Department of Disability and Addiction Rehabilitation

1155 Union Circle #311456

Denton, TX 76203-1456 USA

COURSE INFORMATION

- ADDS 4275 Alcohol, Drugs and Disability
- Fall 2023
- 3.0 Credit Hours
- Online
- No pre-requisites required

Instructor Contact Information

- Kelly Sevin, MA, LMFT, CDWF
- Adjunct Instructor
- Office hours: By appointment only
- Kelly.sevin@unt.edu

About the Professor / Instructor

Kelly Sevin has a Master's in Marriage and Family Therapy from Richmont Graduate University in Chattanooga, Tennessee and a Bachelor's of Arts from Concordia University in Austin, Texas. She has been an instructor at UNT for over 4 years. In addition to teaching at UNT, she is the Director of Clinical Therapy of a therapy group where she sees a handful of clients weekly and supports the clinical team. She also has several years of experience working in residential treatment for addictions, eating disorders, trauma and other co-occurring mental health issues. She has additional training in Emotional Transformation Therapy (ETT), Eye Movement Desensitization and Reprocessing (EDMR), The Trauma Model and The Daring Way TM.

I. COURSE DESCRIPTION

This course examines the biological, psychological, and systemic nature of substance abuse and addiction, their overlap with other mental and physical disabilities and relationship to the process of rehabilitation. This is a 3-credit hour online class with no prerequisites.

II. COURSE OBJECTIVES

Upon completion of this course, the students will:

- 1. Identify issues related to screening and assessing for substance use disorders among people
- 2. with disabilities.
- 3. Determine how physical, emotional, and psychiatric disabilities may contribute to
- 4. substance use.
- 5. Recognize co-occurring psychiatric and substance use disorders treatment issues.
- 6. Identify barriers that affect accessibility to substance use treatment services for people with
- 7. disabilities.
- 8. Practice identifying and eliminating barriers in order to increase accessibility to substance

9. use treatment services for people with disabilities.

III. REQUIRED TEXTS (all provided online)

Brucker, D. (2008). Prescription drug abuse among persons with disabilities. *Journal of Vocational Rehabilitation*, 29(2), 105-115.

Brucker, D.L. (2008). Social construction of disability and substance abuse within public disability benefit systems. *International Journal of Drug Policy*, *20*, 418-423. doi: 10.1016/j.drugpo.2008.09.008.

Department of Health (Alcohol and Drug Abuse Division). (2013). *Twelve core functions of the alcohol and other drug abuse counselor*. Honolulu, Hawaii: DOH. Retrieved from: http://health.hawaii.gov/substance-abuse/files/2013/05/csac-corefunctions1.pdf

Ditre, J. W., & Radnitz, C. L. (2005). Pre- and postinjury substance misuse among veterans with spinal cord injury. *Rehabilitation Psychology*, 50(2), 142-148. doi:10.1037/0090-5550.50.2.142

Donnell, C. M., Mizelle, N. D., & Yan, Z. (2009). Consumers of vocational rehabilitation services diagnosed with psychiatric and substance use disorders. *Journal of Rehabilitation*, 75(3), 41-49.

Higgins, K., McCrystal, P., & Percy, A. (2007). Substance use behaviors of young people with a moderate learning disability: A longitudinal analysis. *American Journal of Drug and Alcohol Abuse*, 33, 155-161. doi: 10.1080/00952990601091143

Janikowski, T. P., Lawrence, J. C., & Donnelly, J. P. (2007). The functional limitations of clients with coexisting disabilities. *Journal of Rehabilitation*, 73(4), 15-22.

Krahn, G., Farrell, N., Gabriel, R., Deck, D. (2006). Access barriers to substance abuse treatment for persons with disabilities: An exploratory study. *Journal of Substance Abuse Treatment, 31*, 375-384.

Koch, D. S., Nelipovich, M., & Sneed, Z. (2002). Alcohol and other drug abuse as coexisting disabilities: Considerations for counselors serving individuals who are blind or visually impaired. *Re:View, 33*(4), 151-159.

