

PSYC 4610.001 Psychopathology

Department of Psychology, University of North Texas

Summer 2026, MTWR 10:00 - 11:50 pm, GAB 105

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TA keeps the gradebook; direct grade questions to her first.

Required Text: Hooley, J.M., & Nock, M.K. (2025). *Psychopathology, 19th Edition*. Pearson.
(Or Hooley, Nock & Butcher (2020). *Abnormal Psychology, 18th Edition*. Pearson. (*Same book; older edition is acceptable, and cheaper*))

If you are considering graduate school in mental health, I recommend you *buy the hard-copy text, even an older edition*. It's a good reference book. Many so-called "lifetime access" e-books are for the life of the *edition*, not yourself. When the next edition comes out, your access goes. I strongly recommend you rely *entirely* on the textbook and lecture information for this course and *avoid* internet sources, which may be misleading, outdated, or simply wrong.

Course Description:

This course covers the ways that European-heritage cultures define and classify psychopathology, theories of how mental disorders develop, the major types of disorders, and how they are treated.

Advisory Prerequisites:

1. This is an advanced psychology course. You are more likely to do well if you have had PSYC 1630, PSYC 2317, *and* PSYC 3650 along with core and foundational courses such as History and Systems, Developmental Psychology, and/or Social Psychology.
2. You are more likely to do well if you attend every class, take good notes, and read the assigned chapter *before* class.
3. You will need a *charged* laptop, tablet, or ipad with Canvas access during exams and other activities.
4. You will have 24 hours for all exams. There will be no makeups for power outages, dead laptops, being locked out of canvas, travel away from wifi. You are in a summer course, be prepared for required assignments in your summer course and plan accordingly.
5. This course deals with topics that some may find disturbing or highly emotional. Some of the material might remind you of your own stressful life experiences. Ethical guidelines forbid faculty and TAs from providing counseling to students in their courses. If you find your distress is interfering with your ability to perform well in school or your life, UNT provides stress management and mental health resources listed below on p. 4.

Course Objectives: By the end of this course, students should be able to:

1. Understand the role of cultures and their institutions in defining, classifying, and managing behavior and experiences that are defined as ‘abnormal’ or ‘psychopathology’.
2. Know the history and controversies surrounding the development of diagnostic classifications.
3. Apply knowledge of psychological science and its methods to understand the diagnosis process.
4. Understand the role of developmental context, cultural beliefs and values, and immediate social situation in creating mental disorders in some individuals and shaping how they are treated.

Course Requirements and Evaluation:

1. **In-Class Attendance** (total 25% of grade). Random classes through the semester will take attendance. There will be five (5) random days throughout the semester where the TA or instructor will take attendance. Each day will account for 5% for a total of 25% of your grade.
2. **Three exams** (each 25% of grade, 75% total). No class on exam days, exam will take place on Canvas. You will have a 24 hour window to complete your exam (exams open at 11:59pm the day before and remain open until 11:59pm the day of the exam). Exams are open note, open book. You can exit and resume your exam as many times as you like in that 24 hour window. Once submitted, you cannot change answers or retake the exam. No makeup exams will be awarded without a University of North Texas approved reason. Power outages, dead laptops, no wifi, and non-university sponsored travel will not count.
3. **Extra credit opportunities.** You may participate in various research opportunities for extra credit throughout, these will be presented by your instructor through the course. Each module will have up to 8 points of extra credit in the form of short answer questions. These must be completed by the module deadline (exam due date/time) to be counted. You cannot complete module extra credit past the deadline. If there is a 75% completion rate of the SPOT evaluation, instructor will award 5 points of extra credit. Additional extra credit opportunities may be presented by the instructor throughout the course.

Tips:

To reduce unintended instructor bias, I will be utilizing test questions from the book publisher. The test questions will be randomly generated and will come from the entirety of information found in the chapters for each exam. You are responsible for all of the reading material, whether or not it is discussed in class, and all of the material from class, whether or not it appears in the readings. Therefore, it is in your best interests both to read and to come to class.

Read the chapter before class, take good notes, and bring your notes to class. If you miss a class, you are responsible for obtaining assignment instructions, announced changes, etc. from Canvas, and information about what happened in class from classmates. **Repeating the lecture material for you is not the TA’s responsibility or mine.**

Please note the UNT policy on excused absences that recognizes only Holy Day observances and occasions where the student is officially representing the University. These and medical difficulties must be supported with appropriate documentation emailed to your TA.

It is your responsibility to **raise questions** either in class or with a TA about aspects of the readings

that you don't understand. This can lead us to interesting discussions about concepts in the course and how they are applied in research and practice. It is best to do this when the question arises rather than waiting until the day before the exam (see WARNING below).

