

University of North Texas
College of Merchandising, Hospitality & Tourism

HMGT 2460 INTRODUCTION TO NUTRITION SCIENCE

Catalog Course Description

This course is an introduction to the relationship between nourishment, lifestyle choices, and long-term health. Topics include classes, sources, and functions of nutrients; and their digestion, absorption, and metabolism. Investigation of eating patterns using database technology demonstrates the relationship between food consumption and nutrient adequacy. The economic, cultural, and psychological implications of food choices and eating behaviors are studied.

UNT Over Arching Objectives (OAO)

1. Gain an awareness of fundamental areas of knowledge and the interrelationships among them
2. Gain the skills required to explore and test ideas
3. Have the ability to read intelligently, write clearly and speak well
4. Value different ideas, perspectives, cultures and viewpoints
5. Demonstrate personal and social responsibility

UNT Exemplary Educational Objectives for Natural Sciences (EEO)

1. To understand and apply the scientific method and appropriate technology to the study of natural sciences.
2. To recognize scientific and quantitative methods of inquiry, and to be able to communicate findings, analyses, and interpretations based upon these methods.
3. To identify and recognize the differences among competing scientific theories.

Learning Outcomes

After successfully completing this course you are able to:

1. Describe the process by which the body obtains nutrients from food
2. Identify the macronutrients and outline their relationship to energy production
3. Explain the role of electrolytes in maintaining fluid balance
4. Describe health implications of edible plant phytochemicals
5. List nutrients important to bone health and explain their function
6. Describe the scientific method and its application to research in nutrition science
7. Detail the relationship between nutrition and physical exercise
8. Write hypotheses and discuss procedures for accepting or rejecting hypotheses
9. Use reliable methods for data collection and analysis, and interpretation of results
10. Demonstrate how to form and communicate conclusions

CONTACT INFORMATION FOR YOUR INSTRUCTOR

Your instructor posts an announcement detailing email address and times when you can expect your messages to be answered. Check your class Blackboard Announcements for more information.

Textbook

Thompson JL & Manore MM. *Nutrition: An Applied Approach*, 4th Edition. Pearson Publishing Co. ISBN: 13:978-0-321-91039-4 ISBN: 10:0-321-91039-7

Organization of the Course

This is a 100% Internet course. There are no mandatory on-campus meetings. There are three unit exams that are worth 50 points each and a total of ten textbook quizzes worth 10 points each. Each unit has an All-In-One quiz that is optional. You are not required to take it. The All-In-One quiz replaces one low or missing quiz score in the Unit.

There are four lab quizzes worth 15 points each and four lab discussion postings with 5 points each. There is a lab final worth 20 points.

Graded Work	Each	Points
Unit Exams	3 @ 50	150
Textbook quizzes	10 @ 10	100
Lab quizzes	4 @ 15	60
Lab posting	4 @ 5	20
Lab final	1 @ 20	20
Total Points in Class		350

Grading Scale

A = \geq 315

B = 280-315

C = 245-279

D = 210-244

F = \leq 209

A Table of Dates is provided in your syllabus folder in your BBLearn class. Check it often to see when online quizzes, exams, and group discussion postings are due. It is your responsibility to be aware of all due dates. Print off and use the Figuring Your Grade form in the syllabus folder to keep track of your points and to calculate your percentage grade.

Revisions

The Instructor reserves the right to revise this syllabus and list of requirements when such revision benefits the objectives of the course and make effective use of class time.

Resolution of Class-Related Problems

When a class-related problem arises, contact your Instructor before the Hospitality Management Department Chair, Associate Dean, or Dean of the College of Merchandising, Hospitality and Tourism Management. It is important that you first discuss issues with your Instructor and attempt to resolve any problems at this level before you contact others in the academic hierarchy.

Understanding the academic organizational structure is important when resolving class-related or advising issues. When you need problems resolved, you should start with your individual faculty member and/or advisor who will then help you navigate the academic hierarchy.