Moore, D., & Li, L (1998). Prevalence and risk factors of illicit drug use by people with disabilities. *American Journal on Addictions*, 7(2). 93-102

Sizoo, B., van den Brink, W., Koeter, M., van Eenige, M. G, van Wijngaarden-Cremers, P., & van der Gaag, R. J. (2010). Treatment seeking adults with autism or ADHD and co- morbid Substance Use Disorder: Prevalence, risk factors and functional disability. *Drug and Alcohol Dependence*, 107, 44-50.

Slayter, E. M. (2010). Disparities in access to substance abuse treatment among people with intellectual disabilities and serious mental illness. *Health & Social Work*, 35(1), 49-59.

Smart, J. F., & Smart, D. W. (2006). Models of Disability: Implications for the counseling profession. *Journal of Counseling & Development*, 84, 29-40.

Substance Abuse and Mental Health Services Administration (SAMHSA). (2008). Treatment improvement protocol (TIP) series: *Substance Use Disorder Treatment for People with Physical and Cognitive Disabilities*. Publication No. 29. Rockville, MD: SAMHSA.

Taggart, L., McLaughln, D., McFarlane, C. (2007) Listening to people with intellectual disabilities who misuse alcohol and drugs. *Health and Social Care in the Community*, 15(4), 360-368. doi: 10.1111/j.1365-2524.2007.00691.x

Taylor, L. A., Kreutzer, J. S., Demm, S. R., & Meade, M. A. (2003). Traumatic brain injury and substance abuse: A review and analysis of the literature. *Neuropsychological Rehabilitation*, 13(1/2), 165-188.

Titus, J. C., & Guthmann, D. (2010). Addressing the black hole in substance abuse treatment for deaf and hard of hearing individuals: Technology to the rescue. *Journal of The American Deafness & Rehabilitation Association* (JADARA), 43(2), 92-100.

Walls, R. T., Moore, L. C., Batiste, L. C., & Loy, B. (2009). Vocational rehabilitation and job accommodations for individuals with substance abuse disorders. *Journal of Rehabilitation*, 75(4), 25-44.

West, S. (2008). The utilization of vocational rehabilitation services in substance abuse treatment facilities in the US. *Journal of Vocational Rehabilitation*, 29(2), 71-75.

Additional readings will be assigned and made available via the CANVAS course website.

IV. EXAMS & GRADES

We will have 15 timed modules (excluding week one, 8/21 and the final week, 12/11) with assignments each week. Each module along with the assignments will open 9.00am CT on Monday and will close on 11.59pm CT the following Sunday. There will be no Midterm but there is a Final paper in this class.

Grading Rubric

Weekly Quizzes 14 @ 10 points each 140 Short Papers 8 @ 20 points each 160 Final Paper 100 Total 400

Grading Scale: A = 400-360; B = 359-320; C = 319-280; D = 279-240, F = 239 and below.

For this class exact grades are reported and they are not rounded up, or curved.

A. Weekly quizzes:

• Students will have the opportunity to submit 14 weekly quizzes. One quiz for each module. They are worth 10 points each and coincide with assigned readings and course lectures of the concurrent

week.

- Quizzes will contain true/false, multiple-choice questions covering readings listed in that module.
- Quizzes will open on 9.00am on Monday and will close on 11.59pm on the following Sunday.

B. Short Paper

- On alternative weeks students will be expected write one short paper.
- Papers should range between 500-700 words, worth 20 points each.
- Formal, academic responses with detailed citations are expected short papers.

C. Final Paper

- The Final paper is due on the last week of class.
- All materials necessary for the final paper are provided along with the questions. There are multiple documents. Go through each document to get a better idea of the paper.
- The paper has to be submitted through Turnitin. Similarities of more than 20% receive a letter grade down. You can submit the paper multiple times before the final submission date to check the similarity index.
- To lower the similarity index, make sure that you paraphrase, and not lift exact language.
- Informal discussion with heavy reliance on personal, anecdotal experience without incorporation of proper citation will receive lower points. Not providing any citations to reading materials or any other formal academic sources can also lead to receiving "0", depending on the quality of the discussion.

