

## COURSE INFORMATION

- ADDS 4075 – Drugs & Alcohol
- Fall 2024
- 3.0 Credit Hours
- Online
- No pre-requisites required

## Instructor Contact Information

- Kelly Sevin, MA, LMFT, CDWF
- Adjunct Instructor
- Office hours: By appointment only
- [Kelly.sevin@unt.edu](mailto:Kelly.sevin@unt.edu)

## About the Professor / Instructor

Kelly Sevin has a Master's in Marriage and Family Therapy from Richmond Graduate University in Chattanooga, Tennessee and a Bachelor's of Arts from Concordia University in Austin, Texas. She has several years of experience working in residential treatment for addictions, eating disorders, trauma and other co-occurring mental health issues. Her main interests are addiction, trauma and shame resilience. She is currently trained in Emotional Transformation Therapy (ETT), Eye Movement Desensitization and Reprocessing (EDMR), The Trauma Model and The Daring Way TM.

## Required Text

- Kuhn, C., Swartzwelder, S., Wilson, W., (2019). Buzzed: the straight facts about the most used and abused drugs from alcohol to ecstasy. 5th Edition. New York: W.W. Norton & Company.



## Required Readings

- Power Point lectures in CANVAS

## Course Description

Covers the psychological, biological and behavioral causes and effects of substance use and addiction with particular focus on the impact of alcohol, cannabis, nicotine, opiates, stimulants, depressants and hallucinogens on mind, body and behavior.

## COURSE OBJECTIVES & OUTCOMES

By the end of this course, students should be able to:

- Describe the physical, emotional, psychological and social nature of euphoria, abuse and addiction.
- Explain the effects of stimulants, depressants, hallucinogens and other commonly misused drugs on the body, mind and behavior.

- Contrast popular beliefs and government policies related to drugs, addiction and their control with the realities exposed by scientific efforts.

## **TECHNICAL REQUIREMENTS/ASSISTANCE**

The following information has been provided to assist you in preparation for the technological aspect of the course.

- UNT Help Desk: <http://www.unt.edu/helpdesk/index.htm>
- Computer and Internet Literacy: [http://clt.odu.edu/oso/index.php?src=pe\\_comp\\_lit](http://clt.odu.edu/oso/index.php?src=pe_comp_lit)
- Necessary plug-ins: <http://goo.gl/1lsVF>
- Internet Access with compatible web browser
- Headset/Microphone (if required for synchronous chats)
- Word Processor

### **Minimum Technical Skills Needed:**

Examples include:

- Using the learning management system
- Using email with attachments
- Creating and submitting files in commonly used word processing program formats
- Copying and pasting
- Downloading and installing software

### **Student Support**

The University of North Texas provides student technical support in the use of Blackboard and supported resources. The student help desk may be reached at:

- Email: [helpdesk@unt.edu](mailto:helpdesk@unt.edu)
- Phone: 940.565-2324
- In Person: Sage Hall, Room 130

Regular hours are maintained to provide support to students. Please refer to the website: <http://www.unt.edu/helpdesk/hours.htm> for updated hours.

## **ACCESS & NAVIGATION**

### **Access and Log in Information**

This is an online course offered through Canvas.

You will need your EUID and password to log in to the course. If you do not know your EUID or have forgotten your password, please go to: <http://ams.unt.edu>.

## Being a Successful Online Student

- [What Makes a Successful Online Student?](#)
- [Self-Evaluation for Potential Online Students](#)

### Format & Procedures:

This is an online course and mostly self-paced. It is therefore imperative that students monitor deadlines for assignments.

### Course Organization

This course is organized into weekly lesson plans with specific topics for each week. Each week begins in Canvas on Tuesday and ends at 11:59 p.m. the following Monday. All online assignments will be due no later than Monday of each week. All materials will be offered in multiple formats for accessibility purposes.

### How Students Should Proceed Each Week for Class Activities

The instructor will provide information in the modules and via the announcement tool in Canvas regarding course assignments.

## COMMUNICATIONS

- Announcements may be communicated via the Canvas announcement tool.
- Please contact the instructor at [kelly.sevin@unt.edu](mailto:kelly.sevin@unt.edu) with any questions you may have about the course or its content.

## ASSESSMENTS & GRADING

### Exams – 100 points

Exams may consist of multiple choice, matching, fill-in-the-box, true/false, short essay and/or definition items. Exams will be offered electronically on CANVAS. Use of materials from beyond the course (e.g., web sources, other courses) will result in a grade of 0 for the exam as will collaboration with others. Essay/definition items MUST be in the student's words NOT those of the power points to receive credit.

