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|  | University of North Texas  College of Health and Public Service Department of Rehabilitation & Health Services  Drugs & Alcohol |

# COURSE INFORMATION

ADDS 4075, 3-hours Wooten Hall 122

Monday, 2 – 5 pm (01/24 – 05/10)

Pre-requisites: None **COURSE DESCRIPTION**

ADDS 4075 covers the psychological, biological, & behavioral effects of substance use and addiction, focusing on alcohol, cannabis, nicotine, opiates, stimulants, depressants, and hallucinogens on the mind, body, and behavior.

# COURSE OBJECTIVES

Upon successful completion of the course, students mastering content will be able to:

1. Recall reference tools for diagnostic criteria of substance use disorder (SUD).
2. Describe substance use's physical, emotional, psychological, and social nature.
3. Explain the biological, familial, and social impacts of multiple categories of substances commonly misused.
4. Contrast popular beliefs and government policies in America related to substances with scientific facts and differing approaches in other countries.
5. Demonstrate the use of current and appropriate use of professional, addiction-related language.
6. Paraphrase the impacts of alcohol use in the United States, including related deaths and financial costs.
7. Recall intervention modalities most frequently used.
8. Discuss the influence substances have on mental health.

# REQUIRED MATERIALS

Kuhn, C. (2014). BUZZED: The straight facts about the most used and abused drugs, from alcohol to ecstasy. Place of publication not identified: W.W. Norton.

ISBN-13: 978-039356465

# COURSE INSTRUCTOR

Renata Komalasari is a Ph.D. candidate in the Department of Rehabilitation and Health Services with a concentration in Applied Gerontology. She earned her master's in advanced nursing practice in 2012 from the University of Melbourne, Australia. Most of her carrier had been in nursing education, where she prepared undergraduate students to be practicing nurses in Indonesia.

# CONTACT INFORMATION

Renata Komalasari

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[**RenataKomalasari@my.unt.edu**](mailto:RenataKomalasari@my.unt.edu)

# OFFICE HOURS

Available by appointment Monday – Friday through telephone or Zoom

**COURSE REQUIREMENT**

Students' performance in this course will be assessed in five ways: attendance and participation, quizzes, homework activities, Substance use survey, and final paper. See below for the points breakdown, details about the assignments, and late work policies. Additional information for each assignment will be posted in Canvas.

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| --- | --- | --- | --- |
| **Assignment** | **Points Possible** | **Subtotal points** | **Percentage of Final Grade** |
| Attendance & Participation (15 sessions) | 10 each | 150 | 10% |
| Quizzes  Quiz 1  Quiz 2  Quiz 3 | 10  20  20 | 50 | 20% |
| Homework activities  Debate  Introductory Discussion  Media Review 1  Media Review 2  M5 Discussion (War on the drug)  Module 7 (Alcohol)  Media Review 3 | 25  10  15  15  10  10  15 | 100 | 20% |
| Substance use survey |  | 25 | 25% |
| Final paper |  | 35 | 25% |
| Total Points Possible |  | 360 | 100% |

**Attendance & participation:**

Students must attend class, complete the readings assigned in the textbook, and review the supplemental readings each week before class. Weekly attendance is worth 10 points a week, which adds up to 150 points for the semester. Students will not receive points if they do not attend class or participate.

**Homework activities**

Students are required to complete seven homework activities in Canvas. Students must post a comment to the topic and respond to another student by the due date for discussion.   
The discussion will be worth 10 points each. See Discussion Requirements for more details. For Media Review, students must review a film, book, podcast, etc., from the lists provided and address all the questions posed. See Media Review Rubric for more details.

**Substance use survey**

Students will create a survey of 2 – 4 questions. The questions will pertain to societal views of Substance Use and Addiction. The project will be worth 25 points. See the SUD Survey Rubric posted on Canvas for more information.

**Final paper**

**Students will** choose one of the substances covered in the course to compose the paper. The project will be worth 35 points. See the Final Paper Rubric posted on Canvas for more information.

**GRADING**

**A:** 90-100% (Outstanding, excellent work. The student performs well above the minimum criteria.)

**B:** 80-89% (Good, impressive work. The student performs above the minimum criteria.) **C:** 70-79% (Solid, college-level work. The student meets the assignment criteria.) **D:** 60-69% (Below average work. The student fails to meet the minimum criteria.)

