

## Department of Educational Psychology HDFS 1013: Human Development Monday & Wednesday @ 12:30 PM – 1:50 PM in Wooten Hall 216

Instructor: Kelly Berthiaume, Ph.D.Email: kelly.berthiaume@unt.eduOffice: Matthews Hall 304LOffice Hours: Tuesday & Thursday @ 9 – 10:30 AM or by appointment

### **Course Description**

Human Development (3 hours). Introduction to the theories and processes of physical, cognitive, and social development of the individual from conception until death. Suitable for non-majors. Satisfies the Social and Behavioral Sciences requirement of the University Core Curriculum. Prerequisite(s): none

### **Required Textbook**



Santrock, J. W. (2022). A topical approach to life-span development (11th ed.). New York, NY: McGraw-Hill.

\*\* The 10<sup>th</sup> edition (2020) of the book is also fine \*\*

# **Course Learning Objectives**

Student will be able to:

- 1. Identify important physical, cognitive, and social changes throughout the lifespan.
- 2. Understand the major theories guiding research in human development.
- 3. Articulate the impact of sociocultural influences on human development.
- 4. Utilize your newfound knowledge on human development to identify challenges individuals face and develop a plan with suggestions for where they could go to seek assistance.
- 5. Investigate topics of your own interest in the area of child development.
- 6. Apply concepts in the area of development to help you understand your own life history.

**Syllabus Changes:** Except for changes that substantially affect implementation of the evaluation (grading) statement, this syllabus is a guide for the course and is subject to change with advance notice. If a change to the syllabus becomes necessary, students will be notified via announcement in Canvas and an email in the canvas messaging tool. Please check these locations often for important updates.

#### **Class Rules & Guidelines**

Communicating with the Instructor: Connect with me through email and/or by attending office hours. If you need to contact me, please email <a href="mailto:kelly.berthiaume@unt.edu">kelly.berthiaume@unt.edu</a>. I will respond within 24 hours Monday-Friday. I do not check email regularly on the weekends, so messages left late Friday through Sunday will not be received until Monday morning. During busy times, my inbox becomes rather full, so if you contact me and do not receive a response within two business days, please send a follow up email. A gentle nudge is always appreciated.

I am here to help you accomplish your goal of learning and doing well in the course. Please don't hesitate to contact me if you have questions or concerns. Please do not email me with questions that can easily be answered by the syllabus.

- Please include the course name in your subject line (<u>HDFS 1013</u>) and a brief description in the subject line that outlines the topic of discussion or the course name so that I can respond appropriately with information relevant to this course.
- Use your instructor's correct title he or she prefers for communication, in this case, Dr. Berthiaume.
- Sign your email messages using your full name.
- Use correct spelling, grammar, and punctuation, just as you would for any communication.
- Report any inappropriate communication considered to be of a serious nature to your instructor, as it may be a violation of University policy.
- Treat others with respect by making messages clear and succinct.
- Keep emails professional. Do not write an emails with the same tone you would use in a social media post or text message.

**Attendance:** Students are expected to attend all classes regularly and punctually.

Please arrive on time and refrain from leaving before the class has concluded. It is very distracting to your peers and the instructor when you arrive late. Attendance will be essential in order to get the most out of class and obtain content that is not in the text. There will be assignments and exam questions based on class lecture, so attending every day will be in your best interest if you are wanting to do well in this course.

There are "acceptable" (i.e., unforeseeable, out-of-your-control) reasons for missing class or an assignment, including: (a) ill health, (b) jury duty or mandatory court appearances, (c) severe personal circumstances, or (d) religious holidays. In order for the absence to be excused so that you can make-up an exam or assignment, you have to provide <u>verifiable documentation</u>.

Absences in observance of religious holidays are authorized only if you <u>have notified your instructor in writing within the first 2 weeks of the semester</u> per university policy. If the absence is due to a medical/health-related concern, you must <u>provide a note from a doctor or medical institution confirming you were sick.</u>

Students are expected to participate in class discussions and activities. Students are expected to keep up with the readings and participate in class. This course is largely based on discussion in class. Students can best be prepared for this by reading the assigned chapters in the textbook before coming to class.

Students are expected to check in on Canvas daily. In addition to the readings listed in the syllabus, there may be supplemental readings assigned that will be posted on Canvas. If you do not regularly check Canvas, you will miss important information such as handouts and announcements.