Assignment Reopening Policy

- 1. I do not reopen quizzes or short papers, neither do I extend their dates. Quizzes will remain open for a week, from Monday 9.00am-Sunday 11.59pm. Short papers and the final paper will be opened from the beginning of the semester till they are due.
- 2. Please do not email me requesting extensions within 24 hours of the assignment's due time. For example, if you are asking for a quiz/short paper extension or a reopening due to critical circumstances beyond Saturday 11.59pm, it will not be reopened. By that time, you have almost had 6 days to attempt the assignment, and it was your choice to not attempt it.
- 3. You can request me before Friday 11.59pm for an extension; however, if you are requesting an extension without paperwork, it will not be considered.
- 4. If you are requesting extension due to medical reasons, then you will have to provide a letter from a licensed medical doctor with phone number, so that information can be verified. I do not need to know about your ailment, or any confidential health related information, but I will need to know that a licensed medical doctor deemed you unfit to attempt an online quiz or class for the entire week. Any other documentation will not be accepted. Please do not contact me personally explaining your ailment or crisis without documentation, and please do not share confidential health/mental health information with me. Exceptions are students who are with ODA, as they have prior paperwork, which will be followed for assignment grading purposes.
- 5. If it is a CANVAS issue, get a ticket number from 940.565.2324 immediately and contact me.
- 6. Internet breakdown: Students are urged to take the from a secure Internet location (library, computer labs etc). In case there is a breakdown of the University computer, screen shots

- should be taken and emailed to the instructor. A note should also be taken from the computer lab attendant present at that time.
- 7. The grades of this course will be constantly updated on CANVAS. It is your responsibility to check CANVAS and keep yourself informed about grades. Asking to reopen quizzes for not understanding grading criteria, or not checking CANVAS will not be considered valid reason to open quizzes.
- 8. I make sure that the syllabus and expectations are transparent and that everything is up for you to get access from the beginning of the semester, so, you will be held accountable by these standards.

Late Submission Policy

I do not accept late submissions, other than extenuating circumstances. Any request without associating paperwork is not accepted. Furthermore, short papers are open from the beginning of the semester and all of them are open for at least the entire week of the module. So, please do not email me requesting extensions within 24 hours of the assignment's due time. And, in case you are late, send me the assignment with the email along with the explanation and supporting documentation. Do not send me the explanation and wait for my reply to send the assignment. For every 5 minutes beyond the passing of deadline, 25% from the total assignment grade will be deducted. So, if you are 20 minutes late, you will lose all the points of the assignment.

Assignment Submission Instructions

All assignments will be submitted using the assignment drop-box feature in Canvas. Absolutely no handwritten assignments will be accepted. The instructor will inform you during class and/or through the Canvas announcements tool when assignment drop boxes and quizzes are available.

COURSE EVALUATION

Course Evaluation instructions will be provided via the announcement tool in Canvas.

V. COURSE POLICIES

Personal Disclosure and Confidentiality

We may deal with personal and sensitive matters during this course. It is imperative that we contribute in a respectful manner, even when we disagree. Please remember that any personal information shared is confidential and should not be discussed outside of the online learning environment. It is important that you honor the privacy of your classmates. While discussing topics related to substance use, you may be asked questions that relate to your personal experiences, attitudes and behaviors. Confidentiality cannot be guaranteed; therefore, you are free to choose the level of disclosure most comfortable to you. It is important to be discrete and appropriate when sharing in class discussions; therefore, be mindful of what personal information you share in class.