- **Exam 1 - 50 points**
- **Exam 2 - 50 points**

All quizzes will stress core concepts and principles from each unit covered. Quiz content focuses mainly on:

1. Items marked on PowerPoint (see below)
2. General course themes and major points emphasized in lectures
3. Items written on the board, and
4. Responses to student questions

**Red** = probable exam item (slide, term or fact)

**Bold** = possible exam item

The percentage of red and bold items on the exam ranges from 70% to 90%. Lectures will highlight most items that are of very high probability of exam inclusion. The percentage of items not highlighted on the PowerPoints that appear on an exam is determined by the attentiveness of those present (i.e., not using cell phones or carrying on conversations) and attendance rates.

### To Avoid Problems on Canvas Tests

1. Avoid use of Wi-Fi connections - use a hard-wired connection

2. Use a laptop or PC not a tablet or phone. Do not use Safari. If you must use a tablet or phone you MUST access Canvas via the free download of Canvas's mobile app. If you must use an iPad, use Google chrome browser.
3. Avoid opening multiple windows. Even a small document can wreak havoc when a quiz is being done. Use of Multiple windows is NEVER appropriate when taking a quiz as they imply the use of outside sources, i.e. cheating.

### **Violation of Any of the Above Will Void Your Test**

If problems arise do not disconnect! Immediately contact the Canvas helpdesk and see if they can help. If the helpdesk cannot resolve the issue email both the instructor (Kelly.sevin@unt.edu) and the TA. One of us will respond within 48 hours. If you time out the quiz will be graded as it was at the end of the allotted time period. Resets will only be granted if we can be assured that the problem was a system failure. A reset requires that any questions you did answer are deleted and you must start over.

### **Discussion Boards – 5 points**

Students will participate in an online discussion board worth a maximum of five (5) points. The discussion board will contain a document entitled, "Discussion Board Expectations" that outlines discussion board participation guidelines.

### **Web Exercises – 45 points**

Students will complete three (3) web exercises worth fifteen (15) points each. Please visit the Canvas course online and navigate to the web exercises link to view drop boxes and instructions for each web exercise activity.

### **Assignments – 50 points**

Students will complete two (2) assignments worth a maximum of twenty (25) points each. Please visit the Blackboard course online and navigate to the assignments link to view a .pdf outlining assignment instructions for each assignment

### **GRADING**

LETTER GRADE	% OF TOTAL POINTS	TOTAL POINTS
A	90 – 100%	180 - 200
B	80 – 89%	160 - 179
C	70 – 79%	140 - 159
D	60 – 69%	120 – 139
F	Less than 59%	0 - 119

**Assignment Submission Instructions**

All assignments will be submitted using the assignment drop-box feature in Canvas. Absolutely no handwritten assignments will be accepted.

**COURSE EVALUATION**

Course Evaluation instructions will be provided via the announcement tool in Canvas.

**COURSE POLICIES****Personal Disclosure and Confidentiality**

We may deal with personal and sensitive matters during this course. It is imperative that we contribute in a respectful manner, even when we disagree. Please remember that any personal information shared is confidential and should not be discussed outside of the online learning environment. It is important that you honor the privacy of your classmates. While discussing topics related to substance use, you may be asked questions that relate to your personal experiences, attitudes and behaviors. Confidentiality cannot be guaranteed; therefore, you are free to choose the level of disclosure most comfortable to you. It is important to be discrete and appropriate when sharing in class discussions; therefore, be mindful of what personal information you share in class.

**Acceptable Student Behavior**

Student behavior that interferes with an instructor's ability to conduct a class or other students' opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Dean of Students to consider whether the student's conduct violated the Code of Student Conduct. The university's expectations for student conduct apply to all instructional forums, including university and electronic classroom, labs, discussion groups, field trips, etc. The Code of Student Conduct can be found at [www.deanofstudents.unt.edu](http://www.deanofstudents.unt.edu)

**Late Work and Make up Quizzes**

Late work will NOT be accepted. Written medical documentation of the circumstances that led to students' inability to complete course work is required and should be requested in advance whenever possible.

### **Class Participation**

Students are required to login regularly to the online class site. The instructor will use the tracking feature in Canvas to monitor student activity.

### **Virtual Classroom Citizenship**

The same guidelines that apply to traditional classes should be observed in the virtual classroom environment. Please use proper netiquette when interacting with class members and the professor.

