessed in five ways: attendance and participation, quizzes, homework activities, Substance use survey, and final paper. See below for the points breakdown, details about the assignments, and late work policies. Additional information for each assignment will be posted in Canvas.

Assignment	Points Possible	Subtotal points	Percentage of Final Grade
Attendance (10 sessions @ 10 points)	100	135	10%
Participation (group presentation)	35		
Quizzes			
Quiz 1	10	60	20%
Quiz 2	20		
Quiz 3	30		
Homework activities			
Introductory Discussion	10	100	20%
Debate	25		
Media Review 1	15		
Media Review 2	15		
Module 5 Discussion	10		
Module 7 (Alcohol)	10		
Media Review 3	15		
Substance use survey			25%

Survey Questions		15	
Discussion			
Substance use survey summary		25	
Final Paper		35	25%
Total Points Possible		370	100%

Attendance & participation

Students must attend class, complete the readings assigned in the textbook, and review the supplemental readings each week before class. Weekly attendance is worth 10 points per weekly session, adding up to 100 points for the semester. Students will not receive points if they do not attend class or participate. Participation is worth 35 points for group work presentation in class.

Homework activities

Students are required to complete seven homework activities in Canvas. Students must post a comment to the topic and respond to another student by the due date for discussion. The discussion will be worth 10 points each. See Discussion Requirements for more details. For Media Review, students must review a film, book, podcast, etc., from the lists provided and address all the questions posed. See Media Review Rubric for more details.

Substance use survey

Students will create a survey of 4 questions. The questions will pertain to societal views of Substance Use and Addiction. The project will be worth 25 points. See the SUD Survey Rubric posted on Canvas for more information.

Quizzes

Students will complete quizzes on Canvas.

Final paper

Students will choose one of the substances covered in the course to compose the paper. The project will be worth 35 points. See the Final Paper Rubric posted on Canvas for more information.

GRADING

A: 90-100% (Outstanding, excellent work. The student performs well above the minimum criteria.)

B: 80-89% (Good, impressive work. The student performs above the minimum criteria.)

C: 70-79% (Solid, college-level work. The student meets the assignment criteria.)

D: 60-69% (Below average work. The student fails to meet the minimum criteria.)

F: 59 and below (Sub-par work. The student fails to complete the assignment.)

.5 and above are rounded up on the final grade.
.04 and below are not rounded upon final grade

LATE WORK

I will **not** accept late work in this course. All work turned in after the deadline will receive a grade of zero unless the student has a university excused absence and provide documentation with 48-hours of the missed deadline. Please do not ask for an exception.

TURNAROUND TIME

I aim to return graded work to you within one week of the due date. When this is not possible, I will announce it to the class.

GRADE DISPUTES

You are required to wait for 24-hours before contacting me to dispute a grade. Within that time, I expect you to review the assignment details and reflect on the quality of the work you turned in. If you would still like to meet, email me to set up a meeting. You should present to our scheduled appointment with specific examples that demonstrate that you earned a higher grade than you received. You forfeit your right to a grade dispute if you miss your scheduled meeting. If you do not contact me to schedule an appointment within seven days of receiving your grade, you also forfeit your right to a grade dispute.

EXTRA CREDIT / MAKE UP WORK

There are **no** extra credit opportunities or make-up work in this course.

COLLABORATIVE WORK

This course does not require collaborative work. Action will be taken through the University if cheating is brought to the instructor's attention.

WORKING AHEAD

When modules and assignments are open early, you are welcome to work ahead. However, this does not allow you to re-do or re-submit assignments if the score is less than you desire.

CITIZENSHIP

The only way to grow is to interact and exchange ideas with people dissimilar to us. Student interaction throughout this course is encouraged. However, there will be no tolerance for name-calling, condemnation, or other forms of aggression.

MINIMAL TECHNICAL SKILLS

The course modules and assignments are available online; therefore, you must have minimum technical skills and the ability to reach out to technical support when needed.

Students in this course must:

- Have ongoing access to the internet
- Have familiarity with or be willing to become familiar with Canvas
- Be able to create and attach Word Documents
- Be able to create and attach jpegs
- Be able to develop and connect PowerPoint presentations
- Be able to develop original Discussions in Canvas
- Be able to respond to Discussion in Canvas
- Know how to open and complete quizzes in Canvas

COPYRIGHT INFRINGEMENT

It is a violation of copyright to reproduce information from this course and upload the contents to a website that is not University-sponsored. Should data be found online that originated in this course, cease will be filed, followed by all legal options.

This includes posting material from the course onto "study" websites, such as

Quizlet.

COVID-19

Need to get tested for COVID-19? Visit the [GoGetTested.com website \(Links to an external site.\)](https://www.gettested.com/).

If you tested positive for COVID-19 and this impacts your coursework, UNT requires you to report to UNT's COVID Hotline at 844-366-5892 or COVID@unt.edu.

TECHNICAL ASSISTANCE

Help Desk: <http://www.unt.edu/helpdesk/index.htm>

The University of North Texas provides student technical support. The student help desk may be reached at:

Email: helpdesk@unt.edu

Phone: 940.565-2324

Canvas technical requirements: <https://clear.unt.edu/supported-technologies/canvas/requirements>

Contact tech support immediately if you encounter issues submitting an assignment or taking a quiz. Follow up with an email to the instructor that includes the ticket number from tech support.