**F:** 59 and below (Sub-par work. The student fails to complete the assignment.)

.5 and above are rounded up on the final grade.

.04 and below are not rounded upon final grade. **LATE WORK**

I will **not** accept late work in this course. All work turned in after the deadline will receive a grade of zero unless the student has a university excused absence and provides

documentation with 48-hours of the missed deadline. Please do not ask for an exception.

# TURNAROUND TIME

I aim to return graded work to you within one week of the due date. When this is not possible, I will announce it to the class.

# GRADE DISPUTES

You are required to wait for 24-hours before contacting me to dispute a grade. Within that time, I expect you to review the assignment details and reflect on the quality of the work you turned in. If you would still like to meet, email me to set up a meeting. You should present to our scheduled appointment with specific examples that demonstrate that you earned a higher grade than you received. You forfeit your right to a grade dispute if you miss your scheduled meeting. If you do not contact me to schedule an appointment within seven days of receiving your grade, you also forfeit your right to a grade dispute.

# EXTRA CREDIT / MAKE UP WORK

There are **no** extra credit opportunities or make-up work in this course.

**COLLABORATIVE WORK**

This course does not require collaborative work. Action will be taken through the University if cheating is brought to the instructor's attention.

# WORKING AHEAD

When modules and assignments are open early, you are welcome to work ahead. However, this does not allow you to re-do or re-submit assignments if the score is less than you desire.

# CITIZENSHIP

The only way to grow is to interact and exchange ideas with people dissimilar to us. Student interaction throughout this course is encouraged. However, there will be no tolerance for name-calling, condemnation, or other forms of aggression.

# MINIMAL TECHNICAL SKILLS

The course modules and assignments are available online; therefore, you must have minimum technical skills and the ability to reach out to technical support when needed.

Students in this course must:

* Have ongoing access to the internet
* Have familiarity with or be willing to become familiar with Canvas
* Be able to create and attach Word Documents
* Be able to create and attach jpegs
* Be able to develop and connect PowerPoint presentations
* Be able to develop original Discussions in Canvas
* Be able to respond to Discussion in Canvas
* Know how to open and complete quizzes in Canvas **COPYRIGHT INFRINGEMENT**

It is a violation of copyright to reproduce information from this course and upload the contents to a website that is not University-sponsored. Should data be found online that originated in this course, cease will be filed, followed by all legal options.

This includes posting material from the course onto "study" websites, such as Quizlet.

**COVID-19**

Need to get tested for COVID-19? Visit the [GoGetTested.com website (Links to an](http://www.gogettested.com/) [external site.)](http://www.gogettested.com/).

If you tested positive for COVID-19 and this impacts your coursework, UNT requires you to report to UNT's COVID Hotline at 844-366-5892 or [COVID@unt.edu](mailto:COVID@unt.edu).

# TECHNICAL ASSISTANCE

Help Desk: <http://www.unt.edu/helpdesk/index.htm>

The University of North Texas provides student technical support. The student help desk may be reached at:

Email: [helpdesk@unt.edu](mailto:helpdesk@unt.edu) Phone: 940.565-2324

Canvas technical requirements: [https://clear.unt.edu/supported-](https://clear.unt.edu/supported-technologies/canvas/requirements) [technologies/canvas/requirements](https://clear.unt.edu/supported-technologies/canvas/requirements)

Contact tech support immediately if you encounter issues submitting an assignment or taking a quiz. Follow up with an email to the instructor that includes the ticket number from tech support.

# STUDENT SUPPORT

[Code of Student Conduct:](https://deanofstudents.unt.edu/conduct) provides Code of Student Conduct along with other helpful links

[Office of Disability Access:](http://disability.unt.edu/) exists to prevent discrimination based on disability and to help students reach a higher level of independence

[Counseling and Testing Services:](http://studentaffairs.unt.edu/counseling-and-testing-services) provides counseling services to the UNT community, as well as testing services, such as admissions testing, computer-based testing, career testing, and other tests

[UNT Libraries](http://www.library.unt.edu/)

[UNT Learning Center:](https://learningcenter.unt.edu/home) provides a variety of services, including tutoring, to enhance the student academic experience

[UNT Writing Center:](http://writingcenter.unt.edu/) offers free writing tutoring to all UNT students, undergraduate, and graduate, including online tutoring

[Succeed at UNT:](https://success.unt.edu/) information regarding how to be a successful student at UNT [COVID-19](https://healthalerts.unt.edu/) Health Alerts

# CALENDAR

# CALENDAR

# The tentative calendar for the course, including information for each class, date, each week's topic, required readings for each class, and the due dates for quizzes and assignments. Remember, supplemental readings are not listed here. You are responsible for going to Canvas to find the posted readings for classes. Readings will be posted throughout the semester.