### **Incompletes**

Students are expected to complete the course within the session time frame. A grade of Incomplete will only be given if the student is (a) passing the course, (b) has completed 75% of the course requirement, (c) has very compelling special circumstances, and (d) provides adequate documentation. I will require that the course requirements be fulfilled by the end of the following semester. According to UNT policy:

*An Incomplete Grade ("I") is a non-punitive grade given only during the last one-fourth of a term/semester and only if a student (1) is passing the course and (2) has a justifiable and documented reason, beyond the control of the student (such as serious illness or military service), for not completing the work on schedule. The student must arrange with the instructor to finish the course at a later date by completing specific requirements. These requirements must be listed on a Request for Grade of Incomplete form signed by the instructor, student, and department chair; and also entered on the grade roster by the instructor. (<http://essc.unt.edu/registrar/incomplete.htm>, p. 1)*

If you fail to complete the course requirements by the end of the subsequent semester the grade of Incomplete will be replaced with an "F". I strongly urge you to complete the course. If you find you are falling behind, or not passing, I recommend you consider withdrawing from the class so that your record and GPA is not negatively affected. Please come talk to me if you find yourself having any difficulties with keeping up with the assignments or are not doing well on the quizzes.

### **Copyright Notice**

Some or all of the materials on this course Web site may be protected by copyright. Federal copyright law prohibits the reproduction, distribution, public performance, or public display of copyrighted materials without the express and written permission of the copyright owner, unless fair use or another exemption under copyright law applies. Additional copyright information may be located at: <http://copyright.unt.edu/content/unt-copyright-policies>.

### **Information about the University of North Texas Attendance Policy may be found at:**

<http://policy.unt.edu/policy/15-2-5>

### **Syllabus Change Policy**

The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.

### **Policy on Server Unavailability or Other Technical Difficulties**

The University is committed to providing a reliable online course system to all users. However, in the event of any unexpected server outage or any unusual technical difficulty which prevents students from completing a time sensitive assessment activity, the instructor will extend the time windows and provide an appropriate accommodation based on the situation. Students should immediately report any problems to the instructor and also contact the UNT Student Help Desk: [helpdesk@unt.edu](mailto:helpdesk@unt.edu) or 940.565.2324. The

instructor and the UNT Student Help Desk will work with the student to resolve any issues at the earliest possible time.

## **UNT POLICIES**

### **Student Conduct and Discipline**

The primary concern of the University of North Texas is the student. The university attempts to provide for all students a campus environment that is conducive to academic endeavor and social and individual growth. To that end, rules, regulations and guidelines governing student behavior and the student's relationship with the university have been formulated into a student code of conduct and discipline. Enrollment at the University of North Texas is considered implicit acceptance of these and other policies applicable to students, all of which are educational in nature and designed to help students understand expectations and accept responsibility for their own actions. Additional information can be found in the [Code of Student Conduct](#).

### **Sexual Discrimination, Harassment, & Assault**

UNT is committed to providing an environment free of all forms of discrimination and sexual harassment, including sexual assault, domestic violence, dating violence, and stalking. If you (or someone you know) has experienced or experiences any of these acts of aggression, please know that you are not alone. The federal Title IX law makes it clear that violence and harassment based on sex and gender are Civil Rights offenses. UNT has staff members trained to support you in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, helping with legal protective orders, and more. UNT's Dean of Students' website offers a range of on-campus and off-campus resources to help support survivors, depending on their unique needs: <http://deanofstudents.unt.edu/sexual-misconduct/reporting-sexual-misconduct#4>

Renee LeClaire McNamara is UNT's Student Advocate and she can be reached through e-mail at [SurvivorAdvocate@unt.edu](mailto:SurvivorAdvocate@unt.edu) or by calling the Dean of Students' office at 940-565-2648. You are not alone. We are here to help.

### **Academic Honesty Policy**

Policies regarding student conduct and academic honesty posted by the University Center for Student Rights and Responsibilities in the Student Handbook apply to this class. As stated in the Policy: [http://www.unt.edu/csrr/student\\_conduct/misconduct.html](http://www.unt.edu/csrr/student_conduct/misconduct.html), misconduct for which students are subject to discipline falls into the following categories:

