The University of North Texas  
College of Health and Public Service  
Department of Social Work  

SOWK 4325 Intersection of Trauma and Substance Use (3 credit hours)  
UNT Internet Course  
Winter Session (Part of Spring 2023)  
(December 19, 2022–January 13, 2023)

Instructor Contact Information

Name: Joseph Frey, PhD, MSSW
Pronouns: he/him
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Phone Number: 940-369-7278
Office Hours: By Zoom appointment
Email: joseph.frey@unt.edu

Communication Expectations: Connect with me through university email (or through Canvas). If you contact me and do not receive a response within 24 hours, please send follow-up communication. A gentle nudge is always appreciated.

Welcome to UNT!

As members of the UNT community, we have all made a commitment to be part of an institution that respects and values the identities of the students and employees with whom we interact. UNT does not tolerate identity-based discrimination, harassment, and/or retaliation, so we will work as a class to collaborate in ways that encourage inclusivity.

Course Description

In this course students will explore the intersectionality of trauma and substance use disorders across the life span. This includes the examination of the characteristics of various life traumas and the social, psychological, and biological impact that may be associated with substance use. Students are expected to recognize these signs and symptoms with emphasis on the integration of learned knowledge and skills. Included in the course is examination of processes such as basic screening tools, assessment, and use of interdisciplinary interventions. The principles of empirically supported treatment modalities will be examined, as well as new and emerging research and its implications. Pertinent policy issues and the needs of diverse populations are also addressed.

Course Structure

This course is 100% online. There are no face-to-face meetings. The content for this course is structured in a series of Canvas-based learning modules that include readings, assignments, and discussions to assist you in achieving the learning objectives. Reading assignments are specified in the syllabus/modules and this material must be read to complete module assignments.
Course Prerequisites or Other Restrictions

There are no required prerequisites for this course. However, in order to be successful in this course you will need to:

- Describe the scope of practice of trauma and substance use along with the foundation that theory sets for the field;
- Cite sources, giving credit to where you obtain information;
- Network with others and utilize tact when offered differing perspectives; and
- Make the commitment to complete weekly reading the assignments, reflect on the material covered, and complete assignments in full and on time.

Course Objectives

By the end of this course, students will be able to:

1. Identify different types of traumatic stress and substance use disorders and their mutual co-occurrences and cultural influences. (CC# 1, 2, 3, 4)
2. Critically engage the theoretical models of substance use disorders from pharmacological, cognitive, trauma-responsive systems, behavioral and psychodynamic approaches. (CC# 1, 4, 5, 6)
3. Distinguish effective assessment and screening protocols involving trauma and substance use in integrated healthcare settings. (CC# 7)
4. Assess basic intervention protocols involving trauma and substance use. (CC# 7, 9)
5. Evaluate best practices involving trauma and substance use. (CC# 9)
6. Locate local, state, and federal level policies involving trauma and substance use.
7. (CC# 5)

(CC = Council of Social Work Education Educational Policy and Accreditation Standards)

Materials

Required Textbook:


Additional Required Readings are specified in the various Canvas learning modules. These readings include videos and web-based documents. A list of recommended (but not required) readings appears at the end of the syllabus.

Technology & Related Skills

Minimum Technology Requirements

At a minimum, you need access to the following technology for this course:

- A computer that meets necessary Canvas Technical Requirements (https://clear.unt.edu/supportted-technologies/canvas/requirements)
- Reliable internet access
- Speakers
- Microsoft Word

Computer Skills & Digital Literacy

In this course, you will need technology skills related to the use of: Canvas, email, UNT Library resources (e.g., database searching), and Microsoft Word.
Netiquette
Netiquette, or online etiquette, refers to the way students are expected to interact with each other and with their instructors online. Here are some general guidelines:

- Treat your instructor and classmates with respect in email or any other communication.
- Always use your professors’ proper title: Dr. or Prof., or if in doubt use Mr. or Ms.
- Unless specifically invited, don’t refer to your instructor by first name.
- Use clear and concise language.
- Remember that all college level communication should have correct spelling and grammar (this includes discussion boards).
- Avoid slang terms such as “wassup?” and texting abbreviations such as “u” instead of “you.”
- Use standard fonts such as Arial, Calibri, or Times new Roman, and use a size 10- or 12-point font.
- Avoid using the caps lock feature AS IT CAN BE INTERPRETTED AS YELLING.
- Limit and possibly avoid the use of emoticons like :) or ☺.
- Be cautious when using humor or sarcasm as tone is sometimes lost in an email or discussion post and your message might be taken seriously or sound offensive.
- Be careful with personal information (both yours and other’s).
- Do not send confidential information via e-mail.

