HIST 4495.001 US Food History

Instructor and TA Contact

- Instructor: Professor Jennifer Jensen Wallach
- Office Hours: Tuesday 9:30-10:30 and Friday 9:30-10:30 or by appointment.
- [Zoom Link](Links to an external site.)
- Email: jennifer.wallach@unt.edu
- TA: Joshua Lopez
- Office Hours: Mondays 11:00-12:00 and Wednesdays 11:00-12:00 or by appointment.
- [Zoom Link](Links to an external site.)
- Email: JoshuaLopez4@my.unt.edu

Communication Expectations

Joshua Lopez and I will each hold office hours. Feel free to join us via our Zoom link, or if you prefer to get in touch via email, please email us during our office hours for a quick response.

If you have a general question about the course or assignments, please post it to the Ask Your Questions! discussion board. Either Joshua Lopez or I will answer it, or, one of your classmates will. This way we can all benefit from questions asked, and they can be answered in a venue that the whole class can see.

If you have a private question, please first email Joshua Lopez who will get in touch with me if an issue comes up that he cannot easily resolve. One of us will try to respond within 24 hours Monday-Friday, but we won't regularly answer emails on the weekend.

Normally, your written assignments will be graded within one week. However, if we cannot complete the grades that quickly, we will post an Announcement to let everyone know what the timeline is.

Please see some valuable online communication tips here: [Online Communication Tips](Links to an external site.), which provide guidance on how to best communicate via email or on discussion boards.

Course Description

This class will cover many aspects of US food history from the time of European contact up through the present.

In this course, we will pay some attention to the specific histories of various food items—when and where they were produced and eaten. However, we also look for meanings embedded in various food practices, using the culinary sphere as a lens for gaining a better understanding of US cultural history.
The overarching theme of this course will be that of “identity.” Food practices have been used to denote racial, ethnic, and regional backgrounds; class positions and aspirations; and political and other ideologies. As we survey American food history from the colonial era through the present, we will pay particular attention to what food practices can tell us about evolving ideas about American identity.

Our examination of the history of food will inevitably also lead us to the present and to the future. We will use our knowledge to look to the foodways of the future. What challenges, dangers, and exciting promises do we see in the future of American food and eating?

Course Structure

This course takes place 100% online. The course consists of 15 modules, or one module for each week of the semester.

Course Prerequisites or Other Restrictions

There are no prerequisites for this course.

Course Objectives

Upon successful completion of this course, learners will be able to:

1. Recall key aspects of US food history.
2. Identify the influence of various racial and ethnic groups on US food habits.
3. Contrast different ideas about "American" cuisine.
4. Apply frameworks such as race, gender, sexuality, ethnicity, region, and class to US food history.
5. Evaluate the meanings embedded in various food choices.
6. Formulate ideas about the current food system and food culture.

Materials


Links to other reading or viewing materials will be provided in each module.

Technical Requirements & Skills

Minimum Technology Requirements

Provide a list of the minimum technology requirements for students, such as:
- Computer
- Reliable internet access
- Speakers
- Microphone (if you wish to participate in Zoom office hours)
- Plug-ins
- Microsoft Office Suite
- **Canvas Technical Requirements** (https://clear.unt.edu/supported-technologies/canvas/requirements)

**Computer Skills & Digital Literacy**
Provide a list of course-specific technical skills learners must have to succeed in the course, such as:

- Using Canvas
- Using email with attachments

**Rules of Engagement**

- Treat your instructor, your TA, and classmates with respect in email or any other communication.
- Use clear and concise language.
- Remember that all college level communication should have correct spelling and grammar (this includes discussion boards).
- Avoid texting abbreviations such as “u” instead of “you.”
- Use standard fonts such as Arial, Calibri or Times new Roman and use a size 10 or 12 point font
- Be cautious when using humor or sarcasm as tone is sometimes lost in an email or discussion post and your message might be taken seriously or sound offensive.
- Be careful with personal information (both yours and other’s).

See these **Engagement Guidelines** (https://clear.unt.edu/online-communication-tips) for more information.

**Policy about Recorded Lectures**
All recorded lectures are the intellectual property of the university or instructor and are reserved for use only by students in this class and only for educational purposes. Students may not post or otherwise share the recordings outside the class, or outside the Canvas Learning Management System, in any form. Failing to follow this restriction is a violation of the UNT Code of Student Conduct and could lead to disciplinary action.