Payment Deadline

It is imperative that students have paid for all enrolled classes. Please check your online schedule daily through the 12th class day to insure you have not been dropped for non-payment of any amount. Students unknowingly have been dropped from classes for various reasons such as financial aid, schedule change fees, parking fees, etc. CMHT will not be able to reinstate students for any reason after the 12th class day regardless of situation. It is the student's responsibility to ensure all payments have been made.

FINANCIAL AID SATISFACTORY ACADEMIC PROGRESS (SAP) UNDERGRADUATES

A student must maintain Satisfactory Academic Progress (SAP) to continue to receive financial aid. Students must maintain a minimum 2.0 cumulative GPA in addition to successfully completing a required number of credit hours based on total registered hours per semester. Students cannot exceed attempted credit hours above 150% of their required degree plan. If a student does not maintain the required standards, the student may lose financial aid eligibility.

If at any point you consider dropping this or any other course, please be advised that the decision to do so has the potential to affect your current and future financial aid eligibility. Please visit <http://financial.aid.unt.edu/satisfactory-academic-progress-requirements> for more information about financial aid Satisfactory Academic Progress. It may be wise for you to schedule a meeting with your CMHT academic advisor or visit the Student Financial Aid and Scholarships office to discuss dropping a course before doing so.

Student Evaluation of Teaching

The Provost's Office asks that you complete a survey that the University provides for all organized classes. This short survey will be made available during the last weeks of the semester, providing you a chance to comment on how this class is taught. Your answers are confidential and you are not identified in any report.

Disability Accommodation

The College of Merchandising, Hospitality and Tourism Management cooperates with the UNT Office of Disability Accommodation ([ODA](#)) to make reasonable accommodations for qualified students with disabilities. If you have a disability for which you require accommodation under the terms of the Americans with Disabilities Act of the Rehabilitation Act of 1973 or Section 504 of the Rehabilitation Act of 1973, please contact the ODA office and your Instructor. Scan, email or deliver your ODA written accommodation request to your Instructor by the end of the first week of classes.

Privacy Statement

The Family Educational Rights and Privacy Act states that upon the 18th birthday, rights regarding an individual's education transfer from the parent to the student. As a result, information concerning your progress in class or your grades cannot be released to family members. If you would like your parents to have access to your educational record, please go to the following link and complete the Parental Affidavit for Academic Information or contact the UNT Registrar's Office.

<http://www.unt.edu/ferpa/parents.htm>

Copyright Statement

State common law and federal copyright law protects the materials provided in this class. They are the creator's own original expression. Whereas you are authorized to use all information provided to create a derivative work for the purpose of study, this authorization extends only to making one set for your own personal use and no other. You are not authorized to provide your notes or any rendition of this class to anyone who is not enrolled in the class, or to make any commercial use of it without the creator's expressed written permission.

Access to Information

Your access point for business and academic services at UNT occurs within the my.unt.edu site www.my.unt.edu. If you do not regularly check Eagle Connect or link it to your favorite e-mail account, please so do, as this is where you learn about job opportunities, CMHT events, scholarships, and other important information. The website that explains Eagle Connect and how to forward your email: <http://eagleconnect.unt.edu/>

Academic Dishonesty

Academic dishonesty includes, but is not limited to, the use of any unauthorized assistance in taking quizzes, tests, or exams; dependence upon the aid of sources beyond those authorized by the instructor, the acquisition of tests or other material belonging to a faculty member, dual submission of a paper or project, resubmission of a paper or project to a different class without express permission from the instructors, or any other act designed to give a student an unfair advantage. Plagiarism includes the paraphrase or direct quotation of published or unpublished works without full and clear acknowledgment of the author/source. Academic dishonesty will bring about disciplinary action that may include expulsion from the university. This is explained in the UNT Student Handbook.