For more information, see these Netiquette Guidelines, http://teach.ufl.edu/wp-content/uploads/2012/08/NetiquetteGuideforOnlineCourses.pdf

Success in an Online Course
While the online classroom shares many similarities with the face-to-face classroom, success in online education requires certain skills and expectations that any student can learn. Review “How to Succeed as an Online Student” (https://clear.unt.edu/teaching-resources/online-teaching/succeed-online).

Technical Assistance
Part of working in the online environment involves dealing with the inconveniences and frustration that can arise when technology breaks down or does not perform as expected. At UNT we have a Student Help Desk that you can contact for help with Canvas or other technology issues.

UNT IT Help Desk: UIT Student Help Desk site (http://www.unt.edu/helpdesk/index.htm)
Email: helpdesk@unt.edu
Phone: 940-565-2324
In Person: Sage Hall, Room 130
Walk-In Availability: 8:00 a.m.—9:00 p.m.
Telephone Availability:
- Sunday: noon—midnight
- Monday-Thursday: 8:00 a.m.—midnight
- Friday: 8:00 a.m.—8:00 p.m.
- Saturday: 9:00 a.m.—5:00 p.m.
Laptop Checkout: 8:00 a.m.—7:00 p.m.
For additional support, visit Canvas Technical Help (https://community.canvaslms.com/docs/DOC-10554-4212710328).

UNT Policies

Academic Integrity Policy
Academic Integrity Standards and Consequences. According to UNT Policy 06.003, Student Academic Integrity, academic dishonesty occurs when students engage in behaviors including, but not limited to cheating, fabrication, facilitating academic dishonesty, forgery, plagiarism, and sabotage. A finding of academic dishonesty may result in a range of academic penalties or sanctions ranging from admonition to expulsion from the University.

ADA Accommodations
The University of North Texas makes reasonable academic accommodation for students with disabilities. Students seeking reasonable accommodation must first register with the Office of Disability Access (ODA) to verify their eligibility. If a disability is verified, the ODA will provide you with a reasonable accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request reasonable accommodations at any time; however, ODA notices of reasonable accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of reasonable accommodation for every semester and must meet with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver letters of reasonable accommodation during faculty office hours or by appointment. Faculty members have the authority to ask students to discuss such letters during their designated office hours to protect the privacy of the student. For additional information, refer to the Office of Disability Access website (http://www.unt.edu/oda). You may also contact ODA by phone at 940-565-4323.

Prohibition of Discrimination, Harassment, and Retaliation (Policy 16.004)
The University of North Texas (UNT) prohibits discrimination and harassment because of race, color, national origin, religion, sex, sexual orientation, gender identity, gender expression, age, disability, genetic information, veteran status, or any other characteristic protected under applicable federal or state law in its application and admission processes; educational programs and activities; employment policies, procedures, and processes; and university facilities. The University takes active measures to prevent such conduct and investigates and takes remedial action when appropriate.

Emergency Notification & Procedures
UNT uses a system called Eagle Alert to quickly notify students with critical information in the event of an emergency (i.e., severe weather, campus closing, and health and public safety emergencies like chemical spills, fires, or violence). In the event of a university closure, please refer to Canvas for contingency plans for covering course materials.

Retention of Student Records
Student records pertaining to this course are maintained in a secure location by the instructor of record. All records such as exams, answer sheets (with keys), and written papers submitted during the duration of the course are kept for at least one calendar year after course completion. Course work completed via the Canvas online system, including grading information and comments, is also stored in a safe
electronic environment for one year. Students have the right to view their individual record; however, information about student’s records will not be divulged to other individuals without proper written consent. Students are encouraged to review the Public Information Policy and the Family Educational Rights and Privacy Act (FERPA) laws and the University’s policy. See UNT Policy 10.10, Records Management and Retention for additional information.

Acceptable Student Behavior
Student behavior that interferes with an instructor’s ability to conduct a class or other students' opportunity to learn is unacceptable and disruptive and will not be tolerated in any instructional forum at UNT. Students engaging in unacceptable behavior will be directed to leave the classroom and the instructor may refer the student to the Dean of Students to consider whether the student's conduct violated the Code of Student Conduct. The University's expectations for student conduct apply to all instructional forums, including University and electronic classroom, labs, discussion groups, field trips, etc. Visit UNT’s Code of Student Conduct (https://deanofstudents.unt.edu/conduct) to learn more.

Access to Information – Eagle Connect
Students’ access point for business and academic services at UNT is located at: my.unt.edu. All official communication from the University will be delivered to a student’s Eagle Connect account. For more information, please visit the website that explains Eagle Connect and how to forward e-mail Eagle Connect (https://it.unt.edu/eagleconnect).

