**University of North Texas**

**College of Education**

**Kinesiology, Health Promotion, and Recreation**

**Summer 2024**

**(May 20 – June 21)**

**Course Number: KINE 3090 – 001**

**Course Title: Motor Behavior**

**Credit Hours: 3 units**

**Class: In- Person by appointment**

**Meeting Room: GATEWAY 131**

**Meeting time: 10:00 – 11:50 am MTWR**

**Instructor name:** Dr.Jerraco L. Johnson, PhD (he/him/his)

**Office location:** PEB- 210R

**Office hours:** Office hours will be available by appointment only. Please email me in advance, and I will make sure we get a meeting set up!

**Email:** [Jerraco.Johnson@unt.edu](mailto:Jerraco.Johnson@unt.edu)

**Communication Expectations:** Preferred communication is via email. Please send any questions, comments or concerns to me at the email above. Please allow me 24 business hours to respond to emails excluding the weekends. Weekend emails are generally answered on Monday.

**Email etiquette:** Use of Email

1. The only email address to be used for the class is your official UNT email address. Please check

it frequently. I will use Canvas for announcements and email for emergencies.

2. The instructor’s e-mail address is jerraco.johnson@unt.edu and that is the communication

avenue you should use.

3. It is recommended that you put “KINE 3090 [and whatever else is appropriate]” in the

subject line of your e-mail communication so that the instructor is aware that this is

communication about KINE 3090. Please make sure that your name is on the email

somewhere.

**Teaching Assistant:** Ana West; Ana.West@unt.edu

**Welcome to UNT!!**

As members of the UNT community, we have all made a commitment to be part of an institution that respects and values the identities of the students and employees with whom we interact. UNT does not tolerate identity-based discrimination, harassment, and retaliation. UNT’s full Non-Discrimination Policy can be found in the UNT Policies section of the syllabus.

**Prerequisites:** PHED 1000, KINE 2030, KINE 2050, and KINE 3080 with a minimum average GPA of a 3.0   
across the four courses.

**Textbook – Required** Magill, R & Anderson, D (2021). *Motor Learning and Control (*12th Edition)

**Course Description:** Concepts related to motor skill acquisition, motor control and motor performance.

**Course Objective:**

Motor learning and performance provides an examination of the motor and cognitive   
characteristics of individuals involved in learning or performing motor skills and the conditions that can influence learning. Instruction will focus on learning the processes underlying skilled performance, how skilled performances are learned, and how to apply the principles of skilled performance and learning to instructional settings. An understanding of the basic psychological processes involved in learning and control of movement will help professionals provide better instruction and practice conditions for the performer

**Class Materials on Canvas:** Everything you need for the class including class notes, assignment guidelines, and powerpoints will be provided on the Canvas website. Powerpoints will be uploaded by at least the day of class.

**🗣 Dr. Johnson’s Mean Green Guidelines**

* Final grades will be rounded up based on the nearest 0.51 percentage points (e.g., 79.56% = B; 79.49% = C). This is non-negotiable.
* Late work will not be accepted unless extenuating circumstances exist. If something arises, please contact me *in advance* of the due date and we can arrange something.
* I may offer extra credit during the semester to the whole class; I will not offer extra credit opportunities to an individual person, this would not be fair to your classmates, so please don’t ask.
* Remember, you earn your grade, I don’t give you a grade. Do the work, interact with me and your classmates, and you should be successful in this class. I am always an email or Zoom call away and happy to help you succeed in this class. This class should be FUN ☺
* “A lack of preparation on your part does **NOT** constitute an emergency on my part”