STUDENT SUPPORT

[Code of Student Conduct](#): provides Code of Student Conduct along with other helpful links

[Office of Disability Access](#): exists to prevent discrimination based on disability and to help students reach a higher level of independence

[Counseling and Testing Services](#): provides counseling services to the UNT community, as well as testing services, such as admissions testing, computer-based testing, career testing, and other tests

[UNT Libraries](#)

[UNT Learning Center](#): provides a variety of services, including tutoring, to enhance the student academic experience

[UNT Writing Center](#): offers free writing tutoring to all UNT students, undergraduate, and graduate, including online tutoring

[Succeed at UNT](#): information regarding how to be a successful student at UNT

[COVID-19 Health Alerts](#)

CALENDAR

The tentative calendar for the course, including information for each class, date, each week's topic, required readings for each class, and the due dates for quizzes and assignments. Remember, supplemental readings are not listed here. You are responsible for going to Canvas to find the posted readings for classes. Readings will be posted throughout the semester.

The instructor reserves the right to amend the syllabus when the need may arise.

Week	Module	Dates	Topic	Items due
1	1	January 23	Introduction	Introductory Discussion due January 29
2	2	January 30	Substance Use Disorder	
3	3	February 6	The War on Drugs	Survey Question Discussion due February 12
4	4	February 27	Marijuana Review pages 174-215	Media Review 1 due February 14. Quiz 1 due March 5.
5	5	March 6	Nicotine & Tobacco Review pages 216-236	Substance Use Survey should have been distributed by the end of this week. Media review 2 due March 7
6	6	March 13	Hallucinogens & Stimulants Review pages 287 - 312	
7	7	March 20	Pharmacotherapy & opioids Review 1 current news or journal article related to opiates on Canvas	Debate due March 22
8	8	March 27	Spring Break	No items due
9	9	April 3	Alcohol Review pages 33-70	Module 5 Discussion due April 2 Quiz 2 due April 9
10	10	April 10	How to become an LCDC	Module 7 Discussion due April 16
11		April 17	Course Wrap Up	Substance use survey summary due April 23
12		April 24		Media Review 3 due April 26 Quiz 3 due April 30
13		May 1		Final Paper

UNT Policies

Academic Integrity Policy

Academic Integrity Standards and Consequences. According to UNT Policy 06.003, Student Academic Integrity, academic dishonesty occurs when students engage in behaviors including, but not limited to, cheating, fabrication, facilitating academic dishonesty, forgery, plagiarism, and sabotage. A finding of academic dishonesty may result in a range of academic penalties or sanctions ranging from a warning to expulsion from the University. [Insert specific sanction or academic penalty for clear academic integrity violation.

ADA Policy

UNT makes reasonable academic accommodations for students with disabilities. Students seeking accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is confirmed, the ODA will provide a student with an accommodation letter to be delivered to faculty to begin a private discussion regarding one's specific course needs. Students may request accommodations at any time; however, ODA housing notices should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and meet with each faculty member before execution in each class. For additional information, see the ODA website at disability.unt.edu.

Emergency Notification & Procedures

UNT uses a system called Eagle Alert to quickly notify students with critical information in the event of an emergency (i.e., severe weather, campus closing, and health and public safety emergencies like chemical spills, fires, or violence). In a university closure, please refer to Canvas for contingency plans for covering course materials.

Retention of Student Records

Student records about this course are maintained in a secure location by the instructor of record. All records such as exams, answer sheets (with keys), and written papers submitted during the course duration are kept for at least one calendar year after course completion. Course work completed via the Canvas online system, including grading information and comments, is stored in a safe electronic environment for one year. Students have the right to view their records; however, information about students' records will not be divulged to other individuals without proper written consent. Students are encouraged to review the Public

Information Policy and the Family Educational Rights and Privacy Act (FERPA) laws and the University's policy. See UNT Policy 10.10, Records Management and Retention for additional information.

Acceptable Student Behavior

Student behavior that interferes with an instructor's ability to conduct a class or other students' learning opportunity is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in inappropriate behavior will be directed to leave the classroom. The instructor may refer the student to the Dean of Students to consider whether the student's conduct violated the Code of Student Conduct. The University's expectations for student conduct apply to all instructional forums, including University and electronic classrooms, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at deanofstudents.unt.edu/conduct.

Access to Information - Eagle Connect

Students' access point for business and academic services at UNT is located at: my.unt.edu. All official communication from the University will be delivered to a student's Eagle Connect account. For more information, please visit the website that explains Eagle Connect and how to forward the email: eagleconnect.unt.edu/

Student Evaluation Administration Dates

Student feedback is an essential part of participation in this course. The student evaluation of instruction is required for all organized classes at UNT. The survey will be made available during weeks 13, 14, and 15 [insert administration dates] of the long semesters to provide students with an opportunity to evaluate how this course is taught. Students will receive an email from "UNT SPOT Course Evaluations via IASystem Notification" (no-reply@iasystem.org) with the survey link. Students should look for the email in their UNT email inbox. Simply click on the link and complete the survey. Once students complete the survey, they will receive a confirmation email that it has been submitted. For additional information, please visit the SPOT website at <http://spot.unt.edu/> or email spot@unt.edu.

Sexual Assault Prevention

UNT is committed to providing a safe learning environment free of all forms of sexual misconduct, including sexual harassment, sexual assault, domestic violence, dating violence, and stalking. Federal laws (Title IX and the Violence Against Women Act) and UNT policies prohibit discrimination based on sex and therefore prohibit sexual misconduct. If you or someone you know is experiencing sexual harassment,

relationship violence, stalking, and/or sexual assault, campus resources are available to provide support and assistance. UNT's Survivor Advocates can assist a student who has been impacted by violence by filing protective orders, completing crimevictim's compensation applications, contacting professors for absences related to an assault, working with housing to facilitate a room change where appropriate, and connecting students to other resources available both on and off-campus. The Survivor Advocates can be reached at SurvivorAdvocate@unt.edu or by calling the Dean of Students Office at 940-565- 2648. Additionally, alleged sexual misconduct can be non- confidentially reported to the Title IX Coordinator at oeo@unt.edu or at (940) 565 2759.