If you no longer wish to be in the class, YOU have to drop the class via the UNT portal or by contacting the Registrar's Office for guidance. The instructor does not drop or withdraw students from the course.

Attendance will be taken every day using iClicker: https://digitalstrategy.unt.edu/clear/approved\_and\_supported\_technologies/iclicker.html

**Submission of Assignments:** All assignments will be submitted via Canvas. Assignments should be submitted prior to the due date to avoid any technical issues that may arise. Employment, time management, and computer problems are examples of excuses that are not valid.

Assignments should be saved as .DOC or .DOCX files for access. Please do not submit assignments via email

Late Work & Makeup Policy: Any work submitted after the due date will receive a 5% deduction from your grade for <u>each day late</u>, with the exception of special circumstances outlined in the attendance policy: (a) ill health, (b) jury duty or mandatory court appearances, (c) severe personal circumstances, or (d) religious holidays. Problems with your internet connection, computer or outside influences such as work or family responsibilities are not considered "unforeseen". Please be aware of due dates, and plan ahead. If you miss an exam or assignment for one of the reasons described above you must contact the instructor within two (2) business days from the time the exam or assignment was due. It is the student's responsibility to notify the instructor of the excused absence and then schedule a make-up exam with the instructor no later than one week from the original date of the exam. It is <u>YOUR</u> responsibility to communicate with the instructor about make-up work. Make-up exams differ from the original exams at the instructor's discretion.

No other makeup work or extra credit is available in this course. Once an assignment has been graded, no further revisions or submissions will be accepted.

**Grading Policy:** Success in this course is 100% in your control! Students who attend class, read the text, check for messages [in Canvas and email] daily, and complete all assignments (including the reading requirements) will do well in this course. Do not wait until the end of the semester to earn the grade you want, start from the beginning!

**Posting of Grades/Privacy Policy:** You can see your assignment grades on Canvas as they are posted throughout the semester. Grades for assignments will be available within two weeks of the due date for the assignment. If you have any questions about your grade, you may contact me via email.

**Feedback on Assignments/Grades:** I am here to help you learn, to provide clear instruction and help you have all the resources you need to do well. I will gladly provide feedback on assignments prior to submission. If you would like pre-submission feedback, you must visit during office hours or schedule a meeting with me anytime 24 hours prior to the due date. Grading and feedback will be available in Canvas. Reviewing feedback on assignments will help you to improve on future course assignments.

**Grading Questions:** Your grade is your responsibility. Grades are EARNED by you, not arbitrarily handed out by me. I will not respond to emails requesting grade changes. If you believe a mistake was made, or you would like to better understand the grading of a specific assignment, you must meet within one week of the grade being posted to schedule a time to discuss your concerns. I will not review grades retroactively at the end of the semester. I am not responsible for emails not being received or for assignments that are not submitted successfully. It is your responsibility to follow-up within the one-week time frame if you wish to schedule a time to discuss a particular grade. If you find you are having difficulty in this course, I encourage you to come and see me or arrange a meeting. It is to your benefit to do this as early in the semester as

possible. Although extra credit work is not available, I can offer suggestions on studying and direct you to resources available for students.

A Grade of Incomplete: A status of incomplete is rarely granted. To receive an incomplete, a student must have an extenuating circumstance, be up-to-date on their coursework, and have a grade of "A" in the class at the time the request for an incomplete is made. To request an incomplete a student must reflectively determine if they meet the criteria previously stated. If the student determines they meet the criteria it is his or her responsibility to write the instructor with a detailed reason and need for an incomplete in the class. The instructor will determine if the student's need is extenuating, if the student is up-to-date in their coursework and if they have a current grade of "A" in the class. If these criteria have not been met, the instructor will decline the request.

Please ask for assistance in a timely manner (i.e., not an hour before an assignment is due). I am here to help you....just reach out!

**Academic Integrity:** It is the responsibility of each student to be familiar with UNT's Policy on Academic Integrity. Plagiarism, copying, cheating, or giving assistance to other students during examinations is a violation of academic integrity. Cases of suspected cheating or plagiarism will be reported to the Dean of Students office. Any and all work submitted in order to meet the requirements of this course must be originally created for this course. You may not turn in anything submitted for another course and/or section of this course you have previously taken.