**Course Expectations:**

1. **Attendance is mandatory:** The best way to be successful begins with coming to class and being on time everyday. Daily participation in the lecture is expected and integral to the student’s success in learning this content.
2. **Out of class preparation:** This course contains a large amount of content. Mastery of the material will require you to keep up with your readings, make notes, and study early and often. This is not a course where you will be successful if you cram everything into the weekend prior to the exam. Students are expected to read the assigned reading prior to each lecture. Lectures WILL NOT REVIEW THE CHAPTER but will provide additional context and content and make linkages between different parts of the course materials. Keep up with course materials.
3. **In class active not taking:** All PowerPoint presentations for the lecture material will be posted to the Canvas website. To be successful in this class you will need to do more than passively listen to the lecture. It is my expectation you have access to the class power point and that you take detailed notes while also identifying questions for anything you do not understand. Neuroscience of learning shows that when students retype their notes after the lecture their learning is much deeper. These notes will also be valuable for your timed online exams.
4. If you have special learning needs, please inform the instructor immediately. We MUST meet to discuss and document accommodations.
5. If at any point during the semester you are unhappy with your performance in this class, please contact the instructor **immediately**.
6. **Academic dishonesty** will not be tolerated (i.e., copying, plagiarism, cheating) and will result in a failing grade for the semester.

* *Please Note:* There are websites available where it is possible to upload questions and/or assignments/quizzes to get help (e.g., Chegg, Coursehero, Quizlet etc…) – ***DO NOT use these***. First, this is cheating, someone else is doing your work. Secondly, that someone else is not guaranteed to give you the correct answers. I have seen my materials posted on these sites, and the answers are incorrect. Don’t risk it. Please contact me or a TA if you are having trouble understanding how to do an assignment, even if it is last minute! Turning in an assignment a little late for a small penalty is much better than receiving a zero, or worse, failing the class.

**Technical Support**

Student Helpdesk:

UIT Helpdesk

Sage Hall 130

940-565-2324

helpdesk@unt.edu

**Minimum Technology Requirements**

Minimum technology requirements include:

* Computer
* Reliable internet access
* Speakers
* Microphone
* Plug-ins
* **Microsoft Office Suite**
  + All assignments will be submitted as a Microsoft Word document. Microsoft Office 365 is provided free to you from the university and instructions for installation can be found here: <https://it.unt.edu/installoffice365>. **Assignments submitted/uploaded as a document other than Word will not be graded and receive a grade of 0.** Please let me know if you have questions about this policy.
* Canvas Technical Requirements (https://clear.unt.edu/supported-technologies/canvas/requirements)

**Computer Skills & Digital Literacy**

Course-specific technical skills learners must have to succeed in the course include:

* Using Canvas
* Using email with attachments
* Downloading and installing software
* Using spreadsheet programs
* Using presentation and graphics programs

**Technical Assistance**

Part of working in the online environment involves dealing with the inconveniences and frustration that can arise when technology breaks down or does not perform as expected. Here at UNT we have a Student Help Desk that you can contact for help with Canvas or other technology issues.

UIT Help Desk: UIT Student Help Desk site (http://www.unt.edu/helpdesk/index.htm)

Email: helpdesk@unt.edu

Phone: 940-565-2324

In Person: Sage Hall, Room 130

Walk-In Availability: 8am-9pm

Telephone Availability:

* Sunday: noon-midnight
* Monday-Thursday: 8am-midnight
* Friday: 8am-8pm
* Saturday: 9am-5pm

Laptop Checkout: 8am-7pm

For additional support, visit Canvas Technical Help (https://community.canvaslms.com/docs/DOC-10554-4212710328)

**Course Evaluation and Assignments:**

Final grades will be determined based on the total number of points that you accumulate during the semester. Final letter grades will be determined using the grading scale provided below:

|  |  |
| --- | --- |
| **Component** | **% Final Grade** |
| Attendance/Exit Tickets | 10% |
| Quizzes | 10% |
| Group article presentation | 15% |
| Newell’s model assignment | 10% |
| Reaction time assignment | 10% |
| Exam 1 | 15% |
| Exam 2 | 15% |
| Exam 3 | 15% |
| **Total** | **100%** |

**Grading Scale**

|  |  |
| --- | --- |
| **FINAL GRADE** | **Calculated Percentage** |
| **A** | 89.51% - 100% |
| **B** | 79.51% - 89.50% |
| **C** | 69.51% - 79.50% |
| **D** | 59.51% - 69.50% |
| **F** | < 59.50% |

Students will not be allowed to take an incomplete in this course due to poor planning on their part. If you find you do have a legitimate reason for an incomplete, please talk with me as soon as possible to discuss the situation and to identify the documentation that will be required to support your request. Please consult the UNT catalog to review conditions under which an incomplete may be granted.