*The instructor reserves the right to amend the syllabus when the need may arise.*

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| Module | Class Session | Topic | To-Do (on Canvas) |
|  |  |  | Review *Start Here* Section*Complete Introductory Discussion due January 21* |
|  | January 24 | Introduction | Review Module contentCourse Orientation |
| 1 | January 31 | SubstanceUse Disorder & Stigma | Review Module content |
|  | February 7 | The recovery movement | *Complete SUD Survey due February 8* |
| 2 | February 14 | Pathways to Recovery | Review Module contentWatch a selected film, listen to a selected podcast, or read a selected book*Media Review 1 due February 15.* |
|  | February 21 | Culturally based recovery supports | *Quiz 1 is due February 22.* |
| 3 | February 28 | The War on DrugsSpeaker: Dr Stan Ingman | Review module contentWatch selected film, listen to a selected podcast, or read a selected book*Complete Media Review 2 due March 8* |
| 4 | March 7 | CannabisSpeaker: Dr Justin Watts*Review pages 174-215* | Review module content |
|  | March 14 | Spring Break | *Complete Debate due March 15* |
| 5 | March 21 | Nicotine & TobaccoSpeaker: Dusty Burrow, LPC, LCDC*Review pages 216-236* | Review module content*Complete Module 5 Discussion is due March 22* |
| 6 | March 28 | Pharmacotherapy & opioidsSpeaker: Wendy Mincer, MS, MA, LPC, NPP, SAPReview 1 current news or journal article related to opiates on Canvas | Review module content*Complete Quiz 2 due March 29* |
| 7 | April 4 | Hallucinogens Speaker: Sonia Redwine, Director of UNT Division of Student Affairs.  Review pages 109 – 142 | Review module content*Complete Module 7 Discussion due April 5* |
| 8 | April 11 | **Stimulants**  Review pages287 - 312 | Review module content*Complete Quiz 3 due April 12 (Available from April 6)* |
| 9 | April 18 | Alcohol *Review pages 33-70* | Review module contentWatch selected film, listen to selected podcast, or read selected book*Complete Media Review 3 due April 19* |
|  | April 25 | Course Conclusion | *Complete Final Paper due April 26* |

UNT Policies

**Academic Integrity Policy**

Academic Integrity Standards and Consequences. According to UNT Policy 06.003, Student Academic Integrity, academic dishonesty occurs when students engage in behaviors including, but not limited to, cheating, fabrication, facilitating academic dishonesty, forgery, plagiarism, and sabotage. A finding of academic dishonesty may result in a range of academic penalties or sanctions ranging from a warning to expulsion from the University. [Insert specific sanction or academic penalty for clear academic integrity violation.

## ADA Policy

UNT makes reasonable academic accommodations for students with disabilities. Students seeking accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is confirmed, the ODA will provide a student with an accommodation letter to be delivered to faculty to begin a private discussion regarding one's specific course needs. Students may request accommodations at any time; however, ODA housing notices should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and meet with each faculty member before execution in each class. For additional information, see the ODA website at [disability.unt.edu](file://localhost/C:/Users/gs/AppData/Local/Packages/Microsoft.MicrosoftEdge_8wekyb3d8bbwe/pjh0057/AppData/Local/Local/Packages/AppData/Local/AppData/Local/Packages/Microsoft.MicrosoftEdge_8wekyb3d8bbwe/TempState/Downloads/disability.unt.edu).

## Emergency Notification & Procedures

UNT uses a system called Eagle Alert to quickly notify students with critical information in the event of an emergency (i.e., severe weather, campus closing, and health and public safety emergencies like chemical spills, fires, or violence). In a university closure, please refer to Canvas for contingency plans for covering course materials.