Classroom Policies

Student behavior that interferes with an instructor's ability to conduct a class or other students' opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom, and the instructor may refer the student to the Center for Student Rights and Responsibilities to consider whether the student's conduct violated the Code of Student Conduct. The University's expectations for student conduct apply to all instructional forums, including university and electronic classrooms, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at http://www.unt.edu/csrr/student_conduct/index.html.

EXPECTED STUDENT BEHAVIOR

Student behavior is expected to be respectful of both other students and faculty. Student behavior that interferes with an instructor's ability to conduct a class or other students' opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Dean of Students to consider whether the student's conduct violated the Code of Student Conduct. The university's expectations for student conduct apply to all instructional forums, including university and electronic classroom, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at www.deanofstudents.unt.edu The College of Merchandising, Hospitality and Tourism requires that students respect and maintain all university property. Students will be held accountable through disciplinary action for any intentional damages they cause in classrooms. (e.g., writing on tables). Disruptive behavior is not tolerated (e.g., arriving late, leaving early, sleeping, talking on the phone, texting or game playing, making inappropriate comments, ringing cellular phones/beepers, dressing inappropriately).

Important UNT Academic Calendar Events

Check the UNT Academic Calendar at www.unt.edu for up-to-date information on critical dates for course adds, drops, withdrawals, and incompletes. It is your responsibility to be informed about academic dates.

ACADEMIC ADVISING

Beginning in Fall 2012, all first-time-in-college students at UNT are required to schedule an appointment with their Academic Advisor and receive an advising code to register for classes. ALL students should

meet with their Academic Advisor at least one time per long semester (Fall & Spring). It is important to update your degree plan on a regular basis to ensure that you are on track for a timely graduation.

COURSE SAFETY STATEMENTS

Students in the College of Merchandising, Hospitality and Tourism are urged to use proper safety procedures and guidelines. While working in laboratory sessions, students are expected and required to identify and use property safety guidelines in all activities requiring lifting, climbing, walking on slippery surfaces, using equipment and tools, handling chemical solutions and hot and cold products. Students should be aware that the University of North Texas is not liable for injuries incurred while students are participating in class activities. All students are encouraged to secure adequate insurance coverage in the event of accidental injury. Students who do not have insurance coverage should consider obtaining Student Health Insurance for this insurance program. Brochures for this insurance are available in the UNT Health and Wellness Center on campus. Students who are injured during class activities may seek medical attention at the UNT Health and Wellness Center at rates that are reduced compared to other medical facilities. If you have an insurance plan other than Student Health Insurance at UNT, please be sure that your plan covers treatment at this facility. If you choose not to go to the UNT Health and Wellness Center, you may be transported to an emergency room at a local hospital. You are responsible for expenses incurred there.

College of Merchandising, Hospitality & Tourism
Syllabus Statements
Spring 2016

Do you want to graduate on time?

A prerequisite is a course or other preparation that must be completed before enrollment in another course. All prerequisites are included in catalog course descriptions. Advisors help you sequence courses correctly to delay graduation. Ultimately, it is a student's responsibility to ensure they have met all prerequisites before enrolling in a class. Students who have not met prerequisites will not be allowed to remain in a course. Once classes begin, students often have few, if any, options for adding a different course, which can be an issue for financial aid.

Have you met with your advisor?

ALL students should meet with their Academic Advisor at least one time per semester (Fall & Spring). All pre-majors **MUST** meet with their Academic Advisor to receive an advising code to register for classes each semester. Update your degree plan regularly to stay on track for a timely graduation.

Advising Contact Information (Chilton Hall 385 - 940.565.4635)

Merchandising A-K	Shannon Selby
Merchandising L-Z	Brittany Barrett
Hospitality Management A-K	Jaymi Wenzel
Hospitality Management L-Z	Philip Aguinaga, M.Ed.
Kelly Ayers, M.Ed.	Home Furnishings & Digital Retailing

Could you be dropped?