**1. Attendance (10%):** Attendance is mandatory. Please be reminded that this is a 5 week course and the pace for this class will be very intense. We are covering an entire semester of material in less class meeting days. You will be allowed ONE unexcused absence that will not impact your grade. All other absences must be accompanied by a University accepted excuse. Attendance will be taken using a sign in sheet for class each day. It is your responsibility to make sure you sign it each day.

Exit Tickets: 10 points each: In random classes there will be an exit ticket that will be completed with your assigned group. You MUST be present to receive credit, any classmate that writes a name down for an absent student will receive a zero. These will be unannounced and cannot be made-up if missed.

**2. Quizzes (10%):**

There will be several chapter quizzes in this course. The chapter quiz questions will be based on material in the textbook and online lectures. It is your responsibility to read the chapters and take the quizzes by the due date(s). Quizzes will NOT be reopened, unless there are serious extenuating circumstances. I will not remind you nor will I review all chapter material. Reading the chapters will prepare you sufficiently for the quizzes. The average of the other quizzes will be used to compute your quiz final grade. Quizzes will be timed and will either be in class (beginning or end) or delivered online via canvas. Quizzes should be taken individually and without the help of other students. Quizzes may also be announced or unannounced.

**Any students found in violation of the Academic Honesty Code, including completing the quizzes with the assistance of another student (e.g., copying another student’s quiz or receiving help during a quiz will be forwarded to the Academic Honesty Committee.**

*If technical difficulties arise while completing the quiz, email the instructor* ***immediately.*** *Take a screen shot or photo to document your technical issue.*

*It is highly advised NOT to take the quizzes on your phone or tablet because if you encounter any technical difficulties your course instructor cannot resolve the issue without the help of OIT/Canvas support.*

**3. Group article presentation (15%):**

Your group will find two articles related to motor behavior. Your group presentation must include topics/terms related specifically to motor behavior; these topics can be found in our textbook as well as PowerPoint slides. This group PowerPoint will be presented in class on the assigned day. You must include clear details about the article(s), the article must be no older than 2014 and must be peer reviewed. ALL group members must be present or the individual absent will not receive credit for this project. Length ~ 15 minutes.

**4. Newell’s Constraint model (10%):**

You will develop a PowerPoint that will describe Newell’s Model of constraints and how these constraints have impacted your life. You must include the individual (you), the environment and the task in the following areas:

• Across your life span, as we change with growth (at least three are required)

• Was the constraint positive or negative

• Inherited

• Provide thoughtful detail of how these constraints shaped your life

• How did you handle the constraint (overcome, use to your advantage)

• Any other information you find important to address regarding the constraint(s) in your life.

You will present your PowerPoint on an presentation day. Your PowerPoint should include photos, data and be rich in detail. Your presentation will last ~ 5 minutes. These will also be uploaded into canvas.

**5. Data collection and reaction time assignment (10%):**

Throughout the semester, students will engage in the same reaction time activity, collect data, and at the end of the semester compile the data to report their findings. This should include a report of what reaction time is, why it is important, your personal findings to your reaction time activity, did you improve, worsen, stay the same or have varied results? Indicate why and how collecting this data can help you, and others you may work with in the future.