Student Evaluation Administration Dates
Student feedback is important and an essential part of participation in this course. The student evaluation of instruction is a requirement for all organized classes at UNT. The survey will be made available during weeks 13, 14, and 15 of the long semesters to provide students with an opportunity to evaluate how this course is taught. Students will receive an email from "UNT SPOT Course Evaluations via IASystem Notification" (no-reply@iasystem.org) with the survey link. Students should look for the email in their UNT email inbox. Simply click on the link and complete the survey. Once students complete the survey, they will receive a confirmation email that the survey has been submitted. For additional information, please visit the SPOT website (http://spot.unt.edu/) or email spot@unt.edu.

Survivor Advocacy
UNT is committed to providing a safe learning environment free of all forms of sexual misconduct. Federal laws and UNT policies prohibit discrimination on the basis of sex as well as sexual misconduct. If you or someone you know is experiencing sexual harassment, relationship violence, stalking and/or sexual assault, there are campus resources available to provide support and assistance. The Survivor Advocates can be reached at SurvivorAdvocate@unt.edu or by calling the Dean of Students Office at 940-565-2648.

Use of Student Work
A student owns the copyright for all work (e.g., software, photographs, reports, presentations, and email postings) he or she creates within a class and the University is not entitled to use any student work without the student’s permission unless all of the following criteria are met:

- The work is used only once.
- The work is not used in its entirety.
- Use of the work does not affect any potential profits from the work.
• The student is not identified.
• The work is identified as student work.

If the use of the work does not meet all of the above criteria, then the University office or department using the work must obtain the student’s written permission.

Transmission and Recording of Student Images in Electronically-Delivered Courses
1. No permission is needed from a student for his or her image or voice to be transmitted live via videoconference or streaming media, but all students should be informed when courses are to be conducted using either method of delivery.
2. In the event an instructor records student presentations, he or she must obtain permission from the student using a signed release in order to use the recording for future classes in accordance with the Use of Student-Created Work guidelines above.
3. Instructors who video-record their class lectures with the intention of re-using some or all of recordings for future class offerings must notify students on the course syllabus if students’ images may appear on video. Instructors are also advised to provide accommodation for students who do not wish to appear in class recordings.
   Example: This course employs lecture capture technology to record class sessions. Students may occasionally appear on video. The lecture recordings will be available to you for study purposes and may also be reused in future course offerings.

No notification is needed if only audio and slide capture is used or if the video only records the instructor’s image. However, the instructor is encouraged to let students know the recordings will be available to them for study purposes.

Academic Support & Student Services

Student Support Services

Mental Health
UNT provides mental health resources to students to help ensure there are numerous outlets to turn to that wholeheartedly care for and are there for students in need, regardless of the nature of an issue or its severity. Listed below are several resources on campus that can support your academic success and mental well-being:

• Student Health and Wellness Center (https://studentaffairs.unt.edu/student-health-and-wellness-center)
• Counseling and Testing Services (https://studentaffairs.unt.edu/counseling-and-testing-services)
• UNT Care Team (https://studentaffairs.unt.edu/care)
• UNT Psychiatric Services (https://studentaffairs.unt.edu/student-health-and-wellness-center/services/psychiatry)
• Individual Counseling (https://studentaffairs.unt.edu/counseling-and-testing-services/services/individual-counseling)

Chosen Names
A chosen name is a name that a person goes by that may or may not match their legal name. If you have a chosen name that is different from your legal name and would like that to be used in class, please let the instructor know. Below is a list of resources for updating your chosen name at UNT.
• UNT Records
• UNT ID Card
• UNT Email Address
• Legal Name

*UNT euIDs cannot be changed at this time. The collaborating offices are working on a process to make this option accessible to UNT community members.

Pronouns
Pronouns (e.g., she/her, they/them, he/him, etc.) are a public way for people to address you, much like your name, and can be shared with a name when making an introduction, both virtually and in-person. Just as we ask and don’t assume someone’s name, we should also ask and not assume someone’s pronouns.

You can add your pronouns to your Canvas account so that they follow your name when posting to discussion boards, submitting assignments, etc.

Below is a list of additional resources regarding pronouns and their usage:

- What are pronouns and why are they important?
- How do I use pronouns?
- How do I share my pronouns?
- How do I ask for another person’s pronouns?
- How do I correct myself or others when the wrong pronoun is used?