Acceptable Student Behavior

Student behavior that interferes with an instructor's ability to conduct a class or other students' opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Dean of Students to consider whether the student's conduct violated the Code of Student Conduct. The university's expectations for student conduct apply to all instructional forums, including university and electronic classroom, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at www.deanofstudents.unt.edu

Copyright Notice

Some or all of the materials on this course Web site may be protected by copyright. Federal copyright law prohibits the reproduction, distribution, public performance, or public display of copyrighted materials without the express and written permission of the copyright owner, unless fair use or another exemption under copyright law applies. Additional copyright information may be located at: http://copyright.unt.edu/content/unt-copyright-policies.

Information about the University of North Texas Attendance Policy may be found at:

http://policy.unt.edu/policy/15-2-5

Virtual Classroom Citizenship

The same guidelines that apply to traditional classes should be observed in the virtual classroom environment. Please use proper netiquette when interacting with class members and the professor.

Syllabus Change Policy

The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.

Policy on Server Unavailability or Other Technical Difficulties

The University is committed to providing a reliable online course system to all users. However, in the event of any unexpected server outage or any unusual technical difficulty which prevents students from completing a time sensitive assessment activity, the instructor will extend the time windows and provide an appropriate accommodation based on the situation. Students should immediately report any problems to the instructor and also contact the UNT Student Help Desk: helpdesk@unt.edu or 940.565.2324.

VI. UNT POLICIES

Student Conduct and Discipline: The primary concern of the University of North Texas is the student. The university attempts to provide for all students a campus environment that is conducive to academic endeavor and social and individual growth. To that end, rules, regulations and guidelines governing student behavior and the student's relationship with the university have been formulated into a student code of conduct and discipline. Enrollment at the University of North Texas is considered implicit acceptance of these and other policies applicable to students, all of which are educational in nature and designed to help students understand expectations and accept responsibility for their own actions. Additional information can be found in the Code of Student Conduct.

Class Participation: Students are required to login regularly to the online class site. The instructor will use the tracking feature in CANVAS to monitor student activity. Students are also required to participate in all class activities such as discussion board, chat or conference sessions and group projects.

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Copyright Notice: Some or all of the materials on this course Web site may be protected by copyright. Federal copyright law prohibits the reproduction, distribution, public performance, or public display of copyrighted materials without the express and written permission of the copyright owner, unless fair use or another exemption under copyright law applies. Additional copyright information may be located at: http://copyright.unt.edu/content/unt-copyright-policies.

Instructor Rights: The instructor reserves the right to change the schedule, assignments, and/or evaluation criteria throughout the semester. You will occasionally receive other assignments or readings as the instructor deems fit. Any changes will be announced to the class with sufficient notice to prepare for the changes. It is your responsibility to keep informed about discussion topics and assignments. If in doubt, check with your instructor or your TA.

Statement of Confidentiality: An integral component of all drug and alcohol abuse courses is student and faculty expression of personal experiences for the purpose of facilitating coursework. Students enrolled in the program are expected to honor confidentiality as it pertains to disclosure issues. Shared information, comments, or opinions expressed by another student or the faculty member during the course of classroom discussion should never be used in a manner which is intended to humiliate, embarrass, harass, damage, or otherwise injure others in their personal, public, or business lives. In addition, confidentiality must be upheld by not disclosing any information that would identify any particular individual.

University of North Texas Compliance: To comply with immigration regulations, an F-1 visa holder within the United States may need to engage in an on-campus experiential component for this course. This component (which must be approved in advance by the instructor) can include activities such as taking an on-campus exam, participating in an on- campus lecture or lab activity, or other on-campus experience integral to the completion of this course. If such an on-campus activity is required, it is the student's responsibility to do the following: (a) Submit a written request to the instructor for an on- campus experiential component within one week of the start of the course. (b) Ensure that the activity on campus takes place and the instructor documents it in writing with a notice sent to the International Student and Scholar Services Office. ISSS has a form available that you may use for this purpose. Because the decision may have serious immigration consequences, if an F-1 student is unsure about his or her need to participate in an on- campus experiential component for this course, s/he should contact the UNT International Student and Scholar Services Office (telephone 940-565-2195 or email internationaladvising@unt.edu) to get clarification before the one-week deadline.