It is imperative that students have paid for all enrolled classes. **Please check your online schedule daily through the 12th class day (September 5) to insure you have not been dropped for non-payment of any amount.** Students unknowingly have been dropped from classes for various reasons such as financial aid, schedule change fees, parking fees, etc. ***CMHT will not be able to reinstate students for any reason after the 12th class day regardless of situation.*** It is the student's responsibility to ensure all payments have been made.

Are you receiving financial aid?

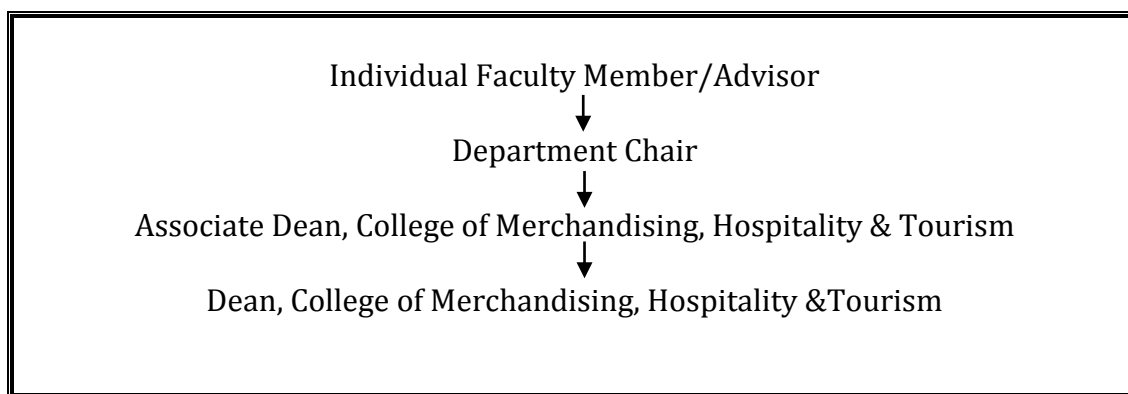
A student must maintain Satisfactory Academic Progress (SAP) to continue receiving financial aid by maintaining a minimum 2.0 cumulative GPA and successfully completing the required number of credit hours based on total registered hours per semester. Students cannot exceed attempted credit hours above 150% of their required degree plan. If a student does not maintain the required standards, the student may lose financial aid eligibility.

Do you know these important dates in Spring 2016?

Jan 19	Classes begin
Feb 1	Last day to add a class (deadline 4:30 pm)
Feb 2	Beginning this date a student who wishes to drop a course must first receive written consent of the instructor.
Feb 26	Last day to drop a course or withdraw with a grade of W for courses student is not passing. After this date a grade of WF may be recorded.
Mar 14 - 20	Spring Break
May 5	Last class day
May 6	Reading Day (no class)
May 7-13	Final Exams (<i>Exams begin on Saturday and end on Thursday</i>)
May 13-14	Commencement (5/13 – Graduate, 5/14 – Undergraduate)

Do you know who to contact for a course-related or advising issue?

Understanding the academic organizational structure is important when resolving class-related or advising issues. When you need problems resolved, please follow the step outlined below:



Do you require special accommodations?

The University of North Texas and the College of Merchandising, Hospitality and Tourism make reasonable academic accommodation for students with disabilities. Students seeking accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with an accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. ODA notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver

letters of accommodation during faculty office hours or by appointment. Faculty members have the authority to ask students to discuss such letters during their designated office hours to protect the privacy of the student. For additional information see the Office of Disability Accommodation website at <http://www.unt.edu/oda>. You may also contact them by phone at 940.565.4323.

Are you aware of safety regulations?