Classroom Courtesies:

1. **You are expected to arrive on time and stay for the entire class.**
2. If an emergency might require you to leave class, please let me know at the beginning of class, sit near a door, and leave the room if you are paged. I can help you obtain a seat if none is available.
3. **No eating in class;** this is a distraction to your classmates.
4. While the freedom to express yourself is a fundamental human right, any communication that utilizes cruel and derogatory language on the basis of race, color, national origin, religion, sex, sexual orientation, gender identity, gender expression, age, disability, genetic information, veteran status, or any other characteristic protected under common courtesy or applicable federal or state law will not be tolerated. Treat your instructors and classmates with respect in any communication. **Acquiring the habit of addressing people with courtesy is part of your education.**
5. I encourage you to take advantage of my time before or after class or by making an appointment. That time is for you! I welcome questions about graduate school, career planning, and opportunities in psychology, as well as questions about this course.

WARNING: Although my TA and I make every effort to respond promptly to messages and emails, my schedule and the volume of messages does not always let me answer as soon as I would like. Please allow at least 48 hours for me to reply, 72 hours before assignment due dates and exams. Sometimes that answer might be important for me to give in class for everyone else's benefit too.

Student Support Services: If you would like to improve your writing, you may receive free tutoring by calling The Learning Center at 369-7006.

Mental Health Resources: UNT provides mental health resources to students to help ensure there are numerous outlets to turn to that wholeheartedly care for and are there for students in need, regardless of the

nature of an issue or its severity. Listed below are several resources on campus that can support your academic success and mental well-being:

Student Health and Wellness Center (<https://studentaffairs.unt.edu/student-health-and-wellness-center>)

Counseling and Testing Services (<https://studentaffairs.unt.edu/counseling-and-testing-services>)

UNT Care Team (<https://studentaffairs.unt.edu/care>)

UNT Psychiatric Services (<https://studentaffairs.unt.edu/student-health-and-wellness-center/services/psychiatry>)

Individual Counseling (<https://studentaffairs.unt.edu/counseling-and-testing-services/services/individual-counseling>)

Official Details:

Eagle Connect: Eagle Connect is UNT's official email communication system with its students. Although you may use it for any purpose that is legal and ethical (see the login banner), its main function is for UNT and me to give you information that is in your best interest to know. You should activate your Eagle Connect account and check it daily. I will depend on it for any last-minute notices, for example, if class must be canceled on short notice. Information on how to activate and use Eagle Connect can be found on your my.unt.edu. If you find it cumbersome to use, consider forwarding messages automatically to a personal account that you use more often. **For security reasons, the TAs and I will not respond to emails that come from domains other than my.unt.edu.**

Canvas Online System: Handouts, assignments, and announcements of changes will be posted on the Canvas online system. You can access this system by going to the UNT home page, www.unt.edu, and clicking on the Canvas link at the top of the page. Visit this page regularly to keep up with announcements. As time permits, the TA will post your

grades there (but their grading your essays accurately with feedback is a higher priority use of their time). You can also communicate with other students in the class through the Canvas system. **I do not use Canvas's email**; contact me at kayla.carrigan@unt.edu.

Academic Dishonesty: According to UNT Policy 06.003, Student Academic Integrity, academic dishonesty occurs when students engage in behaviors including, but not limited to cheating, plagiarism, forgery, fabrication, facilitating academic dishonesty, and sabotage. A finding of academic dishonesty may result in a range of academic penalties or sanctions ranging from admonition to expulsion from the University. I reserve the right to lower grades (including to zero) for the assignment, the exam, or the course as a whole, if I have evidence of academic dishonesty. This includes, but is not limited to, plagiarism (turning in someone else's work as your own; using someone else's ideas, whether published or not, without giving credit by citation) and cheating on exams.

Please note: Sometimes a student approaches me to ask that I raise a grade (because they will not get into graduate school, lose scholarships, fail out of school, etc.). **Grades represent what you have earned**, not something I "give". I can only offer you an education; you must take it.

End-of-semester Course Evaluation: The Student Perceptions of Teaching (SPOT) is required for all organized classes at UNT. This short survey will be made available to you at the end of the semester, providing you a chance to comment on your experience of this class. I am very interested in the feedback I get from students, as I work to continually improve my teaching. I consider the SPOT to be an important part of your participation in this class. As such, if the class has a 75% participation rate in the SPOT evaluation, I will award 5 points of extra credit to all students.

Incomplete Coursework. If you take an "I" (Incomplete) in any course, you must complete the work and have the "I" removed within one year or your I grade becomes an F and you must re-enroll in the course again.

Disability Accommodation. The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking reasonable accommodation must first register with the Office of Disability Access (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with a reasonable accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request reasonable accommodations at any time; however, ODA notices of reasonable accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of reasonable accommodation for every semester and must meet with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver letters of reasonable accommodation during faculty office hours or by appointment. Faculty members have the authority to ask students to discuss such letters during their designated office hours to protect the privacy of the student. For additional information, refer to the [Office of Disability Access](http://www.unt.edu/oda) website (<http://www.unt.edu/oda>). You may also contact ODA by phone at (940) 565-4323.