University Policy 06.003 states, "UNT promotes the integrity of learning processed and embraces the core values of trust and honesty. Academic integrity is based on educational principles and procedures that protect the rights of all participants in the educational process and validate the legitimacy of degrees awarded by the university. In the investigation and resolution of allegations of student academic dishonesty, the university's actions are intended to be corrective, educationally sound, fundamentally fair, and based on reliable evidence." Here is the link to additional information on this policy: <a href="https://policy.unt.edu/sites/default/files/06.003.pdf">https://policy.unt.edu/sites/default/files/06.003.pdf</a>

For more information on what constitutes plagiarism, as well as tips on citing your resources, visit <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5122250/">www.ncbi.nlm.nih.gov/pmc/articles/PMC5122250/</a>

\*\*If you require clarification on what counts as academic dishonesty, it is your responsibility to ask the instructor of the course. Ignorance is not an excuse for academic dishonesty.

**Artificial Intelligence:** Understanding how artificial intelligence (e.g., Grammarly, ChatGPT) works is important for your educational journey and future occupational success. However, the assignments in this class are meant to challenge you, to inspire critical and creative thinking, and to produce original work. As a result, you need to use AI responsibly. I have provided guidelines/tips below for how to do that; failure to follow these will result in the filing of a report of academic misconduct to the Dean of Students' Office.

1. While students are encouraged to utilize AI tools for studying, homework, and researching, any work submitted must reflect the student's own understanding and knowledge. Students should not represent AI-generated content as their own original work. All submitted work should be a result of the student's own intellectual efforts. Do not submit AI-created essays or solutions to problems. Warning: Generative AI programs often produce text that is plagiarized and/or

interpreted incorrectly. When reading AI generated content, make sure that you still consider that information through a critical lens.

2. Students should not allow other students to copy or use work that was generated with the help of AI technology/ programs. Sharing AI-generated answers or enabling others to pass off AI generated work as solely their own is also academic misconduct.

**Technology Use (in the classroom):** Using electronic recording or any other communications devices (such as MP3 players, cell phones, pagers, recording devices, etc.) in the classroom to record lectures or take notes via artificial intelligence software without the explicit permission of the instructor is strictly prohibited. If you are caught doing so, you will be asked to leave the classroom and will not be granted points for any assignments or exams that are associated with that day. Exceptions will be made for students that have a note from the Office of Disability Access and consult with the instructor ahead of time. If this policy is violated by more than one student, the use of computers and phones will be prohibited in the classroom altogether.

**Netiquette (online):** The same guidelines that apply to traditional classes should be observed in the virtual classroom environment (including your discussion posts and replies on Canvas). Please use proper netiquette (<a href="https://clear.unt.edu/online-communication-tips">https://clear.unt.edu/online-communication-tips</a>) when interacting with class members and your instructor. Students engaging in unacceptable behavior may be referred to the Center for Student Rights and Responsibilities to consider whether the student's conduct violated the Code of Student Conduct. UNT's expectations for student conduct apply to all instructional forums, including electronic classroom, labs, discussion groups, etc. The Code of Student Conduct can be found at: <a href="https://policy.unt.edu/policy/07-012#">https://policy.unt.edu/policy/07-012#</a>

**Academic Accommodations:** The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking accommodation must first register with the Office of Disability Access (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with an accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request accommodations at any time; however, ODA notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Students must obtain a new letter of accommodation for every semester and must meet with each faculty member prior to implementation in each class. For additional information go to the Office of Disability Access website (<a href="http://disability.unt.edu">http://disability.unt.edu</a>) or contact them by phone (940) 565-4323.

Emergency Notification and Procedures: UNT uses a system called Eagle Alert to quickly notify you with critical information in the event of an emergency (i.e., severe weather, campus closing, and health and public safety emergencies like chemical spills, fires, or violence). The system sends voice messages (and text messages upon permission) to the phones of all active faculty staff, and students. Please make certain to update your phone numbers at <a href="http://www.my.unt.edu.">http://www.my.unt.edu.</a> Some helpful emergency preparedness actions include (1) knowing the evacuation routes and severe weather shelter areas in the buildings where your classes are held, (2) determining how you will contact family and friends if phones are temporarily unavailable, and (3) identifying where you will go if you need to evacuate the Denton area suddenly. In the event of a university closure, please refer to Canvas for contingency plans for covering course materials.