**6. Exams (15% each):**

There will be three exams for this course that will include a variety of questions including multiple choice, True/false, matching, fill in the blank, etc. **The exams will be administered according to the course schedule below.**

**The culture of the classroom:**

*We’re all in this together. As your instructor, I will strive to:*

* Be prepared
* Give fair exams and grade in a fair and consistent manner
* Be accessible to students outside of class
* Be understanding and helpful when students are uncertain of the material
* Be open to questions
* Convey a sense of priority, i.e., identify important material
* Give ample time to complete assignments and remind students of due dates.
* Respect each student’s opinions, priorities, strengths and weaknesses.

*In return, I ask that you as the students to:*

* Communicate in a professional and responsible fashion, informing me in the event of absences.
* Be a cooperative and engaged member of our classroom
* Constructively participate in all classroom activities
* Arrive on time.
* NO PHONES and other devices unless you are using your laptop for class.
* No electronic devices may be used during exams
* Refrain from activities that disengage you from the class or distract others. This includes using

electronic devices for text-messaging, reading, browsing, etc. and chatting with neighbors in a way

that distracts others in the class.

* Inform me before class if you need to leave class early or if you need to be prepared for emergency

communication.

**Tentative Course Schedule\*\***

**\*\* Please note that dates and deadlines may change\*\***

|  |  |  |  |
| --- | --- | --- | --- |
| **Date(s)** | **Topic** | **Readings/Videos** | **Assignment Due** |
| 5/20 | Introduction to the course  Review syllabus  Develop teams and getting to know you  Chapter 1: Classification of Motor Skills | Readings:  Chapter 1: Classification of Motor Skills  View Gentiles Taxonomy  Videos:  Open Skill YouTube | In-class activity  Get your text book! |
| 5/21 | Chapter 2 The measurement of Motor Performance  Introduce Reaction time assignment. | Chapter 2: The measurement of Motor Performance  Video  Chapter 2 PPT | Quiz 1 due by 11:59 pm. |
| 5/22 | Chapter 3: Motor Abilities  Introduce constraints assignment and  RT Data collection  presentation sign ups | Chapter 3: Motor Abilities  Video  Chapter 3 PPT | Quiz 2 due by 11:59 pm. |
| 5/23 | Chapter 5: Motor Control Theories  RT Data collection | Chapter 5 PPT |  |
| 5/27 | No class |  | Memorial Day |
| 5/28 | Exam one | Chapters 1,2,3,5 | OPEN 8 AM TO 11:59PM  due online by 11:59 pm |
| 5/29 | Chapter 9  RT Data collection | Chapter 9: Attention as a Limited Capacity Resource  Chapter 9 PPT  Article: <https://qz.com/997679/open-minded-people-have-a-different-visual-perception-of-reality/>  <https://journals.sagepub.com/eprint/X3YFTHTVIDZTHKETQDTS/full> |  |
| 5/30 | Chapter 10: Memory Components, Forgetting, and Strategies  RT Data collection | Chapter 10: Memory Components, Forgetting, and Strategies  Chapter 10 PPT | Quiz 3 due by 11:59 pm |
| 6/3 | Out of Class Assignments | Article presentation preparation  Constraints presentation preparation | Groups will meet **outside** of class to complete and finalize their presentations  Will upload proof of group meeting to canvas  Group presentation due on canvas by 11:59 pm. |
| 6/4 | Article presentations | Group Presentations in class | Groups 2,4,6,8 |
| 6/5 | Article presentations | Group Presentations in class | Groups 1,3,5,7,9 |
| 6/6 | NO CLASS MEETING | Constraint presentations recorded and uploaded to canvas | Constraints presentation due on canvas by 11:59 pm. |
| 6/10 | Chapter 11: Defining and Assessing Learning  RT Data collection | Chapter 11: Defining and Assessing Learning  Video  Chapter 11 PPT |  |
| 6/11 | Chapter 12: The Stages of Learning  RT Data collection | Chapter 12: The Stages of Learning  Video  Chapter 12 PPT | Quiz 4 due by 11:59 pm |
| 6/12 | Exam 2 | Chapters 9,10,11,12 | due online by 11:59 pm  OPEN 8 AM TO 11:59PM |
| 6/13 | Chapter 13: Transfer of Learning  RT Data collection | Chapter 13 Transfer of learning  Video  Chapter 13 PPT |  |
| 6/17 | Chapter 15: Augmented Feedback  RT Data collection | Review: Chapter 15: Augmented Feedback  Video  Chapter 15 PPT | Quiz 5 due by 11:59 pm |
| 6/18 | Chapter 16: Practice Organization-Practice Variability and Specificity  Chapter 17: The Amount and Distribution of Practice  RT Data collection | Chapter 16: Practice Organization-Practice Variability and Specificity  Video  Chapter 16 PPT  Chapter 17: The Amount and Distribution of Practice  Chapter 17 PPT | Quiz 6 due by 11:59 pm |
| 6/19 | No class |  | Happy Juneteenth! |
| 6/20 | Chapter 18: Practice Organization-Whole and Part Practice  RT Data collection | Chapter 18: Practice Organization-Whole and Part Practice  Chapter 18 PPT | Quiz 7 due by 11:59 pm |
| 6/21 | FINAL exam | Chapters 13,15,16,17,18 | OPENS at 8 am DUE BY 11:59 P.M.  NO EXCEPTIONS  Reaction time Assignment Due by 11:59 P.M. |