Student Behavior in the Classroom. Student behavior that interferes with an instructor's ability to conduct a class or other students' opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Center for Student Rights and Responsibilities to consider possible violation of the Code of Student Conduct. UNT's expectations for student conduct apply to all instructional forums, including university and electronic classroom, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at www.unt.edu/csrr.

Survivor Advocacy: UNT is committed to providing a safe learning environment free of all forms of sexual misconduct. Federal laws and UNT policies prohibit discrimination on the basis of sex and sexual misconduct. If you or someone you know is experiencing sexual harassment, relationship violence, stalking and/or sexual assault, there are campus resources available to provide support and assistance. The Survivor Advocates can be reached at SurvivorAdvocate@unt.edu or by calling the Dean of Students Office at 940-565-2648.

Sexual Assault Prevention: UNT is committed to providing a safe learning environment free of all forms of sexual misconduct, including sexual harassment sexual assault, domestic violence, dating violence, and stalking. Federal laws (Title IX the Violence Against Women Act) and UNT policies prohibit discrimination on the basis of sex, and therefore prohibit sexual misconduct. If you or someone you know is experiencing sexual harassment, relationship violence, stalking, and/or sexual assault, there are campus resources available to provide support and assistance. UNT's Survivor Advocates can assist a student who has been impacted by violence by filing protective orders, completing crime victim's compensation applications, contacting professors for absences related to an assault, working with housing to facilitate a

room change where appropriate, and connecting students to other resources available both on and off campus. The Survivor Advocates can be reached at SurvivorAdvocate@unt.edu or by calling the Dean of Students Office at 940-565-2648. Also, alleged sexual misconduct can be non-confidentially reported to the Title IX Coordinator at oeo@unt.edu or at (940) 565-2759.

Prohibition of Discrimination, Harassment, and Retaliation (Policy 16.004): The University of North Texas (UNT) prohibits discrimination and harassment because of race, color, national origin, religion, sex, sexual orientation, gender identity, gender expression, age, disability, genetic information, veteran status, or any other characteristic protected under applicable federal or state law in its application and admission processes; educational programs and activities; employment policies, procedures, and processes; and university facilities. The University takes active measures to prevent such conduct and investigates and takes remedial action when appropriate.

Retention of Student Records: Student records pertaining to this course are maintained in a secure location by the instructor of record. All records such as exams, answer sheets (with keys), and written papers submitted during the duration of the course are kept for at least one calendar year after course completion. Course work completed via the Canvas online system, including grading information and comments, is also stored in a safe electronic environment for one year. Students have the right to view their individual record; however, information about student's records will not be divulged to other individuals without proper written consent. Students are encouraged to review the Public Information Policy and the Family Educational Rights and Privacy Act (FERPA) laws and the University's policy. See UNT Policy 10.10, Records Management and Retention for additional information.

Eagle Alert: UNT uses a system called Eagle Alert to quickly notify students with critical information in the event of an emergency (i.e., severe weather, campus closing, and health and public safety emergencies like chemical spills, fires, or violence). In the event of a university closure, please refer to Canvas for contingency plans for covering course materials. If Canvas is not accessible during the emergency, contact me via email or phone for more information.

Course Schedule

Date	Class Topic	
5/18	Course Introduction Chapter 1: Psychopathology: Overview and Research	
5/19	Chapter 1: Psychopathology: Overview and Research	
5/20	Chapter 2: Earliest Views of Psychopathology	
5/21	Chapter 3: Causal Factors and Viewpoints	
5/25	Chapter 3: Causal Factors and Viewpoints	
5/26	Chapter 4: Clinical Assessment and Diagnosis	Exam opens at 5:00pm
5/27	Exam 1 (Chapters 1-4) NO CLASS	Exam/Extra Credit Due by 11:59pm
5/28	Chapter 5: Stress and Physical and Mental Health	
6/1	Chapter 6: Panic, Anxiety, Obsessions and Their Disorders	
6/2	Chapter 6: Panic, Anxiety, Obsessions and Their Disorders	
6/3	Chapter 7: Mood Disorders and Suicide	
6/4	Chapter 7: Mood Disorders and Suicide	
6/8	Chapter 9: Eating Disorders and Obesity	Exam opens at 5:00pm
6/9	Exam 2 (Chapters 5, 6, 7, & 9) NO CLASS	Exam/Extra Credit Due by 11:59pm
6/10	Chapter 10: Personality Disorders	
6/11	Chapter 10: Personality Disorders	
6/15	Chapter 11: Substance-Related Disorders	
6/16	Chapter 13: Schizophrenia and Other Psychotic Disorders	

6/17	Chapter 16: Psychological Treatment	Exam opens at 11:59pm
6/18	Exam 3 (Chapters 10, 11, 13, & 16) NO CLASS	Exam/Extra Credit Due by 11:59pm

Note: Syllabus Change Policy

This Syllabus is subject to change. Any changes to this syllabus will be outlined in class and via a Canvas Announcement.