Additional Student Support Services
- Registrar (https://registrar.unt.edu/registration)
- Financial Aid (https://financialaid.unt.edu/)
- Student Legal Services (https://studentaffairs.unt.edu/student-legal-services)
- Career Center (https://studentaffairs.unt.edu/career-center)
- Multicultural Center (https://edo.unt.edu/multicultural-center)
- Counseling and Testing Services (https://studentaffairs.unt.edu/counseling-and-testing-services)
- Pride Alliance (https://edo.unt.edu/pridealliance)
- UNT Food Pantry (https://deanofstudents.unt.edu/resources/food-pantry)

Academic Support Services
- Academic Resource Center (https://clear.unt.edu/canvas/student-resources)
- Academic Success Center (https://success.unt.edu/asc)
- UNT Libraries (https://library.unt.edu/)
- Writing Lab (http://writingcenter.unt.edu/)
- MathLab (https://math.unt.edu/mathlab)
Course-Specific Policies and Information

Course Assignments

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points Possible</th>
<th>Percentage of Final Grade</th>
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<tbody>
<tr>
<td>Quizzes (4 at 100 points each)</td>
<td>400</td>
<td>40%</td>
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<tr>
<td>Discussions (3 at 80 points each)</td>
<td>240</td>
<td>24%</td>
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<tr>
<td>Paper</td>
<td>360</td>
<td>36%</td>
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<tr>
<td>Total</td>
<td>1000</td>
<td>100%</td>
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Grading

Final course grades will be assigned on the basis of the following point system:

A = 900–1000 points
B = 800–899 points
C = 700–799 points
D = 600–699 points
F = < 600 points

Course Policies

Assignment & Examination Policy

All coursework is due by the date and time described in the Course Outline provided at the end of this syllabus (this information is also available in Canvas). Late assignments will not be accepted.

All quizzes are open book/open note; quizzes must be completed independently.

The University is committed to providing a reliable online course system to all users. However, in the event of any unexpected server outage or any unusual technical difficulty which prevents students from completing a time sensitive assessment activity, the professor will extend the time windows and provide an appropriate accommodation based on the situation. Students should immediately report any problems to the professor and contact the UNT Student Help Desk: helpdesk@unt.edu or 940-565-2324 and obtain a ticket number. The professor and the UNT Student Help Desk will work with the student to resolve any issues at the earliest possible time.
COURSE OUTLINE, READINGS, & ASSIGNMENTS

The professor reserves the right to modify the schedule, as course needs dictate.

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<thead>
<tr>
<th>Class</th>
<th>Course Topics</th>
<th>Readings</th>
<th>Assignments</th>
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<tbody>
<tr>
<td>Week 1</td>
<td>Introduction to substance use</td>
<td>Doweiko text:</td>
<td>Discussion 1 (80 points); due Dec 24 (11:59 p.m.)</td>
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<tr>
<td>Dec 19–24</td>
<td>Problem definition</td>
<td>• Ch. 1</td>
<td>Quiz 1 (100 points; based on Week 1 readings); due Dec 24 (11:59 p.m.)</td>
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<tr>
<td></td>
<td>The intersection of trauma and substance use</td>
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<td>• Ch. 24</td>
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<td>• Ch. 25</td>
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<td><strong>Additional course readings posted in Canvas.</strong></td>
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<tr>
<td>December 26–30, 2022</td>
<td>Winter Break—No Classes; University Closed</td>
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<tr>
<td>Week 2</td>
<td>Pharmacological structures of different substances (mechanisms and impact)</td>
<td>Doweiko text:</td>
<td>Quiz 2 (100 points; based on Week 2 Part 1 readings); due Jan 8 (11:59 p.m.)</td>
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<tr>
<td>Part 1</td>
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<td>• Ch. 3</td>
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<td>Jan 2–8</td>
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<td><strong>Additional course readings posted in Canvas.</strong></td>
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<tr>
<td>Week 2</td>
<td>Populations affected by trauma and substance use</td>
<td>Doweiko text:</td>
<td>Discussion 2 (80 points); due Jan 8 (11:59 p.m.)</td>
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<td>Part 2</td>
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<td>Jan 2–8</td>
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<td>• Ch. 18</td>
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<tr>
<td>Week 3</td>
<td>Trauma-informed treatment of substance use disorders</td>
<td>Doweiko text:</td>
<td>Discussion 3 (80 points; due Jan 13 (11:59 p.m.))</td>
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<td>Jan 9–13</td>
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<td>• Ch. 26</td>
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<td>• Ch. 28</td>
<td>Paper (360 points; due Jan 13 (11:59 p.m.))</td>
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<td>• Ch. 31</td>
<td>Quiz 4 (100 points; based on Week 3 readings; due Jan 13 (11:59 p.m.))</td>
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<td>• Ch. 35</td>
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<td>Additional course readings posted in Canvas.</td>
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**Recommended Readings**