**Success in an Online Course**
While the online classroom shares many similarities with the face-to-face classroom, success in online education requires certain skills and expectations that students may not be aware of. Consider providing tips for success based on your own online teaching and learning experiences.
You can also include a link to or adapt tips from this webpage for students, “How to Succeed as an Online Student” (https://clear.unt.edu/teaching-resources/online-teaching/succeed-online).

Getting Help

Technical Assistance
Part of working in the online environment involves dealing with the inconveniences and frustration that can arise when technology breaks down or does not perform as expected. Here at UNT we have a Student Help Desk that you can contact for help with Canvas or other technology issues.

UIT Help Desk: [UIT Student Help Desk site](http://www.unt.edu/helpdesk/index.htm)
Email: helpdesk@unt.edu
Phone: 940-565-2324
In Person: Sage Hall, Room 130
Walk-In Availability: 8am-9pm
Telephone Availability:
- Sunday: noon-midnight
- Monday-Thursday: 8am-midnight
- Friday: 8am-8pm
- Saturday: 9am-5pm
Laptop Checkout: 8am-7pm

For additional support, visit [Canvas Technical Help](https://community.canvaslms.com/docs/DOC-10554-4212710328)

Student Support Services
UNT provides mental health resources to students to help ensure there are numerous outlets to turn to that wholeheartedly care for and are there for students in need, regardless of the nature of an issue or its severity. Listed below are several resources on campus that can support your academic success and mental well-being:

- [Student Health and Wellness Center](https://studentaffairs.unt.edu/student-health-and-wellness-center)
- [Counseling and Testing Services](https://studentaffairs.unt.edu/counseling-and-testing-services)
- [UNT Care Team](https://studentaffairs.unt.edu/care)
- [UNT Psychiatric Services](https://studentaffairs.unt.edu/student-health-and-wellness-center/services/psychiatry)
- [Individual Counseling](https://studentaffairs.unt.edu/counseling-and-testing-services/services/individual-counseling)

Other student support services offered by UNT include

- [Registrar](https://registrar.unt.edu/registration)
- **Financial Aid** ([https://financialaid.unt.edu/](https://financialaid.unt.edu/))
- **Student Legal Services** ([https://studentaffairs.unt.edu/student-legal-services](https://studentaffairs.unt.edu/student-legal-services))
- **Career Center** ([https://studentaffairs.unt.edu/career-center](https://studentaffairs.unt.edu/career-center))
- **Multicultural Center** ([https://edo.unt.edu/multicultural-center](https://edo.unt.edu/multicultural-center))
- **Counseling and Testing Services** ([https://studentaffairs.unt.edu/counseling-and-testing-services](https://studentaffairs.unt.edu/counseling-and-testing-services))
- **Pride Alliance** ([https://edo.unt.edu/pridealliance](https://edo.unt.edu/pridealliance))
- **UNT Food Pantry** ([https://deanofstudents.unt.edu/resources/food-pantry](https://deanofstudents.unt.edu/resources/food-pantry))

**Academic Support Services**
- **Academic Resource Center** ([https://clear.unt.edu/canvas/student-resources](https://clear.unt.edu/canvas/student-resources))
- **Academic Success Center** ([https://success.unt.edu/asc](https://success.unt.edu/asc))
- **UNT Libraries** ([https://library.unt.edu/](https://library.unt.edu/))
- **Writing Lab** ([http://writingcenter.unt.edu/](http://writingcenter.unt.edu/))
- **MathLab** ([https://math.unt.edu/mathlab](https://math.unt.edu/mathlab))

**Course Requirements**

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<thead>
<tr>
<th>Assignment</th>
<th>Points Possible</th>
<th>Due Date</th>
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<tbody>
<tr>
<td>Module 1: Quiz</td>
<td>20</td>
<td>8-28-20</td>
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<tr>
<td>Module 1: Discussion</td>
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<td>8-26 &amp; 8-28-20</td>
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<td>Module 2: Quiz</td>
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<td>9-4-20</td>
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<td>Module 3: Quiz</td>
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<td>Module 3: Discussion</td>
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<td>Module 4: Quiz</td>
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<td>9-18-20</td>
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<td>Module 5: Quiz</td>
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<td>9-25-20</td>
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<tr>
<td>Cookbook Analysis Deadline #1</td>
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<td>9-25-20</td>
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<td>Module 6: Quiz</td>
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<td>10-2-20</td>
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<td>Module 6: Discussion</td>
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<td>Module 8: Quiz</td>
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<td>Module 8: Discussion</td>
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<td>Module 11: Quiz</td>
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<td>Module 12: Quiz</td>
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<td>Module 13: Discussion</td>
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<td>Module 14: Quiz</td>
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<td>Module 14: Discussion</td>
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Cookbook Analysis Deadline