Students are urged to use proper safety procedures and guidelines. In lab sessions, students are expected and required to identify and use property safety guidelines in all activities requiring lifting, climbing, walking on slippery surfaces, using equipment and tools, handling chemical solutions and hot and cold products. Students should be aware that the University of North Texas is not liable for injuries incurred while students are participating in class activities. All students are encouraged to secure adequate insurance coverage in the event of accidental injury. Students who do not have insurance coverage should consider obtaining Student Health Insurance for this insurance program. Brochures for this insurance are available in the UNT Health and Wellness Center on campus. Students who are injured during class activities may seek medical attention at the UNT Health and Wellness Center at rates that are reduced compared to other medical facilities. If you have an insurance plan other than Student Health Insurance at UNT, please be sure that your plan covers treatment at this facility. If you choose not to go to the UNT Health and Wellness Center, you may be transported to an emergency room at a local hospital. You are responsible for expenses incurred there.

Do you know the penalties of academic dishonesty?

Academic dishonesty includes, but is not limited to, the use of any unauthorized assistance in taking quizzes, tests, or exams; dependence upon the aid of sources beyond those authorized by the instructor, the acquisition of tests or other material belonging to a faculty member, dual submission of a paper or project, resubmission of a paper or project to a different class without express permission from the instructors, or any other act designed to give a student an unfair advantage. Plagiarism includes the paraphrase or direct quotation of published or unpublished works *without* full and clear acknowledgment of the author/source. Academic dishonesty will bring about disciplinary action which may include expulsion from the university. This is explained in the UNT Student Handbook.

Do you meet ALL expectations for being enrolled in a course?

Students are expected to be respectful of others, i.e., other students and faculty. Behavior that interferes with an instructor's ability to conduct a class or other students' opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and may be referred to the Dean of Students for possible violation of the Code of Student Conduct. UNT's expectations for student conduct apply to all instructional forums, including university and electronic classroom, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at www.deanofstudents.unt.edu

The College of Merchandising, Hospitality and Tourism requires that students respect and maintain all university property. Students will be held accountable through disciplinary action for any intentional damages they cause in classrooms. (e.g., writing on tables). Disruptive behavior is not tolerated (e.g., arriving late, leaving early, sleeping, talking on the phone, texting or game playing, making inappropriate comments, ringing cellular phones/beepers, dressing inappropriately).

What is SPOT?

The Student Perceptions of Teaching (SPOT) is a requirement for all organized classes at UNT. This short survey at the end of the semester gives students the opportunity to comment on how the course is taught. Student feedback is important and is essential as we strive for excellence.

Do you know the date/time of the final exam in this course?

Final exams or other appropriate end of semester evaluation will be administered at the designated times during the final week of each long semester and during the specified day of each summer term. *Please check the calendar early in the semester to avoid any schedule conflicts.*

Are you thinking about dropping course?

A decision to drop a course may affect your current and future financial aid eligibility. Visit <http://financial.aid.unt.edu/satisfactory-academic-progress-requirements> for more information about financial aid Satisfactory Academic Progress. Talk to your academic advisor or Student Financial Aid if you think about dropping a course.

A student needing to drop an online course should send their instructor an email with their name, student ID#, reason for dropping a course, and date you are sending the email. This *must be done prior to the UNT deadline to drop a course.*

If approved, the instructor will contact the Director of CMHT Advising in Chilton 385 where you may obtain a signed drop form. **It is your responsibility to turn in the completed drop slip to the UNT Registrar's office before the deadline to make sure you have been dropped from the course with a "W".** If you are taking only online courses and your instructor approves the drop, please contact the CMHT Director of Advising for instructions.

Do you know what you may be missing?

Your access point for business and academic services at UNT occurs within the my.unt.edu site www.my.unt.edu. If you do not regularly check EagleConnect or link it to your favorite e-mail account, please do so to learn about job and internship opportunities, CMHT events, scholarships, and other important information. The website that explains Eagle Connect and how to forward your email: <http://eagleconnect.unt.edu/>

Are you considering transferring a course to meet UNT degree requirements?