**Retention of Student Records:** Student records pertaining to this course are maintained in a secure location by the instructor of record. All records such as exams, answer sheets (with keys), and written

papers submitted during the duration of the course are kept for at least one calendar year after course completion. Course work completed via the Canvas online system, including grading information and comments, is also stored in a safe electronic environment for one year. You have a right to view your individual record; however, information about your records will not be divulged to other individuals without the proper written consent. You are encouraged to review the Public Information Policy and the Family Educational Rights and Privacy Act (FERPA) laws and the university's policy in accordance with those mandates at the following link: <a href="http://essc.unt.edu/registrar/ferpa.html">http://essc.unt.edu/registrar/ferpa.html</a>

**Grade Disputes:** If you have a grade-related concern, you are encouraged to contact the instructor. Students must submit a typed request explaining the rationale for any grade change. Students must dispute their grade within five (5) business days of receiving the grade (i.e., it being posted) or the instructor will not consider the dispute. Decisions regarding grade disputes are made at the discretion of the instructor.

**Additional Information on Meeting Basic Needs:** Any student who has difficulty affording groceries or accessing sufficient food to eat every day, or who lacks a safe and stable place to live and believes this may affect their performance in the course, is urged to contact the Dean of Students for support. Furthermore, please notify me if you are comfortable doing so. This will enable me to provide any resources that I may possess. Information on the UNT food pantry can be found at <a href="http://deanofstudents.unt.edu/resources/food-pantry">http://deanofstudents.unt.edu/resources/food-pantry</a>

How to contact Dean of Students Office: University Union, Suite 409 (940) 565-2648 | deanofstudents@unt.edu

## **Course Structure**

**Evaluation**: This is a point-based grading system. Grades will be decided based on points accumulated from the above assignments. (This is all tracked in the gradebook on Canvas).

**Grading Scale:** A = 90-100%; B = 80-89%; C = 70-79%; D = 60-69%; F = Below 60%

The final grade students receive in this class will be based upon the following:

Grade Component	Points	%		
Assessments				
Short Quizzes (5 x 60 pts = 300)	300	30		
Participation				
Discussion Board (4 x 60 pts = 240)	240	24		
Classroom Activities (7 x 25 pts = 175)	175	17.5		
Core Assignments				
1: Research Methods & Design Quiz	75	7.5		
2A: Worksheet	50	5		
Core Assignment 2B: Paper	150	15		
Total	1000	100		

<sup>\*</sup>This is an approximation. The number of assignments and points may vary slightly and are subject to change. If changes are made you will be informed, and it will be reflected on Canvas. The grading scale will not change (A-F)\*.

**Quizzes:** These are short quizzes on Canvas after each section of the course, each section is outlined below. Students will be given five (5) during the semester. Each will consist of 15 multiple-choice, fill in the blank, short answer or true/false type questions. The quizzes will be based on material from: (a) the readings, (b) supplemental material provided in the lectures, and (c) participation activities. Each quiz is time-limited: you will have 240 minutes to take the quiz. *The quiz will open on Canvas at 8 AM on the Monday noted on the calendar, and it will close at 11:59 PM the following Sunday.* You need to plan your time accordingly.

Section 1: Chapters 1 to 3
Section 2: Chapters 4 to 6
Section 3: Chapters 7 to 9
Section 4: Chapters 10 to 12
Section 5: Chapters 13, 14, & 17

**Research Design and Methods Quiz:** The scientific study of growth and change across the lifespan has yielded findings based on decades of research. In order to better understand these research findings, it is also important that you comprehend basic aspects of research methodology employed by science. These topics are addressed directly in chapter 1 of the textbook and reappear throughout the course. This assignment is designed to improve your understanding of the scientific method generally as well as aspects of research design and methods that are more specifically utilized in developmental research.

**Case Study Core Assignment:** Knowledge of human growth and development provides us with valuable information that can help us meet the needs of others in varied contexts (e.g., personal, professional). In this assignment, you are tasked with (1) applying five (5) human development concepts to your life and (2) providing two (2) suggestions for improving the cognitive, socioemotional, and/or physical development of a friend or family member. The instructions and rubric for both parts of this assignment are posted on Canvas.