**Note:** The following information is designed to help the class run smoothly. **The instructor reserves the right to make additions and adjustments as necessary**. Some of the writings, lectures, films, or presentations in this course may include material that conflicts with the core beliefs of some students.  Please review the syllabus carefully to see if the course is one that you are committed to taking.  If you have a concern, please discuss it with me at your earliest convenience.

**SPOT (Student Perceptions of Teaching):**

The Student Perceptions of Teaching (SPOT) is a requirement for all organized classes at UNT.

This short survey will be made available to you at the end of the semester, providing you a

chance to comment on how this class is taught. I am very interested in the feedback I get from

students, as I work to continually improve my teaching. I consider the SPOT to be an important

part of your participation in this class. Completion of the SPOT evaluation will add 5 points to

your final grade. To receive credit for the SPOT evaluation, please complete the evaluation and

submit a screen print of your receipt to the appropriate place on blackboard.

**UNT Policies**

**Academic Integrity Policy**

Academic Integrity Standards and Consequences. According to UNT Policy 06.003, Student Academic Integrity, academic dishonesty occurs when students engage in behaviors including, but not limited to cheating, fabrication, facilitating academic dishonesty, forgery, plagiarism, and sabotage. A finding of academic dishonesty may result in a range of academic penalties or sanctions ranging from admonition to expulsion from the University.

**ADA Policy**

UNT makes reasonable academic accommodation for students with disabilities. Students seeking accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is verified, the ODA will provide a student with an accommodation letter to be delivered to faculty to begin a private discussion regarding one’s specific course needs. Students may request accommodations at any time, however, ODA notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet with each faculty member prior to implementation in each class. For additional information see the ODA website (https://disability.unt.edu/).

Prohibition of Discrimination, Harassment, and Retaliation (Policy 16.004)

The University of North Texas (UNT) prohibits discrimination and harassment because of race, color, national origin, religion, sex, sexual orientation, gender identity, gender expression, age, disability, genetic information, veteran status, or any other characteristic protected under applicable federal or state law in its application and admission processes; educational programs and activities; employment policies, procedures, and processes; and university facilities. The University takes active measures to prevent such conduct and investigates and takes remedial action when appropriate.

**Emergency Notification & Procedures**

UNT uses a system called Eagle Alert to quickly notify students with critical information in the event of an emergency (i.e., severe weather, campus closing, and health and public safety emergencies like chemical spills, fires, or violence). In the event of a university closure, please refer to Canvas for contingency plans for covering course materials.