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**Grading**

A = 725-800 points  
B = 650-724 points  
C = 575-649 points  
D = 500-574 points  
F = Below 500 points

**Course Policies**

**Assignment Policy**
The due dates for each assignment, quiz, and discussion are listed on the syllabus and appear in each module. Each module includes a link to the assignment, quiz, and or discussion, and you can see the due dates there also.

This course will utilize Turnitin to evaluate the cookbook analysis paper or plagiarism.

The University is committed to providing a reliable online course system to all users. However, in the event of any unexpected server outage or any unusual technical difficulty which prevents students from completing a time sensitive assessment activity, the instructor will extend the time windows and provide an appropriate accommodation based on the situation. Students should immediately report any problems to the instructor and contact the UNT Student Help Desk: helpdesk@unt.edu or 940.565.2324 and obtain a ticket number. The instructor and the UNT Student Help Desk will work with the student to resolve any issues at the earliest possible time.

**Late Work**
Late work will not be accepted unless the student has an acceptable excuse and prior arrangements have been made. Please contact the TA or the professor to ask for an extension before a deadline is missed.

**UNT Policies**

**Academic Integrity Policy**
Academic Integrity Standards and Consequences. According to UNT Policy 06.003, Student Academic Integrity, academic dishonesty occurs when students engage in behaviors including, but not limited to cheating, fabrication, facilitating academic dishonesty, forgery, plagiarism, and sabotage. A finding of academic dishonesty may result in a range of academic penalties or
sanctions ranging from admonition to expulsion from the University. [Insert specific sanction or academic penalty for specific academic integrity violation.]

**ADA Policy**
UNT makes reasonable academic accommodation for students with disabilities. Students seeking accommodation must first register with the Office of Disability Accommodation (ODA) to verify their eligibility. If a disability is verified, the ODA will provide a student with an accommodation letter to be delivered to faculty to begin a private discussion regarding one’s specific course needs. Students may request accommodations at any time, however, ODA notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet with each faculty member prior to implementation in each class. For additional information see the [ODA website](https://disability.unt.edu/).

**Emergency Notification & Procedures**
UNT uses a system called Eagle Alert to quickly notify students with critical information in the event of an emergency (i.e., severe weather, campus closing, and health and public safety emergencies like chemical spills, fires, or violence). In the event of a university closure, please refer to Blackboard for contingency plans for covering course materials.

**Schedule**
Each module contains a To Do list that gives explicit instructions about how to complete each module, including required reading or viewing and any assignments. This is a general overview of the topic and timeframe for each module.

- **Module 1:** Colonial Culinary Encounters between Europeans and Native Americans, August 24-28, 2020
- **Module 2:** Food and the Founding, August 31-September 4, 2020
- **Module 3:** The Foodways of Slavery, September 8-11, 2020
- **Module 4:** Food and the Expanding American Empire, September 14-18, 2020
- **Module 5:** Introduction to the Cookbook Analysis Assignment, September 21-25, 2020
- **Module 6:** The American Palate and Immigration, September 28-October 2, 2020
- **Module 7:** Technological Innovations and the Ascendency of Industrial Foods, October 5-9, 2020
- **Module 8:** Outsourcing the Domestic Sphere and Creating Domestic Scientists, October 12-16, 2020
- **Module 9:** Cookbook Analysis Paper Bibliography and Thesis Statement, October 19-23, 2020
- **Module 10:** Food, Race-making and Culinary Proprietorship, October 26-30, 2020
Module 11: Women, the World War II Food Front, and the Triumph of the Idealized Housewife, November 2-6, 2020

Module 12: Gender, Sexuality, and Food, November 9-13, 2020

Module 13: Nutrition, Body-Size, and Changing Advice and Standards, November 16-20, 2020

Module 14: Ethics, Politics, and the Contemporary Diet, November 23-December 3, 2020

Module 15: Cookbook Analysis Paper Deadline December 9, 2020