- A. *Acts of Dishonesty, including but not limited to:*
  - 1. *Academic dishonesty - cheating. The term "cheating" includes, but is not limited to:*
    - a. *use of any unauthorized assistance in taking quizzes, tests, or examinations;*
    - b. *dependence upon the aid of sources beyond those authorized by the instructor in writing papers, preparing reports, solving problems, or carrying out other assignments;*
    - c. *the acquisition, without permission, of tests, notes or other academic material belonging to a faculty or staff member of the University;*
    - d. *dual submission of a paper or project, or resubmission of a paper or project to a different class without express permission from the instructor(s);*
    - e. *any other act designed to give a student an unfair advantage.*
  - 2. *Academic Dishonesty — plagiarism. The term "plagiarism" includes, but is not limited to:*
    - a. *the knowing or negligent use by paraphrase or direct quotation of the published or unpublished work of another person without full and clear acknowledgement and/or*

- b. *the knowing or negligent unacknowledged use of materials prepared by another person or by an agency engaged in the selling of term papers or other academic materials.*

Discipline may range from not having an assignment accepted for credit to expulsion from the course.

For more information regarding policies regarding student conduct, please visit:

[http://www.unt.edu/csrr/student\\_conduct/index.html](http://www.unt.edu/csrr/student_conduct/index.html)

### **ADA Policy**

The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with an accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request accommodations at any time, however, ODA notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet with each faculty member prior to implementation in each class. For additional information see the Office of Disability Accommodation website at <http://www.unt.edu/oda>. You may also contact them by phone at 940.565.4323.

### **Add/Drop Policy**

Please refer to the [Office of the Registrar](#) regarding the Add/Drop Policy.

## **RESOURCES**

### **UNT Resources**

Links to Academic Support Services, such as Office of Disability Accommodation, Counseling and Testing Services, UNT Libraries, Online Tutoring, UNT Writing Lab and Math Tutor Lab can be located within Blackboard Learn on the “Academic Support” tab.

- Computer Labs: General access computer lab information (including locations and hours of operation) can be located at: <http://www.gacl.unt.edu/>
- UNT Portal: <http://my.unt.edu>
- UNT Library Information for Off-Campus Users:  
<http://www.library.unt.edu/services/for-special-audiences/offcampus/information-for-off-campus-users>
- UNT Computing and Information Technology Center:  
<http://citc.unt.edu/services-solutions/students>
- UNT Academic Calendar: <http://www.unt.edu/catalogs/2014-15/pdf/calendar.pdf>

### **Course Resources**

- Pharmacology Dictionary: <http://behavenet.com/pharmacology#301>
- Pharmacology Glossary: <http://www.bumc.bu.edu/busm-pm/academics/resources/glossary/>
- Rx List: <http://www.rxlist.com/script/main/hp.asp>
- Medication Guides: <http://www.fda.gov/Drugs/DrugSafety/ucm085729.htm>
- Drug Interaction Checker: [https://www.drugs.com/drug\\_interactions.php](https://www.drugs.com/drug_interactions.php)
- Pill Identifier: [https://www.drugs.com/pill\\_identification.html](https://www.drugs.com/pill_identification.html)



- National Institute on Alcohol Abuse and Alcoholism - <http://www.niaaa.nih.gov/>
- National Institute on Drug Abuse - <http://www.nida.nih.gov/>
- American Society of Addiction Medicine - <http://www.asam.org/>
- PREVLIN: National Clearinghouse - <https://www.tandfonline.com/doi/abs/10.1081/JA-120022716?journalCode=isum20>
- Center for Substance Abuse Treatment (CSAT) - <http://csat.samhsa.gov/>
- Center for Substance Abuse Prevention (CSAP) - <http://prevention.samhsa.gov/>
- Behavioral Health Treatment Services Locator - <https://findtreatment.samhsa.gov/>
- National Center on Addiction & Substance Abuse - <http://www.casacolumbia.org>
- National Assoc. Alcoholism & Drug Abuse Counselors - <http://www.naadac.org/>
- Center on Alcoholism, Substance Abuse, Addictions (CASAA) - <http://casaa.unm.edu/>
- National Inhalant Prevention Coalition - <http://www.inhalants.org/>
- Safe & Drug Free Schools Program - <http://www.ed.gov/offices/OESE/SDFS>
- A.A.'s "Big Book" - <http://www.aa.org/bigbookonline/>
- Alcoholics Anonymous - <http://www.aa.org/>
- Al-Anon Family Groups - <http://www.alanon.alateen.org>
- Rational Recovery - <http://rational.org>
- S.M.A.R.T. Recovery - <http://www.smartrecovery.org>
- Secular Organizations For Sobriety - <http://www.cfiwest.org/sos/index.htm>
- Women For Sobriety - <http://www.womenforsobriety.org>
- Refuge Recovery - <http://www.refugerecovery.org/>
- NIDA Infobox - <http://www.drugabuse.gov/drugs-abuse>