**Retention of Student Records**

Student records pertaining to this course are maintained in a secure location by the instructor of record. All records such as exams, answer sheets (with keys), and written papers submitted during the duration of the course are kept for at least one calendar year after course completion. Course work completed via the Canvas online system, including grading information and comments, is also stored in a safe electronic environment for one year. Students have the right to view their individual record; however, information about student’s records will not be divulged to other individuals without proper written consent. Students are encouraged to review the Public Information Policy and the Family Educational Rights and Privacy Act (FERPA) laws and the University’s policy. See UNT Policy 10.10, Records Management and Retention for additional information.

**Acceptable Student Behavior**

Student behavior that interferes with an instructor’s ability to conduct a class or other students' opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Dean of Students to consider whether the student's conduct violated the Code of Student Conduct. The University's expectations for student conduct apply to all instructional forums, including University and electronic classroom, labs, discussion groups, field trips, etc. Visit UNT’s Code of Student Conduct (https://deanofstudents.unt.edu/conduct) to learn more.

**Access to Information - Eagle Connect**

Students’ access point for business and academic services at UNT is located at: my.unt.edu. All official communication from the University will be delivered to a student’s Eagle Connect account. For more information, please visit the website that explains Eagle Connect and how to forward e-mail Eagle Connect (https://it.unt.edu/eagleconnect).

**Student Evaluation Administration Dates**

Student feedback is important and an essential part of participation in this course. The student evaluation of instruction is a requirement for all organized classes at UNT. The survey will be made available during weeks 13, 14 and 15 [insert administration dates] of the long semesters to provide students with an opportunity to evaluate how this course is taught. Students will receive an email from "UNT SPOT Course Evaluations via IASystem Notification" (no-reply@iasystem.org) with the survey link. Students should look for the email in their UNT email inbox. Simply click on the link and complete the survey. Once students complete the survey they will receive a confirmation email that the survey has been submitted. For additional information, please visit the SPOT website (http://spot.unt.edu/) or email spot@unt.edu.

**Sexual Assault Prevention**

UNT is committed to providing a safe learning environment free of all forms of sexual misconduct, including sexual harassment sexual assault, domestic violence, dating violence, and stalking. Federal laws (Title IX and the Violence Against Women Act) and UNT policies prohibit discrimination on the basis of sex, and therefore prohibit sexual misconduct. If you or someone you know is experiencing sexual harassment, relationship violence, stalking, and/or sexual assault, there are campus resources available to provide support and assistance. UNT’s Survivor Advocates can assist a student who has been impacted by violence by filing protective orders, completing crime victim’s compensation applications, contacting professors for absences related to an assault, working with housing to facilitate a room change where appropriate, and connecting students to other resources available both on and off campus. The Survivor Advocates can be reached at SurvivorAdvocate@unt.edu or by calling the Dean of Students Office at 940-565- 2648.

Additionally, alleged sexual misconduct can be non-confidentially reported to the Title IX Coordinator at oeo@unt.edu or at (940) 565 2759.

**Student Verification**

UNT takes measures to protect the integrity of educational credentials awarded to students enrolled in distance education courses by verifying student identity, protecting student privacy, and notifying students of any special meeting times/locations or additional charges associated with student identity verification in distance education courses.

See UNT Policy 07-002 Student Identity Verification, Privacy, and Notification and Distance Education Courses (https://policy.unt.edu/policy/07-002).

**Use of Student Work**

A student owns the copyright for all work (e.g. software, photographs, reports, presentations, and email postings) he or she creates within a class and the University is not entitled to use any student work without the student’s permission unless all of the following criteria are met:

* The work is used only once.
* The work is not used in its entirety.
* Use of the work does not affect any potential profits from the work.
* The student is not identified.
* The work is identified as student work.

If the use of the work does not meet all of the above criteria, then the University office or department using the work must obtain the student’s written permission.