## Retention of Student Records

Student records about this course are maintained in a secure location by the instructor of record. All records such as exams, answer sheets (with keys), and written papers submitted during the course duration are kept for at least one calendar year after course completion. Course work completed via the Canvas online system, including grading information and comments, is stored in a safe electronic environment for one year. Students have the right to view their records; however, information about students' records will not be divulged to other individuals without proper written consent. Students are encouraged to review the Public

Information Policy and the Family Educational Rights and Privacy Act (FERPA) laws and the University's policy. See UNT Policy 10.10, Records Management and Retention for additional information.

## Acceptable Student Behavior

Student behavior that interferes with an instructor's ability to conduct a class or other students' learning opportunity is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in inappropriate behavior will be directed to leave the classroom. The instructor may refer the student to the Dean of Students to consider whether the student's conduct violated the Code of Student Conduct. The University's expectations for student conduct apply to all instructional forums, including University and electronic classrooms, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at [deanofstudents.unt.edu/conduct](https://deanofstudents.unt.edu/conduct).

## Access to Information - Eagle Connect

Students' access point for business and academic services at UNT is located at: [my.unt.edu](https://my.unt.edu/). All official communication from the University will be delivered to a student's Eagle Connect account. For more information, please visit the website that explains Eagle Connect and how to forward the email: [eagleconnect.unt.edu/](http://it.unt.edu/eagleconnect)

## Student Evaluation Administration Dates

Student feedback is an essential part of participation in this course. The student evaluation of instruction is required for all organized classes at UNT. The survey will be made available during weeks 13, 14, and 15 [insert administration dates] of the long semesters to provide students with an opportunity to evaluate how this course is taught. Students will receive an email from "UNT SPOT Course Evaluations via IASystem Notification" ([no-reply@iasystem.org](file://localhost/C:/Users/gs/AppData/Local/Packages/Microsoft.MicrosoftEdge_8wekyb3d8bbwe/pjh0057/AppData/Local/Local/Packages/AppData/Local/AppData/Local/Packages/Microsoft.MicrosoftEdge_8wekyb3d8bbwe/TempState/Downloads/no-reply%40iasystem.org)) with the survey link. Students should look for the email in their UNT email inbox. Simply click on the link and complete the survey. Once students complete the survey, they will receive a confirmation email that it has been submitted. For additional information, please visit the SPOT website at <http://spot.unt.edu/>or email [spot@unt.edu](file://localhost/C:/Users/gs/AppData/Local/Packages/Microsoft.MicrosoftEdge_8wekyb3d8bbwe/pjh0057/AppData/Local/Local/Packages/AppData/Local/AppData/Local/Packages/Microsoft.MicrosoftEdge_8wekyb3d8bbwe/TempState/Downloads/spot%40unt.edu).

## Sexual Assault Prevention

UNT is committed to providing a safe learning environment free of all forms of sexual misconduct, including sexual harassment, sexual assault, domestic violence, dating violence, and stalking. Federal laws (Title IX and the Violence Against Women Act) and UNT policies prohibit discrimination based on sex and therefore prohibit sexual misconduct. If you or someone you know is experiencing sexual harassment,

relationship violence, stalking, and/or sexual assault, campus resources are available to provide support and assistance. UNT's Survivor Advocates can assist a student who has been impacted by violence by filing protective orders, completing crime victim's compensation applications, contacting professors for absences related to an assault, working with housing to facilitate a room change where appropriate, and connecting students to other resources available both on and off-campus. The Survivor Advocates can be reached at [SurvivorAdvocate@unt.edu](file://localhost/C:/Users/gs/AppData/Local/Packages/Microsoft.MicrosoftEdge_8wekyb3d8bbwe/pjh0057/AppData/Local/Local/Packages/AppData/Local/AppData/Local/Packages/Microsoft.MicrosoftEdge_8wekyb3d8bbwe/TempState/Downloads/SurvivorAdvocate%40unt.edu) or by calling the Dean of Students Office at 940-565- 2648. Additionally, alleged sexual misconduct can be non- confidentially reported to the Title IX Coordinator at [oeo@unt.edu](file://localhost/C:/Users/gs/AppData/Local/Packages/Microsoft.MicrosoftEdge_8wekyb3d8bbwe/pjh0057/AppData/Local/Local/Packages/AppData/Local/AppData/Local/Packages/Microsoft.MicrosoftEdge_8wekyb3d8bbwe/TempState/Downloads/oeo%40unt.edu) or at (940) 565 2759.