Instructor: Leslie Jones, PhD, LPC-S, RPT  
Monday 2:00 pm – 5:00 pm; Wednesday 2:00 pm – 5:00 pm or by appointment  
Matthews Hall Annex  
Lesliede.Jones@unt.edu  
Office Phone: (940) 565-2066  

Teaching Assistants:  
Jordan Rogers  
Mia Oller  
JordanMoy@my.unt.edu  
Marianna.Oller@unt.edu  

COUN 5100: Expressive Arts In Counseling  
Course Syllabus  
Spring 2019  

Catalog Description  
Catalog description: Study of the process, use and techniques of expressive art across the lifespan. This course provides a theoretical foundation for using expressive arts in counseling. Course will contain an experiential component. Prerequisite(s): COUN 5690; must be taken concurrently with COUN 5720/5721  

Goal of the Course  
Each student will be knowledgeable of expressive arts rationale, procedures, methods, and techniques used as part of the counseling process across the lifespan.  

Core Curricular Experiences Covered  
Curricular experiences will provide an understanding of the following:  

<table>
<thead>
<tr>
<th>Knowledge Outcome and Skills</th>
<th>CACREP</th>
<th>Evaluation</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Demonstrate knowledge of selective literature related to expressive art therapies</td>
<td></td>
<td>Article Review</td>
</tr>
<tr>
<td>2. Demonstrate basic techniques for using art, music, and expressive modalities in the counseling process</td>
<td></td>
<td>Expressive Arts Implementation</td>
</tr>
</tbody>
</table>
### Methods of Instruction

Instruction will be through assigned reading, seminar discussion, lecture, audiovisual presentation, experiential activities, and feedback on papers and presentations.

### Required Texts


### Recommended text(s) and/or readings(s):


### Assessment

| A. Attendance | 20 points |
| B. Journal    | 25 points |
C. Significant Learnings 15 points
D. Implementation of Expressive Arts 20 points
E. Article Review 20 points

Total 100 points

Final Grade: A = 93-100; B = 84-92; C = 75-83; D = 67-74; F = 67 and below

A. Attendance, preparation, and class participation:
   Class time will have a heavy focus on experiential activities; if you are unable to attend
   class, consult with instructor for makeup options. Missing more than 3 classes
   will result in the reduction of your grade.

B. Journal:
   Students will be required to complete an informal journal about reactions and
   experiences in this class. There is no specific format for this assignment. This will
   be an opportunity to reflect on your experiences in class, your participation in
   expressive arts activities, and the use of expressive arts with clients.

C. Significant Learnings:
   Students are required to complete a paper on personal significant learnings at the end
   of the semester. The format for this paper will be posted on blackboard.

D. Implementation of Expressive Arts with Client/Supervisees:
   All students are required to identify one client or supervisee to implement at least 4
   expressive arts activities with during the semester. You will write a one page
   reflection paper of your experience.

E. Article Review:
   Students will select three articles of their choice to read and write a 3 page review
   following APA format.

Other Requirements and Special Note of Instruction

Expectations
Students are expected to turn in written assignments no later than the beginning of class on
the day they are due. Extensions will be granted at the discretion of the instructor PRIOR to
the due date of the assignment. No extensions will be granted the day an assignment is due
or after the due date. Late assignments will be penalized 5% for each day they are late.
Assignments turned in more than 1 week past the due date will not be accepted for credit.

Cell phones and pagers must be silenced during class for the respectful learning of all, unless
otherwise requested. Students who need to respond to an emergency call may leave the class
with minimal disruption.
Sharing and Confidentiality
In this course, each student is required to reflect on one’s own developmental journey. This reflection will involve self-examination and sharing of personal information with the class. It is important that students strive to be appropriate in personal sharing. To promote an emotionally safe learning environment, each student will be asked to maintain confidentiality of others’ personal material shared in class; however, confidentiality cannot be guaranteed. Therefore, each student should be mindful of what one chooses to share. Each student is encouraged to take risks and to challenge oneself while maintaining personal boundaries that are important to one’s continued wellbeing and development as a professional in training and a person.

Discussions, exercises, activities, and presentations in this course may elicit unexpected emotions and memories or uncover previously hidden psychological processes that students may find unsettling. If at any time you feel that you are overwhelmed, please feel free to leave the room, pass from the current activity, and/or talk with the instructor. If you would like counseling to address personal concerns, you may contact UNT’s Counseling & Testing at (940) 565-2741 or seek personal counseling at your own expense.
SYLLABUS ADDENDUM

Succeed at UNT:
- Show Up
- Find Support
- Take Control
- Be Prepared
- Get Involved
- Be Persistent

Academic Integrity and Academic Dishonesty

Academic Integrity is defined in the UNT Policy on Student Standards for Academic Integrity. Academic Dishonesty includes cheating, plagiarism, forgery, fabrication, facilitating academic dishonesty, and sabotage. Any suspected case of Academic Dishonesty will be handled in accordance with University policy and procedures. Possible academic penalties range from a verbal or written admonition to a grade of “F” in the course. Further sanctions may apply to incidents involving major violations. The policy and procedures are available at: http://vpaa.unt.edu/academic-integrity.htm.

Acceptable Student Behavior

Student behavior that interferes with an instructor’s ability to conduct a class or other students’ opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Dean of Students to consider whether the student's conduct violated the Code of Student Conduct. The university's expectations for student conduct apply to all instructional forums, including university and electronic classroom, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at www.deanofstudents.unt.edu

Disability Accommodation

The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with an accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request accommodations at any time, however, ODA notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver letters of accommodation during faculty office hours or by appointment. Faculty members have the
authority to ask students to discuss such letters during their designated office hours to protect the privacy of the student. For additional information see the Office of Disability Accommodation website at http://www.unt.edu/oda. You may also contact them by phone at 940.565.4323.