**Download the UNT System Permission, Waiver and Release Form**

Transmission and Recording of Student Images in Electronically-Delivered Courses

1. No permission is needed from a student for his or her image or voice to be transmitted live via videoconference or streaming media, but all students should be informed when courses are to be conducted using either method of delivery.
2. In the event an instructor records student presentations, he or she must obtain permission from the student using a signed release in order to use the recording for future classes in accordance with the Use of Student-Created Work guidelines above.
3. Instructors who video-record their class lectures with the intention of re-using some or all of recordings for future class offerings must notify students on the course syllabus if students' images may appear on video. Instructors are also advised to provide accommodation for students who do not wish to appear in class recordings.

Example: This course employs lecture capture technology to record class sessions. Students may occasionally appear on video. The lecture recordings will be available to you for study purposes and may also be reused in future course offerings.

No notification is needed if only audio and slide capture is used or if the video only records the instructor's image. However, the instructor is encouraged to let students know the recordings will be available to them for study purposes.

**Class Recordings & Student Likenesses**

Synchronous (live) sessions in this course will be recorded for students enrolled in this class section to refer to throughout the semester. Class recordings are the intellectual property of the university or instructor and are reserved for use only by students in this class and only for educational purposes. Students may not post or otherwise share the recordings outside the class, or outside the Canvas Learning Management System, in any form. Failing to follow this restriction is a violation of the UNT Code of Student Conduct and could lead to disciplinary action.

**Academic Support & Student Services**

**Student Support Services**

**Mental Health**

UNT provides mental health resources to students to help ensure there are numerous outlets to turn to that wholeheartedly care for and are there for students in need, regardless of the nature of an issue or its severity. Listed below are several resources on campus that can support your academic success and mental well-being:

* Student Health and Wellness Center (https://studentaffairs.unt.edu/student-health-and-wellness-center)
* Counseling and Testing Services (https://studentaffairs.unt.edu/counseling-and-testing-services)
* UNT Care Team (https://studentaffairs.unt.edu/care)
* UNT Psychiatric Services (https://studentaffairs.unt.edu/student-health-and-wellness-center/services/psychiatry)
* Individual Counseling (https://studentaffairs.unt.edu/counseling-and-testing-services/services/individual-counseling)

**Chosen Names**

A chosen name is a name that a person goes by that may or may not match their legal name. If you have a chosen name that is different from your legal name and would like that to be used in class, please let the instructor know. Below is a list of resources for updating your chosen name at UNT.

* UNT Records
* UNT ID Card
* UNT Email Address
* Legal Name

\*UNT euIDs cannot be changed at this time. The collaborating offices are working on a process to make this option accessible to UNT community members.

**Pronouns**

Pronouns (she/her, they/them, he/him, etc.) are a public way for people to address you, much like your name, and can be shared with a name when making an introduction, both virtually and in-person. Just as we ask and don’t assume someone’s name, we should also ask and not assume someone’s pronouns.

You can add your pronouns to your Canvas account so that they follow your name when posting to discussion boards, submitting assignments, etc.

Below is a list of additional resources regarding pronouns and their usage:

* What are pronouns and why are they important?
* How do I use pronouns?
* How do I share my pronouns?
* How do I ask for another person’s pronouns?
* How do I correct myself or others when the wrong pronoun is used?

**Additional Student Support Services**

* Registrar (https://registrar.unt.edu/registration)
* Financial Aid (https://financialaid.unt.edu/)
* Student Legal Services (https://studentaffairs.unt.edu/student-legal-services)
* Career Center (https://studentaffairs.unt.edu/career-center)
* Multicultural Center (https://edo.unt.edu/multicultural-center)
* Counseling and Testing Services (https://studentaffairs.unt.edu/counseling-and-testing-services)
* Pride Alliance (https://edo.unt.edu/pridealliance)
* UNT Food Pantry (https://deanofstudents.unt.edu/resources/food-pantry)

**Academic Support Services**

* Academic Resource Center (https://clear.unt.edu/canvas/student-resources)
* Academic Success Center (https://success.unt.edu/asc)
* UNT Libraries (https://library.unt.edu/)
* Writing Lab (http://writingcenter.unt.edu/)