**Discussions:** Four (4) discussion board topics will be assigned throughout the semester and specific questions and directions for each discussion board assignment will be posted under the "Discussions" tab. For each discussion board assignment, you will first post your response to the specific assignment questions and then respond to at least two classmates' postings. To allow your classmates ample time to read and reply to discussion board postings, initial responses must be posted by Friday at 11:59 pm and replies must be posted by the following Sunday at 11:59 pm. Since late submissions will not be accepted, do not wait until the last minute to submit your postings in case you have any questions or issues with technology. The discussion climate must be civil, sensitive, and mutually respectful.

**In-Class Activities (175 points):** Throughout the semester, 8 in-class assignments (25 points each) will be given as a way to engage students in classroom learning and serve as a proxy for attendance. Your top 7 grades will be counted (7 x 25 = 175 points). These may take the form of practice questions preparing you for a test, personal reflections, or other activities. During class, you will be instructed to submit in-class assignments in class or online via Canvas.

#### **Additional Notes:**

1. **Writing Quality:** I recommend you compose your response in a word processing program before submitting it on Canvas so that you can check for writing errors. Writing assignments constitute a significant portion of your grade, I also encourage you to seek out assistance from the Writing Center: https://writingcenter.unt.edu/

2. **Canvas:** We will be using Canvas in this course. Your grades, the syllabus, course announcements, and assignment rubrics will all be posted on our Canvas page. As a student, it is your responsibility to check Canvas frequently for course updates.

#### **COURSE CALENDAR**

	Week	Topic(s)	Assignments Due	Reading	
1	8/18 - 8/24	Introduction to Human Development and Philosophy of Science	Syllabus Acknowledgment due 8/24	Ch 1	
2	8/25 – 8/31	Introduction Continued and Biological Beginnings.	Discussion Board #1 Initial Post due Friday 8/29 Response Posts due Sunday 8/31	Ch 2	
3	9/1 – 9/7	Biological Beginnings Continued [Class Canceled on Monday for Holiday]	Research Design Assignment (due Friday 9/5)		
4	9/8 – 9/14	Physical Development & Biological Aging	Quiz #1 on Chapters 1 – 3 (open on Monday 9/8 due Sunday 9/14)	Ch 3	
5	9/15 – 9/21	Health	Discussion Board #2 Initial Post due Friday 9/19 Response Posts due Sunday 9/21	Ch 4	
6	9/22 – 9/28	Motor, Sensory, & Perceptual Development		Ch 5	
7	9/29 – 10/5	Cognitive Development	Quiz #2 on Chapters 4 – 6 (open on Monday 9/29 due Sunday 10/5)	Ch 6	
8	10/6 – 10/12	Information Processing	Discussion Board #3 Initial Post due Friday 10/10 Response Posts due Sunday 10/12	Ch 7	
9	10/13 - 10/19	Intelligence	Case Study Worksheet 2A (due Friday 10/17)	Ch 8	
10	10/20 – 10/26	Language Development	Quiz #3 on Chapters 7 – 9 (open on Monday 10/20 due Sunday 10/26)	Ch 9	
11	10/27 – 11/2	Emotional Development & Attachment		Ch 10	
12	11/3 - 11/9	The Self, Identity, & Personality Gender & Sexuality	Discussion Board #4 Initial Post due Friday 11/7 Response Posts due Sunday 11/9	Ch 11 Ch 12	
13	11/10 - 11/16	Moral Development, Values, & Religion		Ch 13	
14	11/17 - 11/23	Moral Development Continued; Families, Lifestyles, & Parenting	Quiz #4 on Chapters 10 – 12 (open on Monday 11/17 due Sunday 11/23)	Ch 14	
	11/24 – 11/30	[Thanksgiving Holiday]			
15	12/1 – 12/7	Death, Dying, & Grieving	Case Study Paper 2B (due Friday 12/5)	Ch 17	
	Finals Week  Final Quiz (#5) is TBD (https://registrar.unt.edu/exams/final-exam-schedule/fall.html)  The final exam will cover chapters 13 – 14, 17				

<sup>\*</sup>This schedule is subject to change, as needed, to adapt to unanticipated events. Updates will remain focused on achieving the course objectives and students will be notified of changes via Canvas Announcements.