Sexual Discrimination, Harassment, & Assault

UNT is committed to providing an environment free of all forms of discrimination and sexual harassment, including sexual assault, domestic violence, dating violence, and stalking. If you (or someone you know) has experienced or experiences any of these acts of aggression, please know that you are not alone. The federal Title IX law makes it clear that violence and harassment based on sex and gender are Civil Rights offenses. UNT has staff members trained to support you in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, helping with legal protective orders, and more. UNT's Dean of Students' website offers a range of on-campus and off-campus resources to help support survivors, depending on their unique needs: http://deanofstudents.unt.edu/sexual-misconduct#4

Renee LeClaire McNamara is UNT's Student Advocate and she can be reached through e-mail at SurvivorAdvocate@unt.edu or by calling the Dean of Students' office at 940-565-2648. You are not

alone. We are here to help.

Academic Honesty Policy

Policies regarding student conduct and academic honesty posted by the University Center for Student Rights and Responsibilities in the Student Handbook apply to this class. As stated in the Policy: http://www.unt.edu/csrr/student_conduct/misconduct.html, misconduct for which students are subject to discipline falls into the following categories:

- A. Acts of Dishonesty, including but not limited to:
 - 1. Academic dishonesty cheating. The term "cheating" includes, but is not limited to:
 - a. use of any unauthorized assistance in taking quizzes, tests, or examinations;
 - b. dependence upon the aid of sources beyond those authorized by the instructor in writing papers, preparing reports, solving problems, or carrying out other assignments;
 - c. the acquisition, without permission, of tests, notes or other academic material belonging to a faculty or staff member of the University;
 - d. dual submission of a paper or project, or resubmission of a paper or project to a different class without express permission from the instructor(s);
 - e. any other act designed to give a student an unfair advantage.
 - 2. Academic Dishonesty plagiarism. The term "plagiarism" includes, but is not limited to:
 - a. the knowing or negligent use by paraphrase or direct quotation of the published or unpublished work of another person without full and clear acknowledgement and/or

b. the knowing or negligent unacknowledged use of materials prepared by another person or by an agency engaged in the selling of term papers or other academic materials.

Discipline may range from not having an assignment accepted for credit to expulsion from the course. For more information regarding policies regarding student conduct, please visit: http://www.unt.edu/csrr/student conduct/index.html

Add/Drop Policy

Please refer to the Office of the Registrar regarding the Add/Drop Policy.

- Add/Drop Policy: Please refer to the Office of the Registrar regarding the Add/Drop Policy.
- **Incomplete Grade:** Students are expected to complete the course within the session time frame. A grade of Incomplete will only be given if the student is (a) passing the course, has completed 75% of the course requirement, (c) has very compelling special circumstances, and (d) provides adequate documentation. I will require that the course requirements be fulfilled by the end of the following semester. According to UNT policy:
 - An Incomplete Grade ("I") is a non-punitive grade given only during the last one-fourth of a term/semester and only if a student (1) is passing the course and (2) has a justifiable and documented reason, beyond the control of the student (such as serious illness or military service), for not completing the work on schedule.
 - The student must arrange with the instructor to finish the course at a later date by completing specific requirements. These requirements must be listed on a Request for Grade of Incomplete form signed by the instructor, student, and department chair; and also entered on the grade roster by the instructor.

 (http://essc.unt.edu/registrar/incomplete.htm, p. 1)

ADA Policy

The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with an accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request accommodations at any time, however, ODA notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet with each faculty member prior to implementation in each class. For additional information see the Office of Disability Accommodation website at http://www.unt.edu/oda. You may also contact them by phone at 940.565.4323.

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accommodation in a timely manner during faculty office hours or by appointment or through email in web based courses. Faculty members have the authority to ask students to discuss such letters during their designated office hours to protect the privacy of the student. For additional information see the Office of Disability Accommodation website at http://www.unt.edu/oda. You may also contact them by phone at 940.565.4323.