Any CMHT equivalent course from another university must receive prior approval from the CMHT academic advisor to insure that all CMHT degree plan requirements are met. For example, courses that are taken online or from a program that offers course material via CD, booklet, or other manner of correspondence must have prior advisor approval.

Are you an F-1 visa holder?

To comply with immigration regulations, an F-1 visa holder within the United States may need to engage in an on-campus experiential component for this course. This component must be approved in advance by the instructor and can include activities such as taking an on-campus exam, participating in multiple on-campus lecture or lab activity, or other on-campus experience integral to the completion of this course.

If such an on-campus activity is required, it is the student's responsibility to do the following:

(1) Submit a written request to the instructor for an on-campus experiential component within one week of the start of the course.

(2) Ensure that the activity on campus takes place and the instructor documents it in writing with a notice sent to the International Advising Office. The UNT International Advising Office has a form available that you may use for this purpose.

Because the decision may have serious immigration consequences, if an F-1 student is unsure about his or her need to participate in an on-campus experiential component for this course, students should contact the UNT International Advising Office (telephone 940-565-2195 or email international@unt.edu) to get clarification before the one-week deadline.

Do you know what to do in an emergency or UNT closure?

UNT uses a system called Eagle Alert to quickly notify you with critical information in an event of emergency (i.e., severe weather, campus closing, and health and public safety emergencies like chemical spills, fires, or violence). The system sends voice messages (and text messages upon permission) to the phones of all active faculty staff, and students. Please make certain to update your phone numbers at www.my.unt.edu. Some helpful emergency preparedness actions include: 1) ensuring you know the evacuation routes and severe weather shelter areas, determining how you will contact family and friends if phones are temporarily unavailable, and identifying where you will go if you need

to evacuate the Denton area suddenly. In the event of a university closure, your instructor will communicate with you through Blackboard regarding assignments, exams, field trips, and other items that may be impacted by the closure.

HMG2 2460 NUTRITION SCIENCE - FIGURING YOUR GRADE

CALCULATE YOUR GRADE	Each	Total Possible	Your Points	Grade Scale
Unit Exams	3 @ 50	150	<input type="text"/>	A = \geq 315 B = 280-314 C = 245-279 D = 210-244 F = \leq 209
Textbook Quizzes	10 @ 10	100	<input type="text"/>	
Lab Readings Quizzes	4 @ 15	60	<input type="text"/>	
Lab Discussions Quizzes	4 @ 5	20	<input type="text"/>	
Lab Final	1 @ 20	<u>20</u>	<input type="text"/>	
		350	<input type="text"/>	
		YOUR TOTAL POINTS	<input type="text"/>	

Take the Lab Group Survey (April 25-29) and earn 5 bonus points!

RECORD YOUR POINTS FOR EACH COMPONENT

Textbook Quizzes		Your Points
	1	<input type="text"/>
	2	<input type="text"/>
All-In-One Quiz*	3	<input type="text"/>
	4	<input type="text"/>
	5	<input type="text"/>
All-In-One Quiz*	6	<input type="text"/>
	7	<input type="text"/>
	8	<input type="text"/>
	9	<input type="text"/>
All-In-One Quiz*	10	<input type="text"/>

Lab Quizzes	Your Points
1	<input type="text"/>
2	<input type="text"/>
3	<input type="text"/>
4	<input type="text"/>

Lab Discussions	Your Points
1	<input type="text"/>
2	<input type="text"/>
3	<input type="text"/>
4	<input type="text"/>

Unit Exams	Your Points
1	<input type="text"/>
2	<input type="text"/>
3	<input type="text"/>

Lab Final	Your Points
1	<input type="text"/>

Make Up Lab*	Optional
Quiz 1 (application quiz)	<input type="text"/>
Quiz 2 (discussion quiz)	<input type="text"/>

* READ THIS ABOUT THE ALL-IN-ONE QUIZ

Your score on the All-In-One Quiz substitutes for your lowest score on a Textbook quiz.

