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# Kelly Sevin Wilson, LMFT

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## Education

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**Richmont Graduate University**, May 2012  
Chattanooga, TN  
M.A. Marriage and Family Therapy  
*Specialization: Christian Sex Therapy*

**Concordia University**, May 2007  
Austin, TX  
B.A. Director of Christian Education  
*Specialization: Theology*

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## Professional Experience

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**Assistant Director of Mental Health and Wellness** October 2025-Present  
University of Tennessee

- Provide individual sessions to student-athletes
- Plan and host table events to connect with students and promote mental health
- Create psycho-educational curriculum for Team Wellness Sessions about mental health and wellness
- Collaborate with an interdisciplinary team to support the health and wellness of the student-athletes

**Director of Clinical Therapy** October 2022-September 2025  
Swell Health

- Oversee, coordinate and manage clinical staff including hiring and terminating
- Train clinical staff in therapy techniques, documentation and case management
- Lead treatment team meetings with clinical and additional support staff
- Facilitated individual and couples therapy based in multi-model treatments for co-occurring disorders for clients 18 and older
- Provided EMDR and psychotherapy treatments to clients

**Adjunct Instructor** Spring 2019-Present  
University of North Texas, Denton, TX

- Lecture and maintain teaching material for students in the classroom and online
- Supported student needs and worked together to help them succeed
- Administered assignments and tests
- Submitted support and grades online

**Adjunct Instructor** December 2021-May 2022  
Richmont Graduate University, Chattanooga, TN

- Lecture in the classroom, via Zoom and maintain teaching materials for asynchronous learning
- Support student needs and collaborate on solutions to clients struggles
- Administer assignments and tests
- Submitted support and grades online with experience in CANVAS and CAMS

**Therapist** February 2020-October 2022  
Foundations Counseling, McKinney, TX

- Facilitate individual, marital and family therapy
- Maintain required documentation
- Collaborate with outside care providers to provide collaborate support for clients ages 18

- and older
- Engage in weekly staff meetings
- Maintain schedule and contacting clients

**Program Director, Therapist**

April 2017-February 2020

**Associate Program Director, Therapist**

October 2016-April 2017

Healing Springs Ranch, Tioga, TX

- Oversaw, coordinate and manage program schedule
- Developed and implement psycho-education curriculum for program
- Managed clinical staff, scheduling and group leadership
- Mediated, monitored and facilitated milieu compliance, conflict and interactions
- Trained clinical staff in therapy techniques, documentation and case management
- Oversaw and trained behavioral program technicians and their supervisor
- Led treatment team meetings with clinical and medical staff
- Facilitated individual, family and group therapy based in multi-model treatments for substance abuse and co-occurring disorders
- Developed and co-facilitated monthly family intensive program
- Conducted tours for perspective patients and their families
- Provided EMDR, ETT and psychotherapy treatments to patients

**Primary Therapist**

April 2015-October 2016

Enterhealth Ranch, Van Alstyne, TX

- Facilitated individual, family and group therapy based in multi-model treatments for substance abuse and co-occurring disorders
- Maintained progress notes, assessments and treatment plans
- Contributed to a team of mental health professionals and medical professionals for whole person care and case conceptualization
- Contacted and coordinated with referral sources, legal representation, outpatient care providers and family members for patient care
- Led psycho-educational groups and provided EMDR treatment to patients
- Conducted tours for perspective patients and their families

**Primary Therapist**

Focus Treatment Centers (formerly Focus Healthcare Center), Chattanooga, TN

- **Eating Disorder Unit** May 2013-March 2015
- **Substance Abuse Unit** February 2013-May 2013
- **Counselor, Pro re nata (PRN)** June 2012-February 2013
  - Taught psycho-educational classes with utilization of various media forms
  - Developed and initiated integrated trauma treatment program to both substance abuse unit and eating disordered units
  - Managed case load with patients struggling with substance and behavioral addictions and a variety of co-occurring mood disorders, personality disorders and psychosis
  - Facilitated individual, family and group sessions
  - Maintained clinical progress notes for individual, family and group sessions
  - Developed and maintained referral sources and outpatient care
  - Participated in weekly treatment team meetings with clinical and medical staff

- Co-facilitated monthly family weekend program

----- **Professional Presentations and Speaking Engagements** -----

- University of North Texas, Rehabilitation and Health Services, Speaking on the topic of residential treatment and addictions, Fall 2018; Speaking about Addiction and Trauma, 2016
- University of Tennessee, Undergraduate Studies in Social Work and Mental Health, "Trauma and EMDR", March 2015, October 2016, April 2017
- University of Tennessee at Chattanooga, Undergraduate Studies in Social Work and Mental Health, "Eating Disorders Overview and Treatment", Oct 2013; Nov 2014
- News Channel 9, local affiliate WRCBtv in Chattanooga, TN, "Eating Disorder Awareness and Support": Oct 2013; Dec 11, 2013; Mar 19, 2014
- Southern Adventist University, Graduate Studies in Clinical Mental Health Counseling, "Managing Suicide Risk, Crisis and Disaster, Stress and Burnout." Mar 13, 2014

----- **Specialized Training** -----

Certified Daring Way™ Facilitator, training August 2017.

Emotional Transformation Therapy (ETT) Levels 1-4, Advanced Addiction Training, completed 2017-2018.

Eye Movement Desensitization Reprocessing (EMDR) Trained, Levels 1 and 2, completed 20 hours training and 10 hours post-training consultation.

Level 1 Training Gottman Method Couples Therapy, Summer 2024.