**EagleConnect**

All UNT students should activate and regularly check their EagleConnect (e-mail) account. EagleConnect is used for official communication from the University to students. Many important announcements for the University and College are sent to students via EagleConnect. For information about EagleConnect, including how to activate an account and how to have EagleConnect forwarded to another e-mail address, visit https://eagleconnect.unt.edu. This is the main electronic contact for all course-related information and/or material.

**Emergency Notifications and Procedures**

UNT uses a system called Eagle Alert to quickly notify students with critical information in the event of an emergency (i.e., severe weather, campus closing, and health and public safety emergencies like chemical spills, fires, or violence). In the event of a university closure, please refer to Blackboard for contingency plans for covering course materials.

**Observation of Religious Holy Days**

If you plan to observe a religious holy day that coincides with a class day, please notify your instructor as soon as possible.

**Retention of Student Records**

Student records pertaining to this course are maintained in a secure location by the instructor of record. All records such as exams, answer sheets (with keys), and written papers submitted during the duration of the course are kept for at least one calendar year after course completion. Course work completed via the Blackboard online system, including grading information and comments, is also stored in a safe electronic environment for one year. Students have the right to view their individual record; however, information about students’ records will not be divulged to other individuals without proper written consent. Students are encouraged to review the Public Information Policy and the Family Educational Rights and Privacy Act (FERPA) laws and the University’s policy.

**Sexual Discrimination, Harassment, & Assault**

UNT is committed to providing an environment free of all forms of discrimination and sexual harassment, including sexual assault, domestic violence, dating violence, and stalking. If you (or someone you know) has experienced or experiences any of these acts of aggression, please know
that you are not alone. The federal Title IX law makes it clear that violence and harassment based on sex and gender are Civil Rights offenses. UNT has staff members trained to support you in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, helping with legal protective orders, and more.

UNT’s Dean of Students’ website offers a range of on-campus and off-campus resources to help support survivors, depending on their unique needs: http://deanofstudents.unt.edu/resources_0. Renee LeClaire McNamara is UNT’s Student Advocate and she can be reached through e-mail at SurvivorAdvocate@unt.edu or by calling the Dean of Students’ office at 940-565-2648. You are not alone. We are here to help.

**Student Perceptions of Teaching (SPOT)**

Student feedback is important and an essential part of participation in this course. The student evaluation of instruction is a requirement for all organized classes at UNT. The survey will be made available during weeks 13 and 14 of the long semesters to provide students with an opportunity to evaluate how this course is taught. Students will receive an email from "UNT SPOT Course Evaluations via IASystem Notification" (no-reply@iasystem.org) with the survey link. Students should look for the email in their UNT email inbox. Simply click on the link and complete the survey. Once students complete the survey they will receive a confirmation email that the survey has been submitted. For additional information, please visit the spot website at www.spot.unt.edu or email spot@unt.edu.

**Campus Carry Notification [if applicable]**

The class meets in a UNT facility in which the legal carrying of a concealed firearm by an LTC permit holder is prohibited. Please refer to campuscarry.unt.edu for more information.
# COURSE SCHEDULE
(Course Content and Schedule Subject to Change)

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Reading Assignment</th>
<th>Due</th>
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<tbody>
<tr>
<td>1-16</td>
<td>Guest Speaker</td>
<td></td>
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<tr>
<td></td>
<td>Course Overview</td>
<td></td>
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<tr>
<td>1-23</td>
<td>History and Rationale</td>
<td>Ch. 1</td>
<td></td>
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<tr>
<td>1-30</td>
<td>Materials/Media</td>
<td></td>
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<tr>
<td>2-6</td>
<td>Art Therapy</td>
<td>Ch. 2</td>
<td></td>
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<tr>
<td>2-13</td>
<td>Music Therapy</td>
<td>Ch. 3</td>
<td>First 5 journals due</td>
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<tr>
<td>2-20</td>
<td>Dance/Movement Therapy</td>
<td>Ch. 4</td>
<td></td>
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<tr>
<td>2-27</td>
<td>Drama Therapy/Psychodrama</td>
<td>Ch. 5</td>
<td></td>
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<tr>
<td>3-6</td>
<td>Article Review Discussion</td>
<td></td>
<td>Article Review Due</td>
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<tr>
<td>3-13</td>
<td>Spring Break</td>
<td></td>
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<tr>
<td>3-20</td>
<td>Poetry</td>
<td>Ch. 6</td>
<td>Second 5 journals due</td>
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<tr>
<td>3-27</td>
<td>Play</td>
<td>Ch. 7</td>
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<tr>
<td>4-3</td>
<td>Sandtray</td>
<td>Ch. 8</td>
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<tr>
<td>4-10</td>
<td>Integrated Approach</td>
<td>Ch. 9</td>
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<tr>
<td>4-17</td>
<td>Current Trends</td>
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<tr>
<td>4-24</td>
<td>Expressive Arts Implementation</td>
<td></td>
<td>Final 5 journals due</td>
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<tr>
<td>5-1</td>
<td>Expressive Arts Implementation</td>
<td></td>
<td>Significant Learnings due</td>
</tr>
<tr>
<td>5-8</td>
<td>Final Class Processing</td>
<td></td>
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</tbody>
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