If you complete all the quizzes in a unit and the All-In-One quiz the lowest score will be dropped.

For example if Cathy scored 6, 9, & 10 points on textbook quizzes in Unit 1 and scored 8 points on the All-In-One quiz. Her total textbook quiz points for Unit 1 are 27 (Not 33 as there are only 30 possible textbook quiz points in Unit 1 and the lowest score, 6, is dropped.)

*READ THIS ABOUT THE MAKE-UP LAB

The Make-Up Lab is optional. Take it if you missed or got a low score on an application or discussion quiz

HMGT 2460 NUTRITION SCIENCE - TABLE OF DATES SPRING 2016

Grade Distribution	Each	Total Possible	Grade Scale
Unit Exams	3 @ 50	150	A = 315+
Textbook Quizzes	10 @ 10	100	B = 280-314
Lab Quizzes	4 @ 15	60	C = 245 -279
Lab Discussions	4 @ 5	20	D = 210-244
Lab Final	1 @ 20	<u>20</u>	F = <u>≤</u> 209
TOTAL POINTS IN CLASS		350	

Take the Lab Group Survey (available Apr 25-29) and earn 5 bonus points!

TEXTBOOK QUIZZES AND EXAMS

All Quizzes and Exams open at 12:00 midnight and close at 11:59 pm.

Unit	Open	Close	Textbook quizzes and exams
	Jan 19	Jan 25	Text quiz 1 - chapter 1 Nutrition in health
	*	Feb 1	Text quiz 2 - chapter 2 Designing a diet
	*	Feb 8	Text quiz 3 - chapter 3 Human body
	Feb 9	Feb 9	Text All-in-one quiz (one day only)
	FEB 10	FEB 10	Unit 1 Exam (one day only)
Unit 2	Open	Close	Text Quizzes and Unit Exam
	Feb 15	Feb 22	Text quiz 4 - chapter 4 Carbohydrate
	*	Feb 29	Text quiz 5 - chapter 5 Fats
	*	Mar 7	Text quiz 6 - chapter 6 Proteins
	*	Mar 21	Text quiz 7 - Readings in vitamins & minerals
	Mar 22	Mar 22	Unit 2 all-in-one quiz (one day only)
	MAR 23	MAR 23	Unit 2 Exam (one day only)
Unit 3	Open	Close	Text Quizzes and Unit Exam
	Mar 28	Apr 4	Text quiz 8 - chapter 7 Fluid and electrolytes
		Apr 11	Text quiz 9 - Chapter 8 Antioxidants
		Apr 18	Text quiz 10 - Chapter 9 Bone health
	Apr 19	April 19	Unit 3 all-in-one quiz (one day only)
	APR 20	APR 20	Unit 3 Exam (one day only)
	Open	Close	
Late Exams	May 2	May 2	Unit 1 * (Monday)
	May 3	May 3	Unit 2 * (Tuesday)
	May 4	May 4	Unit 3 * (Wednesday)

* There is a 10-point penalty for taking a late exam

LAB APPLICATION QUIZZES, DISCUSSION AND DISCUSSION QUIZZES

Lab Quiz	Open	Close	Discussion Question Close	Discuss Quiz	Open	Close
1	Jan 19	Jan 25	What do you track? Jan 24	1	Jan 25	Feb 1
2	Feb 8	Feb 15	Gluten& food groups Feb 14	2	Feb 15	Feb 22
3	Feb 29	Mar 7	Fat in the diet Mar 6	3	Mar 7	Mar 21
4	Mar 28	Apr 4	Protein & Healthy Eating Apr 3	4	Apr 4	Apr 11
Make-Up	JAN 19	APR 25	Plant Phytochemicals	MU	JAN 25	APR 25

LAB FINAL MAY 7 or MAY 10 (Take only once you choose the day)