Grades assigned before ODA documentation is provided will not be changed. Information about how to obtain academic accommodations can be found in UNT Policy 18.1.14, at www.unt.edu/oda, and by visiting the ODA in Room 321 of the University Union. You also may call the ODA at 940.565.4323

RESOURCES

UNT Resources

Links to Academic Support Services, such as Office of Disability Accommodation, Counseling and Testing Services, UNT Libraries, Online Tutoring, UNT Writing Lab and Math Tutor Lab can be located within Blackboard Learn on the "Academic Support" tab.

- Computer Labs: General access computer lab information (including locations and hours of operation) can be located at: http://www.gacl.unt.edu/
- UNT Portal: http://my.unt.edu
- UNT Library Information for Off-Campus Users: http://www.library.unt.edu/services/for-special-audiences/offcampus/information-for-off-campus-users
- UNT Computing and Information Technology Center: http://citc.unt.edu/services-solutions/students

Course Resources

- Pharmacology Dictionary: http://behavenet.com/pharmacology#301
- Pharmacology Glossary: http://www.bumc.bu.edu/busm-pm/academics/resources/glossary/
- Rx List: http://www.rxlist.com/script/main/hp.asp
- Medication Guides: http://www.fda.gov/Drugs/DrugSafety/ucm085729.htm
- Drug Interaction Checker: https://www.drugs.com/drug interactions.php
- Pill Identifier: https://www.drugs.com/pill_identification.html

- National Institute on Alcohol Abuse and Alcoholism http://www.niaaa.nih.gov/
- National Institute on Drug Abuse http://www.nida.nih.gov/
- American Society of Addiction Medicine http://www.asam.org/
- PREVLINE: National Clearinghouse https://www.tandfonline.com/doi/abs/10.1081/JA-120022716?journalCode=isum20
- Center for Substance Abuse Treatment (CSAT) http://csat.samhsa.gov/
- Center for Substance Abuse Prevention (CSAP) http://prevention.samhsa.gov/
- Behavioral Health Treatment Services Locator https://findtreatment.samhsa.gov/
- National Center on Addiction & Substance Abuse http://www.casacolumbia.org
- National Assoc. Alcoholism & Drug Abuse Counselors http://www.naadac.org/
- Center on Alcoholism, Substance Abuse, Addictions (CASAA) http://casaa.unm.edu/
- National Inhalant Prevention Coalition http://www.inhalants.org/
- Safe & Drug Free Schools Program http://www.ed.gov/offices/OESE/SDFS
- A.A.'s "Big Book" http://www.aa.org/bigbookonline/
- Alcoholics Anonymous http://www.aa.org/
 Al-Anon Family Groups http://www.alanon.alateen.org
- Rational Recovery http://rational.org
- S.M.A.R.T. Recovery http://www.smartrecovery.org
- Secular Organizations For Sobriety http://www.cfiwest.org/sos/index.htm
- Women For Sobriety http://www.womenforsobriety.org
- Refuge Recovery http://www.refugerecovery.org/

NIDA Infofax - http://www.drugabuse.gov/drugs-abuse

: All late work will receive an **automatic zero** grade. Quizzes and Short papers once closed will not be reopened.

Self-plagiarism is also considered plagiarism. Please make yourself knowledgeable about self-plagiarism issues.

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business lives. In addition, confidentiality must be upheld by not disclosing any information that would identify any particular individual.

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- **Resources**: Links to Academic Support Services, such as Office of Disability Accommodation, Counseling and Testing Services, UNT Libraries, Online Tutoring, UNT Writing Lab and Math Tutor Lab can be located within CANVAS Learn on the "Academic Support" tab.
 - Computer Labs: General access computer lab information (including locations and hours of operation) can be located at: http://www.gacl.unt.edu/
 - UNTLibrary:http://www.library.unt.edu/services/for- specialaudiences/offcampus/information-for-off- campus-users
 - UNT Computing: http://citc.unt.edu/services-solutions/students